

Masters Tennis



FLORIDA

Program Guide





Masters Tennis *is...*

Perfect for...

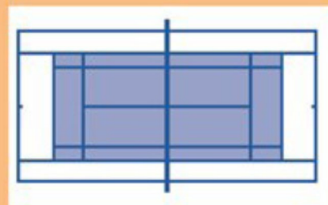
- Adults new to tennis
- Recreational tennis players
- Experienced players not wanting to play full court tennis
- Returning players with injury or mobility challenges
- Social meet-ups and mixers
- Players looking for a new challenge

Equipment & Courts

The following equipment is recommended for a fun Masters Tennis experience:

- Lighter/shorter 25" tennis racquets. Players may choose to play with their existing 27" racquets as well.
- Lower compression **orange** tennis ball
- Play on a 60' x 21' court for singles; 60' x 27' for doubles (see diagram)

NOTE: Temporary lines can be created using a brush for clay courts or temporary 60'x 21' lines with a clay court line kit. If permanent 60'x21' blended lines do not already exist on a hard court, painter's tape or chalk would be sufficient.



60' x 21' singles
60' x 27' doubles



Masters Tennis *is...*

Scoring

- Simple 1-2-3-4 scoring system
- First player or team to win 4 points wins the game
- First player or team to win 6 games wins the match
- Do not need to win by 2 games (i.e. 6-5 can be a final score)
- Players switch sides every 4 games
- All other rules of tennis apply

Become An Ambassador

Do you love to play tennis in a fun, social environment? Do you enjoy bringing new people into the game you love to play?

If you answered YES to these questions, you could be a prime candidate to become a Masters Tennis Ambassador to help develop and grow Masters Tennis at your facility and in your community. The ideal Masters Tennis Ambassador enjoys meeting new people, is a natural leader and loves to be part of the tennis community.

The Masters Tennis Ambassador spends time meeting with local tennis facilities about starting a Masters Tennis program to bring new players into or returning adults back to the game of tennis. Ambassadors are creative in hosting social, fun events or demos to introduce the Masters Tennis format to others and encourage them to sign up and play!

For more information on the benefits of becoming a Masters Tennis Ambassador, visit www.ustaflorida.com/masterstennis



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Frequently Asked Questions:

Who is Masters Tennis for?

Masters Tennis is primarily targeted to players looking for a new challenge; experienced players not wanting to play full court tennis any longer; former players returning from injury or mobility issues; and adults of any age wanting to start playing tennis. Masters Tennis is essentially for any adult interested in trying, learning, playing or competing in the sport of tennis with a twist.

Is Masters Tennis for singles or for doubles play?

Masters Tennis is suited equally for both singles and doubles, whatever you prefer to play. The court dimensions offer similar singles and doubles boundaries similar to a full size tennis court, just shorter and smaller in size to provide a fun and different way to play tennis.

Why is it recommended to use the orange tennis balls and shorter rackets on a smaller tennis court to play Masters Tennis?

To ensure the best success and most fun with Masters Tennis, it is recommended you participate with the lower compression orange ball and a shorter/lighter tennis racket within the shorter court dimensions. However, players may use their personal 27" adult size rackets if they prefer. The modified equipment allows the game to "slow down" just enough to allow for more fun, exercise and a greater tennis experience.





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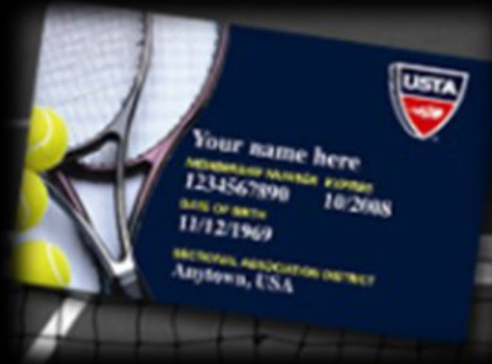
Program Grants and Additional Resources:

Are you interested in starting or expanding a Masters Tennis program in your community or at your facility but need some assistance with starter equipment? Through its Foundation, USTA Florida offers program grants to assist with new Masters Tennis programs or expanding ones. To learn more about program grant eligibility and the grant process visit: <http://www.ustafloridafoundation.com/sharethelove/>

For additional Masters Tennis Resources available, visit www.ustaflorida.com/masterstennis



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I Play Masters Tennis to....

Reduce stress

Improve health

Get fit

Have fun

Be with friends





Masters Tennis *is...*



- easy to learn

- fun to play

- social and keeps you active



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"To promote and develop the growth of tennis in Florida"
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