

CONTRACEPTION SERVICES

Your care team at the UT Health Austin Women's Health Institute is here to advise you on available contraception methods to help you choose the one that is right for you. Birth control, or contraception, is the term used to describe a medication or device used to prevent pregnancy. Choosing the "best" type of birth control for you requires that you know a little about each method, how it works and whether you and your partner will feel comfortable using that method.



Contraception Options

There are a variety of contraception options available and we are here to help you find the one that suits you.

Birth control methods we offer:

- Oral contraceptive pills
- Vaginal contraceptive ring
- Intrauterine devices (IUDs)
- Implant devices
- Condoms
- Diaphragms
- Emergency contraception
- Patches
- Tubal ligation

Complex Contraception

If you have medical issues or take medications, this may complicate your contraceptive options. Your specialized care team at UT Health Austin (UTHA) can work with you to find a contraceptive method that is safe for you to use. The specialists at UTHA also work with patients that have had difficulty with placement or removal of a birth control device in the past.

Patients who may benefit from our complex contraception services may have:

- History of or current cancer
- Cardiovascular disease
- Migraines
- Seizure disorders
- Rheumatologic disease
- Obesity
- Pediatric patients or developmental delay
- Transplantation or dialysis
- Taking teratogenic medications (medications that may cause birth defects in the event of pregnancy), such as Accutane
- Clotting or bleeding disorder
- Spinal cord injury
- Uterine anomaly
- Difficult IUD or implant removals or insertions
- Dissatisfaction or side effects from previous or current contraceptive methods

About UT Health Austin

UT Health Austin, the clinical practice designed and managed by the faculty and staff of the Dell Medical School, focuses the expertise of a team of experienced medical professionals to deliver comprehensive care of uncompromising quality for all patients.

Care Team Approach

We have assembled a team of experts that includes specialized physicians and surgeons, associate providers, and behavioral health specialists. This team enables us to provide the right care for you at the right time. Whatever your needs, our team is here to listen and work with you to develop a treatment plan that is right for you.



The University of Texas at Austin
UT Health Austin



HEALTH TRANSFORMATION BUILDING
1601 A TRINITY STREET, 9TH FLOOR
AUSTIN, TEXAS 78712

Parking for the Health Transformation Building is available in the Health Center Garage.

DRIVING DIRECTIONS:

FROM NORTHBOUND I-35

Follow I-35 N to Exit 235A. Proceed onto I-35 Frontage Road. Turn left on 15th Street. Turn right onto Trinity Street. The entrance to the Health Center Garage will be immediately on your right.

FROM SOUTHBOUND I-35

Follow I-35 S to Exit 235A. Turn right on 15th Street. Turn right onto Trinity Street. The entrance to the Health Center Garage will be immediately on your right.

