West Point honors fallen at T2T Run

About 1,100 cadets and leadership from the U.S. Military Academy participated in the Tunnel to Towers 5K Memorial Run/Walk Sunday in Manhattan. The cadets volunteered to run and be flag bearers alongside thousands of other participants from the mouth of the Brooklyn Battery Tunnel to the grounds of the One World Trade Center. The route is the same one that New York City Firefighter Stephen Siller took on 9/11 after hearing the radio dispatch that a plane had struck the Twin Towers. He gathered nearly 75 pounds of firefighting equipment and ran to join his brethren at Ground Zero. Siller, along with 342 other firefighters, made the ultimate sacrifice on 9/11.

Photos by Class of 2023 Cadets Tyler Williams and Hunter Holt
Community comes out, enjoys Emergency Preparedness Fair

The West Point community gathered at the Post Exchange parking lot to receive insight and enjoy a day of festivities during the annual Emergency Preparedness Fair Saturday at the U.S. Military Academy. Hosted by the U.S. Army Garrison West Point and the Directorate of Plans, Training, Mobilization and Security, various teams put together 23 static displays representing different emergency response organizations ranging from Rockland County HAZMAT to the American Red Cross. People of all ages went from one display to another, receiving the most optimal strategies to prepare for various emergencies while enjoying demonstrations, trying out HAZMAT suits, and discussing the finer points on what it takes for emergency organizations to prepare and defend against any and all threats.

Photos by Jorge Garcia/PV
Cadets, leadership run Tunnel to Towers 5K Run/Walk to honor 9/11 victims

About 1,100 cadets and leadership from the U.S. Military Academy participated in the Tunnel to Towers 5K Memorial Run/Walk Sunday in Manhattan. The cadets volunteered to run and be flag bearers alongside thousands of other participants from the mouth of the Brooklyn Battery Tunnel to the grounds of the One World Trade Center. The cadets got a chance to hear from Superintendent Lt. Gen. Steven W. Gilland and view the memorial down at Ground Zero.

Photos by Class of 2023 Cadets Tyler Williams and Hunter Holt

NO DAY SHALL ERASE YOU FROM THE MEMORY OF TIME
Virgil
Cadets receive wisdom from NASA astronauts

The Corps of Cadets filled both the Arnold and Robinson Auditoriums to attend evening lectures from NASA Astronauts Andrew Morgan and Mark Vande Hei on Sept. 8 and 14, respectively, at the U.S. Military Academy.

On behalf of the Departments of Physics and Nuclear Engineering and Systems Engineering, both educators spoke out to the young hopefuls with the intent to inspire the desire to lead with character through the groundbreaking examples left behind by past and current astronauts.

As Vande Hei went through his slides showing the cadets photos of Earth from the International Space Station, he confirmed, with a daytime satellite photo and a jocular smile, that “Yes, you can see West Point from space.”

Cadets in Robinson Auditorium erupted with applause as they took in the humbling image of West Point as a circled iota on an ISS satellite image.

Meanwhile, in Morgan’s lecture, Class of 2023 Cadet Samantha Gunn listened as he asked, “Who here is interested in space?”

She and other cadets raised their hands, and for Gunn she always had a fascination with seeing things from a bird’s eye view. That fascination turned into a passion when she joined the West Point Aviation Team.

Now, as a senior at the academy, she sat and listened with a keen interest in becoming a NASA astronaut one day.

“Space is something I’ve always been interested in since I was a kid. I’ve attended past NASA lectures and they’re all really interesting,” Gunn said. “It’s really cool to see it from a Systems Engineering perspective, because I’m not a physics major or a hard science major. But this lecture puts things into a better perspective. Even though it’s a very hard program to be successful in, becoming an astronaut is something that’s achievable.”

During their perspective lectures, both astronauts spent over an hour giving cadets a deep dive into the world of an astronaut and what it takes to work for NASA.

Morgan began his lecture by highlighting that 21 graduates, himself included, have ventured into space.

The first seven graduates were commissioned into the Air Force, with Frank Borman becoming the first graduate selected into the space program and taking command of the Apollo 8 mission, the first manned spaceflight past the Moon and back.

He then spoke about Buzz Aldrin and Michael Collins, who were part of a three-person crew during the Apollo 11 mission that landed on the surface of the Moon.

Edward Higgins White was another pioneering graduate who was a member of the Gemini 4 and Apollo 1 missions and became the first American astronaut to perform a spacewalk.

Unfortunately, during Apollo 1, White, along with his crew members Virgil Grissom and Roger Chafee, were killed while rehearsing the countdown and launch of the flight due to a flash fire in the cabin.

“Well Point graduate astronauts . . . like you, came to West Point to become leaders of character,” Morgan said. “That’s the message I want you to walk away with — becoming leaders of character. That’s why you’re here. Everything else is extra.”

Although not a graduate, Vande Hei taught as an assistant professor at West Point in the Department of PANE in 1999.

He would later go on to join the space program in 2009, where he spent about five and a half months performing maintenance on the ISS, conducting spacewalks and assisting with scientific research.

On July 2019, Morgan would board Soyuz MS-13 as a flight engineer and launch into space to join the ISS Expedition 60, 61 and 62 crews.

He would spend the following nine months of his mission successfully working with his international colleagues, Italian European Space Agency Astronaut Luca Parmitano and Russian cosmonaut Aleksandr Skvortsov.

Vande Hei conducted two space flights: his first in September 2017-February 2018, where he spent about five and a half months performing maintenance on the ISS, conducting spacewalks and assisting with scientific research.

On July 2019, Morgan would board Soyuz MS-13 as a flight engineer and launch into space to join the ISS Expedition 60, 61 and 62 crews.

He would spend the following nine months of his mission successfully working with his international colleagues, Italian European Space Agency Astronaut Luca Parmitano and Russian cosmonaut Aleksandr Skvortsov.

Vande Hei would embark on his second spaceflight on Soyuz MS-18 between April 2021-March 2022. He served as a flight engineer alongside Russian Cosmonauts Oleg Novitskiy and Pyotr Dubrov.

During his voyage, Vande Hei managed to set the U.S. record for longest continuous spaceflight, totaling 355 days and would return to Earth aboard the Soyuz MS-19 with crewmates Pyotr Dubrov and Anton Shkaplerov.

Vande Hei spent 523 cumulative days in the ISS to become the third astronaut in American history with the most time spent in space.

Morgan reached the milestone of becoming the fifth American astronaut to spend the most time in the ISS during a single space flight.

Despite the knowledge and success that both men garnered from their experience, that success came with hardship that Vande Hei said was a combination of planning for failure, reiteration and luck.

“There’s going be lots of times when you think you can’t do something,” Vande

See NASA ASTRONAUTS, PAGE 5
Hei said, “Don’t let that be a reason not to try. You got to try. Try the hard things. Risk failure. Make a plan to avoid failure. But don’t let the feeling that you might fail prevent you from trying.”

Morgan added, during his lecture, that at NASA, data analysis is usually conducted to determine what can go wrong during a mission.

However, planning to prevent a possible problem during a mission usually comes with challenges.

In most critical cases, it’s about adapting to solve problems while sticking to doctrines and regulations.

“You have to spend time analyzing the problem. That’s why we have planning processes in the Army, standard operating procedures and operations orders that force you to think about things that inevitably will go right out the door the moment you’re executing,” Morgan said. “But at NASA we try to keep operations within a scripted boundary as best as possible.”

In order to stick to the Army script, Vande Hei said it’s about being a team player and embracing a people-first mentality.

“To be the best team member, you’ve got to do your best. But it shouldn’t be about being better than the rest of the members of your team. It’s got to be about the whole team being the best,” Vande Hei concluded. “Cadets should always do their best with this caveat: Put more effort into the people around you, being their best than you standing out as being better than everybody else.”
Army leaders implement measures to bolster recruiting

By Joe Lacdan
Army News Service

WASHINGTON — Following reports that the Army may fall short of its recruiting goals, the service’s top officer said the branch remains steadfast in its commitment to reaching its end strength targets but will continue to seek candidates that meet its rigorous qualifications.

“We’re not going to lower standards,” Army Chief of Staff Gen. James C. McConville said Sept. 7 during an online discussion at the Defense One State of the Army Conference.

In August, the Army reported that it had recruited only 52% of its fiscal year end strength projection and could potentially fall short of the mark by 15,000, due to recruiting shortfalls.

“We are certainly concerned,” McConville said.

Only about 23% of Americans meet enlistment qualifications, down from 29% in recent years. He added that the challenges of learning under pandemic conditions may have impacted the test results. McConville said that fewer youth have participated in sports in recent years and fitness levels may also have been affected.

The general said that typically two-thirds of all prospective recruits pass the Armed Services Vocational Aptitude Battery Test, which is required to enlist and currently only one-third have passed.

In August, the service introduced its Future Soldier Preparatory Course at Fort Jackson, South Carolina, to help potential recruits meet the academic and physical standards required to enlist. The 90-day pilot program features training focused on achieving required body fat composition and necessary academics before recruits enter Basic Combat Training.

“We want to help them meet the standards of the United States Army,” McConville said. To better retain its top talent, the Army introduced ServiceNow, a cloud-based, digital platform that automates and connects processes to improve Soldiers’ quality of life.

Army leaders believe the program, along with the Army’s new human resource system, Integrated Personnel and Pay System-Army, will help upgrade work environments to personalize Soldier experiences.

“If we look at just recruiting for how many, then we lose all of those nuances that we’re talking about in terms of the right talent, increasing skills and especially as we are looking to modernize, we’re a technical work force,” said Lt. Col. Kristin Saling, director of the commanding general’s innovation cell at Army Human Resources Command at Fort Knox, Kentucky.

The Army has been developing a career mapping and succession planning tool as part of the program, which acts as a digital individual development plan tailored to outline and track career progression.

She said the tool will provide links to training schools, educational institutions, tuition assistance, certifications, training schedules and self-initiated assessments. The resource will help Soldiers achieve skills to reach their desired career goals.

“We want people to have an interactive version where they can see where they best fit, where there are opportunities they may not have known about previously, and where they can use some of the skills and exercise some of their preferences,” she said.

In an effort to attract more recruits during the summer, the Army had discussed potentially extending tours of recruiters, increasing enlistment bonuses and granting duty station choice options.

McConville said the Army must remain committed to caring for veterans and Soldiers. Additionally, he said, the Army must better educate academic leaders about career opportunities in the branch, which range from jobs in cybersecurity to careers in medical fields. In recent years, the Army has sought to recruit Soldiers in the tech and cyber industries.

“The Army is a great pathway to success,” he said. “There’s infinite possibilities. You can do anything you want to do into the Army and we want to give the people the option to serve.”

Saling said that the Army must take a holistic approach to retention and keeping talented Soldiers within its ranks. She said that by observing a Soldier’s career progression in the middle of their enlistment or contract and adding value such as career development and training can help a Soldier to recommit to the branch instead of separating.

“It has to be a holistic view,” she said. “You have to take the person into account. The person is the centerpiece, you build an ecosystem around them. The worst thing you can do is just have the person buy a piece of software and not figure if they’re the right match.”
fellowship over breakfast, worship, hear a devotion from a fellow PWOC member and participate in a Bible-based book study with a small group.

PWOC provides an opportunity for women from any denomination or religious background to join a community of believers invested in each other’s lives. To facilitate this, childcare is provided for children ages 0 to 6 in the Chapel Nursery (Building 791).

For up-to-date information, follow our Facebook page (West Point PWOC) or Instagram at @pwoc.westpoint. For more details, email wp.pwoc@gmail.com.

**Mine Torne Road closures**

Due to personally-owned weapon firing ranges, Mine Torne Road will be closed to the public from 8:30 a.m.-4 p.m. on Oct. 8, Nov. 5 and Nov. 12.

For more details, contact Joseph Middlebrooks, range operations, at 845-938-8556.

**NEW West Point Community Gymnastics Club**

The West Point Community Gymnastics Club will begin Tuesday for fall recreational gymnastics classes at the Gross Center.

Fill out registration forms and send them in as soon as possible to reserve your child(s) class time. When you are filling out the forms, please designate your first and second choices.

For all those who are interested, there will be a general meeting at 6 p.m. Tuesday to discuss the overall program.

On your first day of class, sign the By Law form by the front door. The days and times that WPCGC are offering for classes are as follows:

- Ages 5-6 ad 7-9 (Girls)—Tuesdays and Thursdays at 6:30 p.m.;
- Ages 10-18 (Girls)—Tuesdays and Thursdays at 7:30 p.m.;
- Ages 5-6 (Boys)—Tuesdays at 6:30 p.m.;
- Ages 7-18 (Boys)—Thursdays at 6:30 p.m.

There is a fee and the fee breakdown is as follows per month:

- Annual registration — $75 one child, $85 per family;
- One child — $85;
- One child twice a week — $153;
- Two children — $161.50;
- Two children twice a week — $306;
- Three children — $238.

Tuition checks can be either mailed to WPCGC, P.O. Box 211, West Point, NY 10996 or brought in during class time.

**NEW Highland Arts Alliance Photographers’ Salon**

The Highland Arts Alliance Photographers’ Salon has its first meeting with the topic discussion of “Copyright-protecting your images,” show and critique photos at 11 a.m.-1 p.m. Saturday at the American Legion Hall, 134 Old State Road, Highland Falls, New York.

The monthly gathering is to connect with fellow photographers, share and critique work, and learn new techniques. The meeting is moderated by program founder, photographer Karen Parashkevov.

For more details, visit www.highlandsartsalliance.org/photographersalon. Also, in January 2023, the “Yearly Contributor Photography Exhibition.” HAA Photographer Salon members will have an opportunity to showcase their photography at the Highland Falls Library.
COMMUNITY FEATURED ITEMS

Army Education and Workshops
The Army Education Center’s college courses are offered through the Army Education Center at West Point, located at 683 Buckner Loop.

Graduate studies
• John Jay College of Criminal Justice — master’s degree in public administration. For details, email Kim Heyman at kheyman@jjay.cuny.edu.
• Long Island University — master’s degrees in school counseling, mental health counseling, marriage and family counseling — call Mary Beth Leggett at 845-446-3818 or email marybeth.leggett@liu.edu.

AEC — Testing Office
The Army Education Center at West Point offers the following Army Personnel Tests (APT) — AFCT, DLAB, DLPT and SIFT. We also offer the TABE and GT Predictor.
Testing is offered by appointment only.
To make an appointment, call 845-938-3360 or email Janet Browne at janet.p.browne.ctr@mail.mil or Melissa Siry at melissa.e.siry.ctr@mail.mil.
The AEC is also an Authorized Pearson VUE Testing Site, open on a space available basis to Soldiers, civilian personnel, military contractors and family members who hold a government ID card.

Army Career Skills Program
The Army’s Career Skills Program (CSP) prepares Soldiers for civilian employment through first-class apprenticeships, on-the-job training, job shadowing, internships and employment skills training.
Soldiers are eligible to participate in an Army CSP up to 180 days prior to separation from the Army and after completion of the mandatory five-day TAP workshop.
Transitioning service members can contact Heyman at kimberly.i.heyman.ctr@army.mil.

Exchange teams up with Disney+ for military-exclusive streaming discount
The Army & Air Force Exchange Service is offering a special discount on Disney+ annual subscriptions, available exclusively to members of the military community.
Service members, military family members, honorably discharged veterans and all other authorized Exchange shoppers worldwide get 25% off annual Disney+ annual subscriptions when they sign up via ShopMyExchange.com.
Disney+ brings you Disney, Pixar, Marvel, Star Wars and National Geographic in one place.
Available to new and returning users, this exclusive offer will provide discounted year-over-year pricing for Disney+, the flagship direct-to-consumer streaming service from the Walt Disney Company.
The offer is accessible to U.S. military members and families based both domestically and abroad in more than 80 countries and territories.

Prospective subscribers must have a ShopMyExchange.com account and be 18 or older.

Grace Baptist Church of Highland Falls Services
The West Point community is invited to attend any and all services at the Grace Baptist Church, located at 54 Old State Road, in Highland Falls.
The church is less than three miles from Thayer Gate and only two miles from the Bear Mountain Bridge.
The church holds services on Sunday morning (Sunday School at 9:30 a.m.; Worship service at 10:30 a.m.), Sunday evening (6 p.m.) and Wednesday evening (7 p.m.), as well as seasonal Bible studies for men, women and college-aged students.
Grace’s church family encourages a warm, inviting atmosphere of worship and genuine friendliness.
This unique body of believers love Jesus Christ and desire spiritual growth, as well as service-oriented care and concern for others.
Transportation is provided as needed. For any questions, visit the church website at www.gracebaptistny.org.

(NEW) Cornwall Public Library events
The Cornwall Public Library, located at 395 Hudson Street in Cornwall, offers community events for all ages to enjoy.
Below are a list of some upcoming events at the Cornwall Public Library:
• Tuesday, 11 a.m., Medicare 101: Parts A, B, C, D—Current and new 2023 Medicare enrollees are invited to compare plans and make sure they have the right health and prescription drug coverage. Presented by Erinn Braun from the Orange County Office for the Aging. A drop-in event — no registration required.
• Tuesday, 12:15 p.m., Midday Matinee, “Once” (Rated R)—Enjoy a break in your day and take in a movie. A drop-in event — no registration required.
• Oct. 6, 8:45 a.m., Six-hour Defensive Driving Workshop—A DMV-approved, NTSI course, sponsored by AARP. Space is limited. Pre-registration is required in-person at the library. There is a non-refundable cost to confirm registration — $25 for AARP members; $30 for non-members.
For all registration, visit the library’s online calendar at https://www.cornwallpubliclibrary.org/calendar/.

Tuesday Morning Protestant Women’s Bible Study
Join Protestant Women of the Chapel for weekly worship and devotions from 9-11 a.m. Tuesdays.
All women connected to West Point (including spouses, active duty, retired, civilian employees/contractors and their spouses) are welcome to meet at the Post Chapel (Building 692 Biddle Loop) for
Keller Corner: Weekly updates, COVID-19 info

Keller Corner

For a one-stop shop of all updated coronavirus information, Keller Army Community Hospital notifications, how to stop the spread of COVID-19, federal/state/local guidance and the U.S. Military Academy and Army Garrison West Point webpages, visit https://kachAMEDD.army.mil/West-Point-COVID-19-INFO/.

KACH provides options for your Pharmacy needs
The Keller Army Community Hospital Pharmacy provides options to meet your pharmacuetical needs.

- Patients can pick up their prescriptions (and refills) at Keller’s outpatient pharmacy pick-up windows.
- Drug information and patient counseling is provided on new and refilled prescriptions for all eligible beneficiaries.
- Pharmacy hours are:
  - o Monday: 8 a.m.-5 p.m.
  - o Tuesday: 8 a.m.-5 p.m.
  - o Wednesday: 8 a.m.-5 p.m.
  - o Thursday: 8 a.m.-2 p.m.; 3 p.m.-5 p.m.
  - o Friday: 8 a.m.-5 p.m.
- Patients can pick up their refills at Keller’s ScriptCenter kiosk in the main lobby. The ScriptCenter kiosk will provide a locker for secure and safe pickup of refills.
- Prescriptions, and will allow for pharmaceutical pickup after the pharmacy has closed. A full feature on the ScriptCenter kiosk at KACH can be found at https://www.army.mil/article/250422.
- Patients can receive their prescriptions through the convenience of ‘home delivery.’ Registering for home delivery can be done online at https://militaryrx.express-scripts.com/home-delivery, by phone at 1-877-363-1303, or by asking your doctor or pharmacist to transfer your prescription to home delivery.

More information on the Keller Pharmacy information can be found at https://keller.tricare.mil/Health-Services/Pharmacy.

Suicide and Crisis National Lifeline add 988 option
The Suicide and Crisis National Lifeline number added “988” as a dialing option on July 16. The National Suicide Prevention Lifeline 1-800-273-8255 phone number is still active and will remain in effect.

Calling either option will connect you to a trained counselors that is part of the existing National Suicide Prevention Lifeline network. These trained counselors will listen, understand how the problems are affecting you, provide support, and connect you to resources if necessary.

For more information, go to https://988lifeline.org/current-events/the-lifeline-and-988/.

Being ‘healthy’ includes ‘mental health.’ Getting help is a sign of strength.

National Preparedness Month
September is National Preparedness Month — an observance to raise awareness about the importance of preparing for disasters and emergencies that could happen at any time.

This year’s theme is “A Lasting Legacy.”

The life you’ve built is worth protecting. The goal is to promote family and community disaster and emergency planning now and throughout the year.

If you are new to West Point (and the northeast), then you should know the winters can be treacherous. But there are various other disasters and emergencies that the Greater West Point area needs to prepare for.

Limit the impacts that disasters have on you and your family. Know the risk of disasters in your area and check your insurance coverage.

Learn how to make your home stronger in the face of storms and other common hazards and act fast if you receive a local warning or alert.

Keller Army Community Hospital will provide preparedness information every Thursday on its Facebook page at https://www.facebook.com/kellerarmycommunityhospital, to assist you with preparing yourself, your family and your community.

Additionally, as we approach the winter season, it is important to be aware of how to receive medical assistance and/or care during inclement weather.

Go to https://keller.tricare.mil/Patient-Resources/Inclement-Weather-Policy to learn about Keller Army Community Hospital’s Inclement Weather Policy.

“MWR CALENDAR,” cont’d from Page 11

Leisure Travel Services is offering trips to New York City during the months of September and October. See below for the trips available:

- Today—Theater Van to Broadway. Depart West Point at 4 p.m., leave NYC after the show.
- Wednesday, Oct. 26—Theater Van to Broadway. Depart West Point at 4 p.m., leave NYC 10:45 p.m.
- Monday, Oct. 31—Greenwich Village Halloween Parade. Depart West Point at 4:30 p.m., leave NYC at 10:30 p.m.

There is a nominal fee for transportation. For reservations, call LTS at 845-938-3601.

West Point Community Noontime Ultimate Frisbee Fall League
The MWR Intramural Sports Office is offering a Community Noontime Ultimate Frisbee Fall League. Games will be played Monday through Friday, from noon-1:15 p.m., through Nov. 1 at Daly Field and River Courts (weather permitting).

It is open to active duty personnel, DOD civilians, retired personnel and West Point community family members. To sign-up, call MWR Intramural Sports Office at 845-938-3066.

West Point Community Flag Football Wednesday Evening League
The MWR Intramural Sports Office is offering a Community Flag Football League this fall. The games will be played from 7-9 p.m. Wednesdays through Nov. 9 at the USMAPS football field.

It is open to active duty personnel, DOD civilians, retired personnel and West Point community family members.

To sign-up, call MWR Intramural Sports Office at 845-938-3066.

Spirit Luncheons are back at the West Point Club
The Football Spirit Luncheons are back and will be held in the West Point Club’s Grand Ballroom.

The doors open at 11 a.m. and the luncheons begin at noon. Tickets go on sale now for a nominal fee and can be purchased at the WPC Admin Office, 10 a.m.-4 p.m. Monday-Friday. Purchase tickets in advance and save on day of luncheon pricing. Each luncheon is a Pep Rally for that week’s game.

Luncheon dates are as follows: Today—Georgia State, Oct. 13—Colgate, Oct. 20—ULM, Nov. 1—Air Force, Nov. 17—UCONN and Dec. 7—Navy.

For reservations, call 845-938-5120. For more details, visit thewestpointclub.com.

CYS Home School Gym Class
The Child and Youth Services home school gym classes will be held through Oct. 25. Two sessions are available on Tuesdays and Thursdays from 11-11:45 a.m. or 12:15-1 p.m.

The classes will be held at the MST gymnasium located at Building 500, Washington Road. Cost is $25 per child for the entire session.

Open to all home school children in grades K-8th. Register at Parent Central, 140 Buckner Loop.

Children must have full immunization records in order to register and participate.

For more details, call 845-938-4458/1362.

Personally-Owned Firearm Open Range Sessions
The personally-owned firearm open range sessions will be held from 9 a.m.-3 p.m. Oct. 8, Nov. 5 and 12 at the Gettysburg Personally-Owned Firearm Open Range Sessions. Two sessions are available on Tuesdays and Thursdays from 11-11:45 a.m. or 12:15-1 p.m.

Open to all home school children in grades K-8th. Register at Parent Central, 140 Buckner Loop.

Children must have full immunization records in order to register and participate.

For more details, call 845-938-4458/1362.

Cadet Appreciation Days at the Tronsrue Marksmanship Center
The Tronsrue Marksmanship Center is offering cadets a special discount for range fee and firearm rental on the following days: Oct. 19, Nov. 2 and 16 and Dec. 6.

Ammo and targets are available at regular listed price. The center is open from 10 a.m.-3 p.m. Tuesdays and Wednesdays and from 6:30-9 p.m. Thursdays and Fridays.

This appreciation program is available to cadets only. For more details, call 845-938-1700.

Homeschool Boat Ride
CYS invites West Point homeschooling families to enjoy a scenic cruise down the Hudson River, where they can relax, take in the fall foliage and connect with one another.

This event takes place from 1:30-3 p.m. Oct. 6, starting off from the Superintendent’s Boat on South Dock, and is free and open to all CYS registered homeschooling youth.

You can bring your own snacks and drinks. Participants must register by Tuesday by calling P&OS at 845-938-4458/1362/3969.

For more details, call School Support Services at 845-938-2092.

Lunch Program at The West Point Club
The West Point Club invites you to stop by from 10:30 a.m.-2 p.m. daily for their Lunch Program. Pick up classic staples at Bistro 603 like salads, sandwiches and desserts, plus daily carving board selections — or take advantage of the new and expanded “Buffet Bonanza” (dine-in only), featuring Taco Tuesdays, Wing Wednesdays and rotating international favorites on Mondays, Thursdays and Fridays.

The Buffet Bonanza includes the chef’s choice of dessert and an iced tea. For more details, visit thewestpointclub.com or call 845-938-5120.
MWR events/offercings

FEATURED EVENT

12th Annual West Point Oktoberfest
West Point MWR invites you to join it for its 12th annual West Point Oktoberfest from 4-9 p.m. Oct. 7 and 3-8 p.m. Oct. 8 (Family Day) at Victor Constant Ski Area.

This cultural celebration features traditional German food, drinks, music and dancing, with an American flair. Oktoberfest is open to the general public. Come enjoy authentic German entertainment provided by Alpine Squeeze and Robbie Lawrence and the Steel Workers, and food provided by the West Point Club.

Both days feature great food, beverages and entertainment, but Saturday will be a little bit more kid friendly with KinderCorner, brought to you with the support of the West Point Spouses Club.

Pre-purchase your admission or Stein, or reserve your Stammtisch table online for great discounts.

Online sales are ongoing and end at 11:59 p.m. Oct. 6. This is your chance for easiest, quickest and cheapest admission into the event. For more details, visit westpoint.armymwr.com or call 845-938-8810.

MWR ANNOUNCEMENTS

West Point Club’s Benny Haven’s Lounge is Open
Attention faculty, Soldiers, family members and civilians... The West Point Club’s Benny Haven’s Lounge is open for business. The lounge will be open from 4-9:30 p.m Thursdays and Fridays with new pub menu items available from 4-8:30 p.m.

For a complete menu, visit thewestpointclub.com. For more details, call 845-938-5120.

West Point Community Noontime Outdoor Pickleball League
The MWR Intramural Sports Office is offering a Community Noontime Pickleball League. Games will be played Thursdays only through Nov. 3 at the Clinton Tennis Courts.

It is open to active duty personnel, DOD civilians, retired personnel and West Point family members. To sign-up, call MWR Intramural Sports at 845-938-3066 or visit westpoint.armymwr.com for more details.

2022-23 West Point Community Adult Intramural Hockey Sign-Ups
The MWR Intramural Sports Office is offering a Community Adult Intramural Hockey League. Games will be played Oct. 3 through April 30 from 6-7:30 a.m. Mondays and Thursdays and noon-1:30 p.m. Tuesdays at Tate Rink.

It is open to active duty personnel, DOD civilians, retired personnel and West Point family members. To sign-up, call MWR Intramural Sports at 845-938-3066 or visit westpoint.armymwr.com for more details.

West Point Club Dinner-To-Go
New days and menu items are available at the West Point Club. A few of the menu items to include baked ziti, rack of barbecue ribs, salmon w/dill butter, barbecue pulled pork, macaroni and cheese and individual cheesecakes.

The West Point Club’s Dinner-To-Go is available Wednesday through Friday. Place your order by 2 p.m. that day and specify a pick up time between 4-6:30 p.m. and pick up your meal at the West Point Club’s Benny Haven’s Lounge. Servings for four or six are available for a nominal fee.

For pricing and menu items, visit thewestpointclub.com or call 844-446-5506/5504.

Screen Time Safety: Youth and Teens Edition for Parents and Caregivers Workshop
Join Army Community Services and its partners at CID and DODEA for a workshop on cyber safety and awareness. Designed for parents and caregivers, this presentation is filled with information to equip you with the tools to safely manage the content, conduct, contact and associated risks our youth may face in the digital world.

This workshop is open to all DOD ID card holders. Email shaniece.r.lewis.civ@army.mil or call 845-938-0629 to register.

(NEW) ACS Wee-Play and Wee-Read Program
West Point Parents, the ACS Family Advocacy Program’s new Wee-Ones schedule for October through December is now available. Wee-Play will take place from 8:30-10 a.m. bi-weekly, on Tuesdays. The upcoming dates for Wee-Play are this Tuesday and Oct. 18, Nov. 1, 15 and 29, and Dec. 13.

Wee-Read will take place from 9-10 a.m. bi-weekly, on Wednesdays. The upcoming dates for Wee-Read are this Wednesday and Oct. 19, Nov. 2, 16 and 30, and Dec. 14.

Both will take place in the Youth Center Gym (Building 500). Wee-Ones programming is free and open to all ranks and DOD civilians with children ages 4 or under. Space is limited, so registration is required. Call 845-938-0633 to register.

(NEW) Child and Youth Services Winter Sports Program
The winter sports season runs from Dec. 5 through Feb. 24. Registration begins Oct. 11 and runs through Nov. 10 for Military/DOD civilians and Oct. 31 for all other eligible.

The program includes basketball, volleyball, bowling and home school gym, which will be offered to various age groups.

For a complete listing of youth ages, dates and times, visit westpoint.armymwr.com. For more details and to register call 845-938-4458/1362.

Exploring and Understanding Your Love Language workshop
ACS invites you to come join them in exploring the Five Love Languages, as created by Gary Chapman. On Oct. 25, the Exploring and Understanding Your Love Language workshop will be hosted in the ACS Building (622 Swift Road) from 10-11:30 a.m. in the Heritage Room.

This free, interactive workshop is for adult singles or couples looking to strengthen their relationships with others by discovering their own personal love language.

It is open to all DOD Cardholders. To make a reservation, email emily.a.calangi2.civ@army.mil or call ACS at 845-938-5658.

Child and Youth Services Learn to Play Ice Hockey
The Child and Youth Services Learn to Play Ice Hockey sessions will be played on Sundays from 1-2 p.m. Nov. 13 through Feb. 26 at Tate Rink. It is open to youth ages 4-12 registered with CYS. Registration opens Oct. 3 at Parent Central, located at 140 Buckner Loop.

Volunteer coaches are needed and the program is tentative based on volunteer coaches. Open to players with little to no experience in the game of ice hockey. For a complete list of equipment that is needed, visit westpoint.armymwr.com. There is a nominal cost for these sessions. For more details, call 845-938-3208.

Women’s R.A.D. Self Defense Course
Join Army Community Services and get certified in R.A.D. Self-defense. This Wednesday, Oct. 12 and 19, ACS will be holding a Women’s R.A.D. Self Defense Course from 6-8 p.m. at the MST Building (500 Washington Road).

This interactive three-session workshop will be taught by certified instructors from the Town of Woodbury Police Department, and feature simulated real-world scenarios. This course is free and open to all female DOD cardholders ages 14 and above. Participants must attend all three sessions in order to receive a certificate. Space is limited, so registration is required.

To make a reservation, call 845-938-5658 or email emily.a.calangi2.civ@army.mil.

UTAH (Non-Resident) Concealed Permit Course
The UTAH (non-resident) concealed permit course is a non-live fire class and will be held from 1-5:30 p.m. Nov. 13 at the Buffalo Soldier Pavilion, located at 628 Hodges Place. No firearms or permits needed.

This permit allows non-residents to carry a concealed handgun in 35 states (unfortunately, New York does not recognize the UTAH permit). This is the ideal permit to have if you travel to different states. This class includes your passport style photo, fingerprint prints, application, mailing envelope and address labels. All you have to do is send it in the mail.

There is a nominal fee for this class. Please bring a blank check to this class when attending to pay for the application fee. To register, visit westpoint.armymwr.com, visit the center or call 845-938-1700.

September and October trips with Leisure Travel Services
See MWR CALENDAR, PAGE 10
The West Point-Town of Highlands Farmers Market is owned and operated by Vision 2022 – Town of Highland, Inc. (501-c3).

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Municipal Lot across from Sacred Heart of Jesus Church
Balanced effort leads volleyball to fifth straight victory

By Army Athletic Communications

Army West Point volleyball notched its fifth straight win with a 3-1 victory at Lehigh on Saturday in Bethlehem Pennsylvania.

Match Synopsis
After falling in the first set, 25-21, the Black Knights bounced back by winning the next three sets. Army was impressive in the second set, finishing with a match-best .462 hitting percentage while holding Lehigh to a -.037 hitting percentage.

Army tied the match at 1-1 after winning the second set, 25-11.

The Black Knights followed by winning the next two sets by an identical score of 25-21. Army held off Lehigh in the third set. The Black Knights had a 16-8 lead, before the Mountain Hawks trimmed the lead to 19-18. A kill by Savannah Bray started a 5-1 run which halted momentum.

Army used a 5-1 run in the fourth set to pull away. With the score tied at 11-11, a kill by Alyssa Lukasik started the run; Paige Fixemer added a pair of kills during the run. Allanah Cutler and Lukasik combined for the block to end the match.

Cadets Capsules

- Julia Johnson led the Black Knights in kills with 11.
- Bray had a double-double with 10 kills and 10 digs.
- Fixemer led Army in points with 14.5 after having eight kills and a season-high five aces.
- Lukasik added eight kills and two blocked solos.
- Diana Ethridge picked up her sixth double-double of the season with a team-high 37 assists and chipped in 10 digs.

Inside The Numbers

- Army is 4-0 in the Patriot League for the first time since 2009 (10-0).

Coach’s Corner

“I’m proud of our team’s fight today. I give a lot of credit to Lehigh. They played really well and made us earn our points. Their block was on fire the entire match but especially that first set, but our team stayed calm as we acknowledged their blocking ability and made changes in our offense. After that first set, we were able to attack much better.

“It is always great to get two wins on the road. Every match matters in our quest for a championship.” — Head Coach Alma Kovaci Lee.
Bradley’s last second goal defeats Holy Cross

Kaelen Bradley’s (#8) goal with 52 seconds left in the game lifted the Army Black Knights to a 1-0 victory over the Holy Cross Crusaders on Sept. 21 at Malek Stadium at Clinton Field. After a subdued first half with limiting scoring chances by both teams, the Black Knights kicked into high gear in the second half. Army outshot Holy Cross, 21-3, in the game including 15-3 in the second half. The Black Knights were finally rewarded with the effort with a goal in the final minute. Dara Murray played a ball across the box which found Bradley, who one-touch passed one defender and her shot went into the side of the net.

**View Army West Point Schedule at www.goArmyWestPoint.com/calendar.aspx?**

**Sports calendar**

**Football**
Saturday, Noon—Georgia State, Michie Stadium. (TV: CBS Sports Network.)

**Women's Soccer**
Saturday, 7 p.m.—American, Malek Stadium at Clinton Field.

**Men's Rugby**
Sunday, Noon—St. Bonaventure, Anderson Rugby Complex.

**Men's Soccer**
Sunday, 1 p.m.—American, Malek Stadium at Clinton Field. (Stream: ESPN-Plus.)

**Hockey**
Sunday, 4 p.m.—Union College, Tate Rink. (Stream: Flohockey.)
Men’s Rugby soars over Falcons

By Army Athletic Communications

Army West Point men’s rugby improved to 3-0 on the season with a 45-15 victory over the Notre Dame College Falcons on Saturday in South Euclid, Ohio.

Game Summary

The Black Knights outscored the Falcons, 45-5, in the final 48 minutes. Notre Dame College jumped out to 10-0 after 29 minutes. Army got on the scoreboard with a try by Nathan Gould, but the Black Knights faced a 10-5 deficit at halftime.

The second half was a different story as the Black Knights dominated the second frame. Army tied the match soon after the restart with a try by William Laino at the 42:58 mark. The ensuing conversion was made by Jonny Haley to give Army a 12-10 lead. Four minutes later, Lucas Pattinson scored a try for a 17-10 lead. Larry Williams Jr. followed with a try with Haley making the conversion for a 24-10 lead with 25 minutes remaining.

After a Falcons try cut the lead to 24-15 with 18 minutes left, the Black Knights posted tries by Shane Sunday and Connor Fay with Haley adding a conversion after Sunday’s try.

Scoring Rundown

First Half

• 14:03 — NDC – Penalty | NDC 3-0;
• 28:28 — NDC – Try | NDC 8-0;
• 29:25 — NDC – Conversion | NDC 10-0;
• 32:43 — Army – Try (Gould) | NDC 10-5.

Second Half

• 42:58 — Army – Try (Laino) | Tied 10-10;
• 44:05 — Army – Conversion (Haley) | Army 12-10;
• 48:40 — Army – Try (Pattinson) | Army 17-10;
• 54:12 — Army – Try (Williams) | Army 22-10;

• 55:30 — Army – Conversion (Haley) | Army 24-10;
• 62:25 — NDC – Try | Army 24-15;
• 68:48 — Army – Try (Sunday) | Army 29-15;
• 70:10 — Army – Conversion (Haley) | Army 31-15;
• 71:10 — Army – Try (Fay) | Army 36-15;
• 72:46 — Army – Conversion (Haley) | Army 38-15;
• 78:58 — Army – Try (Pattinson) | Army 43-15;
• 80:00 — Army – Conversion (Haley) – 45-15.