

Which Workshop Is Right For You?
USTA National Funded Workshops

	Team Coaching Workshop (TCW)	10 and Under Tennis Workshop	School Teacher Workshop
Market/Audience	Designed for individuals that coach players at the beginning through intermediate level. The focus is on student-centered coaching in a group or team setting.	For coaches, parents and instructors who spend most of their time working with children ages 10 and under.	Physical Education Teachers Out of school time providers
Topics Covered	<ul style="list-style-type: none"> • Warm-up activities • Skill development • Team and group management • Practice organization • Top 10 Games Every Coach Should Know • Running Effective Team Practices 	<ul style="list-style-type: none"> • Characteristics of children ages 5-6, 7-8 and 9-10. Age specific activities for athletic development, warm-up, skill development, games and take home activities. • Organizing/coaching a junior team match 	<ul style="list-style-type: none"> • Large group management (student teacher ratio of 30+ to 1) • Station-based teaching • Tennis games that develop basic strategies and skills • Stroke progressions • Lesson plans
Length	3.5 hours	3.5 hours	3 hours
Hosting Requirements	<ul style="list-style-type: none"> • Two Nationally approved TCW's strategically placed in the Section 	<ul style="list-style-type: none"> • Two Nationally approved 10 and Under Workshops strategically placed in the Section 	<ul style="list-style-type: none"> • Gymnasium or blacktop space (no courts required!) • Minimum 12 participants
Hosting Benefits	<ul style="list-style-type: none"> • Customizable marketing materials 	<ul style="list-style-type: none"> • Preferential access to 10U Line Grants for placing permanent 10U lines on tennis courts or other blacktop surfaces • Customizable marketing materials • Choose a date that is convenient to your organization 	<ul style="list-style-type: none"> • Preferential access to 10U Line Grants for placing permanent 10U lines on tennis courts or other blacktop surfaces • Host Equipment Package – Host school receives a \$600 equipment package
Average Participant Fee	\$10 (payable to host organization)	\$10 (payable to host organization)	Free
Attendees Receive	<ul style="list-style-type: none"> • Participant manual • Access to on-line Learn to Rally and Play book • Certificate of Attendance • First step to PTR/USPTA Junior Certification • Certificate of Attendance 	<ul style="list-style-type: none"> • Participant manual • Access to on-line Learn to Rally and Play that includes the 10 and Under Tennis practice plans • Certificate of Attendance 	<ul style="list-style-type: none"> • Certificate of Attendance • Participant Guide • Informational Packet <p>For additional information go to: www.usta.com/schools</p>

USTA Northern Customized Training

Market/Audience-Customized to your communities needs based on consultation with the Director of Training

Topics Covered-Large group management, tennis activities in traditional and non-traditional spaces, youth and/or adult stages of development

Length- 3 hours

Hosting Requirements-Depending on the workshop focus, either tennis courts, gymnasium or blacktop space. Minimum of 10 participants, \$100 fee (payable **by** host, waived if there are 20+ participants), suggested \$10 participant fee (payable **to** host)

Attendees Receive-Access to on-line Learn to Rally and Play lesson plans, Certificate of Attendance

A community that sends instructors and travels a minimum of 100 miles roundtrip will receive a travel reimbursement of \$50 (limit of one reimbursement per community)

For additional information contact Tony Stingley- stingley@northern.usta.com or (952) 358-3289