



CELEBRATING **35** YEARS

2015 USTA LEAGUE ADULT 18 & OVER 5.0+ NATIONAL CHAMPIONSHIP HANDBOOK

TABLE OF CONTENTS

1. Sites, Dates, Player Fee	2 - 3
2. Eligibility	3
Team Eligibility	
Player Eligibility	
3. Rules, Regulations, Scoring and Coaching	3 - 5
Rules and Regulations	
Move Up-Split Up	
Scoring	
Championship Flight Set Up	
Grievance and Appeal Procedures	
Coaching	
Balls	
Hydration Tips	
Inclement Weather	
Cancellation	
4. Player and Tournament Details	6 - 7
Captain Team Registration	
Mandatory Captain's Meeting	
Player Party	
Trainers	
Awards	
Player Gift	
Official Merchandise	
Team Photos	
Website	
Tips for Players and Spectators	
5. Transportation Details	7

SITES AND DATES

Adult 18 & Over 5.0+

October 1-4

Match Play begins on Friday, October 2

Matches and awards will conclude on Sunday by approximately 1 pm – please make flight arrangements accordingly.

YOUR SECTION WILL SUBMIT YOUR TEAM ROSTER TO THE USTA NATIONAL OFFICE

PLAYER ENTRY FEE:

EVERY PLAYER AND CAPTAIN advancing to the USTA League National Championships is required to pay a \$55.00 individual player entry fee.

The deadline for you to register for this event is September 15.

Go to www.usta.com/nationalchampionships to your event page for the on line registration link.

Tennis Facilities: Hard Courts

Indian Wells Tennis Garden
(Home of the BNP Paribas Open)
78-200 Miles Ave
Indian Wells, CA 92210
760-200-8200
www.iwtg.net

Practice Courts:

Reserve courts up to 2 wks in advance
\$10 per court/per hour
Court surface: Hard courts

Host Hotel:

Miramonte Resort & Spa
45000 Indian Wells Lane
Indian Wells, CA 92210
760-341-2200

Room Rate:

Starting at \$139.00 per night
Free Wireless internet
Cut off: 9/4

***Room rate includes 2 daily coupons for breakfast buffet in the Grove Artisan Kitchen and free wireless internet in sleeping rooms.

To Book rooms at the Miramonte:

Booking via online link is available –go to the Hotel Reservation link on the webpage where you located this handbook and use group code...USTA 5.0 for reservations not earlier than Wednesday arrivals.

For arrivals earlier than Wednesday or for extended stays, you will need to book through central reservations. **Call central reservations at 800-237-2926 and refer to group call in code 150926USTA**

For any reservations called in, you will not be authorized to book numerous rooms under one name – each room must be booked by the individual whose credit card is applied.

www.miramonteresort.com

Voted #1 Resort Spa in North America by Conde Nast Traveler

ELIGIBILITY

Team Eligibility

- A minimum of five (5) players who were on the final local roster must be available to compete at nationals. Waivers will not be granted to teams who are not able to field a full team.

Player Eligibility

- A player is eligible to advance to a national championship competition if that player has played on that same team in at least three (3) matches through section championships. No defaults received by the player during all league competition shall count for advancing. 2.03A(4). Waivers will not be granted to players who have not played the required number of matches.
- All individual team members must be from the appropriate level of play in accordance with the NTRP system.
- Year-end ratings will be posted on TennisLink in early December.

RULES, REGULATIONS, SCORING, AND COACHING

Rules and Regulations

- USTA Rules and League Regulations will be enforced during championships.
- All match lineups must be submitted to the tournament desk by the team captain at least 30 minutes prior to the start of the scheduled match time. Penalties may be enforced at the tournament director's discretion.
- The match schedule can change frequently - please check our website often for updates.

Move Up/Split Up Reg 2.06A

Please see USTA League Regulation 2.06A on usta.com for complete details or contact your Sectional League Coordinator to be sure you are in compliance before forming your teams for 2016.

Scoring

- Best of two tiebreak sets with a Match Tiebreak if required.
- The Coman Tiebreak Procedure will be used for the Set and Match Tiebreak.
- Coman Tiebreak Procedure is the same as the present procedure except that ends are changed after the first point, then after every four points until the conclusion of the tiebreak.

- Two minute rest between the 1st and 2nd set and between the 2nd set and 3rd set match tiebreak.

Championship Flight Setup

- Flighted Round Robin.
- Teams will participate in a non-elimination round-robin format.
- The winner of each flight/division will be determined by team matches won.
- The winner of each flight will then go into a semi final followed by finals and 3rd & 4th playoff.
- In the event of a tie, the tie will be broken by the first of the following procedures:
 - Winner of the most individual matches in the competition
 - Winner of head to head match
 - Loser of the fewest number of sets
 - Loser of the fewest number of games
 - A method to be determined by the championships committee

Grievance and Appeal Procedures

The following guidelines and procedures will be used during this championship. Please review them carefully. Any staff member on site will be glad to assist you with the forms and answer any questions on procedures.

3.03C(1) Any grievance alleging a violation during championships competition shall be in writing and delivered to the duly appointed site director or designee prior to whichever occurs first: (a) within 30 minutes of the completion of the involved team's match or (b) the commencement of the involved team's next match, whether or not the involved player participates except for Administrative Grievances (See Reg. 3.03A(2), Eligibility Grievances (See Reg. 3.03B(3) and NTRP Grievances (See Reg. 3.03E(3).)

3.03E(3) NTRP Grievances will not be accepted at National Championships.

3.04B(1) The Grievance Appeal Committee shall not be required to hold any hearing except as provided in 3.04B(2). Its decision may be based entirely on the findings of fact by the Grievance Committee whose decision is being appealed and on the facts and arguments submitted in writing by the parties to the appeal.

Coaching

No coaching allowed. No cell phones or electronic devices allowed on court.

Balls

Pro Penn Marathon balls will be provided.

Player ID

Tournament staff will conduct random checks of player ID at time of check-in for matches. If a player is without ID when asked for it, he/she will be asked to provide it before they can be sent on court.

Hydration Tips for playing in Warmer Weather

Drink cool water or sport drinks during play. Sport drinks are especially helpful during long matches, in hot weather and for recovery after play. Use a similar hydration routine before, during and after practice.

Before Play

- Drink 12-16 ounces about 1 hour before play begins.
- Drink fluids throughout the day.
- Prepare at least 2 quarts (64 ounces) to drink during play. Sports drinks are preferable for long matches or during play in hot weather.

During Play

- Drink 4 to 8 ounces (4 to 8 normal swallows) after the warm-up and during every changeover.
- Many players like to drink a sport drink or water, with an emphasis (e.g., 2:1) on the sport drink.
- For some players the fluid requirements may even be higher in very hot or humid environments.

After Play

- Weigh yourself before and after play and drink about 20-24 ounces of fluid for every pound of post-play body weight deficit.
- Immediately begin to replace fluid, electrolytes and carbohydrates with water, other fluids (e.g., juice, sport drinks, etc.) and food. Sport drinks are very effective if you are going to play again soon.
- Consider adding salt to your food and/or drinks if sweat losses were extensive.

Inclement Weather

Please note that the tournament format, number of matches and match length may change due to a team not showing up or circumstances beyond our control such as weather. However, rain or extreme heat could cause delays, modifications to the format, and possible cancellation of the tournament. There are NO back-up courts where the championship can be played in the event of rain.

In the event of rain or suspension of play caused by extreme heat, please remain at the tournament site until the tournament staff informs you of the play schedule. In the event of a long rain delay or heat suspension, it will be at the discretion of the Tournament Committee to use an alternative-playing format.

We will provide you a Hot Line 800 number on-site to check for schedule changes if any.

Cancellation of the Tournament

If the championship, or part of the championships is cancelled due to rain or unforeseen circumstances, the championship will not be rescheduled.

Player and Tournament Details

Mandatory Team Captain's Registration

WHERE: Miramonte Resort & Spa

WHEN: Thursday, October 1, from 4:30-5:30 PM

NOTE: Completing the on line registration does not exclude the captain from attending the team registration. You will receive your team packet with line up cards, performance shirts and captain gifts during this time.

Mandatory Captain's Meeting (Captains and Co-Captains Only)

WHERE: Miramonte Resort & Spa

WHEN: Thursday, October 1, 5:45-6:30 PM

SATURDAY EVENING PLAYER PARTY

WHERE: Miramonte Resort

WHEN: Saturday October 3 at 7:30 PM

Free tickets for players includes two (2) free drinks....beer, wine or soft drinks.
Guests pay \$20.00 per person - tickets for guests will be sold only at the Team Captain's
Registration on Thursday.

Guest tickets will not be sold after Thursday! CASH ONLY – NO CREDIT CARDS
Tables will be assigned by section – no open seating!

Trainers

There will be a trainer on-site to assist with athletic injuries. They will have access to ice. For a
medical emergency:

Eisenhower Medical Center
39000 Bob Hope Drive
Rancho Mirage, CA 92270
760-340-391

Awards

Awards and banners will be presented to the teams that finish first through fourth.

Team Sportsmanship Award

One team will be awarded the 2015 Sportsmanship Award – details will be provided at the
captain's meeting.

Player Gift

All players attending the National Championships will receive a performance shirt and
championship cap.

Official Merchandise

Official USTA League National Championship merchandise will be available for purchase on site
and after the championship on our website at www.usta.com/nationalchampionships.

Team Photos

Team photos will be taken throughout the weekend as well as candid shots. To schedule an
appointment, team captains should make an appointment during the team registration. Photos
are **FREE** at www.usta.com/nationalchampionships

Website

The USTA League National Championship home page will be updated with stories, photos and
scores daily. Be sure your local newspaper sports editor, friends and family have the address so
they can check the results at www.usta.com/nationalchampionships

Tips for Players and Spectators

We recommend that spectators bring an umbrella for protection from the sun and a portable chair – not all courts have adequate seating.

Players and spectators should bring their own water vessel to be sure to continuously hydrate.

Don't forget sunscreen and a visor or hat!!

Transportation Details

From Airport to Miramonte Resort

Recommend flying into Palms Springs Regional Airport and renting a vehicle.
Ontario Airport is approximately a one hour drive to Palms Springs.

From the Palm Springs Regional Airport to the Miramonte Resort (approximately 30 minutes driving time)

- Exit the airport and go left onto El Cielo.
- Take El Cielo to Ramon Road – left on Ramon Rd.
- Follow Ramon – 3 - 4 miles until you see the entrance to the Interstate 10 East on your right
- Take the I10 to the Cook Street exit - go right off the ramp
- Take Cook Street approx. 3 miles to Hwy. 111 - make a left on Hwy 111 for approx. 1.5 miles.
- The hotel entrance is on the corner of Hwy. 111 and Indian Wells Lane.

From Miramonte Resort to the Indian Wells Tennis Garden

*****Shuttle service will not be provided to or from the Indian Wells Tennis Garden.**

- Exit the resort driveway and go left to the corner of Hwy. 111.
- Take a right onto Hwy. 111 to the 1st traffic light Miles Road.
- Make a left onto Miles Road.
- You will see the Indian Wells Tennis Garden approx. ¼ mile down on your left – just past the light for Warner Trail

