

# KROC

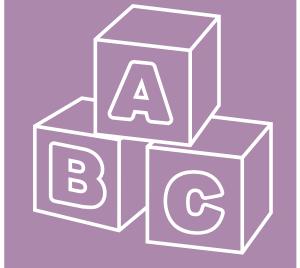
CHILDREN & YOUTH DEVELOPMENT PROGRAM GUIDE  
WINTER 2026



YOU BELONG HERE.



KROC  
MEMPHIS



# KROC YOUTH

For information on Child Watch, Kroc Camps, and more, visit us at [krocmemphis.org](http://krocmemphis.org).



## CHILDWATCH

3MTHS - 9YRS

10 - 13YRS when Reach is not available

### KID FIT

Jump, squat, climb! Workout while your child stays active. See improvements in your child's flexibility, wellness, and self-confidence.

MON   WED (Ages 4-5)	9:15AM
TUE   TH (Ages 6-9)	5PM



### ONCE UPON A TIME (Ages 5-9)

Participants will have the opportunity to select items from the Blue Room and place them in a Ziplock bag to create and tell their own story using those items.

A staff member will demonstrate the activity first, and then 2-3 participants will be chosen to share their stories. This activity encourages creativity, imagination, and storytelling skills in a fun and engaging way.

Every Wednesday	11AM & 4:30PM
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### LITTLE DA VINCI PAINT (Ages 5-9)

The class allows children to connect with peers, gain confidence, and create masterpieces inspired by the elements of art, principles of design, and famous artists. No prior art knowledge or experience required. Offered the first & third Thursday of every month, for ages 5-9.

1st Thursday	Dec. 4, Jan. 1, Feb. 5	10AM
3rd Thursday	Dec. 18, Jan. 15, Feb. 16	6PM

### QUESTIONS?

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ONLINE AT: [www.krocmemphis.org](http://www.krocmemphis.org)  
Child Watch: 901.729.8069

### LITTLE SPROUTS (Ages 4-13)

Participants checked into Child Watch will have the opportunity to learn about gardens and the basics of planting. They'll also get hands-on experience by planting their own flowers or seeds and watching them grow over time. This activity encourages curiosity, responsibility, and a deeper connection with nature. This event takes place twice a month—once in the morning and once in the evening.

2nd Monday	Dec. 8, Jan. 12, Feb. 9	10AM
3rd Monday	Dec. 15, Jan. 19, Feb. 16	4:30PM

### BREAK CAMPS

#### AGES 4 - 13

Our Break Camps are offered seasonally, following the Shelby County Schools schedule, and are packed with fun activities including swimming, physically active games, art projects, and so much more!

Extended care & lunch add-ons will also be available.

Camp Name	Camp Dates
Winter Break Camp	Dec. 22 - 24 & 26
	Dec. 29 - Jan. 2



### WHAT IS CHILDWATCH?

The short-term Child Watch is a bonus for our Kroc members, and allows members to drop their children off for up to two hours a day while they utilize the facility or participate in a Kroc Center program or activity. Our programs include physical activity to promote fitness, educational development and character building exercises, arts and crafts, playtime, and more! Please keep in mind that the child must be a member or a paid guest to be checked into Child Watch.

DAY	TIME
Mon-Fri	8AM-1PM 4PM-8PM
Sat	8AM-1PM
Sun	CLOSED

### CLOSURES/MODIFICATIONS

- December 7 | Closed
- December 24 | Closed
- December 25 | Closed
- December 26 | 9 AM - 1 PM
- December 31 | 8 AM - 1 PM
- January 1 | 9 AM - 1 PM
- January 19 | 9 AM - 1 PM



### Cookies w/ Santa & Mrs. Claus

Santa Claus and Mrs. Claus are making a magical pit stop in Memphis, and they're bringing all the Christmas cheer straight to the Kroc!

Bring the whole family for an afternoon of cookies, festive fun, holiday activities, and of course... photos with the North Pole's most iconic duo! It's one of our favorite traditions, and we can't wait to celebrate it with our Kroc families.

Get ready, bring your biggest smiles, and don't forget your Christmas lists!



Download Kroc Connect App.  
Stay up-to-date on all Kroc information, including delays, closures, and more!

