



CELEBRATING **35** YEARS

## 2015 USTA LEAGUE

### Adult 55 & Over 7.0 & 9.0 NATIONAL CHAMPIONSHIP HANDBOOK

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<b>SITES AND DATES</b>
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**Adult 55 & Over 7.0 and 9.0**

**October 29- November 1**

Match Play begins on **Friday, October 30**

**Matches and awards will conclude on Sunday by approximately 1 pm – please make flight arrangements accordingly.**

**Check updates to match schedules on our website frequently.**

**YOUR SECTION WILL FORWARD YOUR TEAM ROSTER INFORMATION.**

**PLAYER ENTRY FEE:**

**EVERY PLAYER AND CAPTAIN advancing to the USTA League National Championships is required to pay a \$55.00 individual player entry fee.**

**The deadline for you to register for this event is October 7.**

Go to [www.usta.com/nationalchampionships](http://www.usta.com/nationalchampionships) to your event page for the on line registration link.

**Tennis Facilities:**

**Surprise Tennis & Racquet Complex**

This facility is located 32 miles northwest of the Phoenix Sky Harbor International Airport – about 45 – 50 minutes driving time with traffic

14469 W. Paradise Lane  
Surprise AZ 85374  
623-222-2400

**Practice courts available**

Call in advance to reserve for non-tournament days  
\$3.00 per person per 1 ½ hours or \$4.00 per court at night.  
[www.surpriseaz.com](http://www.surpriseaz.com)

**Holiday Inn Express**

16540 N. Bullard Avenue  
Surprise AZ 85374  
623-975-5540

**King Standard @ \$129.00**

**Dbl Queen Standard @ \$139.00**

**King Suite @ \$139.00**

**Dbl Queen Suite @ \$159.00**

**Includes free buffet breakfast**

**Marriott Residence Inn**

16418 N. Bullard Avenue  
Surprise, AZ 85374  
623-249-6333

**King Studio @ \$139.00**

**1 bedroom suite @ \$159.00**

**2 bedroom suite @ \$209.00**

**Includes free breakfast buffet**

**To book your room at the Holiday Inn Express or the Marriott Residence Inn:** Call direct to the numbers indicated and identify yourself with the USTA Adult 55 & Over and you will be given our rate

[www.hiexpress.com/surpriseaz](http://www.hiexpress.com/surpriseaz)

Holiday Inn Express and Marriott Residence Inn are within walking distance to the courts.

Other hotels located within 15 minutes driving time to the courts and offering our players a special rate are: Quality Inn, Days Inn, Hampton Inn, Windmill Inn, Comfort Inn all located in Surprise.

## ELIGIBILITY

### Team Eligibility

- A minimum of 6 players who were on the final local roster must be available to compete at nationals. There are no exceptions or waivers granted for this requirement.

### Player Eligibility

- A player is eligible to advance to National Championships competition if that player has played on that same team in at least **three (3)** matches through section championships. No defaults received by the player during all league competition shall count for advancing. A retired match shall count for all players involved. 2.03A(4).
- All individual team members must be from the appropriate level of play in accordance with the NTRP system.
- Year-end ratings will be posted on TennisLink in early December.

## RULES, REGULATIONS, SCORING, AND COACHING

### Rules and Regulations

- USTA Rules and League Regulations will be enforced during championships.
- All match lineups must be submitted to the tournament desk by the team captain at least 30 minutes prior to the start of the match. Penalties may be enforced at the tournament director's discretion.

### Move Up/Split Up Reg 2.06A

Please see USTA League Regulation 2.06A on [usta.com](http://usta.com) for complete details or contact your Sectional League Coordinator to be sure you are in compliance before forming your teams for 2016.

### Scoring

- Best of two tiebreak sets with a Match Tiebreak if required.
- The Coman Tiebreak Procedure will be used for the Set and Match Tiebreak.
- Coman Tiebreak Procedure is the same as the present procedure except that ends are changed after the first point, then after every four points until the conclusion of the tiebreak.
- Two minute rest between the 1<sup>st</sup> and 2<sup>nd</sup> set and between the 2<sup>nd</sup> set and 3<sup>rd</sup> set match tiebreak.

### Championship Flight Setup

- Flighted Round Robin.
- Teams will participate in a non-elimination round-robin format.
- The winner of each flight/division will be determined by team matches won.

- The winner of each flight will then go into a semi final followed by finals and 3rd & 4th playoff.
- In the event of a tie, the tie will be broken by the first of the following procedures:
  - Winner of the most individual matches in the competition
  - Winner of head to head match
  - Loser of the fewest number of sets
  - Loser of the fewest number of games
  - A method to be determined by the championships committee

### **Grievance and Appeal Procedures**

The following guidelines and procedures will be used during this championship. Please review them carefully. Any staff member on site will be glad to assist you with the forms and answer any questions on procedures.

3.03C(1) Any grievance alleging a violation during championships competition shall be in writing and delivered to the duly appointed site director or designee prior to whichever occurs first: (a) within 30 minutes of the completion of the involved team's match or (b) the commencement of the involved team's next match, whether or not the involved player participates except for Administrative Grievances (See Reg. 3.03A(2), Eligibility Grievances (See Reg. 3.03B(3) and NTRP Grievances (See Reg. 3.03E(3).)

3.03E(3) NTRP Grievances will not be accepted at National Championships.

3.04B(1) The Grievance Appeal Committee shall not be required to hold any hearing except as provided in 3.04B(2). Its decision may be based entirely on the findings of fact by the Grievance Committee whose decision is being appealed and on the facts and arguments submitted in writing by the parties to the appeal.

### **Coaching**

No coaching allowed. No cell phones or electronic devices allowed on court.

### **Balls**

Penn hard court balls will be provided.

### **Player ID**

Tournament staff will conduct random checks of player ID at time of check-in for matches. If a player is without ID when asked for it, he/she will be asked to provide it before they can be sent on court.

### **Hydration Tips for playing in Warmer Weather**

Drink cool water or sport drinks during play. Sport drinks are especially helpful during long matches, in hot weather and for recovery after play. Use a similar hydration routine before, during and after practice.

#### **Before Play**

- Drink 12-16 ounces about 1 hour before play begins.
- Drink fluids throughout the day.
- Prepare at least 2 quarts (64 ounces) to drink during play. Sports drinks are preferable for long matches or during play in hot weather.

#### **During Play**

- Drink 4 to 8 ounces (4 to 8 normal swallows) after the warm-up and during every changeover.
- Many players like to drink a sport drink or water, with an emphasis (e.g., 2:1) on the sport drink.
- For some players the fluid requirements may even be higher in very hot or humid environments.

#### **After Play**

- Weigh yourself before and after play and drink about 20-24 ounces of fluid for every pound of post-play body weight deficit.
- Immediately begin to replace fluid, electrolytes and carbohydrates with water, other fluids (e.g., juice, sport drinks, etc.) and food. Sport drinks are very effective if you are going to play again soon.
- Consider adding salt to your food and/or drinks if sweat losses were extensive.

#### **Inclement Weather**

Please note that the tournament format, number of matches and match length may change due to a team not showing up or circumstances beyond our control such as weather. However, rain or extreme heat could cause delays, modifications to the format, and possible cancellation of the tournament. There are NO indoor back-up courts where the championships can be played in the event of rain.

In the event of rain or suspension of play caused by extreme heat, please remain at the tournament site until the tournament staff informs you of the play schedule. In the event of a long rain delay or heat suspension, it will be at the discretion of the Tournament Committee to use an alternative-playing format.

**We will provide you a Hot Line 800 number on-site to check for schedule changes if any.**

#### **Cancellation**

If the championship, or part of the championships is cancelled due to rain or unforeseen circumstances, the championship will not be rescheduled.

<b>Player and Tournament Details</b>
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#### **Mandatory Team Captain's Registration**

**WHERE:** Surprise Tennis & Racquet Complex

**WHEN:** Thursday, October 29, from 4:00-5:30 PM

**NOTE: Completing the on line registration does not exclude the captain from attending the team registration.** You will receive your team packet with line up cards, performance shirts and captain gifts during this time.

#### **Mandatory Captain's Meeting (Captains and Co-Captains Only)**

**WHERE:** Surprise Tennis & Racquet Complex

**WHEN:** Thursday October 29 at 5:45-6:30 PM (following team registration)

#### **FREE PLAYER LUNCHES – FRIDAY AND SATURDAY**

USTA is providing free boxed lunches for players on Friday and Saturday at the Surprise Tennis & RC.

Guests pay \$10.00 per person - tickets for additional lunches for guests will be sold only at the Team Captain's Registration on Thursday.

We cannot accept credit cards - sorry cash only for additional lunches.

### **Trainer**

There will be a trainer on-site to assist with athletic injuries.

### **Awards**

Awards and banners will be presented to the teams that finish 1<sup>st</sup> – 4<sup>th</sup> place.

### **Team Sportsmanship Award**

One team will be awarded the 2015 Sportsmanship Award – details will be provided at the captain's meeting.

### **Player Gift**

All players attending the National Championships will receive a shirt and a championship hat.

### **Official Merchandise**

Official USTA League National Championship merchandise will be available for purchase on site and after the championship on our website at [www.usta.com/nationalchampionships](http://www.usta.com/nationalchampionships)

### **Team Photos**

Team photos will be taken throughout the weekend as well as candid shots. To schedule an appointment, team captains should make an appointment during the team registration. Photos are available for FREE at [www.usta.com/nationalchampionships](http://www.usta.com/nationalchampionships)

### **Website**

The USTA League National Championship home page will be updated with stories, photos and scores daily. Be sure your local newspaper sports editor, friends and family have the address so they can check the results. Go to [www.usta.com/nationalchampionships](http://www.usta.com/nationalchampionships)

### **Medical Emergency**

#### **Banner Del E Web Medical Center**

14502 W.Meeker Blvd.  
Sun City West, AZ 85375  
623-214-4000

#### **Advantage Urgent Care**

14800 W. Mountain View Blvd. Ste 190  
Surprise, AZ 85374  
602-530-6189  
Emergency medical and surgical service  
Open 7 days a week

### **Tips for Players and Spectators**

We recommend that spectators bring an umbrella for protection from the sun and a portable chair – not all courts have adequate seating.

Players and spectators should bring their own water vessel to be sure to continuously hydrate.

Don't forget sunscreen and a visor or hat!!

<b>Transportation Details</b>
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**Airport information:**

Fly into Phoenix Sky Harbor International Airport – approximately 45 minutes from Surprise

**SHUTTLE SERVICE:** to the Holiday Inn Express, the Marriott Residence or any Surprise hotels call “To My Surprise” Shuttle at 623-218-6035 or toll free 877-495-6035 to schedule your pickup. This should be done at least 24 hours in advance.

Mention that you are with the USTA groups and the additional \$10.00 pickup fee will be waived.

One way trip to Surprise hotels is \$39.95 for one person, \$59.95 for two, \$69.95 for three. Round trip for one person \$69.95 and \$98.95 for two and \$108.95 for three people. . This service makes NO stops en route to Surprise.

**Directions from Phoenix Sky Harbor International Airport to Holiday Inn Express and Marriott Residence Inn:**

- Take I-10 west, exit 133B to 101 AZ loop.
- Take exit for Grand Avenue. Turn Left
- Take left on Bell Road
- Take left on Bullard Avenue.
- Both hotels are located on the right.

**From Holiday Inn Express and Marriott Residence Inn – to Surprise T & RC**

Hotels are walking distance to the Surprise Tennis Center – whether driving or walking the hotel front desk staff can point you in the right direction.

Shuttle service will NOT be provided from any of the hotels to or from the Surprise Tennis Center.

