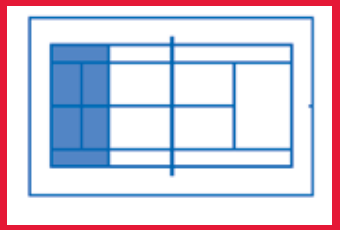
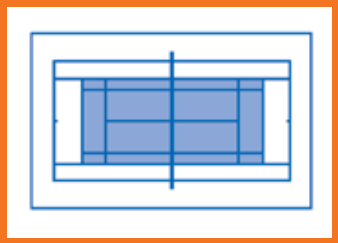
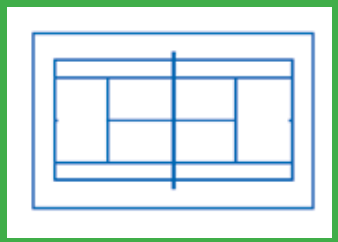
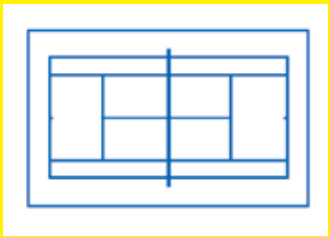
JUNIOR TENNIS PATHWAY

USTA Midwest

Midwest Youth Team Tennis | Kids' Tennis Clubs | Tennis Playdays | USTA Junior Team Tennis | USTA Junior Tournaments

STAGE	AGE	BALL	COURT	NET HEIGHT	RACQUET* (Depending on the size of the player)	SCORING	DESCRIPTION	SUGGESTED PROGRAMS AND TOURNAMENTS
RED	8 and Under	 Red foam or felt 75% slower than yellow ball	 36' x 18'	2' 9"	Up to 23"	• One tiebreak game • Best of three tiebreak games • Timed matches	• Slower play on smaller court • Shorter racquets enable earlier rally/play • Individual/team games and activities are played • Development of technique • Approved for USTA-sanctioned 8 and Under tournament play	Play Events & Tennis Play Days Schools Tennis Midwest Youth Team Tennis Red Ball Tournaments
ORANGE	9-10 years	 Orange 50% slower than yellow ball	 60' x 21' singles, 60' x 27' doubles	3' center 3' 6" at net posts	25" or less	• One short set (4 games) • Best of three short sets • Timed matches	• Play is faster vs. Red stage • Lower bounce appropriate for child's size • Implementation of advanced techniques and tactics • Longer matches for individual/ team events • Approved for USTA-sanctioned 10 and Under tournament play	Play Events & Tennis Play Days Schools Tennis Midwest Youth Team Tennis Junior Team Tennis (Intermediate) Orange Ball Tournaments Youth Progression Tournaments
GREEN	10 & under	 Green 25% slower than yellow ball	 78' x 27' singles, 78' x 36' doubles	3' center 3' 6" at net posts	25" - 29"	• Best of three short sets • 2 out of 3 sets with match tiebreak for the third set	• Play is faster vs. Orange stage • Continued development of technique, movement and advanced tactics • Individual/team events are played • Approved for USTA-sanctioned 10 and Under tournament play	Midwest Youth Team Tennis Tennis Play Days Junior Team Tennis 10 & Under (Advanced) Level 1-5 10 & Under Tournaments Youth Progression Tournaments
YELLOW	11 & over	 Yellow	 78' x 27' singles, 78' x 36' doubles	3' center 3' 6" at net posts	25" - 29"	Any scoring system within the Rules of Tennis	• After progression of Red, Orange and Green Stages	Tennis Play Days Junior Team Tennis Level 1-5 Tournaments

The USTA/Midwest Section Junior Tennis Council and Midwest Coaches Commission recommends that all 10 & Under competition and training should be organized using slower Red, Orange, and Green balls on the appropriate-sized courts with the appropriate-sized racquet. Please Note: Some players may progress through the USTA/Midwest Section Junior Tennis Pathway faster than other players.