

USA Tennis “Parenting My Champion: Developing Talent”
Worksheet 1
Successfully Parenting My Child Through the Phases of Talent Development

Directions: Write in at least 1-2 parental behaviors that are unique to each phase relative to developing your child’s talent in tennis.

INTRODUCTION/FOUNDATION Phase One <i>Age of Player: 4.5-9.6</i> <i>Years in Phase: 5.1</i>	REFINEMENT/TRANSITIONAL Phase Two <i>Age of Player: 10.6-14.6</i> <i>Years in Phase: 4.0</i>	WORLD CLASS/ELITE PERFORMANCE Phase Three <i>Age of Player: 15.4+</i> <i>Years in Phase: NA</i>
<ul style="list-style-type: none"> <i>Help make the tennis experience fun</i> 1. 2. 3.	<ul style="list-style-type: none"> <i>Do things to ensure tennis remains fun as pressure to perform increases</i> 1. 2. 3.	<ul style="list-style-type: none"> <i>Believe in child and his or her ability</i> 1. 2. 3.