



POOL SCHEDULE

Fall 2026



KROC
MEMPHIS

	LAP SWIM	WATER WALKING	AQUA FITNESS	HOT TUB	FAMILY SWIM
MONDAY	6:00am-3:00pm* 4:00pm-8:00pm* *Limited Lanes Available 8:30am-9:30am 4pm-7pm	6:00am-3:00pm 4:00pm-8:00pm	8:30am-9:30am 12:00pm-1:00pm 6:00pm-7:00pm	6:00am-3:00pm 4:00pm-8:00pm	6:00am-3:00pm 4:00pm-8:00pm
TUESDAY	6:00am-3:00pm* 4:00pm-8:00pm* *Limited Lanes Available 8:30am-9:30am 4pm-7:30pm	6:00am-3:00pm 4:00pm-8:00pm	8:30am-9:30am 12:00pm-1:00pm 6:00pm-7:00pm	6:00am-3:00pm 4:00pm-8:00pm	6:00am-3:00pm 4:00pm-8:00pm *Limited Space Available 6pm-7pm
WEDNESDAY	6:00am-3:00pm* 4:00pm-8:00pm* *Limited Lanes Available 8:30am-9:30am 4pm-6pm	6:00am-3:00pm 4:00pm-8:00pm	8:30am-9:30am 5:00pm-6:00pm	6:00am-3:00pm 4:00pm-8:00pm	6:00pm-3:00pm 4:00pm-8:00pm
THURSDAY	6:00am-3:00pm* 4:00pm-8:00pm* *Limited Lanes Available 8:30am-9:30am 4pm-7:30pm	6:00am-3:00pm 4:00pm-8:00pm	8:30am-9:30am 12:00pm-1:00pm 6:00pm-7:00pm	6:00am-3:00pm 4:00pm-8:00pm	6:00am-3:00pm 4:00pm-8:00pm *Limited Space Available 6pm-7pm
FRIDAY	6:00am-3:00pm* 4:00pm-7:00pm* *Limited Lanes Available 8:30am-9:30am	6:00am-3:00pm 4:00pm-7:00pm	8:30am-9:30am 12:00pm-1:00pm	6:00am-3:00pm 4:00pm-7:00pm	6:00am-3:00pm 4:00pm-7:00pm
SATURDAY	8:00am-6:00pm* *Limited Lanes Available 8:30am-9:30am	8:00am-6:00pm	8:30am-9:30am	8:00am-3:00pm	8:00am-6:00pm
SUNDAY	1:00pm-4:00pm	1:00pm-4:00pm	NO CLASSES	CLOSED	1:00pm-4:00pm

WATER SLIDE AVAILABLE UPON REQUEST

Swim Attire Policy: Swimmers must wear a swim suit, swim trunks and/or a rash guard.

T-shirts, gym shorts, workout gear or any other alternative clothing is not allowed.

ANYONE NOT IN APPROPRIATE SWIM ATTIRE WILL NOT BE PERMITTED TO SWIM.