

# KROC

CHILDREN & YOUTH DEVELOPMENT PROGRAM GUIDE  
FALL 2025

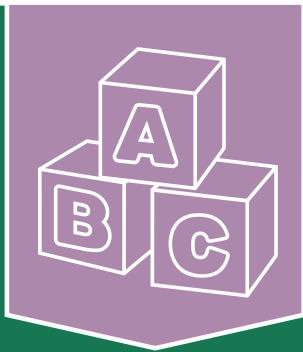


YOU BELONG HERE.



KROC  
MEMPHIS





# KROC YOUTH

For information on Child Watch, Kroc Camps, and more, visit us at [krocmemphis.org](http://krocmemphis.org).



## CHILDWATCH 3MTHS - 9YRS 10 - 13YRS when Reach is not available

### KID FIT

Jump, squat, climb! Workout while your child stays active. See improvements in your child's flexibility, wellness, and self-confidence.

<b>MON   WED (Ages 4-5)</b>	<b>9:15AM</b>
<b>TUE   TH (Ages 6-9)</b>	<b>5PM</b>



### ONCE UPON A TIME (Ages 5-9)

Participants will have the opportunity to select items from the Blue Room and place them in a Ziplock bag to create and tell their own story using those items. A staff member will demonstrate the activity first, and then 2-3 participants will be chosen to share their stories. This activity encourages creativity, imagination, and storytelling skills in a fun and engaging way.

<b>Every Wednesday</b>	<b>11AM &amp; 4:30PM</b>
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### LITTLE DA VINCI PAINT (Ages 5-9)

The class allows children to connect with peers, gain confidence, and create masterpieces inspired by the elements of art, principles of design, and famous artists. No prior art knowledge or experience required. Offered the first & third Thursday of every month, for ages 5-9.

<b>1st Thursday</b>	Sept. 4, Oct. 9, Nov. 6	<b>10AM</b>
<b>3rd Thursday</b>	Sept. 18, Oct. 23, Nov. 20	<b>6PM</b>

### TINY CHEF TUESDAY (Ages 3-12)

This event takes place twice a month—once in the morning and once in the evening. During each session, participants will have the opportunity to create their own snack while learning something new. This activity encourages independence and sparks creativity in a fun, hands-on way. Please note that snacks will not be eaten during Child Watch unless parents give their approval.

<b>2nd Tuesday</b>	Sept. 9, Oct. 14, Nov. 11	<b>9AM</b>
<b>4th Tuesday</b>	Sept. 23, Oct. 28, Nov. 25	<b>5:30PM</b>

### LITTLE SPROUTS (Ages 4-13)

Participants checked into Child Watch will have the opportunity to learn about gardens and the basics of planting. They'll also get hands-on experience by planting their own flowers or seeds and watching them grow over time. This activity encourages curiosity, responsibility, and a deeper connection with nature. This event takes place twice a month—once in the morning and once in the evening.

<b>2nd Monday</b>	Sept. 8, Oct. 13, Nov. 10	<b>10AM</b>
<b>3rd Monday</b>	Sept. 15, Oct. 20, Nov. 17	<b>4:30PM</b>

## BREAK CAMPS

### AGES 4 - 13

Our Break Camps are offered seasonally, following the Shelby County Schools schedule, and are packed with fun activities including swimming, physically active games, art projects, and so much more!

Extended care & lunch add-ons will also be available.

Camp Name	Camp Dates
Fall Break Camp	October 13-17
Thanksgiving Break Camp	November 24-28



## WHAT IS CHILDWATCH?

The short-term Child Watch is a bonus for our Kroc members, and allows members to drop their children off for up to two hours a day while they utilize the facility or participate in a Kroc Center program or activity. Our programs include physical activity to promote fitness, educational development and character building exercises, arts and crafts, playtime, and more! Please keep in mind that the child must be a member or a paid guest to be checked into Child Watch.

DAY	TIME
Mon–Fri	8AM–1PM 4PM–8PM
Sat	8AM–1PM
Sun	CLOSED

## CLOSURES/MODIFICATIONS

- September 1 | Morning Only (9AM - 1PM)
- September 26 | Evening Only (4PM - 8PM)
- September 27 | 8AM - 12PM
- October 18 | CLOSED
- November 27 | CLOSED
- November 28 | Morning Only (9AM - 1PM)

## WHAT IS REACH?

The Reach after-school program is a member benefit provided to families at no additional cost. It is designed to provide a variety of enriching programming to keep older kids active outside of school. Students learn, grow and thrive in a nurturing environment that focuses on Christian values. Our staff of professionals work with youth to teach character and encourage growth while allowing for independence and individual time for activities.



## QUESTIONS?

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**Text KAMP to 51555**  
for Kroc Camp Alerts.

**Text KROCREACH to 51555**  
for Kroc REACH alerts.