



# POOL SCHEDULE

Summer 2026



KROC  
MEMPHIS

	LAP SWIM	WATER WALKING	AQUA FITNESS	HOT TUB	FAMILY SWIM
MONDAY	6am-9:45am, 12pm-3pm* 4:00pm-8:00pm* <small>*Limited Lanes Available 8:00am-9:00am   4pm-7pm</small>	6am-9:45am, 12pm-3pm* 4:00pm-8:00pm	8:00am-9:00am 1:00pm-2:00pm 6:00pm-7:00pm	6am-9:45am, 12pm-3pm* 4:00pm-8:00pm	12:30pm-3:00pm 4:00pm-8:00pm
TUESDAY	6am-9:45am, 12pm-3pm* 4:00pm-8:00pm* <small>*Limited Lanes Available 8:00am-9:00am   4pm-7:00pm</small>	6am-9:45am, 12pm-3pm* 4:00pm-8:00pm	8:00am-9:00am 1:00pm-2:00pm 6:00pm-7:00pm	6am-9:45am, 12pm-3pm* 4:00pm-8:00pm	6:00am-3:00pm 4:00pm-8:00pm <small>*Limited Space Available 4pm-8pm</small>
WEDNESDAY	6am-9:45am, 12pm-3pm* 4:00pm-8:00pm* <small>*Limited Lanes Available 8:00am-9:00am   4pm-6pm</small>	6am-9:45am, 12pm-3pm* 4:00pm-8:00pm	8:00am-9:00am 5:00pm-6:00pm	6am-9:45am, 12pm-3pm* 4:00pm-8:00pm	12:30pm-3:00pm 4:00pm-8:00pm
THURSDAY	6am-9:45am, 12pm-3pm* 4:00pm-8:00pm* <small>*Limited Lanes Available 8:00am-9:00am   4pm-7:00pm</small>	6am-9:45am, 12pm-3pm* 4:00pm-8:00pm	8:00am-9:00am 1:00pm-2:00pm 6:00pm-7:00pm	6am-9:45am, 12pm-3pm* 4:00pm-8:00pm	6:00am-3:00pm 4:00pm-8:00pm <small>*Limited Space Available 4pm-8pm</small>
FRIDAY	6am-9:45am, 12pm-3pm* 4:00pm-7:00pm* <small>*Limited Lanes Available 8:00am-9:00am</small>	6am-9:45am, 12pm-3pm* 4:00pm-7:00pm	8:00am-9:00am 1:00pm-2:00pm	6am-9:45am, 12pm-3pm* 4:00pm-7:00pm	6:00am-3:00pm 4:00pm-7:00pm
SATURDAY	8:00am-6:00pm* <small>*Limited Lanes Available 8:30am-9:30am</small>	8:00am-6:00pm	8:30am-9:30am	8:00am-3:00pm	12:30pm-6:00pm
SUNDAY	1:00pm-4:00pm	1:00pm-4:00pm	NO CLASSES	CLOSED	1:00pm-4:00pm

## WATER SLIDE AVAILABLE UPON REQUEST

**Swim Attire Policy:** Swimmers must wear a swim suit, swim trunks and/or a rash guard. T-shirts, gym shorts, workout gear or any other alternative clothing is not allowed. **ANYONE NOT IN APPROPRIATE SWIM ATTIRE WILL NOT BE PERMITTED TO SWIM.**