

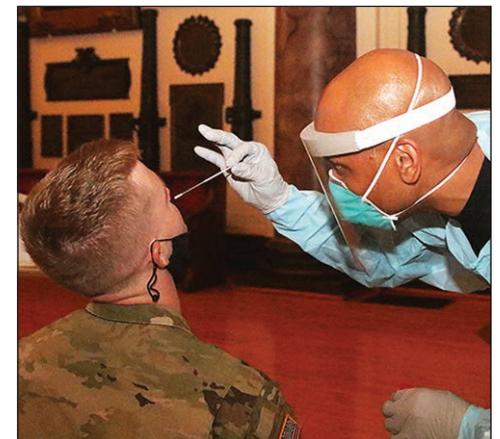
# Top Army stories of 2020

SEE PAGES 3 and 6



This past year, West Point overcame the hurdles of the COVID-19 pandemic to have the graduation of the U.S. Military Academy Class of 2020 June 13 (left) and the Army-Navy Game at Michie Stadium Dec. 12 (above). The Army rolled out a new uniform and adjusted promotions and training including the Army Combat Fitness Test to help protect the force and preserve readiness throughout the outbreak. USMA followed suit by monitoring cadets for COVID-19 with PCR tests as they returned to West Point (right).

PHOTOS BY MATT MOELLER/USMA PAO, BRANDON O'CONNOR AND ERIC S. BARTELT/PV



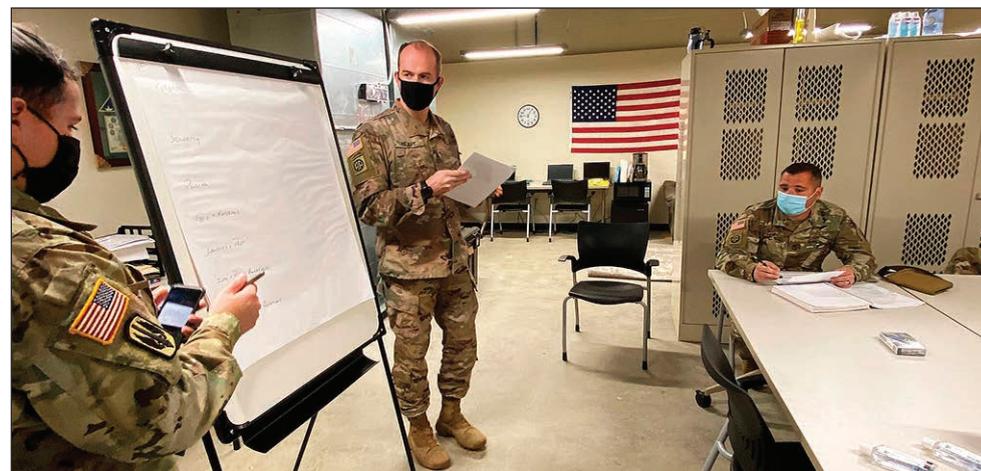
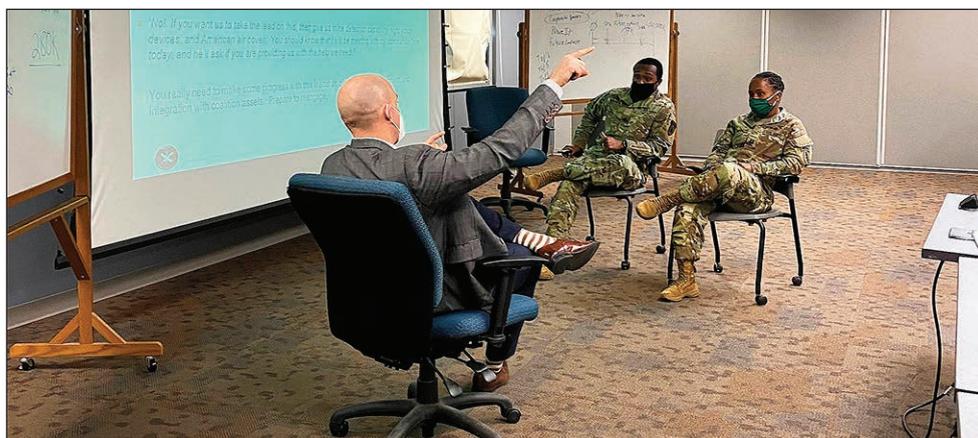
# WPNP teaches the art of principled negotiation



Thirty-six advisors from 1st Battalion and 3rd Squadron, 2nd Security Force Assistance Brigade, and six Soldiers from 95th and 98th Civil Affairs from Fort Bragg, N.C., participated in Communications and Engagement Training that focused on negotiations in early December. Maj. Travis Cyphers (above and bottom left in a suit), from the West Point Negotiations Project, traveled to Fort Bragg to teach the advisors about the art of principled negotiation. Attendees learned skills that helped them challenge their assumptions, determine underlying interests and develop options that create value for all parties in negotiations using the "Circle of Value." Building on that, attendees became

familiar with how to spot when "hard bargaining" tactics are being used and how to overcome them. Finally, attendees learned the basics of relationship mapping and a method to managing chaos in a multi-party negotiation called the "One-Text Procedure." Numerous practical exercises were used to reinforce the applicability and effectiveness of the principles taught. Overall, the advisors and Soldiers finished the training with more tools in their kit bag and confidence in their abilities to effectively communicate and engage with any partner.

COURTESY PHOTOS



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# Top stories of 2020: COVID-19 response, Army Greens to diversity efforts

By Devon Suits  
Army News Service

WASHINGTON—This past year, the Army provided critical support to the nation during the COVID-19 pandemic and periods of civil unrest. It also rolled out a new uniform and adjusted promotions and training including the Army Combat Fitness Test to help protect the force and preserve readiness throughout the outbreak.

Below is a list of some of the most important topics that impacted Army personnel during 2020:

## COVID-19 response

The rapid spread of the COVID-19 virus forced the Army to heighten health protection conditions across all installations back in March, as Soldiers, civilians and families adapted to a new normal in light of the pandemic.

Major training and mandatory movements were put on hold to ensure the health and safety of all personnel, while the Army offered recently retired Soldiers an opportunity to return to service to bolster the service's medical capabilities.

Thousands of active-duty, National Guard and Reserve Soldiers were also mobilized to support COVID-19 operations in New York and Washington and then in other states as the virus swept across the country.

Many organizations quickly adapted to support local or national-level efforts. For instance, Soldiers out of Joint Base Lewis-McChord, Washington, manufactured personal protective equipment for local health care workers. The Army also launched a challenge to rapidly produce ventilators that resulted in deploying more than 10,000 affordable, low-maintenance ventilators.

## Civil unrest

As the Army supported COVID-19 efforts, the National Guard also responded to areas of civil unrest following the death of George Floyd. Soldiers worked closely with local, state and federal officials to ensure the safety of all citizens and allowing them to peacefully exercise their constitutional rights.

At its busiest time, the Guard had more than 120,000 Soldiers and Airmen on duty serving around the world in early June. At least 90,000 of them either worked in COVID-19 or civil disturbance operations.

Along with the mobilization of personnel, Army senior leaders released a statement to re-emphasize the importance of taking care of people by treating everyone with dignity and respect. Army Secretary Ryan D. McCarthy would later announce "people" as the Army's top priority.

## ACFT changes

The Army Combat Fitness Test officially launched as the force's test of record on Oct. 1 with several modifications to give Soldiers more time to prepare. Soldiers with a passing Army Physical Fitness Test can now take the ACFT without fear of administrative actions caused by a potential failure.

The ACFT includes six events: the three-repetition maximum deadlift, standing power throw, hand-release pushups, leg tuck, two-mile run and the sprint, drag and carry. A recent change now includes a "plank" exercise instead of the leg-tuck assessment to help Soldiers transition to the new test.

Leaders also lowered the stationary bike event from the initial 15,000-meter standard to a 12,000-meter criterion. Soldiers on permanent profiles and unable to complete the two-mile run will need to conduct the bike event as an alternative assessment.

## Army Green Service Uniform

The Army started issuing recruiters, drill sergeants and initial entry trainees the new Army Green Service Uniform this year, harkening back to the "greatest generation" of Soldiers who fought during World War II.

Fort Knox, Kentucky, became the first installation to issue the uniform to U.S. Recruiting Command Soldiers, in addition to making it available for purchase at the local exchange.

The uniform's release was also prioritized at training locations, starting with Fort Sill, Oklahoma, and followed by Fort Leonard Wood, Missouri; Fort Benning, Georgia; and Fort Jackson, South Carolina. The mandatory wear date for all Soldiers is slated for Oct. 1, 2027.

The AGSU will provide the force with an everyday service uniform, which will make the current Army Service Uniform, known as the dress blues, an optional purchase. The ASU will continue to serve as a dress uniform during formal events.

## Museum opening

The National Museum of the U.S. Army held its grand opening on Veterans Day, bringing the Army's history to life through its many Soldier stories and historical displays.

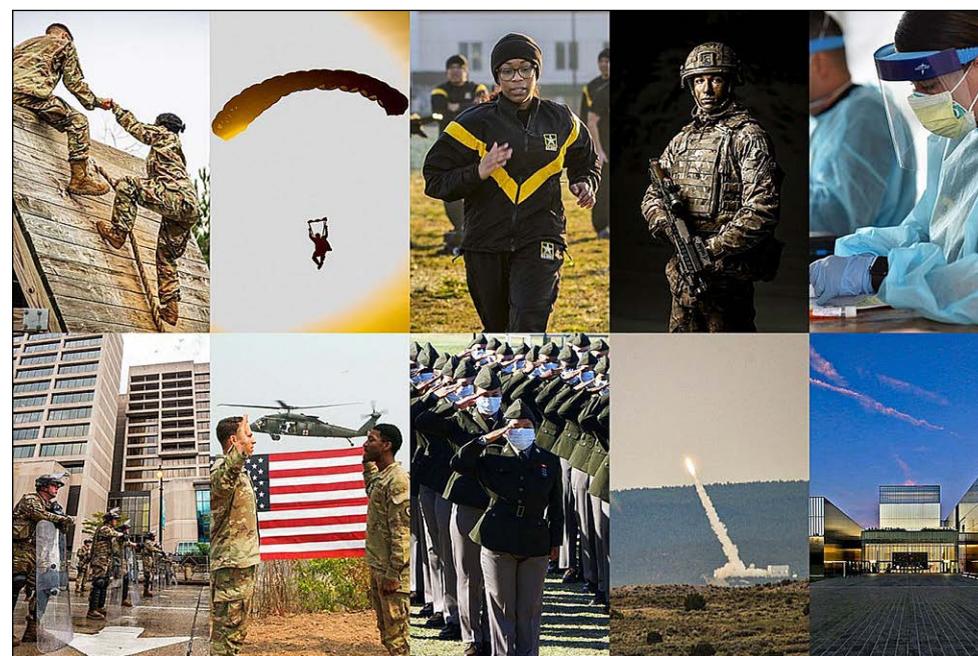
Army senior leaders celebrated its grand opening before an empty auditorium due to pandemic safety restrictions. The museum features displays from all major conflicts, including the Civil War, Vietnam War, Operation Desert Storm and the global war on terrorism. One reservist shared her story about the display casting process, as the museum debuted one exhibit in her visage.

The museum resides on a publicly accessible area of Fort Belvoir, Virginia, but is temporarily closed due to COVID-19 restrictions.

## Promotion updates

Army leaders made several exceptions to promotion and retention policy to ensure readiness and care of all personnel during the pandemic. Approved changes include short-term reenlistment opportunities and battalion-level virtual promotion boards.

The Army also approved temporary exceptions to policy tied to professional military education, APFT and weapon qualifications for those eligible for promotion. Leaders temporarily suspended its Advanced Leader Course or Senior Leader Course promotion requirement for staff sergeants and sergeants first class.



**This past year, the Army provided critical support to the nation during the COVID-19 pandemic and periods of civil unrest. It also rolled out a new uniform and adjusted promotions and training including the Army Combat Fitness Test to help protect the force and preserve readiness throughout the outbreak.**

ARMY PHOTO ILLUSTRATION BY DEVON L. SUITS military justice cases.

Soldiers waived under this policy will need to complete this training requirement before reaching their primary zone, or they could put their careers at risk.

Further, Soldiers who are deployed, pregnant or during postpartum, or attending the non-resident Sergeants Major Course and unable to complete the required PME courses can still qualify for a temporary promotion starting on Jan. 1.

## People first

Army senior leaders released an action plan in October, naming "people" as the Army's top priority.

The plan outlined several policies and requirement changes to include implementing the Army's new Regionally Aligned Readiness and Modernization Model to help stabilize training, modernization, and mission requirements across the force.

The results of a command climate and culture review at Fort Hood, Texas, which senior leaders said will lead to an Army-wide cultural change, was also announced earlier this month.

Upon accepting the findings, the Army stood up the People First Task Force to address the list of reported recommendations. One of the changes includes a new directive to clarify the expectations and responsibilities of Army leaders and law enforcement officials during the first 48 hours after a Soldier fails to report for duty.

## Diversity, inclusion

In the summer, the Army launched Project Inclusion, an initiative to improve diversity, equity and inclusion throughout the ranks and build cohesive teams. With the project's launch, the Army eliminated official photos and gender and race details from promotion boards and began to examine possible racial disparity in

Senior leaders opted to eliminate the photos after a 2017-18 Army study determined that individuals, regardless of their race or gender, have an unconscious bias toward other people with similar characteristics. The Army is also trying to determine if the military justice system is more likely to investigate a specific individual due to an unconscious bias.

Project Inclusion also launched a series of listening sessions with Soldiers and civilians to assess any impact on mission readiness caused by current social issues. Leaders will continue to conduct in-person or virtual listening sessions, which allow personnel an opportunity to express themselves without fear of reprisal.

## Modernization

The Army unveiled its Project Convergence campaign, a multi-platform initiative designed to merge joint force capabilities to help the Army operate across the land, air, sea, space and cyberspace domains. The project will guide transformational change, allowing the force to stay ahead of emerging national security challenges.

Army leaders had a preview of future vertical lift capabilities during a flight demonstration earlier this year. The event was part of the Joint Multi Role-Technology Demonstration, or JMR-TD, where competing companies presented an aircraft to provide the Army with data.

Both the Future Attack Reconnaissance Aircraft and the Future Long-Range Assault Aircraft are expected to be fielded by 2030. The FARA will serve as a replacement for some AH-64 Apache capabilities, while the FLRAA will succeed the UH-60 Black Hawk.

The Army also worked closely with industry partners to fulfill critical modernization milestones, as leaders made adjustments to their

**SEE TOP STORIES OF 2020, PAGE 6**

# Cadets present research, capstone projects at IMECE

**Lt. Col. James E. Bluman**  
Associate professor, CME  
Director, Center for Innovation and Engineering

In spite of all of the challenges of 2020, it was a great year for cadets and faculty who pursued the opportunity to present their research and capstone projects at the peer-reviewed International Mechanical Engineering Congress and Exposition in November.

A total of 16 cadets, second lieutenants from the Class of 2020 and faculty from the Department of Civil and Mechanical Engineering presented their work in 13 different sessions.

The projects represent a diversity of projects across the civil and mechanical engineering portfolio — from robotic swarms to high fidelity fluid dynamics experiments to ballistics and the dynamics of bullet impacts, a wide range of papers were presented.

Furthermore, Class of 2022 Cadet Ty Homan competed as a finalist for the American Society of Mechanical Engineering's Young Engineer's award, earning second place in the competition — a notable achievement as he competed against exclusively graduate mechanical engineering students. Homan studied how contaminants such as chemical agents disperse in the atmosphere in urban terrain. His work is sponsored by the Defense Threat Reduction Agency.

Other projects that were reviewed included:

- Class of 2023 Cadet Steve Andreen, advised by Maj. Brad Davis, presented his research on evaluating the risk to users of Live Fire Shoot Houses constructed from abrasion resistant steel panels.

Andreen gathered data on how bullet impacts are distributed on the facility during training and how each impact changes the steel. Using failure testing from Aberdeen Proving Ground, he then wrote a computer simulation that estimates the number of impacts it takes to cause a single steel panel to fail and used Monte Carlo simulation techniques to estimate the probability that a facility would fail over time.

Andreen plans to continue this work in the Spring and improve his model with additional physical experiments and Bayesian statistics techniques.

- Class of 2023 Cadet James Bieler, who is advised by Maj. Brad Davis, presented his research on modeling the behavior of cellular rubber used to contain spall and fragmentation that is generated during the use of Live Fire Shoot House Facilities.

Bieler compared three potential material models that account for the unique pore structure of the rubber and discussed the benefits of each. He also presented his preliminary experimental results and discussed the additional materials testing required to complete and validate the models.

- Class of 2023 Cadet Jared Dequenne, who is advised by Maj. Brad Davis, presented his research on modeling the behavior of cellular concrete used in Live Fire Shoot House facilities to contain projectiles and fragmentation. Using



**West Point Radiation Assessment and Tracking Hive (WRATH) team designed and demonstrated a multi-Unmanned Aircraft Systems system to aid in forensic analysis of a post nuclear blast environment. In this 2019 photo, a cadet completes a test flight of one of the swarm's 12 drones.**

COURTESY PHOTO

material data collected from the U.S. Army Corps of Engineers Engineering Research and Development Center and Sandia National Laboratory, Dequenne developed and validated a Holmquist-Johnson-Cook material model that can be used to assess the safety of existing live fire structures against new projectiles, or design new facilities.

His work is being continued by another team of cadets this fall, who are using his material model in their series of experiments at the Tronsrue Indoor Marksmanship Center.

- Class of 2023 Cadet Ruby Romsland, who is advised by Dr. Ken McDonald, presented her work on investigating the corrosion of a Navy Mk50 CROWS (Common Remotely Operated Weapons System) station friction brake.

Using elemental analysis and electrochemical polarization measurements, Romsland was able to determine there was a compositional and galvanic mismatch between components of the friction brake system that caused the corrosion to occur. From there, Romsland was able to materials engineer a solution to remove the galvanic mismatch and prevent further corrosion of the friction brake

system.

- Class of 2021 Cadet Nathan Batta, who is advised by Daniel Doscher, presented his research on Model Predictive Control (MPC) for a novel 'multi-mode' suspension design. This design allows vehicles to absorb high frequency disturbances (as addressed by traditional vehicle suspensions) as well as low frequency disturbances such as the profile of a hill or 'mogul-like' terrain.

The objective of this research was to determine the benefits that MPC with preview information could bring to the multi-mode concept subjected to a variety of 2D road profiles.

Developing a half car model to represent the multi-mode suspension, Batta was able to apply the MPC algorithm and determine that the driver absorbed power could be reduced by more than 90% for step, sinusoidal, multimode and random road disturbances.

- Second Lt. Daniel Chung, USMA Class of 2020, and Col. Mike Benson presented their capstone work in a symposium on Wind Turbine Aerodynamics and Environment Flows. Chung pre-recorded the presentation while at the

Engineer Basic Officer Course in Fort Leonard Wood, Missouri, while Benson handled the live question and answer period.

The capstone team effort was sponsored by the Defense Threat Reduction Agency (DTRA) and involved scaled testing of a pulsatile contaminant released in downtown Oklahoma City as it was in 2003, when a series of large-scale field tests were conducted. The project was so successful that DTRA has invested in a follow-on study challenging three organizations to improve their atmospheric simulation models to match the experimental results in AY 21.

- Rahul Verma worked with 2nd Lts. George Horiates and Nick Kanellis. As cadets, Horiates and Kanellis took on the challenging problem of determining the cause of significant vibrations in the waste conveyance system at Holston Army Ammunition Plant, located in Kingsport, Tennessee.

Verma was the faculty advisor for this capstone project. This effort required a site visit to collect operating data, review existing engineering plans and specifications, and understand how the water conveyance

**SEE PROJECTS AT IMECE, PAGE 5**

# PROJECTS AT IMECE, cont'd from Page 4

system worked. The piping configuration was complicated — a “spaghetti bowl” of pipes that been constructed over several decades to keep the system operational. Horiates and Kanellis developed MathCAD and AFT Arrow models of the conveyance system, and calibrated the models using the limited operational data that was available. Through careful analysis and literature reviews, they determined the most likely cause is water hammer, and presented a solution to eliminate this issue.

- The West Point Radiation Assessment and Tracking Hive (WRATH) team developed a modular, autonomous, rapidly deployable and multifunctional unmanned aircraft system (UAS) swarm for use in nuclear radiation fallout zones.

The multidisciplinary team spanning five majors from four departments designed, built and tested a swarm that autonomously maps radiation fallout, pinpoints potential sources and scans for pathway hazards in a hot zone.

Second Lt. Michael Renard, USMA Class of 2020, presented on behalf of the entire WRATH team.

- Second Lt. Chris Forden, USMA Class of 2020, and Lt. Col. Andy Bellocchio presented work on an anti-torque device to arrest the spin of a suspended litter during air ambulance rescue hoist operations. Interaction between the hoisting litter and the helicopter’s rotor wash can destabilize the suspended load and risk injury to the patient and aircrew.

The device accelerates a fly wheel to generate sufficient angular momentum that counteracts a litter’s spin. The research was developed under the support of the U.S. Army 160th Special Operations Aviation Regiment (SOAR).

- Lt. Col. Jamie Bluman presented a paper on behalf of his 2020 capstone team — 2nd Lts. Davonte Cater-Vault, Wei-Kang Soon, Ruth Talbott and Jonathan Willis. The team designed a novel device to release fixed wing drones from the Joint Precision Airdrop System (JPADS). The team developed a novel wing-folding mechanism and integrated it onto an existing small UAS, the Zohd Nano Talon.

They built four drones and a dispenser system that carries the drones under the JPADS canopy and releases them on command. The project was sponsored by CCDC Soldier Center in Natick, Massachusetts.

- Lt. Col. Margaret Nowicki presented her 2020 Capstone teams work on additive manufacturing of ceramic slurries in support of physics for Soldier protection to defeat evolving threats.

Her team was comprised of 2nd Lts.



**Second Lt. William Morningstar preparing to test an abrasion resistant steel panel.**

COURTESY PHOTO

Andrew LaFlam, Kjetil Klein and Logan Smith. The team modified an off the shelf extrusion printer to accept ceramic slurries as feeder material instead of plastic filament.

The team also designed a series of mixing augers to combine different slurries and created a simulation to predict which auger geometry would create the greatest mixedness of combined slurry.

The project was sponsored by CCDC Army Research Lab in Aberdeen Proving Ground, Maryland.

The cadets and second lieutenants who

presented their work said that this opportunity was a great professional development experience.

“Presenting my work at IMECE was a great opportunity to develop professional skills and interact with members of the broader technical community,” Homan said.

Renard stated that, “IMECE was a meaningful opportunity to present the hard work of our (Drone Swarm) capstone team to an international audience.”

“This was a record year for USMA at IMECE — we have never had this many

cadets, recent graduates and faculty present their work from our program in a single conference,” Benson, West Point Mechanical Engineering Division Director, said. “It represents a tremendous effort by everyone involved. Ty Homan’s selection as runner-up in the International Young Engineer Paper competition demonstrates the excellence of the USMA cohort. Hopefully, we will be able to attend in person next year, as the virtual conference experience pales in comparison for development and network opportunity with the live event.”

# TOP STORIES OF 2020, cont'd from Page 3

timelines to mitigate any significant delays during the pandemic.

On a daily basis, senior acquisition and Army Futures Command leaders tracked more than 800 acquisition, logistics and technology-related programs and nearly 35 key modernization priorities.

The Army rescheduled a Soldier touchpoint evaluation for the Integrated Visual Augmentation System from July to October, after the pandemic forced Microsoft to shift to a telework-only operating status and impacted the company's sub-suppliers.

The program remains on track to deliver

the first IVAS units in the fourth quarter of this fiscal year.

## Return to training

The Army made modifications to home-station training, combat training center rotations and overseas training opportunities to ensure the safety of all personnel during the pandemic.

Creative problem solving, teamwork and resilience helped Army units return to in-person learning with added protective measures.

For instance, the 82nd Airborne Division at Fort Bragg, North Carolina, set limitations to the number of personnel aboard each aircraft to

ensure a proper six feet of distancing.

The division also increased the number of jumps out of UH-60 Black Hawk and CH-47 Chinook helicopters to augment their training schedule, ensuring all Soldiers maintain their airborne proficiency.

The Minnesota National Guard's 1st Armored Brigade Combat Team, 34th Infantry Division completed the first rotation at the National Training Center in Fort Irwin, California, after an operational pause during the first wave of the virus.

Lessons learned during their rotation included training bubbles, increased virus

testing and scheduling adjustments, which set a standard for safety at other Army training centers.

Overseas personnel also implemented extra precautions and rigorous screening procedures to complete training events. Contact tracing and increased health screenings sometimes delayed activities for units such as the 25th Infantry Division's 3rd Infantry Brigade Combat Team as they trained with the Royal Thai Army in Thailand.

Even with some delays, leaders said the pandemic did not prevent the Army from achieving its mission objectives.



The Army Combat Fitness Test officially launched as the force's test of record on Oct. 1 with several modifications to give Soldiers more time to prepare. (Above) Class of 2022 Cadets Mulangaliro Rugema (front) and Gerardo Marengo, both of Company I-4, perform the three-repetition deadlift, which is the first of the six-event Army Combat Fitness Test, Sept. 26 at Target Hill Athletic Field.

PHOTO BY ERIC S. BARTELT/PV

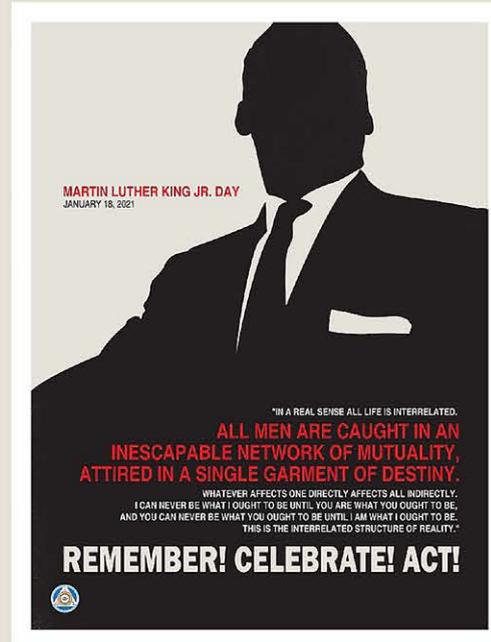
CULTURAL  
AWARENESS

## OBSERVANCE



MARTIN LUTHER KING JR. DAY

JANUARY 18, 2021



## FACTS

- Dr. Martin Luther King Jr. is remembered as America's preeminent advocate of nonviolence and a leader of the Civil Rights Movement.
- In sermons and speeches, Dr. King's voice rang out with a call for us to work toward a better tomorrow. He challenged us all to live up to the ideals enshrined in our founding documents – that we are all created equal, endowed with unalienable rights to life, liberty, and the pursuit of happiness.
- The observance of the birthday of Martin Luther King Jr. was established by Public Law 98-144. This national day of service is celebrated on the third Monday in January. The theme for the event is "REMEMBER! CELEBRATE! ACT! A Day On, Not A Day Off!" It calls upon the American people to engage in public service and promote peaceful social change. Dr. King's unfinished movement toward equality can be achieved by our united, enduring efforts.

OBSERVANCE DETAILS:

When: 21 January 2021 at 1330 and 1900

What: CDT Tyrese Bender will be presenting a video montage of cadets reciting Reverend Martin Luther King Jr.'s "I Have A Dream" speech.

Where: TEAMS virtual event at

<https://usarmywestpoint.sharepoint.com/sites/ODIEO>

(Note: go to the link above / scroll down to Special Observances, middle of page / click on the preferred event time / Enjoy!)

# Keller Corner: Weekly updates, COVID-19 info

## Keller Corner



For a one-stop shop of all updated coronavirus information, Keller Army Community Hospital notifications, how to stop the spread of COVID-19, federal/state/local guidance and the U.S. Military Academy and Army Garrison West Point webpages, visit <https://kach.amedd.army.mil/West-Point-COVID-19-INFO/>.

### COVID-19 vaccine information

The West Point Public Health Town Hall on the COVID-19 vaccine can be found at:

- Keller Army Community Hospital Facebook page at <https://www.facebook.com/kellerarmycommunityhospital>.
- Garrison West Point Facebook page at <https://www.facebook.com/USAGWestPoint>.
- Keller COVID-19 Vaccine Information page at <https://keller.tricare.mil/Health-Services/West-Point-Dept-of-Public-Health/COVID-19-Vaccine-INFO>.

### COVID-19 and Your Mental Health

Being aware of your mental health during this Coronavirus (COVID-19) pandemic is paramount. We are familiar with viruses like the common cold and flu, but COVID-19 is new and presents a situation that none of us could have imagined a few short months ago.

COVID-19 has resulted in business closures, social distancing and quarantine and/or safety measures, which have led to changes in our daily lives.

There are several steps to reduce anxiety during this pandemic and maintain your mental health:

- There are small things that everyone can do, while practicing social distancing or self-quarantine, to help reduce the amount of anxiety they are experiencing. This includes but is not limited to talking to a friend and asking them to be your support, find ways to clear your mind — take a walk or use a meditation application, or using resources like the Crisis Text Line (Text “MHA” to 741741).
- Realize what you can control and focus on those things that can provide you with some comfort.
- Be aware of the signs of anxiety. While it’s normal to be worried and stressed, people with anxiety tend to be more exaggerated in their feelings of worry and tension. Some symptoms include stomach/digestive problems, increased heart rate, or changes in energy and difficulty sleeping.

Understand that your concerns are valid and your anxiety is real. The statistics prove that one out of five people will experience a mental health condition, and five out of five people go through a challenge that will affect their mental health. Seeking help is a sign of strength.

Go to <https://www.cdc.gov/coronavirus/2019-ncov/daily-life-coping/managing-stress-anxiety.html> for more information.

### KACH accepting mammogram screening appointments

Keller Army Community Hospital is accepting appointments for mammogram screenings.

The mammogram screening room is located on the first floor — between the Pharmacy and Primary Care.

The American Cancer Society says:

- Women ages 40 to 44 should have the choice to start annual breast cancer screening with mammograms if they wish to do so.
- Women ages 45 to 54 should get mammograms every year.
- Women ages 55 and older should switch to mammograms every two years, or can continue yearly screening.
- Screening should continue as long as a woman is in good health and is expected to live 10 more years or longer.
- All women should communicate with their primary care physician to be familiar with the known benefits, limitations and potential harms linked to breast cancer screening.

“This is a big boost for women’s health services at Keller,” said Col. Amy L. Jackson, commander, Keller Army Community Hospital. “I am glad to see mammogram screenings back online and encourage everyone to utilize this service.”

Mammogram screening appointments can be scheduled through the Keller Radiology Department at 845-938-2714, Monday through Friday between 8 a.m.-3 p.m.

### KACH Pharmacy continues “in-car” dispensing

The Keller Army Community Hospital Pharmacy continues “in-car dispensing” as a way for patients to receive their medications.

This is being done to prevent the spread of illness and to facilitate social distancing by reducing the amount of beneficiaries in the waiting room.

The in-car, drive-up delivery is done in two easy steps:

1. Call the pharmacy **at least two hours** prior to arriving. The pharmacy will prepare your medications to be ready when you arrive. Call 845-938-2271/6619/3812. The pharmacy staff will coordinate a time for you to come pick up your medication within about two hours.
2. When you arrive at the pharmacy, pull in to one of the numbered pharmacy parking spaces—in the upper parking area, and call the pharmacy again to have a hospital representative bring out your medications out to you.

The in-car dispensing service is available from 8 a.m.-5 p.m. Monday through Friday, except for Thursdays from 2-3 p.m., when the pharmacy is closed for training.

Beneficiaries, or the representative, picking up medications must provide either a photocopy of their DOD ID card, or a high-quality photo (smart phone is acceptable) of the front and back of the beneficiary’s ID card.

Beneficiaries that are subject to restriction of movement (self-quarantine or self-isolation) can either coordinate through their chain-of-command for a representative to pick-up their medication, or a beneficiary’s sponsor or representative can pick up their medication.

For any questions concerning the ‘in-car’ dispensing procedures, contact the Keller Pharmacy at 845-938-2271.

## Home Safety for People with Disabilities

There's no place like home. It is a place to relax, share laughs with family, and enjoy home cooked meals. But did you know that the majority of fire deaths occur in the home? Help everyone in the home stay safe from fire.



### Home Fire Sprinklers

Home fire sprinklers protect lives by keeping fires small. Sprinklers allows people more time to escape in a fire. When choosing an apartment or home, look for one that has home fire sprinklers.

### Smoke Alarms

- » Install smoke alarms in every sleeping room. They should also be outside each sleeping area and on every level of the home.
- » Test your smoke alarm at least once a month by pushing the test button. If you can't reach the alarm, ask for help.
- » For added safety, interconnect the smoke alarms. If one sounds, they all sound. This gives more time to escape.
- » Smoke alarms with sealed (long-life) batteries work for up to 10 years. They can be helpful for people who find it hard to change batteries.
- » Smoke alarms expire. Replace them every 10 years.

### People who are Deaf or Hard of Hearing

- » Smoke alarms and alert devices are available for people who are deaf or hard of hearing.
- » Strobe lights flash when the smoke alarm sounds. The lights warn people of a possible fire.
- » When people who are deaf are asleep, a pillow or bed shaker can wake them so they can escape.
- » When people who are hard of hearing are asleep, a loud, mixed, low-pitched sound alert device can wake them. A pillow or bed shaker may be helpful. These devices are triggered by the sound of the smoke alarm.



### Escape Planning

Include everyone in home escape planning. Each person should have input about the best ways to escape. Home fire drills are important. Everyone in the home must participate in them. Keep a phone by your bed in case you can't escape and need to call for help.

### Talk with someone from the fire department

about your escape plan. Ask them **review your plan**. Ask if your fire department keeps a directory of people who may need extra help. If you have a **service animal**, agree on a plan to keep the animal with you during an emergency.

West Point Fire Department

(845) 938-2043



Your Source for SAFETY Information

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# KACH Appointment Center is temporarily closed

By Robert Lanier  
KACH PIO/Public Affairs Specialist

The Keller Army Community Hospital Appointment Center is temporarily closed until further notice.

Appointments can be scheduled, canceled or changed by calling the individual clinics for your care.

- Primary Care:
  - Red Team: 845-938-4114.
  - Blue Team: 845-938-5959.
- Mologne Clinic: 845-938-3003.
- Ortho/Podiatry: 845-938-4733.
- Physical Therapy: 845-938-3324.
- Optometry: 845-938-2206.
- Multi-Specialty Clinic: 845-938-6624.
- Occupational Health: 845-938-3055 or

938-2676.

- Audiology/Hearing Conservation: 845-938-8281.

Additionally:

- Beneficiaries enrolled at Keller in TRICARE Prime or TRICARE Plus may make online appointments for Primary Care and Optometry at <https://www.tricareonline.com>.

• Beneficiaries can use Secure Messaging (<https://www.tolsecuremessaging.com>) to send message to your Primary Care Providers, or the Nurse Advise Line by calling 1-800-TRICARE, Option 1, or via the NAL website at <https://mhsnurseadviceline.com>.

We thank you, in advance, for your patience and understanding, and we will notify you when the appointment center re-opens.

# COVID-19 vaccine is available, check phases

By Robert Lanier  
KACH PIO/Public Affairs Specialist

Keller Army Community Hospital received the first shipment of the COVID-19 vaccine on Jan. 8 and began administering vaccines Jan. 11 at Keller Army Community Hospital.

The first recipients were members of the Phase 1a population, which includes health care providers and staff, first responders, emergency services and public safety personnel, and service members supporting the national COVID-19 response.

Operation Immune Knight, West Point's vaccine distribution plan, will continue to vaccinate the 'phased populations' in order as described in the DOD Population Schema.

The DOD Population Schema can be found on the Keller Facebook page (<https://www.facebook.com/kellerarmycommunityhospital>) and the Keller COVID-19 Vaccine Information page (<https://keller.tricare.mil/Health-Services/West-Point-Dept-of-Public-Health/COVID-19-Vaccine-INFO>).

The DOD Population Schema (image provided on the right) was updated on Jan. 12.

West Point populations in Phase 1b now include personnel that are critical to national capabilities, military personnel preparing to deploy, beneficiaries older than 75 years old, Child and Youth Services employees, DOD Education Activity staff, dining facility

personnel, DOD postal service staff and select mission essential personnel on West Point.

The Phase 1c population now includes beneficiaries' ages 65-74, high-risk beneficiaries — which includes all immunocompromised persons, and essential personnel not previously included in Phase 1a or 1b.

Keller will begin to vaccinate the Phase 1b and 1c population when (1.) all Phase 1a population, who opted to receive the vaccine, have been vaccinated; and (2.) we receive additional allotments of the COVID-19 vaccine.

If you are a TRICARE-insured beneficiary and you receive your care at Keller, you will be notified, by our appointment center, when the vaccine is available and we will schedule an appointment at the time of the notification. No registration is needed ... we will call you.

The majority of the West Point population, to include the Corps of Cadets and beneficiaries who do not fall into the categories above, are now included in Phase 2, which we hope to begin in the late winter/early spring timeframe.

Additional information on "Operation Immune Knight" — West Point's COVID-19 vaccine distribution plan — can be found on the Keller COVID-19 Vaccine Information page, including a Town Hall video which explains the vaccine tier populations, allotments and distribution.

We appreciate your patience as we await our allotments of the COVID-19 vaccine.

**Construction will occur at, on and around Building 606, beginning this week starting Monday for an indefinite period of time. This will result in parking issues for beneficiaries going to Building 606 for dental appointments. A West Point Shuttle, from Buffalo Soldier Field to Building 606, has been established to facilitate dental beneficiaries that are unable to find parking. We thank you, in advance, for your patience while West Point seeks to improve the buildings/facilities in and around Building 606.**

**Saunders Dental Clinic Parking Information**

Start Date: 19 January 2021

Patients without a CPA sticker can **ONLY** park by Buffalo Soldier Field (near the Thayer Gate) starting 19 Jan 21:

Type in GPS Coordinates: 41.379444, -73.960361  
OR  
Scan the QR code for the parking location on Google Maps



Once you park your vehicle, you can either:  
Walk 0.7 miles (~14 min) OR Take the SMURFF shuttle

**Live West Point Shuttle Trackers:**  
• Side System's App - <https://www.westpoint.army.mil>  
• LiveSafe App - <https://www.livesafe.com> -> Shuttle Tracker

**North Shuttle SCHEDULE**  
TIME: 0700 - 1800

<b>Board:</b> Buffalo Soldier Field Parking Lot	Begins at 0703 and picks up at 3 minutes and 33 minutes past the hour until 1733. For example: boards at 0703, 0733, 0803, 0833, etc.
<b>Disembark:</b> Thayer/Cullum Road (Dental Clinic stop)	Drops off at 4 and 34 minutes past the hour.

Clinic address: 606 Thayer Road, West Point, NY 10996

TRICARE  
**COVID-19 VACCINATION**  
GET THE FACTS

As of 13 JAN 2021



## Is It Your Time to Get the COVID-19 Vaccine?

**Health Care, Emergency, and Safety Personnel, and Other Essential and Critical Groups**

**PHASE 1A**

**Sub-tier 1** Emergency room, urgent care centers, and first responders (i.e., police, search and rescue, and fire personnel), and Armed Forces Retirement Home residents

**Sub-tier 2** Health care and support personnel at military hospitals and clinics, along with other non-clinical staff authorized to receive vaccine from DoD, who support patient care with a high risk of exposure or potential to interface with COVID-19 positive cases

**Sub-tier 3** Outpatient health care and support personnel, including National Guard and Reserve personnel as well as active duty service members deploying or supporting COVID-19 response operations in Title 10 or Title 32 duty status

**PHASE 1B**

- National critical capabilities (strategic and nuclear deterrence forces, homeland defense)
- Personnel preparing to deploy to locations outside of the continental U.S. (OCONUS)
- Personnel preparing to deploy within the next three months, including military civilian and contractors authorized to receive immunization from the DoD
- **New!** Beneficiaries age 75 or older
- **New!** Front Line Essential Workers: Education and youth and child services staff sector, eligible defense manufacturing, DoD corrections staff, DoD postal service staff, DoD public transit workers, Commissary and other installation food service or agricultural workers

**PHASE 1C**

- **New!** Eligible beneficiaries age 65-74 years
- **New!** Eligible beneficiaries age 16-64 with increased risk for severe illness as defined by the CDC
- OSD, Agencies, field activities, Army, Navy, Air Force, Marines, Space Force, U.S. Coast Guard, and Reserve Component designated as key, essential, or mission-essential
- DoD Prisoners

**Remaining Population**

- Healthy uniform personnel, other TRICARE beneficiaries, and those not otherwise mentioned above

Source: DoD Population Schema  
[www.defense.gov/portals/1/spotlight/2020/coronavirus/vaccine-availability/SCHEMA.pdf](https://www.defense.gov/portals/1/spotlight/2020/coronavirus/vaccine-availability/SCHEMA.pdf)





# WEST POINT MWR CALENDAR

westpoint.armymwr.com

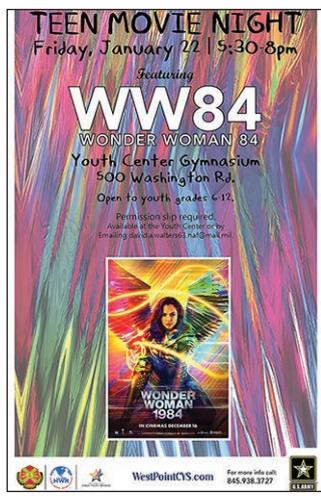
## MWR events/offerings

### FEATURED EVENT

#### CYS Teen Movie Night Friday

The first Child and Youth Services free movie night of 2021 will be held from 5:30-8 p.m. Friday. The movie Wonder Woman 1984 (WW84) will be shown on a large inflatable screen at the Youth Center gymnasium located at 500 Washington Road.

Open to youth in grades 6-12. A permission slip is required and available at the Youth Center or by emailing [david.a.walters63.naf@mail.mil](mailto:david.a.walters63.naf@mail.mil). For more details, call 845-938-3727 or visit [westpointcys.com](http://westpointcys.com).



### MWR ANNOUNCEMENTS

#### Victor Constant Ski Area ski passes on sale online

The Victor Constant Ski Area 2020-21 ski passes can be purchased online at [victorconstantski.com](http://victorconstantski.com). There is also seasonal equipment and locker rentals available online. For more details, call 845-938-8810 or visit [www.victorconstantski.com](http://www.victorconstantski.com).

#### Victor Constant Ski Lodge locker rentals

There are 85 seasonal lockers on the lower floor of the Class of '48 Victor Constant Ski Lodge available for rental annually for occupancy by eligible patrons.

Seasonal lockers are capable of holding two sets of skis, boots and poles, or four pairs of skis. Locks are not included. There is a nominal fee for the seasonal locker rentals.

To register online, visit [victorconstantski.com](http://victorconstantski.com) or call 845-938-8810 for more details.

#### CYS Paint and Chill Workshop

Child and Youth Services will offer a free Paint and Chill Workshop from 3-4:30 p.m. Wednesday.

Children will paint a Frosted Vista at the Youth Center located at 500 Washington Road. Open to children in grades 6-12.

Permission slip is required and are available the Youth Center. Sign up is required. To register, call 845-938-3727. For more details, visit [westpointcys.com](http://westpointcys.com).

#### (NEW) CYS Spring Recreational Sports Registration

Registration for the Child and Youth Services Recreational Sports programs will start Feb. 1 for military and DOD civilians only and Feb. 22 for all other eligible people. Registration will end on March 5. Register for soccer, T-ball/baseball, flag football or the run club.

The spring session is from March 29-May 27. To register, call the Youth Sports Office at 845-938-0939/4458.

#### (NEW) Guns and Roses Couples Target Shooting Contest

MWR Shooting Sports presents its Guns and Roses Couples Target Shooting Contest from 6-9 p.m. Feb. 4 and 5 at the Tronsrue Marksmanship Center, located at 665 Tower Road.

A prize is awarded for the best shot-out target. Join us one night or both. There is a nominal fee for this event. Register onsite at 665 Tower Road. For more details, call 845-938-1700 or visit [westpoint.armymwr.com](http://westpoint.armymwr.com).

#### Lake Frederick Winter Cabin Rentals through March 31

Enjoy Lake Frederick this fall and winter season. Bunk House rentals will be available to

rent through March 31 at a nominal fee. The rentals include heat, mini fridge, picnic table, fire ring and charcoal grill.

Now available, four family style cabins with dining and table sitting area. Wood, bagged ice and Lake Frederick patches available for purchase.

For more details or to book your reservations online, visit [westpoint.armymwr.com](http://westpoint.armymwr.com) or call 845-938-2503.

#### Framing and engraving with West Point Arts and Crafts

The custom framing experts at West Point Arts and Crafts can turn any achievement into a timeless work of art. Choose from over 500 quality moldings, 450 acid-free mats and opt for UV-Protective glass to prevent fading.

Arts and Crafts also offer engraving for any special occasion.

Give them a call for any special engraving items you may have.

Arts and Crafts easy and quick pricing allows you to design to your budget. For more details, call 845-938-4812.

#### Arts and Crafts New Hours of Operation and Retail Gift Shop

The Arts and Crafts has new hours of operation from 9 a.m.-4 p.m. Tuesdays, Wednesdays and Thursdays by appointment only. One person per appointment will be permitted, and appointments can be made by calling 845-938-4812.

Please stop in the new retail gift shop located at 693 Washington Road. The gift shop has many custom West Point items to offer and they can be personalized as well. Customers must wear a mask and gloves while in the facility. For more details, call 845-938-4812 or visit [westpoint.armymwr.com](http://westpoint.armymwr.com).

#### Cadet only hours at the West Point Bowling Center

The cadet only expanded hours at the West Point Bowling Center are from 7:30-11 p.m. Friday and Saturday nights. Closure is still at 7:30 p.m. for the larger West Point community.

Outdoor seating has been added for food/beverage consumption. Indoor dining is permitted with social distancing measures. For more information, call 845-938-2140 or visit [westpoint.armymwr.com](http://westpoint.armymwr.com).

#### ODR Cadet Paintball Weekend Packages are ongoing

Cadet Paintball weekend packages are available from the Outdoor Equipment Checkout Center. Advanced appointment with minimum 20 participants is required to reserve the course.

Cost includes gun rental, 500 paintballs, pizza, a non-alcoholic beverage and two hours of course time. For more details, call 845-938-0123 or visit [westpoint.armymwr.com](http://westpoint.armymwr.com).

#### West Point Bowling Center Pizza Delivery

Order your pizza for delivery today at the West Point Bowling Center. Delivery hours are 11 a.m.-7:30 p.m. Monday-Friday and noon-7:30 p.m. Saturday-Sunday for West Point residents only. All menu items are deliverable. Call 845-938-2140.

#### Dinner-To-Go Delivery Service for West Point Residents

The West Point Club's Dinner-To-Go is available Monday through Friday.

Place your order by 2 p.m. that day and specify a pick up time between 4-6:30 p.m. and pick up your meal at the West Point Club's Benny Havens Lounge.

Servings for four or six are available for a nominal fee.

For pricing and menu items, visit [thewestpointclub.com](http://thewestpointclub.com) or call 845-446-5506/5504.

#### Evening Hours for Recreational Shooting

The Tronsrue Marksmanship Center is now open for recreational shooting during the evening. It is located at 665 Tower Road, adjacent to the Gillis Field House.

The hours of operation are 9 a.m.-3 p.m. Tuesday and Wednesday, 6:30-9 p.m. Thursday and Friday and closed Saturday-Monday. Recreational shooting is open to all DOD cardholders and their guests. There are gun rentals, ammunition and targets for sale. For more information about rules and guidelines, call 845-938-1700.

#### 2021 Camping Reservations

Reservations for the 2021 camping season is ongoing for active duty military and begins Feb. 16 for all other eligible personnel.

Book your reservation noon-4 p.m. Monday-Friday by calling 845-935-8810 or 845-938-2503.

#### ACS Relocation Readiness Overseas Briefing

Have you just received orders for overseas? If yes, you will need to attend the virtual Army Community Service Relocation Readiness Overseas Briefing. As a part of your outprocessing, you are required to attend this briefing. To register, contact the ACS Relocation Readiness Program at 845-938-3487. For more details, visit [westpoint.mwr.com](http://westpoint.mwr.com).

# Grant Hall Marketplace

Introducing  
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**GRUBHUB™** Online Ordering



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 0800-2100  
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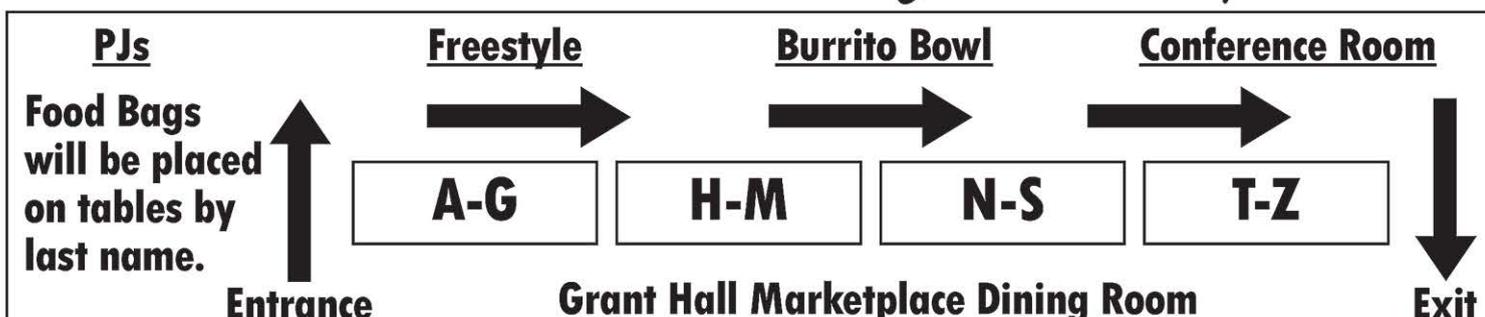


**It's EASY! 1.2.3....**

- 1- Download the Grubhub app in the AppStore or Google Play
- 2- Sign up and confirm your campus under settings (USMA West Point)
- 3- Order from on-campus dining
- 4- Skip the lines and pick up your food.



**RAPID PICKUP** *Easy Pick Up!*



West Point Family Homes LifeWorks program offers events and activities throughout the year to foster community spirit and a strong neighborhood environment.

Like us on our Facebook page at West Point Family Housing resident portal to find out new information and updates regarding about community and LifeWorks events. Join us whenever possible for LifeWorks events. The events are always free and open to current West Point Family Homes residents.

These are the LifeWorks events for January:

- **Snow Sculptures**—Enjoy the winter sunshine, fresh air and snowy months. We love to see pictures of any snowmen, igloos, ice sculptures or anything creative made out of snow.

Please email pictures to [jgellman@bbcgrp.com](mailto:jgellman@bbcgrp.com). We will be accepting photos until the last snowfall.

- **National Pie Day**—National Pie Day is Saturday and is a day for all to bake or cook their favorite pies and for all to enjoy eating pies.

Pies have always been a sweet treat to warm the cold winter days and a great way to warm up. No matter how you cut it, pies are a great reason to celebrate the new year. What is your favorite pie?

- **Fun for the family! Think Outside the Box: Upcycle Sculpture Challenge**—Take a break from remote work and studies in your house and put your heads together to create a holiday sculpture using the BOX as a foundation.

Pick a theme and imagination is your only limit. Save those delivery boxes and metal tins. Work with cardboard, paper, plastic or metal. If you can recycle it, you can use it.

Register your masterpiece by emailing a photo to [jgellman@bbcgrp.com](mailto:jgellman@bbcgrp.com) by Jan. 29.

- **Inspire your Heart with Art Day**—Inspire your Heart with Art Day is a day to celebrate art and the effect it can have on your heart (emotions). LifeWorks has planned an activity to inspire your little “heart-ist.” Coloring pages can reduce stress and is a lot of fun. Kids and adults alike will enjoy coloring these fun posters featuring some loving creatures. Stop by for fun, creative coloring craft project outside LifeWorks office at 126 Washington Road from 2-4:30 p.m. Jan. 28.

To register, email [jgellman@bbcgrp.com](mailto:jgellman@bbcgrp.com) by Monday.



The Army men's basketball team finished the weekend sweep against Boston University with a 76-65 victory on Sunday afternoon in Boston in Patriot league action. After a slow start from both teams on the offensive end, Army went on a 21-7 run late in the first half to turn a seven-point deficit into a seven-point lead going into the half. Senior guard Lonnie Grayson (above) led the team in scoring with 21 points on 7-of-12 shooting. PHOTO BY ARMY ATHLETIC COMMUNICATIONS

## Men's basketball completes weekend sweep of Boston University

By Nick Lovera  
Army Athletic Communications

The Army men's basketball team finished the weekend sweep against Boston University with a 76-65 victory on Sunday afternoon in Boston in Patriot league action.

After a slow start from both teams on the offensive end, Army went on a 21-7 run late in the first half to turn a seven-point deficit into a seven-point lead going into the half.

The Black Knights never relinquished the lead as they got up by as many as 12 in the second half and survived a scoreless stretch of four-plus minutes late in the final half.

"I am really excited for our team right now," Head Coach Jimmy Allen said. "Boston U is a team that has four starters out there off last year's championship team and they came out strong, but we hung in there and made enough plays to get the job done. We weathered the storm until we got the lead and then we hung on for the win."

Senior guard Lonnie Grayson led a group of four players in double figures with 21 points on 7-of-12 shooting, while senior guard Josh Caldwell poured in 17 points.

Senior guard Tucker Blackwell was on fire from deep and was 4-of-5 from distance and finished with 12 points and freshman guard Jalen Rucker added 11 points.

Army shot 53.7% from the field and was 11-of-28

(39.3%) from three.

The Black Knights are back on the court next weekend for a pair of huge matchups against service-academy rival Navy in Annapolis on Saturday and Sunday.

Allen added, "We're going to enjoy this one and look forward to what's to come next week when we head down there to take on the Midshipmen."

### How it happened

#### First half

- Slow start for both teams as Boston University had the early 6-4 lead in the first five minutes of the game.

- Army caught fire out of the 12-minute media timeout with Grayson hitting a pair of treys and Caldwell knocking one down from deep to get Army within one at 14-13.

- Boston U. answered with a quick 6-0 run to get the lead up to seven to make it a 20-14 game with 9:10 left in the half.

- Blackwell caught fire off the bench and hit back-to-back 3-pointers to get Army within one at 20-19 with 7:33 left.

- Army took their first lead of the game thanks to a 14-5 run with 3-pointers from junior guard Aaron Duhart and Blackwell and the Black Knights were on top 27-25 with five minutes left in the half.

- The Black Knights increased their lead to nine with

1:15 left in the half thanks to another 3-pointer from Rucker as he recorded the final five points for Army before heading to the locker room with a 38-31 lead.

- Caldwell led the way with nine points, while Grayson tallied eight points in the opening half and Rucker came off the bench with seven in the first 20 minutes.

#### Second half

- Army continued its hot shooting into the second half with Grayson and Blackwell sinking 3-pointers and the Black Knights led by 13 in the opening moments.

- The Terriers cut the lead down to seven with 16:04 left, but Army answered with a 3-pointer from Blackwell and a layup from Grayson and the Black Knights regained control at 53-49 with 13:54 remaining on the clock.

- Both teams hit a cold spell for over three minutes and Army still led 57-50 and then Boston U. got to within four at 59-55, but after a Nick Finke layup, Caldwell stepped into a corner three and drained it to put Army up 64-55 with 3:38 left.

- The Terriers got the Army advantage down to seven at 68-61, but Finke answered with a nice layup to stop the final push by Boston U. and the Black Knights hit their free throws in the final minute to move to 8-3 on the season and 4-2 in league play with a 76-65 win.



## Army rifle tops N.C. State in virtual match

The Army West Point rifle team topped N.C. State, 4,668-4,656, in a virtual Great America Rifle Conference (GARC) match Sunday at the Tronsrue Marksmanship Center. Freshman Kyle Kutz (above) had the highest aggregate score of the day with a tally of 1,173. His mark of 583 in smallbore was the top total of the day, while classmate Anusha Pakkam was right behind him with a score of 582. "The team had a good vibe heading into the match today," Kutz said. "I started out a little rough but was able to pick it back up in the end and finish strong. I'm looking forward to our match against Akron next weekend."

PHOTO COURTESY OF ARMY ATHLETIC COMMUNICATIONS

# Sports calendar



### WOMEN'S BASKETBALL

SATURDAY, 1 P.M.—NAVY, CHRISTL ARENA. (TV: ESPN+)

SUNDAY, 1 P.M.—NAVY, CHRISTL ARENA. (TV: ESPN+)

### HOCKEY

JAN. 29, TBA—SACRED HEART, TATE RINK.

### MEN'S BASKETBALL

SATURDAY, 2:30 P.M.—NAVY, ANNAPOLIS, MARYLAND.

SUNDAY, 3 P.M.—NAVY, ANNAPOLIS, MARYLAND.

### WRESTLING

SUNDAY, 2 P.M.—BINGHAMTON UNIVERSITY, GILLIS FIELD HOUSE.

\*\*VIEW ARMY WEST POINT SCHEDULE AT [WWW.GOARMYWESTPOINT.COM/CALENDAR.ASPX?](http://WWW.GOARMYWESTPOINT.COM/CALENDAR.ASPX?)



JANUARY 21, 2021  
VOL. 78, No. 2  
DUTY, HONOR, COUNTRY



The Army West Point women's basketball team topped previously unbeaten Boston University, 54-43, Sunday afternoon at Christl Arena. Junior guard Sarah Bohn (above) led the way for the Black Knights with 13 points. PHOTO BY ARMY ATHLETIC COMMUNICATIONS

## Strong defensive effort powers Army women's basketball past BU

By JJ Klein  
Army Athletic Communications

The Army West Point women's basketball team topped previously unbeaten Boston University, 54-43, Sunday afternoon at Christl Arena.

Junior guard Sarah Bohn led the way for the Black Knights (5-6) with 13 points. Junior guard Alisa Fallon was the Cadets other scorer to reach double-digits in scoring with 10 points. In just 18 and a half minutes of play, junior forward Kate Murray contributed nine points and seven boards.

Army put up a strong defensive effort in both games this weekend. BU (5-1) entered the weekend averaging 72.3 points per game. This weekend they averaged 51.0.

### Notes and highlights

- Bohn notched her second double-digit scoring effort of the year and the 13th of her career.
- This was Fallon's eighth game in double figures this season and the 28th of her career.
- The Black Knights held the Terriers to just one field goal in the second quarter, as they shot

1-for-13 in the frame.

- After scoring most of their points from beyond the arc in Saturday's contest, the Black Knights had 24 points in the paint.

- In roughly 18 minutes of play, sophomore forward Sabria Hunter had seven points and seven rebounds.

- Army held the Terriers to a season-low 19 points in the first half.

### How it happened

#### First quarter

- Junior forward Taylor Sullivan started Army off with a three-point play on the and-one.

- Army went on a 7-0 run to turn a three-point deficit into a 12-10 lead from the 2:11 to the 1:13 mark.

- Maggie Pina connected on a triple with 29 seconds left in the quarter to give BU the lead at the end of the quarter, 13-12.

- The Black Knights shot 50 percent from the field, while holding BU to 38.5 percent shooting.

- Bohn led the Black Knights with five points in the quarter.

#### Second quarter

- BU extended its lead to 16-12 in the first minute of the second quarter.

- Bohn connected on her second 3-pointer of the game with 7:02 left to draw the Black Knights within one. A Murray layup with near the midway point of the quarter gave Army the 17-16 lead.

- The Black Knight defense was strong as BU scored their lone field goal of the quarter was at the 9:36 mark. BU was held to 7.7% shooting from the field (1-for-13).

- The Black Knights were 50% from the field (6-for-12).

- The Terriers scored 4 other points in the quarter, all on free throws (4-for-4).

- Army outrebounded the Terriers, 10-9, and especially on the offensive boards, 6-2.

- Black Knights led at the half, 25-19. Bohn led the Black Knights with 10 points.

- Fallon and Murray led the way with 5 rebounds apiece in the first half.

#### Third quarter

- Fallon picked up right where she left off in the second quarter. She scored the first five points of the third quarter to give the Black Knights a nine-point lead with 7:26 left in the quarter.

- Army went on an 11-0 run for the Black Knights that lasted for nearly seven and a half minutes.

- BU was held to just two field goals in the quarter.

#### Fourth quarter

- Army took its largest lead of the day came for the Black Knights at the 8:37 mark when a Murray 3-pointer put the Cadets up 41-25.

- BU went on a 12-3 run to start the fourth quarter to pull within six, 41-35 with 3:58 left in the game.

- Murray hit a layup with 3:40 left in the game to push the lead back to eight, 43-35.

- Army was in the bonus for the final minute, draining 9-of-12 free throws over that time.

#### From the source

##### Head Coach Dave Magarity On the team's performance:

"We were able to continue with the defensive energy and focus that we had yesterday. And today we were able to combine it with better offensive execution for big stretches in the game."