



# POOL SCHEDULE

Summer 2025



**KROC**  
MEMPHIS

	LAP SWIM	WATER WALKING	AQUA FITNESS	HOT TUB	FAMILY SWIM
MONDAY	<b>6:00am-9:30am*</b> <b>12:30pm-8:00pm*</b> *Limited Lanes Available 8:30am-9:30am   4pm-7pm	6:00am-8:00pm	8:30am-9:30am 12:00pm-1:00pm 6:00pm-7:00pm	6:00am-8:00pm	12:30pm-4:45pm 6:00pm-8:00pm
TUESDAY	<b>6:00am-9:30am*</b> <b>12:30pm-8:00pm*</b> *Limited Lanes Available 8:30am-9:30am   4pm-7:30pm	6:00am-8:00pm	8:30am-9:30am 12:00pm-1:00pm 6:30pm-7:30pm	6:00am-8:00pm	<b>12:30pm-8:00pm*</b> *Limited Space Available 4pm-8pm
WEDNESDAY	<b>6:00am-9:30am*</b> <b>12:30pm-8:00pm*</b> *Limited Lanes Available 8:30am-9:30am   4pm-6pm	6:00am-8:00pm	8:30am-9:30am 5:00pm-6:00pm	6:00am-8:00pm	12:30pm-4:45pm 5:45pm-8:00pm
THURSDAY	<b>6:00am-9:30am*</b> <b>12:30pm-8:00pm*</b> *Limited Lanes Available 8:30am-9:30am   4pm-7:30pm	6:00am-8:00pm	8:30am-9:30am 12:00pm-1:00pm 6:30pm-7:30pm	6:00am-8:00pm	<b>12:30pm-8:00pm*</b> *Limited Space Available 4pm-8pm
FRIDAY	<b>6:00am-9:30am*</b> <b>12:30pm-7:00pm*</b> *Limited Lanes Available 8:30am-9:30am	6:00am-7:00pm	8:30am-9:30am 12:00pm-1:00pm	6:00am-7:00pm	12:30pm-7:00pm
SATURDAY	<b>8:00am-6:00pm*</b> *Limited Lanes Available 8:00am-8:45am	8:00am-6:00pm	8:00am-8:45am	8:00am-6:00pm	12:30pm-6:00pm
SUNDAY	1:00pm-4:00pm	1:00pm-4:00pm	NO CLASSES	CLOSED	1:00pm-4:00pm

## WATER SLIDE AVAILABLE UPON REQUEST

**Swim Attire Policy:** Swimmers must wear a swim suit, swim trunks and/or a rash guard.

T-shirts, gym shorts, workout gear or any other alternative clothing is not allowed.

**ANYONE NOT IN APPROPRIATE SWIM ATTIRE WILL NOT BE PERMITTED TO SWIM.**