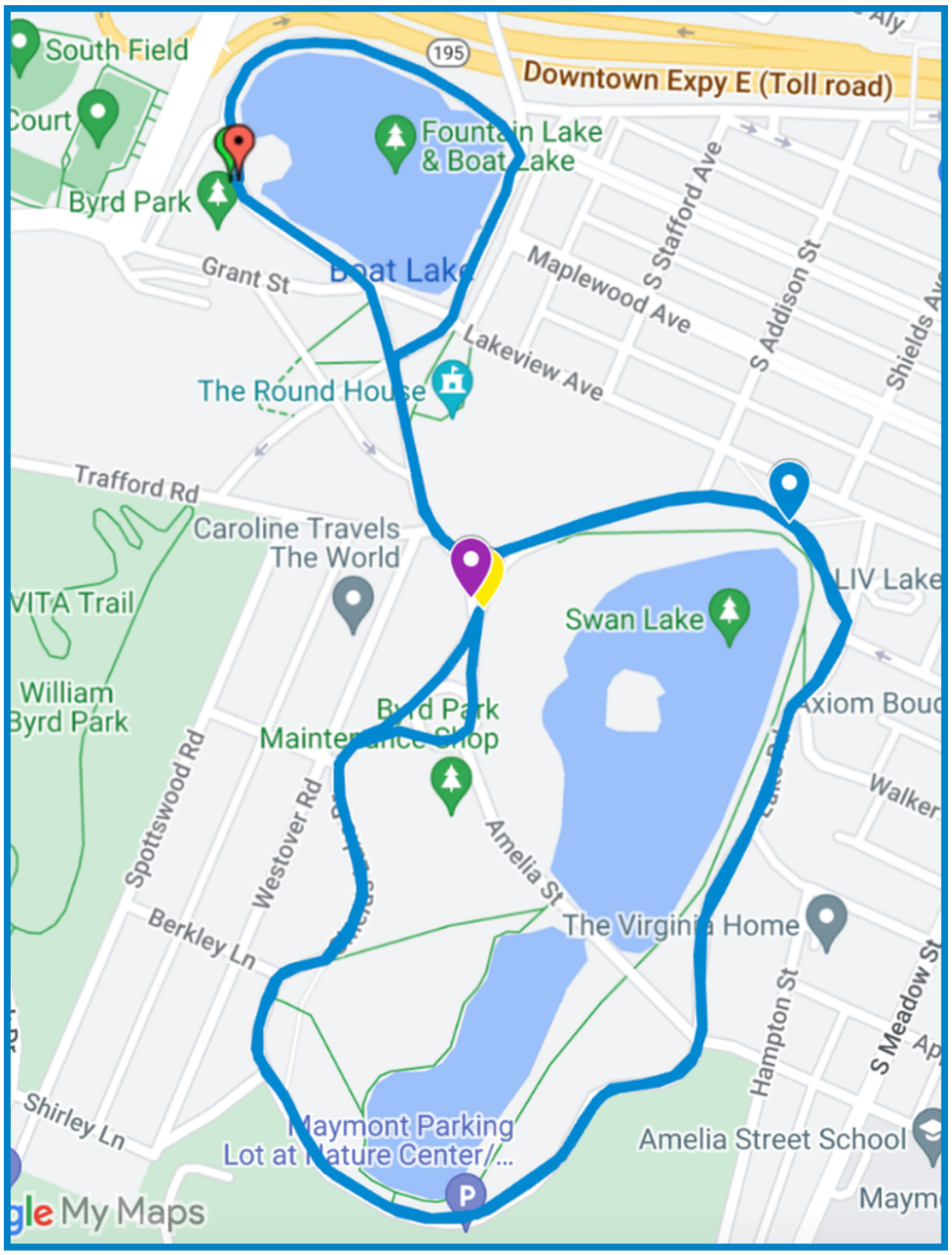
RUN FOR HOPE
1-MILE & 5K COURSE

Byrd Park, Richmond VA
September 19, 2026



KEY

- Start of the Run for Hope 5K
- 1 Mile Turn Around
- TURN AROUND POINT
- End of Run for Hope 5K
- The Salvation Army Run for Hope 5K
- Water Stop

START TIMES

8:30 AM: 1-Mile Fun Run/Walk

9:00 AM: 5K

Both events are timed