

KROC

AQUATICS PROGRAM GUIDE | FALL 2026



YOU BELONG HERE.



KROC
MEMPHIS

KROC AQUATICS

For pool schedule, aquatics center rules, and more, visit krocmemphis.org.



OUR PROGRAM

We have developed swimming lessons for kids and adults that allow everyone the opportunity to learn in a safe environment, at their own pace. Our classes are taught by certified, knowledgeable, and caring instructors who can help swimmers at every level feel comfortable in the water and progress to the next level. The program is both goal driven and technique oriented. Participants must be 3 years or older, and will be instructed by an encouraging member of the Kroc Aquatics team. Classes are 30-45 minutes in length, and run monthly for the duration of the year. Our instructors will place your student in the appropriate Stage (Skill Level 1-3).

POOL HOURS

- The aquatic center will close from 3pm - 4pm, Monday-Friday, for scheduled maintenance.
- The hot tub will close at 3PM on Saturday and open on Monday.

MON-THURS	6AM - 8PM
FRI	6AM - 7PM
SAT	8AM - 6PM
SUN	1PM - 4PM

JOIN THE KREW!

MORE THAN JUST A JOB - WE'RE CAREER STARTERS!

If you join the Aquatic Krew, you will gain skills in water safety, mentorship, leadership, problem-solving, team development, communication, listening, and more skills for you to add to your resume!

Email us if you know of a talented, mission-oriented individual willing to serve. Must have HS diploma and previous work experience with youth in a school or worship setting. All candidates are subject to extensive background checks.



Don't know how to swim? Not a problem! Our brand new Sound Bath experiences offer you an opportunity to float on a comfortable inflatable mattress allowing the vibrations of the sound bowls to wash over you. This is not only relaxing but a healing experience as well.

POTENTIAL BENEFITS:

- Stress reduction & lower cortisol
- Muscle relaxation
- Pain relief
- Sleep improvement
- Anxiety & depression alleviation
- Enhance mental clarity & focus

We Provide:

The inflatable mattresses, floating candles, sound bowls, and the ambience.

What to Bring:

Bring your bathing suit. Even if you're not going to be in the water, it's best to be prepared. Participants are also encouraged to bring eye masks, towels, and light blankets.

Upcoming Dates:

- September 18th

POOL PARTY RENTALS

NEW!

**YOU ASKED.
WE LISTENED!**

Celebrate your special moments at the Kroc Pool!

- \$250 for 2 hours
- Includes up to 25 guests (kids and adults combined)
- Maximum capacity is 30 guests
- Additional guests over 25 are \$10 per person

Pool Party Time Slots

Saturdays

- 8:00 AM – 10:00 AM
- 11:00 AM – 1:00 PM
- 2:00 PM – 4:00 PM

Sundays

- 1:30 PM – 3:30 PM

PLEASE NOTE:

The pool will remain open to members and guests during all pool party rentals. Classroom Rental Add-On (Available for both Pool and Recreation)

NEED EXTRA SPACE FOR FOOD, CAKE, PRESENTS, OR CELEBRATION TIME?

Classroom rentals are available for \$50 per hour

This add-on is great for:

- Food and beverages
- Birthday cake and gifts
- Decorations and celebration space



QUESTIONS? TRE BOMER

EMAIL: tre.bomer@uss.salvationarmy.org
ONLINE AT: www.krocmemphis.org



Friendly Reminder:
Lock up your belongings before enjoying your swim.

Download Kroc Connect App.
Stay up-to-date on all Aquatics information, including delays, closures, and more!

Available on the App Store

GET IT ON Google Play

