



**2014 USTA LEAGUE
ADULT 40 & OVER 3.5 NATIONAL CHAMPIONSHIP HANDBOOK**

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SITES AND DATES

Adult 40 & Over 3.5October 30- November 2nd

Match Play begins on Friday, October 31

YOUR SECTION WILL SUBMIT YOUR TEAM ROSTER**TEAM ENTRY FEE: \$500.00 (plus \$51.03 processing fee)**

Teams advancing to the USTA League National Championships are required to pay an entry fee.

Please contact your Section League Coordinator immediately following your Sectional Championships to find out the deadline to complete the registration and to pay your team fee. Failure to register by the deadline may risk your team's participation at nationals.

Tennis Facilities: Hard Courts

Reffkin Tennis Center
50 S. Alvernon Way
Tucson, AZ 85711

Practice Courts:

Reserve courts after September 15
\$10 per court/per 1.5 hours
520-791-4896

***Team Group Clinics with a Pro – call the Pro Shop at 520-791-4896 to schedule a time

Host Hotel:

Doubletree Hotel Tucson at Reid Park
445 S. Alvernon Way
Tucson, AZ 85711
520-881-4200
520-323-5225 (fax)
www.doubletree.com

Room Rate:

Starting at \$103.00 per night
Cut off date: September 28
Free Internet

There are three (3) ways you can book rooms at the Doubletree Hotel:

- Call the Doubletree directly at 520-881-4200
- Call central reservations at 800-222-8733
- Or go to the **Hotel Reservation** link on the webpage where you located this handbook.

Failure to cancel a guaranteed reservation seven (7) days prior to day of arrival will result in a charge of one (1) night's room and tax applied to your credit card

ELIGIBILITY

Team Eligibility

- A minimum of eight (8) players who were on the final local roster must be available to compete at nationals. Waivers will not be granted to teams who are not able to field a full team.
- The Photo Waiver Form must be completed by each player and brought to the team registration. Each player must provide a copy of his/her driver's license or passport accompanying the photo waiver form. The captain must submit these at the time of the Team Registration on Thursday.

See website link to download form.

Player Eligibility

- A player is eligible to advance to a national championship competition if that player has played on that same team in at least three (3) matches through section championships. No defaults received by the player during all league competition shall count for advancing. 2.03A(4)
- All individual team members must be from the appropriate level of play in accordance with the NTRP system.
- Year-end ratings will be posted on TennisLink in early December.

RULES, REGULATIONS, SCORING, AND COACHING

Rules and Regulations

- USTA Rules and League Regulations will be enforced during championships.
- All match lineups must be submitted to the tournament desk by the team captain at least 30 minutes prior to the start of the scheduled match time. Penalties may be enforced at the tournament director's discretion.
- The match schedule can change frequently - please check our website often for updates.

Move Up/Split Up Reg 2.06A for 2015

Please see USTA League Regulation 2.06A on usta.com for complete details or contact your Sectional League Coordinator to be sure you are in compliance before forming your teams for 2015.

Scoring

- Best of two tiebreak sets with a Match Tiebreak if required.
- The Coman Tiebreak Procedure will be used for the Set and Match Tiebreak.
- Coman Tiebreak Procedure is the same as the present procedure except that ends are changed after the first point, then after every four points until the conclusion of the tiebreak.
- Two minute rest between the 1st and 2nd set and between the 2nd set and 3rd set match tiebreak.

Championship Flight Setup

- Flighted Round Robin.
- Teams will participate in a non-elimination round-robin format.

- The winner of each flight/division will be determined by team matches won.
- The winner of each flight will then go into a semi final followed by finals and 3rd & 4th playoff.
- In the event of a tie, the tie will be broken by the first of the following procedures:
 - Winner of the most individual matches in the competition
 - Winner of head to head match
 - Loser of the fewest number of sets
 - Loser of the fewest number of games
 - A method to be determined by the championships committee

Grievance and Appeal Procedures

The following guidelines and procedures will be used during this championship. Please review them carefully. Any staff member on site will be glad to assist you with the forms and answer any questions on procedures.

3.03C(1) Any grievance alleging a violation during championships competition shall be in writing and delivered to the duly appointed site director or designee prior to whichever occurs first: (a) within 30 minutes of the completion of the involved team's match or (b) the commencement of the involved team's next match, whether or not the involved player participates except for Administrative Grievances (See Reg. 3.03A(2), Eligibility Grievances (See Reg. 3.03B(3) and NTRP Grievances (See Reg. 3.03E(3).)

3.03E(3) NTRP Grievances will not be accepted at National Championships.

3.04B(1) The Grievance Appeal Committee shall not be required to hold any hearing except as provided in 3.04B(2). Its decision may be based entirely on the findings of fact by the Grievance Committee whose decision is being appealed and on the facts and arguments submitted in writing by the parties to the appeal.

Coaching

No coaching allowed. No cell phones or electronic devices allowed on court.

Balls

Penn hard court balls will be provided.

Umpires

There may be certified roving umpires present at all championship sites. Roving umpires may be positioned inside the fenced areas and will interfere with play as little as possible.

Players should be encouraged to play tennis without the need for umpires to be present for matches. In the case of disputed calls and upon the request of the player, a roving umpire may be supplied to oversee the match.

Hydration Tips for playing in Warmer Weather

Drink cool water or sport drinks during play. Sport drinks are especially helpful during long matches, in hot weather and for recovery after play. Use a similar hydration routine before, during and after practice.

Before Play

- Drink 12-16 ounces about 1 hour before play begins.
- Drink fluids throughout the day.

-Prepare at least 2 quarts (64 ounces) to drink during play. Sports drinks are preferable for long matches or during play in hot weather.

During Play

- Drink 4 to 8 ounces (4 to 8 normal swallows) after the warm-up and during every changeover.
- Many players like to drink a sport drink or water, with an emphasis (e.g., 2:1) on the sport drink.
- For some players the fluid requirements may even be higher in very hot or humid environments.

After Play

- Weigh yourself before and after play and drink about 20-24 ounces of fluid for every pound of post-play body weight deficit.
- Immediately begin to replace fluid, electrolytes and carbohydrates with water, other fluids (e.g., juice, sport drinks, etc.) and food. Sport drinks are very effective if you are going to play again soon.
- Consider adding salt to your food and/or drinks if sweat losses were extensive.

Inclement Weather

Please note that the tournament format, number of matches and match length may change due to a team not showing up or circumstances beyond our control such as weather. However, rain or extreme heat could cause delays, modifications to the format, and possible cancellation of the tournament. There are NO back-up courts where the championship can be played in the event of rain.

In the event of rain or suspension of play caused by extreme heat, please remain at the tournament site until the tournament staff informs you of the play schedule. In the event of a long rain delay or heat suspension, it will be at the discretion of the Tournament Committee to use an alternative-playing format.

Cancellation of the Tournament

If the championship, or part of the championships is cancelled due to rain or unforeseen circumstances, the championship will not be rescheduled.

Player and Tournament Details

Mandatory Team Captain's Registration

WHERE: Doubletree Hotel Tucson at Reid Park

WHEN: Thursday, October 30, from 4:30-5:30 PM

NOTE: Completing the team on line registration does not exclude the captain from attending the team registration. You will receive your team packet with line up cards, performance shirts (be prepared to know your teammate's sizes) and captain gifts during this time.

Mandatory Captain's Meeting (Captains and Co-Captains Only)

WHERE: Doubletree Hotel Tucson at Reid Park

WHEN: Thursday, October 30, 5:45-6:30 PM

SATURDAY EVENING PLAYER PARTY

IT'S HALLOWEEN AT NATIONALS – Parade around in your HALLOWEEN costumes and compete for the most creative, the most outrageous, the best team effort!!!!

Prizes will be awarded!!

WHERE: Doubletree Hotel Tucson at Reid Park

WHEN: Saturday, November 1 @ 7:30 PM

Free tickets for players includes two (2) free drinks...beer, wine or soft drinks.

Guests pay \$20.00 per person - tickets for guests will be sold only at the Team Captain's Registration on Thursday.

Guest tickets will not be sold after Thursday! CASH ONLY – NO CREDIT CARDS
Tables will be assigned by section – no open seating!

Trainers

There will be a trainer on-site to assist with athletic injuries. They will have access to ice.

For a medical emergency:
Tucson Medical Center
5301 E. Grant Road
Tucson, AZ 85712
520-327-5461

Awards

Awards and banners will be presented to the teams that finish first through fourth.

Player Gift

All players attending the National Championships will receive a performance shirt and championship cap.

Official Merchandise

Official USTA League National Championship merchandise will be available for purchase on site and after the championship on our website at www.usta.com/leaguechampionships.

Team Photos

Team photos will be taken throughout the weekend as well as candid shots. To schedule an appointment, team captains should make an appointment during the team registration. Photos are available for purchase at www.usta.com/nationalchampionships

Website

The USTA League National Championship home page will be updated with stories, photos and scores daily. Be sure your local newspaper sports editor, friends and family have the address so they can check the results at www.usta.com/nationalchampionships

Tips for Players and Spectators

We recommend that spectators bring an umbrella for protection from the sun and a portable chair – not all courts have adequate seating.

Players and spectators should bring their own water vessel to be sure to continuously hydrate.

Don't forget sunscreen and a visor or hat!!

Simple sandwiches are available on site at the Reffkin Tennis Center. But if you would rather cool off and leave the facility there are many options in close proximity, even within walking distance, to the Reffkin TC. If your matches are closely scheduled, you may want to designate a spectator or spouse to pick up lunch for the team. You don't want to risk leaving the facility and being late for your next team match.

Transportation Details

To & From Courts

Shuttle service will not be provided to or from Reffkin Tennis Center

From the Doubletree Hotel to Reffkin Tennis Center

Reffkin TC is located on Alvernon Rd. just south of Broadway and is approximately 1 block from the Doubletree.

Airport

Doubletree Hotel offers shuttle pick up at the airport
Call the hotel bell desk from the airport for shuttle service (520-881-4200)

More frequent flights are available into Phoenix Airport (approx 1 ½ hr drive.)

From the Tucson Airport to the Doubletree Hotel

Exit the airport through the Tucson Boulevard exit
At 1st light take a right onto Valencia

Take a left onto Palo Verde (the name changes to Alvernon Road before 22nd Street)
The Doubletree is located on the right between 22nd and Broadway

From Sky Harbor Phoenix Airport to the Doubletree Hotel

Take I-10 East towards Tucson for approx. 110 miles
Driving south from Phoenix, take the Broadway/Congress St. exit
Turn left (heading east) and drive along Congress (which will turn into Broadway) for approximately 5 miles
Turn right (heading south) on Alvernon
Drive approximately ¼ mile
The Doubletree Hotel is on the left side of Alvernon.

