



2016 USTA LEAGUE ADULT 40 & OVER 3.5 NATIONAL CHAMPIONSHIP HANDBOOK

TABLE OF CONTENTS

1. Sites, Dates, Player Fee	2
2. Eligibility	3
Team Eligibility	
Player Eligibility	
3. Rules, Regulations, Scoring and Coaching	3 - 5
Rules and Regulations	
Move Up-Split Up	
Scoring	
Championship Flight Set Up	
Grievance and Appeal Procedures	
Coaching	
Balls	
Hydration Tips	
Inclement Weather	
Cancellation	
4. Player and Tournament Details	5 - 7
Captain Team Registration	
Mandatory Captain's Meeting	
Player Party	
Trainers	
Awards	
Player Gift	
Official Merchandise	
Team Photos	
Player Gift	
Website	
Tips for Players and Spectators	
5. Transportation Details	7

SITES AND DATES

Adult 40 & Over 3.5

October 21-23

Match Play begins on Friday, October 21

Matches and awards will conclude on Sunday by approximately 1 pm – please make flight arrangements accordingly.

YOUR SECTION OFFICE WILL FORWARD YOUR TEAM ROSTER TO THE USTA NATIONAL OFFICE

PLAYER ENTRY FEE:

EVERY PLAYER AND CAPTAIN advancing to the USTA League National Championships is required to pay a \$55.00 individual player entry fee.

The deadline for you to register for this event is October 3.

Go to www.usta.com/nationalchampionships to your event page for the on line registration link.

Host Hotel:

Omni Rancho Las Palmas Resort & Spa

4100 Bob Hope Drive
Rancho Mirage, CA 92270
Main: 760-568-2727

Room Rate:

\$144.00 single/dbl occupancy

www.rancholaspalmas.com

Tennis Facilities:

Rancho Las Palmas Country Club – **15 hard Courts**
Avenida Las Palmas
Rancho Mirage, CA
Phone: 760-862-4531

Practice Courts:
\$20.00 per court/per hour
Can book 3 days in advance

Call Tennis Director Alberto Fernandez for clinics and packages for the team!!

Cell – 786-553-0427

Courts are located outside the Omni Rancho Las Palmas grounds at the next traffic light on Bob Hope Drive.

Monterey Country Club – 10 hard courts

41500 Monterey Avenue
Palm Desert, CA 92260
Tennis shop: 760-346-0679

www.MontereyCC.com

Practice Courts:

\$10.00 per court/per hr
Can book one week in advance

To book rooms at the Omni Rancho Las Palmas Resort & Spa:

You can go to the Hotel Reservation link on the webpage where you located this handbook

Or guests will be able to call reservations directly at 1-866-423-1195 and that will get you directly to the reservations call center. Or call the resort directly

Group code: 101416USTAADULT

For any reservations called in, you will not be authorized to book numerous rooms under one name – each room must be booked by the individual whose credit card is applied.

The group rate will be available 3 days pre/post main nights based on hotel availability.

Failure to cancel a guaranteed reservation seven (7) days prior to day of arrival will result in a charge of two (2) night's room and tax applied to your credit card

ELIGIBILITY

Team Eligibility

- A minimum of eight (8) players who were on the final local roster must be available to compete at nationals. Waivers will not be granted to teams who are not able to field a full team.

Player Eligibility

- A player is eligible to advance to a national championship competition if that player has played on that same team in at least three (3) matches through section championships. No defaults received by the player during all league competition shall count for advancing. 2.03A(4). Waivers will not be granted to players who have not played the required number of matches.
- All individual team members must be from the appropriate level of play in accordance with the NTRP system.
- Year-end ratings will be posted on TennisLink in early December.

RULES, REGULATIONS, SCORING, AND COACHING

Rules and Regulations

- USTA Rules and League Regulations will be enforced during championships.
- All match lineups must be submitted to the tournament desk by the team captain at least 30 minutes prior to the start of the scheduled match time. Penalties will be enforced at the tournament director's discretion.
- The match schedule can change frequently - please check our website often for updates.

Move Up/Split Up Reg 2.06A

Please see USTA League Regulation 2.06A on usta.com for complete details or contact your Sectional League Coordinator to be sure you are in compliance before forming your teams for 2017.

Scoring

- Best of two tiebreak sets with a Match Tiebreak if required.
- The Coman Tiebreak Procedure will be used for the Set and Match Tiebreak.
- Coman Tiebreak Procedure is the same as the present procedure except that ends are changed after the first point, then after every four points until the conclusion of the tiebreak.
- Two minute rest between the 1st and 2nd set and between the 2nd set and 3rd set match tiebreak.

Championship Flight Setup

- Flighted Round Robin.
- Teams will participate in a non-elimination round-robin format.
- The winner of each flight/division will be determined by team matches won.
- The winner of each flight will then go into a semi final followed by finals and 3rd & 4th playoff.
- In the event of a tie, the tie will be broken by the first of the following procedures:
 - Winner of the most individual matches in the competition
 - Winner of head to head match
 - Loser of the fewest number of sets
 - Loser of the fewest number of games
 - A method to be determined by the championships committee

Grievance and Appeal Procedures

The following guidelines and procedures will be used during this championship. Please review them carefully. Any staff member on site will be glad to assist you with the forms and answer any questions on procedures.

3.03C(1) Any grievance alleging a violation during championships competition shall be in writing and delivered to the duly appointed site director or designee prior to whichever occurs first: (a) within 30 minutes of the completion of the involved team's match or (b) the commencement of the involved team's next match, whether or not the involved player participates except for Administrative Grievances (See Reg. 3.03A(2), Eligibility Grievances (See Reg. 3.03B(3) and NTRP Grievances (See Reg. 3.03E(3).)

3.03E(3) NTRP Grievances will not be accepted at National Championships.

3.04B(1) The Grievance Appeal Committee shall not be required to hold any hearing except as provided in 3.04B(2). Its decision may be based entirely on the findings of fact by the Grievance Committee whose decision is being appealed and on the facts and arguments submitted in writing by the parties to the appeal.

Coaching

No coaching allowed. No cell phones or electronic devices allowed on court.

Balls

Penn hard court balls will be provided.

Player ID

Tournament staff will conduct random checks of player ID at time of check-in for matches. If a player is without ID when asked for it, he/she will be asked to provide it before they can be sent on court.

Inclement Weather

Please note that the tournament format, number of matches and match length may change due to a team not showing up or circumstances beyond our control such as weather. However, rain or extreme heat could cause delays, modifications to the format, and possible cancellation of the tournament. There are NO indoor back-up courts where the championships can be played in the event of rain.

In the event of rain or suspension of play caused by extreme heat, please remain at the tournament site until the tournament staff informs you of the play schedule. In the event of a long rain delay or heat suspension, it will be at the discretion of the Tournament Committee to use an alternative-playing format.

We will provide you a Hotline 800 number on-site to check for schedule changes or we will blast an email to notify you of any suspension of play.

Hydration Tips for playing in Warmer Weather

Drink cool water or sport drinks during play. Sport drinks are especially helpful during long matches, in hot weather and for recovery after play. Use a similar hydration routine before, during and after practice.

Before Play

- Drink 12-16 ounces about 1 hour before play begins.
- Drink fluids throughout the day.
- Prepare at least 2 quarts (64 ounces) to drink during play. Sports drinks are preferable for long matches or during play in hot weather.

During Play

- Drink 4 to 8 ounces (4 to 8 normal swallows) after the warm-up and during every changeover.
- Many players like to drink a sport drink or water, with an emphasis (e.g., 2:1) on the sport drink.
- For some players the fluid requirements may even be higher in very hot or humid environments.

After Play

- Weigh yourself before and after play and drink about 20-24 ounces of fluid for every pound of post-play body weight deficit.
- Immediately begin to replace fluid, electrolytes and carbohydrates with water, other fluids (e.g., juice, sport drinks, etc.) and food. Sport drinks are very effective if you are going to play again soon.
- Consider adding salt to your food and/or drinks if sweat losses were extensive.

Cancellation of the Tournament

If the championship, or part of the championships is cancelled due to rain or unforeseen circumstances, the championship will not be rescheduled.

Player and Tournament Details

Mandatory Team Captain's Registration**WHERE: Omni Rancho Las Palmas Resort****WHEN: Thursday, October 20 from 4:30-5:30 PM**

NOTE: Completing the on line registration does not exclude the captain from attending the team registration. You will receive your line up cards, performance shirts and captain gifts during this time.

Mandatory Captain's Meeting (Captains and Co-Captains Only)**WHERE: Omni Rancho Las Palmas Resort****WHEN: Thursday, October 20, 5:45-6:30 PM****SATURDAY EVENING PLAYER PARTY****WHERE: Omni Rancho Las Palmas Resort****WHEN: Saturday October 22 at 7:30 PM**

Free tickets for players includes two (2) free drinks....beer, wine or soft drinks.

Guests pay \$20.00 per person - tickets for guests will be sold only at the Team Captain's Registration on Thursday.

Guest tickets will not be sold after Thursday! CASH ONLY – NO CREDIT CARDS. Tables will be assigned by section – no open seating!

Trainers

There will be a trainer on-site to assist with athletic injuries. They will have access to ice. For a medical emergency:

Eisenhower Medical Center
39000 Bob Hope Drive
Rancho Mirage, CA 92270
760-340-3911

Awards

Awards and banners will be presented to the teams that finish first through fourth.

Sportsmanship Awards

Players will be given Sportsmanship Awards during the weekend – details will be provided at the captain's meeting.

Player Gift

All players attending the National Championships will receive a championship shirt and towel.

Official Merchandise

Official USTA League National Championship merchandise will be available for purchase on site and after the championship on our website at www.usta.com/nationalchampionships.

Team Photos

Team photos will be taken throughout the weekend as well as candid shots. To schedule an appointment, team captains should make an appointment during the team registration. Photos are available for **FREE** at www.usta.com/nationalchampionships

Website

The USTA League National Championship home page will be updated with stories, photos and scores daily. Be sure your local newspaper sports editor, friends and family have the address so they can check the results. www.usta.com/nationalchampionships

Tips for Players and Spectators

We recommend that spectators bring an umbrella for protection from the sun and a portable chair – not all courts have adequate seating.

Players and spectators should bring their own water vessel to be sure to continuously hydrate.

Don't forget sunscreen and a visor or hat!!

Transportation Details

To & From Courts

Shuttle service will not be provided to or from the Rancho Las Palmas Resort or courts to the Palm Valley CC courts

Airport

Direction from Palm Springs Regional Airport to Rancho Las Palmas Resort (10 miles or approx. 18 minutes from the airport)

- When exiting the airport follow the signs to all cities
- Exit the airport and go left onto El Cielo.
- Take El Cielo to Ramon Road – left on Ramon Rd.
- Take the 3rd right to Gene Autry Trail
- Make a left on Highway 111 (E.Palm Canyon Drive)
- Left onto Rancho Las Palmas Drive
- Left onto Bob Hope Drive
- Omni Ranch Las Palmas Resort is on your right

Directions from Rancho Las Palmas Resort or courts to Monterey Country Club courts (approx.5 minute drive time depending on traffic)

- Exit Rancho Las Palmas turning right onto Bob Hope Drive
- At Country Club Drive turn right
- At the next light, go right on to Monterey Avenue
- Left into Monterey CC at Avenida Del Sol
- Tell gatekeeper you are going to tennis courts

