



CELEBRATING **35** YEARS

## 2015 USTA LEAGUE ADULT 40 & OVER 3.5 NATIONAL CHAMPIONSHIP HANDBOOK

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### SITES AND DATES

**Adult 40 & Over 3.5**

October 22- October 25

Match Play begins on Friday, October 23

Matches and awards will conclude on Sunday by approximately 1 pm – please make flight arrangements accordingly.

**YOUR SECTION WILL SUBMIT YOUR TEAM ROSTER TO THE USTA NATIONAL OFFICE  
PLAYER ENTRY FEE:**

**EVERY PLAYER AND CAPTAIN advancing to the USTA League National Championships is required to pay a \$55.00 individual player entry fee.**

**The deadline for you to register for this event is September 30.**

Go to [www.usta.com/nationalchampionships](http://www.usta.com/nationalchampionships) to your event page for the on line registration link.

**Tennis Facilities: Hard Courts**

Reffkin Tennis Center  
50 S. Alvernon Way  
Tucson, AZ 85711

**Practice Courts:**

Reserve courts after September 15  
\$10 per court/per 1.5 hours  
520-791-4896

\*\*\*Team Group Clinics with a Pro – call the Pro Shop at 520-791-4896 to schedule a time

**Host Hotel:**

Doubletree Hotel Tucson at Reid Park  
445 S. Alvernon Way  
Tucson, AZ 85711  
520-881-4200  
520-323-5225 (fax)  
[www.doubletree.com](http://www.doubletree.com)

**Room Rate:**

**Starting at \$103.00 per night**  
**Cut off date: September 20<sup>th</sup>**  
**Free Internet**

**There are three (3) ways you can book rooms at the Doubletree Hotel:**

- Call the Doubletree directly at 520-881-4200
- Call central reservations at 800-222-8733
- Or go to the **Hotel Reservation** link on the webpage where you located this handbook.

**Failure to cancel a guaranteed reservation seven (7) days prior to day of arrival will result in a charge of one (1) night's room and tax applied to your credit card**

<b>ELIGIBILITY</b>
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**Team Eligibility**

- A minimum of eight (8) players who were on the final local roster must be available to compete at nationals. Waivers will not be granted to teams who are not able to field a full team.

**Player Eligibility**

- A player is eligible to advance to a national championship competition if that player has played on that same team in at least three (3) matches through section championships. No defaults received by the player during all league competition shall count for advancing. 2.03A(4). Waivers will not be granted to players who have not played the required number of matches.
- All individual team members must be from the appropriate level of play in accordance with the NTRP system.
- Year-end ratings will be posted on TennisLink in early December.

## RULES, REGULATIONS, SCORING, AND COACHING

### **Rules and Regulations**

- USTA Rules and League Regulations will be enforced during championships.
- All match lineups must be submitted to the tournament desk by the team captain at least 30 minutes prior to the start of the scheduled match time. Penalties may be enforced at the tournament director's discretion.
- The match schedule can change frequently - please check our website often for updates.

### **Move Up/Split Up Reg 2.06A**

Please see USTA League Regulation 2.06A on [usta.com](http://usta.com) for complete details or contact your Sectional League Coordinator to be sure you are in compliance before forming your teams for 2016.

### **Scoring**

- Best of two tiebreak sets with a Match Tiebreak if required.
- The Coman Tiebreak Procedure will be used for the Set and Match Tiebreak.
- Coman Tiebreak Procedure is the same as the present procedure except that ends are changed after the first point, then after every four points until the conclusion of the tiebreak.
- Two minute rest between the 1<sup>st</sup> and 2<sup>nd</sup> set and between the 2<sup>nd</sup> set and 3<sup>rd</sup> set match tiebreak.

### **Championship Flight Setup**

- Flighted Round Robin.
- Teams will participate in a non-elimination round-robin format.
- The winner of each flight/division will be determined by team matches won.
- The winner of each flight will then go into a semi final followed by finals and 3<sup>rd</sup> & 4<sup>th</sup> playoff.
- In the event of a tie, the tie will be broken by the first of the following procedures:
  - Winner of the most individual matches in the competition
  - Winner of head to head match
  - Loser of the fewest number of sets
  - Loser of the fewest number of games
  - A method to be determined by the championships committee

### **Grievance and Appeal Procedures**

The following guidelines and procedures will be used during this championship. Please review them carefully. Any staff member on site will be glad to assist you with the forms and answer any questions on procedures.

3.03C(1) Any grievance alleging a violation during championships competition shall be in writing and delivered to the duly appointed site director or designee prior to whichever occurs first: (a) within 30 minutes of the completion of the involved team's match or (b) the commencement of the involved team's next match, whether or not the involved player participates except for Administrative Grievances (See Reg. 3.03A(2), Eligibility Grievances (See Reg. 3.03B(3) and NTRP Grievances (See Reg. 3.03E(3).)

3.03E(3) NTRP Grievances will not be accepted at National Championships.

3.04B(1) The Grievance Appeal Committee shall not be required to hold any hearing except as provided in 3.04B(2). Its decision may be based entirely on the findings of fact by the Grievance Committee whose decision is being appealed and on the facts and arguments submitted in writing by the parties to the appeal.

### **Coaching**

No coaching allowed. No cell phones or electronic devices allowed on court.

### **Balls**

Penn hard court balls will be provided.

### **Player ID**

Tournament staff will conduct random checks of player ID at time of check-in for matches. If a player is without ID when asked for it, he/she will be asked to provide it before they can be sent on court.

### **Hydration Tips for playing in Warmer Weather**

Drink cool water or sport drinks during play. Sport drinks are especially helpful during long matches, in hot weather and for recovery after play. Use a similar hydration routine before, during and after practice.

#### **Before Play**

- Drink 12-16 ounces about 1 hour before play begins.
- Drink fluids throughout the day.
- Prepare at least 2 quarts (64 ounces) to drink during play. Sports drinks are preferable for long matches or during play in hot weather.

#### **During Play**

- Drink 4 to 8 ounces (4 to 8 normal swallows) after the warm-up and during every changeover.
- Many players like to drink a sport drink or water, with an emphasis (e.g., 2:1) on the sport drink.
- For some players the fluid requirements may even be higher in very hot or humid environments.

#### **After Play**

- Weigh yourself before and after play and drink about 20-24 ounces of fluid for every pound of post-play body weight deficit.
- Immediately begin to replace fluid, electrolytes and carbohydrates with water, other fluids (e.g., juice, sport drinks, etc.) and food. Sport drinks are very effective if you are going to play again soon.
- Consider adding salt to your food and/or drinks if sweat losses were extensive.

### **Inclement Weather**

Please note that the tournament format, number of matches and match length may change due to a team not showing up or circumstances beyond our control such as weather. However, rain or extreme heat could cause delays, modifications to the format, and possible cancellation of the tournament. There are NO back-up courts where the championship can be played in the event of rain.

In the event of rain or suspension of play caused by extreme heat, please remain at the tournament site until the tournament staff informs you of the play schedule. In the event of a long rain delay or heat suspension, it will be at the discretion of the Tournament Committee to use an alternative-playing format.

**We will provide you a Hotline 800 number on-site to check for schedule changes if any.**

#### **Cancellation of the Tournament**

If the championship, or part of the championships is cancelled due to rain or unforeseen circumstances, the championship will not be rescheduled.

<b>Player and Tournament Details</b>
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#### **Mandatory Team Captain's Registration**

**WHERE:** Doubletree Hotel Tucson at Reid Park

**WHEN:** Thursday, October 22, from 4:30-5:30 PM

**NOTE:** Completing the on line registration does not exclude the captain from attending the team registration. You will receive your team packet with line up cards, performance shirts and captain gifts during this time.

#### **Mandatory Captain's Meeting (Captains and Co-Captains Only)**

**WHERE:** Doubletree Hotel Tucson at Reid Park

**WHEN:** Thursday, October 22, 5:45-6:30 PM

#### **SATURDAY EVENING PLAYER PARTY**

**WHERE:** Doubletree Hotel Tucson at Reid Park

**WHEN:** Saturday, October 24 @ 7:30 PM

Free tickets for players includes two (2) free drinks....beer, wine or soft drinks.  
Guests pay \$20.00 per person - tickets for guests will be sold only at the Team Captain's Registration on Thursday.

Guest tickets will not be sold after Thursday! CASH ONLY – NO CREDIT CARDS  
Tables will be assigned by section – no open seating!

#### **Trainers**

There will be a trainer on-site to assist with athletic injuries. They will have access to ice.

For a medical emergency:  
Tucson Medical Center  
5301 E. Grant Road

Tucson, AZ 85712  
520-327-5461

### **Awards**

Awards and banners will be presented to the teams that finish first through fourth.

### **Player Gift**

All players attending the National Championships will receive a performance shirt and championship cap.

### **Team Sportsmanship Award**

One team will be awarded the 2015 Sportsmanship Award – details will be provided at the captain's meeting.

### **Official Merchandise**

Official USTA League National Championship merchandise will be available for purchase on site and after the championship on our website at [www.usta.com/leaguechampionships](http://www.usta.com/leaguechampionships).

### **Team Photos**

Team photos will be taken throughout the weekend as well as candid shots. To schedule an appointment, team captains should make an appointment during the team registration. Photos are available for FREE at [www.usta.com/nationalchampionships](http://www.usta.com/nationalchampionships)

### **Website**

The USTA League National Championship home page will be updated with stories, photos and scores daily. Be sure your local newspaper sports editor, friends and family have the address so they can check the results at [www.usta.com/nationalchampionships](http://www.usta.com/nationalchampionships)

### **Tips for Players and Spectators**

We recommend that spectators bring an umbrella for protection from the sun and a portable chair – not all courts have adequate seating.

Players and spectators should bring their own water vessel to be sure to continuously hydrate.

Don't forget sunscreen and a visor or hat!!

## **Transportation Details**

### **To & From Courts**

Shuttle service will not be provided to or from Reffkin Tennis Center

### **From the Doubletree Hotel to Reffkin Tennis Center**

Reffkin TC is located on Alvernon Rd. just south of Broadway and is approximately 1 block from the Doubletree.

### **Airport**

Doubletree Hotel offers shuttle pick up at the airport  
Call the hotel bell desk from the airport for shuttle service (520-881-4200)

More frequent flights are available into Phoenix Airport (approx 1 ½ hr drive.)

### **From the Tucson Airport to the Doubletree Hotel**

Exit the airport through the Tucson Boulevard exit  
At 1<sup>st</sup> light take a right onto Valencia

Take a left onto Palo Verde (the name changes to Alvernon Road before 22<sup>nd</sup> Street)  
The Doubletree is located on the right between 22<sup>nd</sup> and Broadway

### **From Sky Harbor Phoenix Airport to the Doubletree Hotel**

Take I-10 East towards Tucson for approx. 110 miles  
Driving south from Phoenix, take the Broadway/Congress St. exit  
Turn left (heading east) and drive along Congress (which will turn into Broadway) for approximately 5 miles  
Turn right (heading south) on Alvernon  
Drive approximately ¼ mile  
The Doubletree Hotel is on the left side of Alvernon.

