

HELPING PEOPLE LIVE HEALTHY LIVES

LIVE UNITED

United Way goes beyond responding to immediate needs. We’re helping people recover. We’re reimagining more equitable communities, and we’re a vital force in building strong, equitable, and resilient communities where everyone can thrive.

It’s especially important in health.

COVID-19 has not only exacerbated health challenges, it’s also deepened inequities that impact health. Now, more children and elderly lack good health care. Too many people don’t have enough healthy food to eat. Too many aren’t living in safe places, with safe space to play.

United Way works in 1,100 communities across the world to improve health for everyone. We’re helping people get access to healthy food, health care and mental health resources.

With the help of our partners—including 45,000 companies across the globe—we’re offering hope and help where it’s needed the most. Every year, United Way impacts 48 million people. Most recently, our work in health has helped:

- 7.2 million people participate in physical activity and access healthy food and nutrition programs
- 4.3 million people access healthcare services and support
- 722,037 people access health insurance

As the world’s largest privately funded nonprofit, United Way is at work in 95% of the U.S. and across 37 countries and territories. We take community-building seriously, but we do it with a global reach and hyper-local focus. We help people invest in local solutions, bringing people together — through charitable giving, volunteerism or public policy advocacy — to make life better for our neighbors.

Together, we can Live United.

United Way fights for the health, education, and financial stability of every person in every community. We have one life. To live better, we must LIVE UNITED. [Join us. Find out how to get involved at **unitedway.org**.](#)



81%

of children and adults served by United Way **ate healthier, or increased physical activity,** because of our efforts

