Less than a week to go

The U.S. Military Academy Class of 2023 new cadets go through Cadet Basic Training and have less than a week left in training. CBT is a complex, demanding progression of sequenced training requirements and events, which form the foundation for all future instruction at the academy. (Above) Echo Company cadets learn modern Army combatives as part of their Cadet Basic Training at Camp Buckner July 29. (Left) New cadets learn mountaineering skills from 10th Mountain Division Soldiers.

Photos by Matt Moeller/USMA PAO
West Point is currently taking part in a pilot program aimed at improving hiring times within the Civilian Personnel Advisory Center. The pilot program, which was directed by former Secretary of the Army Mark Esper, encompasses all entities at West Point including the U.S. Military Academy, West Point Garrison and Keller Army Community Hospital.

The pilot started April 1 and will officially run through Sept. 30. Under the pilot, control of West Point’s CPAC office has been moved from the Civilian Human Resources Agency to being directly under the control of Superintendent Lt. Gen. Darryl A. Williams, who delegated it to the academy’s G-1.

“The Army will make a determination, looking at the results of the pilot, on if they believe putting all CPAC’s under senior commanders at the installation where they reside is a better methodology than the current methodology where they all report up to a higher human resources agency,” Bryan DeCoster, human capital plans specialist in West Point G-1, said. “Even if they decide to keep CPAC’s under the CHRA, though, what’s important to us here at West Point is that we sustain the best practices that we discovered during the pilot test.”

Throughout the pilot, the CPAC office is looking at ways to shorten the hiring time for civilian openings at West Point. Last year, the average time to fill a civilian opening was 147 days, DeCoster said. The Army’s goal is to bring the time period down to 80 days. The average time so far this year to fill a position is 135 days.

Changes being made during the pilot include using standardized position descriptions for like positions, shortening the amount of time jobs are open and giving hiring managers a set timeline to make a selection once they are provided a list of candidates.

“To this point, we really haven’t established a set timeline for managers that they have to make a decision within a certain amount of time,” DeCoster said. “One of the initiatives we’re taking is when a referral is sent to the manager, saying you have 10 working days to make your selection and get back to CPAC.”

The pilot program is also looking at opening more positions as direct hires or as designated recent graduate positions.

Along with speeding up the hiring process itself, the pilot is looking at ways to improve retention rates. DeCoster said the goal is for West Point to have 90-95 percent of civilian positions filled at any given time. So far this year, it has increased from 87 percent pre-pilot to 89 percent currently.

“It’s great to hire talented employees, but you also want to retain them. We’re looking at how quickly the employees leave and if there are trends we can identify those to work toward better retention of employees,” DeCoster said.

To accomplish that goal, they will be conducting surveys with managers and employees as well as conducting exit interviews with departing employees.

“Once we have the employee on board, how is the employee working out? Did they feel engaged? Did they feel like they’re important and contributing to the academy’s mission?” he said.

The pilot will officially end Sept. 30, unless it is extended, but the West Point CPAC remains under the control of G-1 until the Army makes a final decision based on the results. Then it will either stay in place or return to being under the control of CHRA.

“We don’t want to lose ground on improving the time to hire, while also retaining the same quality of employee,” DeCoster said. “All of the things that we’re doing, we’re trying to ensure that we implement them in a way that they can be sustained beyond the end of the pilot.”
Cadets, Midshipmen exchange leadership skills in Malaysia

By Sgt. 1st Class Josephine Pride
West Point PAO NCOIC

While some college students enjoyed their summer break by taking vacations, students from the U.S. Military Academy, U.S. Air Force Academy and U.S. Naval Academy traveled to Malaysia for a student leadership exchange at the National Defense University-Malaysia from July 20-28.

For the first time in history, the NDUM Centre for Leadership and Professional Development hosted six cadets and midshipmen from three U.S. service academies during the exchange.

“This trip has made me understand how to interact with people that don’t come from the same background as me or speak a different language,” West Point Class of 2021 Cadet Cassidy Braggs said.

U.S. cadets and midshipmen were partnered with a Malaysian cadet during the one-week exchange to immerse them into the Malaysian culture and give them first-hand experience of what it is like to be a cadet attending NDUM.

“I’ve learned a lot of leadership techniques that I would have never been exposed to if I hadn’t come on this trip and that started at West Point,” said USAFA Class of 2020 Cadet Ben Thompson. “When we got to NDUM, the Malaysian hosts did an excellent job of showing us the ropes here and how to properly use customs and courtesies. They always took care of us and made sure we had everything we needed. To me, that’s what makes a really good leader.”

During the first day of the exchange, cadets and midshipmen had the opportunity to share ideas with NDUM Vice Chancellor, Lt. Gen. Dato’ Abdul Halim bin Haji Jalal, and Commandant of the Military Training Academy Brig. Gen. Dato’ Haji Shaharuddin Bin Mansor.

Throughout the week, cadets and midshipmen learned more about the culture at NDUM by touring the facilities and participating in various physical training sessions with their Malaysian counterparts.

“Our main goal, especially for our cadets, is to expose them to other military institutions and for them to extend their views with the counterparts and learn how they conduct training, especially on leadership,” Lt. Col. Khairul Hasni bin Kamarudin, deputy director for the Centre for leadership and Professional Development at NDUM, said.

The cadets and midshipmen said one of the most memorable experiences was the jungle training at Kongkoi Survival Camp. Some of the survival training included learning how to identify edible tropical jungle plants, setting up animal traps and how to build a fire.

For USNA Class of 2021 Midshipmen Mark Humes, going through the jungle training meant stepping outside of his comfort zone.

“We handled a lot of reptiles and I am not the biggest fan of frogs or snakes,” Humes said.

After getting over their fears of reptiles, cadets and midshipmen navigated the jungle during the day and again at night.

“My favorite part of jungle training was the night training because I couldn’t see anything,” Humes said. “You had to trust the person in front of you and follow their path, or you could fall.”

At the end of the exchange, NDUM cadets gave a presentation about their academy, and then U.S. cadets and midshipmen gave presentations about their academies.

“I learned we are more similar than people may think,” Braggs said. “Our daily schedules are pretty much the same, especially attending the academics.”

Although there were some similarities in their rigorous schedules, NDUM differed by training officers in the Malaysia Army, Air Force and Navy all within the same institution. Once NDUM cadets graduate, they will move on to their respective service training and become inducted into the Malaysian armed forces.

Alongside Malaysian cadets, civilians also attend NDUM to earn their bachelor’s degrees. Civilian graduates will commission into the Malaysian reserve armed forces and continue their careers in government and non-government sectors.

“Malaysia is a leader within the Indo-Pacific region and shares many common interests with the United States,” Morgan O’Brien, spokesman at the U.S. Embassy in Kuala Lumpur, said. “People-to-people exchanges like this one showcase how the U.S. values our partnership with Malaysia to promote regional security, education opportunities, innovation and economic engagement.”

Since 1971, 30 Malaysians have graduated from U.S. service academies. Currently, Malaysia has nine cadets attending the service academies with three each at the U.S. Military Academy, the U.S. Air Force Academy and the U.S. Naval Academy.

Not only was this an eye-opening experience about Malaysia, but this was also an opportunity for U.S cadets and midshipmen to learn about each other and make new friends.

“Even though we have that rivalry, we still have a brother-sister relationship,” Humes said. “I’ve never known these people before, and we are already talking about meeting up at graduation. It’s only been a week, but I love them all like my brothers and sisters.”
Hacking for Defense: Finding solutions to DOD cyber issues

Story and photos by Brandon O’Connor
Assistant Editor

For two weeks it was pedal to the metal. Given a problem on day one, 35 cadets divided into seven teams were given 10 days to network with industry experts, fully define the problem they’d been assigned and develop a viable solution.

The course, called Hacking for Defense, was taught at the U.S. Military Academy for the first time from July 29 through Friday. Hacking for Defense is a graduate-level course currently taught at 22 universities throughout the country. During the course, students learn problem-solving skills while working to find solutions to Department of Defense problems.

The West Point course includes seven teams, each including four West Point cadets and one ROTC cadet. The goal was to build teams with cadets from various different academic fields and leverage their differing backgrounds to solve real-world problems.

“It is really focused on, how do I get young men and women who are our future experts in business and technology and other places and engineering, and leverage them to work on problem sets for the Army?” Col. Todd Woodruff, an instructor in the Behavioral Sciences and Leadership department which sponsors the course, said. “How do I get these problems in front of universities so they can leverage some of their talent and treasure on behalf of the nation?”

Typically, Hacking for Defense is taught as a semester-long course lasting 10 weeks. At West Point, they compressed the entire process into a 10-day summer course.

While the drop from 10 weeks to 10 days seems extreme, Woodruff said the actual amount of time students are working on their problems is about the same. Whereas in the 10-week course they only meet for a few hours each week, in the West Point program the students are working all day with no other coursework taking place at the same time.

At the beginning, each group was assigned a problem and had to build contacts with experts in the field and sponsors who are experiencing the problem to identify the root causes and begin building viable solutions.

“Our group just went right into it and just dove in headfirst,” Class of 2022 Cadet Isaac Ford said. “It takes a lot of networking. We didn’t have any connections right off the bat starting this. We were told one person and then one person turns into two more and then those two turns into four.

It’s just a matter of pressing. You can’t be timid. Especially with 10 days. We’re trying to aggressively pursue knowledge.”

Ford and his team are working on a problem related to the proficiency of military linguists. As they worked to lock down the actual problem and began building solutions they talked to linguists from throughout the military to learn more about how information flows and also spoke with Soldiers from the 341st Military Intelligence Battalion.

A separate group worked on a problem related to the efficiency of treating wounded Soldiers in combat. The problem revolved around the “Golden Hour.” Soldiers have to treat and evacuate the wounded. They talked to current Army doctors, medical commanders who are in charge of placing and managing assets as well as an Army medical historian to learn more about how the process has evolved over time.

“Throughout Afghanistan and Iraq, we had pretty much air superiority,” Class of 2021 Cadet Orlando Sullivan said. “You could just fly a Blackhawk almost anywhere and be able to medevac that personnel. That’s just not feasible if you were to go against a near-peer adversary like China or Russia.”

The course is designed after a program in the Stanford Business School and is based on the Lean Startup Model where ideas are quickly created and then tossed out if they are found to not be viable. The goal is to take a broad problem, research it to find the actual root causes and then work to build solutions to the problem that will permanently fix it.

“It’s helped me as a leader,” Cadet Melvin Bonilla, from Princeton’s Army ROTC program, said. “When I come across a problem perhaps each time I’m going after this problem I’m only treating the symptoms. I have to find the root cause of it to fix it permanently.”

At the end of the course, each team presented its solution. The original sponsor of the problem then has the ability to see if it can be implemented.

If it requires a product to be made they could potentially hand it off to Army Futures Command, a schoolhouse within the Department of Defense or a cadet team for a capstone project.
“Leading from the Front”: Seven new SAMC members

“You lead from the front,” is the motto of the Sgt. Audie Murphy Club, and seven noncommissioned officers at the U.S. Military Academy were inducted into the club during a ceremony Aug. 2 in the Haig Room. SAMC recognizes those NCOs who have contributed significantly to the development of a professional NCO Corps and combat ready Army. Members exemplify leadership characterized by personal concern for the needs, training, development and welfare of Soldiers and concern for families of Soldiers.

Photos by Bryan Ilyankoff/USMA PAO
Next Army Chief of Staff McConville visits West Point, views training

U.S. Military Academy Superintendent Lt. Gen. Darryl Williams and staff brief the next Army Chief of Staff Gen. James C. McConville during his visit to West Point July 30. McConville spent time in the field to view USMA Class of 2023 during Cadet Basic Training.

PHOTOS BY TARNISH PRIDE/USMA PAO
Active Shooter “Stop the Bleed” Program begins at West Point

West Point is beginning a new initiative in support of the installation’s Emergency Management Program by implementing an active shooter bleeding control training program.

**By Keith T. Katz**
Safety and Occupational Health
Office director

Active Shooter incidents have become all too common in our country and are now a large focus of West Point’s annual Full Scale Exercise program.

A presidential policy directive has directed the development of measures to increase the survival of active shooter incident victims.

A response to this call was developed in a series of joint DOJ/DOD conferences known as the Hartford Consensus.

The third Hartford Consensus focused on increasing the survivability of shooting victims at the scene of these shootings.

The solution is to begin training and equipping bystanders and minimally injured victims to provide buddy-aid and self-aid prior to the arrival of emergency medical first responders.

As a result, the West Point Fire Department is implementing an active shooter bleeding control training program by offering voluntary bleeding control classes from the Trauma Committee of the American College of Surgeons in conjunction with their routine CPR/AED classes, and employee first aid classes provided by the West Point Safety Office.

The Garrison and USMA are also resourcing a program to provide specialized bleeding control equipment throughout the installation in the form of B-CON Kits.

The recommendation of the Hartford Consensus is to place B-CON Kits in wall-mounted Automated External Defibrillator (AED) cabinets.

Presently, there are 96 wall-mounted AEDs located throughout West Point. The Safety Office is placing two intermediate B-Con Kits in every AED cabinet, and larger kits next to AED cabinets containing five or eight intermediate B-CON Kits in high density population areas such as Eisenhower Hall and the Hollister Center.

The B-CON Kits contain specialized first aid supplies specifically designed to control bleeding. This includes the DOD Combat Application Tourniquet, an emergency trauma dressing, compressed gauze, two chest wound seals, patient exam gloves, trauma shears, a survival blanket and instructions in a red nylon carrying case.

These kits can be used in the event of an active shooter incident, or for any medical emergency when there is a need to control bleeding. The AED cabinets equipped with B-CON Kits are identified with a red “BLEEDING CONTROL KIT” decal.

Military personnel already receive training in bleeding control in field units, and here at West Point as cadets.

The program is completely voluntary and civilian employees in buildings equipped with the new B-CON Kits are not required to participate in the voluntary training program or use the kits unless they wish to.

Training is provided by the Fire Department by contacting them at WestPointCPR@gmail.com, or from the West Point Safety Office in employee first aid courses by calling 845-938-6130.

West Point’s Military Police will also be equipped with a specialized Individual Patrol Officer’s B-CON Kit intended for law enforcement personnel.

This is a small kit intended to fit in a cargo pocket used for self-aid, or buddy aid of a fellow officer.

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Death Notice for Cadet Christopher J. Morgan

Mine Torne Road closure

Recreation and more.

See the Point for new sixth-eighth graders (MWR item)

Mine Torne Road will be closed from 7 a.m.-7 p.m. today and Friday for military training.

Additional dates maybe be provided as summer training progresses.

For details, contact Alec Lazore at 845-938-3007.

Death Notice for Cadet Christopher J. Morgan

Anyone with debts owed to or by the estate of Cadet Christopher J. Morgan should contact Maj. Owen Tolson, the Summary Court officer for the cadet.

Morgan passed away due to a training accident June 6. Call Tolson at 845-938-5723 or email him at owen.tolson@westpoint.edu.

The Bass Club at West Point

The Bass Club at West Point is accepting new members. The Bass Club shares angling knowledge, conducts tournaments, promotes sustainable fishing and performs community service in support of West Point outdoor recreation.

Membership is open to military, DOD civilians, veterans of the Armed Forces and their dependents.

For more details, contact toddness@aul.com or go to http://pbswimer.wixsite.com/bassclubatwestpoint.

Framing and engraving with West Point Arts and Crafts (MWR item)

The custom framing experts at Arts and Crafts can turn any achievement into a timeless work of art.

Choose from more than 500 quality moldings, 450 acid-free mats and opt for UV-protective glass to prevent fading.

They also offer engraving for any special occasion. Give them a call for any special engraving items you may have.

Arts and Crafts’ easy and quick pricing allows you to design to your budget. For more details, call 845-938-4812.

MWR Fitness Center CYS Child Care Co-Op (MWR item)

The MWR Fitness Center Co-Op is looking for new members. The Co-Op is comprised of CYS eligible patrons with children ages 6 weeks to 5 years who are looking to work out while having your child participate in volunteer facilitated childcare.

In exchange for your child’s participation co-op members agree to support other members and assist with the supervision of children during co-op hours.

If you are interested, call the CYS Outreach Services Office at 845-938-3969.

See the Point for new sixth-eighth graders (MWR item)

If you are new to the West Point Community and entering sixth-eighth grades, join MWR and experience the many opportunities offered at West Point.

The tour will include a guided tour of West Point Middle School, a visit to Morgan Farm, bowling at the MWR Bowling Center, plus visits to the Arts & Crafts Center, Outdoor Recreation and more.

Each participant will receive a complimentary beverage/ICEE from the AAFFES Express.

The final tour date is 9 a.m.-1 p.m. Aug. 15 at Building 500 Washington Road.

To register, call 938-2092 or email School Support Services at Michi.L.Carlайл@mail.mil.

EDUCATION and WORKSHOPS

Army Education Center

College courses are offered through the Army Education Center at West Point, located at 683 Buckner Loop.

Undergraduate classes:
• Mount Saint Mary College—Call Kathy Yusaf at 845-569-3633 or email kathy.yusaf@msmc.edu; and
• Saint Thomas Aquinas—Call Gina Erano at 845-398-4102 or email gierazo@stac.edu.

Graduate studies:
• John Jay College of Criminal Justice—master’s degree in public administration—Call Jennifer Heiney at 845-446-5959 or email jheiney@jjay.cuny.edu; and
• Long Island University—master’s degrees in school counseling, mental health counseling and marriage and family counseling—Call Mary Beth Leggett at 845-446-3818 or email marybeth.leggett@liu.edu.

Employee Assistance Program

West Point Garrison offers an Employee Assistance Program that provides free and confidential counseling for civilians, family members and retirees.

The program offers services from 7:30 a.m.-4 p.m. Monday-Friday. The EAP is located at 656 Eichelberger Road.

For details, call 845-938-1039.

Army Education Center—Testing Office

The Army Education Center at West Point offers the following Army Personnel Tests (APT)—AFCT, DLAB, DLPT and SIFT. We also offer the TABE and GT Predictor.

Testing is offered by appointment only. To make your appointment or for questions, call 845-938-3360 or email Janet Browne at janet.p.browne.ctr@mail.mil or Gwenn Wallace at gwenn.t.wallace.ctr@mail.mil.

The AEC is also an Authorized PearsonVUE Testing Site, open on a space available basis, to Soldiers, civilian personnel, military contractors and family members who hold a military ID card.

Army Career Skills Program

The Army’s Career Skills Program (CSP) prepares Soldiers for civilian employment through first-class apprenticeships, on-the-job training, job shadowing, internships and employment skills training.

Soldiers are eligible to participate in an Army CSP up to 180 days prior to separation from the Army and after completion of the mandatory five-day SFL-TAP workshop.

The use of permissive temporary duty (PTDY) to attend a CSP more than 50 miles away from the Soldier’s duty station may be granted at the commander’s discretion.

Interested transitioning service members can contact Drew Mierwa at drew.m.mierwa.ctr@mail.mil or stop by the Army Education Center from 10 a.m.-2 p.m. Monday-Friday.

OUTSIDE THE GATES

West Point Town of Highlands Farmers Market

A new season of the West Point Town of Highlands Farmers Market runs 9 a.m.-2 p.m. every Sunday through Oct. 27.

This Sunday is Experience the Market. See ad on page 11.

Gen. Montgomery Day Run/Walk

The 29th annual Gen. Montgomery Day 8k Run/walk will be held Sept. 7 as the kickoff event for the daylong festivities of Gen. Montgomery Day in the village of Montgomery.

Proceeds will benefit the Cancer Resource Center of the Hudson Valley. Runners and walkers will race 4.97 miles through a moderately challenging course starting and ending at the Montgomery Senior Center.

Registration begins at 6:45 a.m. and the race start, rain or shine, is 8 a.m. The event includes a Kids Fun Run, awards for the top three male and female runners and walkers, and swag bags.

Register online at https://survivors8k.org/. Participants are encouraged to form teams to honor loved ones, friends, family, neighbors and co-workers affected by cancer.

Details can be found at https://survivors8k.org/ or call the Cancer Resource Center of the Hudson Valley at 845-457-5000.

Highland Falls Library exhibit

The Highland Falls Library proudly presents an exhibit by photographer Stan Goldblatt, “The Appalachian Trail—Fort Montgomery Project: Portraits of thru Hikers on the Appalachian Trail,” which is now open and runs through Oct. 4.

The Highland Falls Library is located at 298 Main Street in Highland Falls. The library and the exhibit are open at 10 a.m. Monday-Saturday with various closing hours daily.

For details, contact Leslie Rose at lrose@rcsls.org or 845-446-3113.

Second (Indianhead) Division Association reunion

The Second (Indianhead) Division Association is searching for anyone who served in the Army’s 2nd Infantry Division at any time.

For details about the association and its 98th annual reunion in Tucson, Arizona from Sept. 18-22; contact Bob Haynes at 2idahq@comcast.net or call 224-225-1202.

Grace Baptist Church of Highland Falls services

The West Point family is invited to attend any and all services at the Grace Baptist Church, located at 54 Old State Road, in Highland Falls. The church is close to Thayer Gate.

The church holds services on Sunday morning (Sunday School for all ages at 9:45 a.m.; Worship Service at 11 a.m.), Sunday evening (6 p.m.), and Wednesday evening (7 p.m.), as well as seasonal Bible studies for men, women and college-aged young people. Transportation is provided as needed.

For details on the Grace Baptist Church, visit www.gracebaptistny.org.

Summer Discovery Program at Trailside Museums & Zoo, Bear Mountain State Park

Summer is time for kids to be outside. There’s no better place for your child to spend time in the great outdoors this summer than at Trailside Museums & Zoo.

The Trailside Discovery day program will be your child’s up-close and personal introduction to local wildlife and ecology.

They will get their hands dirty. They will have fun. Through hands-on activities and exciting games, children will be immersed in the natural world in engaging and age appropriate ways they are bound to enjoy.

One day during the first three sessions, the group will hike to the Fort Montgomery State Historic Site to learn about local history and what life was like long ago.

For the brochure and registration, visit http://www.trailsidezoo.org/education/trailside-discovery-summer-program.

For more details, contact Chris O’Sullivan at 845-786-2701, ext. 293 or email Chris.Osullivan@parks.ny.gov.

Community Garden at Holy Innocents’ Church shed design

The Community Garden at Holy Innocents’ Church has a nice, big shed that houses its tools and supplies. The church loves its shed and to make it even more beautiful it is inviting any artist under the age of 18 to submit a design of nature-inspired images to go all around four sides of the shed.

You may work alone or in a group to create a colorful mural. The gardeners will help paint but the inspiration is what we need.

If you are interested, submit a color drawing to our email address at highlandscommunitygardens@yahoo.com. Judging will be by the vestry (board of elders) at Holy Innocents’ Church. For more details, contact Olga Anderson at 917-509-1200.
FEATURED EVENT

Women Rock the Forts Tour Aug. 31
Army Entertainment presents Country Music Stars Maddie & Tae at 7 p.m. Aug. 31 at Robinson Hall Auditorium.
Tickets can be purchased online at westpoint.armymwr.com or by visiting Leisure Travel Services on West Point located at Building 683 Buckner Loop, next to Subway.
The event is open to authorized MWR patrons (DOD cardholders) and their guests. Concessions are available onsite in the atrium of Robinson Auditorium.
For more details, visit westpoint.armymwr.com or call 845-938-6497. See the ad on page 11.

JUST ANNOUNCED

National S’mores Night Saturday
Come out and celebrate National S’mores Night from 6:30-8 p.m. Saturday at the Round Pond Picnic Area (Across from Bonneville Cabin). Enjoy a campfire, marshmallows, games and activities.
Patrons should bring their own camp chairs, friends and S’mores fixings (graham crackers, chocolate, etc). This event is free. RSVP by calling Round Pond at 845-938-2503/0123.

MWR Free Summer Movie Night with Outdoor Recreation
Join Outdoor Recreation for its outdoor movie “Incredibles 2” at 8:15 p.m. Sept. 6 at the H-Lo Field located at 1202 Stony Lonesome Road. Enjoy a free movie on a giant inflatable screen. Bring your own blankets and chairs.
Movie concessions available for purchase. For details, call 845-938-0123 or visit westpoint.armymwr.com.

Bow Hunter Education Course Sept. 15
The Bow Hunter Education Course will be held from 9 a.m.-3:30 p.m. Sept. 15 at Bonneville Cabin at Round Pond Recreation Area. This course is free and good for life. Register online at dec.ny.gov/outdoor/92278.
Complete the NYS required homework and bring the homework to class. This class is required to purchase N.Y. State/ West Point Bow Hunting License/Permits. For more details, visit westpoint.armymwr.com or call 845-938-2503.

FOR THE ADULTS

Stand Up Paddle Yoga with Outdoor Recreation Equipment Checkout Center
Sign up today with ODR for Stand Up Paddle Yoga throughout the summer. The checkout center is located at 648 Wilson Road behind the West Point Post Office.
Try SUP Yoga class from 10 a.m.-3 p.m. Monday and Aug. 24. Take an Introduction to SUP Yoga from 10-11:30 a.m. Aug. 17, 5-6:30 p.m. p.m. Aug. 19 and 10-11:30 a.m. Aug. 25.
There is a nominal fee for these classes which includes a paddleboard. For more details and to register, call 845-938-0123.

Kayak Tours and lessons with Outdoor Recreation Equipment Checkout Center
Visit ODR today and sign-up for one of its many tours or lessons throughout the summer. The checkout center is located at 648 Wilson Road behind the West Point Post Office.
Take Intro to Kayaking from 10 a.m.-2 p.m. Saturday and Aug. 25. Try Family Friendly Kayaking from 9 a.m.-1 p.m. Aug. 17 and 1-5 p.m. Aug. 21. There is a nominal fee for these classes and tours which include kayak and tour.
For more details and to register, call 845-938-0123.

Tickets now on sale for Army Football Spirit Luncheons at the West Point Club
Tickets now on sale for Army Football Spirit Luncheons. Purchase your tickets from 10 a.m.-4 p.m. Monday through Friday at the West Point Club’s Admin Office.
Each luncheon is a pep rally for that week’s game. The first luncheon of the season is Morgan State on Sept. 19. Doors open at 11 a.m. and the luncheon begins at noon.
Buy your tickets early for reserved seats. For more details, visit thewestpointclub.com or call 845-938-5120.

Superintendent’s Golf Scramble Aug. 15
The Superintendent’s Golf Scramble is open to the West Point community and their guests at the West Point Golf Course Aug. 15. This is a four-person team scramble with a shotgun start at 1 p.m. Sign-up by calling the pro shop at 845-938-2435.
For more details, visit golfatwestpoint.com.

MURDER MYSTERY DINNER THEATER AUG. 23
Join the West Point Club for its Murder Mystery Dinner Theater entitled “The Academy of Murder,” Aug. 23. This event will start at 7 p.m. with hors d’oeuvres and cash bar and the dinner and show at 7:45 p.m.
Reserve online today at thewestpointclub.com. For more information, call 845-938-5120.

USMA Class of 2020 Ring Run 5K Aug. 24
The USMA Class of 2020 Ring Run will be held at 8 a.m. Aug. 24. The start and finish of the race will be at the West Point Club.
There is a nominal fee for this race. The fee includes race registration and T-shirt. Cadets are free but must register.
To register, visit westpoint.armymwr.com. For more details, call 845-938-6490.

West Point Golf Course Club Championship Aug. 24-25
The West Point Golf Course Club Championship is an individual stroke play tournament for golfers seeking the title of “Club Champion.”
USGA GHIN Handicap is encouraged in the net divisions. Dinner and awards are Aug. 25. Sign-up today at 845-938-2435.

West Point Spartan Aug. 24-25
It is the third year in a row West Point has hosted the “Honor Series” of Spartan. The West Point Spartan Aug. 24-25 at Lake Frederick.
Grill is the rule, not the exception, so we kindly ask that you either leave your fears at home or face them on the course. For more details and to register, visit westpoint.armymwr.com.

2019 Unit Intramural Flag Football League sign-ups
The MWR Sports Office will conduct the 2019 West Point Unit Intramural Flag Football League.
Individuals and/or team sign-ups will be open to all USMA personnel 18 years of age and older. Games will be played on Monday and Wednesday evenings at the USMAPS Football Field.
Deadline for entries will be Aug. 29. League play will start on Sept. 4. To sign up and/or for more information, email james.p.mcguinness.naf@mil.mil or call 845-938-3066.

Indoor Firearm Shooting now available at West Point
Come on down to the Tronsure Marksmanship Center today. The center is located at 665 Tower Road, adjacent to the Gillis Field House.
Hours of operation are 9 a.m.-3 p.m., Monday-Friday.
Recreational shooting is open to all DOD cardholders and their guests. They have gun rentals, ammunition and targets for sale.
For more details and to register, call 845-938-1700 or visit westpoint.armymwr.com.

FOR THE FAMILIES

Recreational Swimming—Season concludes following Labor Day Weekend
Only a short time remains until outdoor swim season concludes, following Labor Day weekend. Be sure to check out MWR’s Jungle Joe bouncy, comhole boards, great picnic and grilling spots and a sandy swim beach.
For more details on swim passes, visit westpoint.armymwr.com/programs/swimming, or call 845-938-2985/3170/5139.

FOR THE YOUTHS

Junior Golf Clinics
Junior Golf Clinics are available from 1-1:45 p.m. Saturday and Aug. 24; Sept. 7 at the West Point Golf Course Driving Range. Clinics are for ages 7-13.
Andy Crane, PGA, is one of the best teachers in the Hudson Valley. He will take you from range to course. Lessons are customized to skill level. Clubs are provided. There is a nominal fee per session. To sign-up, call 845-938-2435.
For more details, visit golfatwestpoint.com.

Junior Black Nights Girls and Boys Soccer Tryouts
Child & Youth Services JKB soccer tryouts will be held from 6-8 p.m. Wednesday. The tryouts are open to girls ages 8-11 and boys ages 7-9. Location to be determined.
For more details, call 845-938-4458.

CYS Back to School Boat Ride Aug. 21
The Child and Youth Services Back to School Boat Ride is for new O’Neill High School students, incoming ninth graders and transfer students in grades 9-12.
The boat ride is scheduled for Aug. 21. Boarding is at 1:30 p.m. at South Dock. The cruise will be from 2-4 p.m. No RSVP needed. The admission is a bag of chips, cookies or beverage (two-liter soda or water) to share.
A permission slip is required for entrance to the boat. If inclement weather occurs, the event will be moved to the Youth Center Gym, Bldg. 500. To verify, call the weather hot-line at 845-938-8897. For more details, 845-938-2092.

CYS Youth Center Open House and Ice Cream Social
The Youth Center will be holding an open house from 2-4 p.m. Aug. 23 at 500 Washington Road for families with children in grades 6-12. Ice cream with toppings will be served at this event.
The Youth Center staff will be giving families tours, programing information and will talk about upcoming events and trips.
The staff will be available to answer questions about what the Youth Center has to offer.
For more details, visit westpointcys.com or call 845-938-8889.
**Keller Corner**

**KACH web page is active**

The Keller Army Community Hospital webpage has been redesigned and is now active.

The deactivation and redesign was in alignment with the transition from U.S. Army Medical Command to Defense Health Agency. The Internet page address is https://kach.amedd.army.mil.

**KACH Substance Use Disorder Clinic open**

The KACH’s Substance Use Disorder Clinic Care (SUDCC) is open to cadets, active duty service members and beneficiaries who are interested in seeking help independently.

The clinic provides substance use disorder clinical care, including assessment, education, treatment, rehabilitation and aftercare, for cadets, service members and other beneficiaries within an integrated medical and behavioral health model to enhance health and readiness.

It is preferred to have individuals seek education and treatment on their own, in hopes to prevent them from possibly experiencing an alcohol or drug related incident.

Seeking education and treatment independently does not require command involvement or an official enrollment into the program.

The SUDCC is located in Building 656 and you can schedule an appointment by walking in from 8 a.m.-4:30 p.m. Monday-Friday or calling 845-938-7691.

Primary Care dedicates clinic to Sports/School Physicals and Immunizations

The Keller Army Community Hospital Primary Care Department is opening dedicated clinics today, Friday, Aug. 12 and 13 to ensure that incoming children and those unable to make an appointment earlier in the summer have their physicals prior to the start of the school year.

This is also the time to review your child’s immunizations, and prepare additional documentation for the administration of medications during school hours or emergency instructions for children with known allergies.

Please call 845-938-7992 or 800-552-2907 today to request an appointment for the dedicated school or sports physical days or you can make an appointment at your convenience.

West Point Blood Drive Aug. 26-29

The New York Blood Center (NYBC), with support from Keller Army Community Hospital, will host the West Point Blood Drive Aug. 26-29 at Eisenhower Hall.

The blood drive will be held from 11 a.m.-7 p.m. each day.

NYBC is expecting emergency inventory levels to continue through September, and all donations will assist greatly in replenishing the ongoing blood inventory for all types of blood.

Go to http://mybloodcenter.org/donate-blood/become-donor/can-i-donate-blood/ to learn if you are eligible to donate.

**West Point Band presents “Don’t Rain On My Parade”**

**By the West Point Band**

The West Point Band will continue its Music Under the Stars concert series with a performance titled “Don’t Rain on My Parade” at 7:30 p.m. Saturday at Trophy Point Amphitheater. This concert of classics will include military marches, concert band masterpieces and Broadway favorites.

This performance is free and open to all. Please RSVP by visiting westpointband.eventbrite.com. Registering for this event allows us to send you up-to-date concert information, including cancellations. Please note that security requirements to enter West Point have changed. Visit the “Visitor Information” page at home.army.mil/westpoint for more information.

Rain on your parade? Never! Join the West Point Band for a sun-soaked evening of music and fun at Trophy Point. Perched atop a breathtaking Hudson Valley vista, the world-class musicians of the U.S. Army’s oldest band will present a performance of popular classics and hidden gems that span the breadth of American musical history. Program highlights include classic military marches with an unexpected twist, contemporary and classic wind band repertoire, and a selection of popular songs from Broadway and the silver screen that will get the whole family singing along.

Gather your favorite people, settle into the perfect picnicking spot and enjoy another unforgettable night of music under the stars at Trophy Point.

Established in 1817, the West Point Band is the Army’s oldest musical organization and continues to provide world-class music to educate, train, and inspire the Corps of Cadets and to serve as ambassadors of the United States Military Academy and the Army to local, national, and international communities.

For concert information, cancellations, and updates, call 845-938-2617 or visit www.westpointband.com.

West Point Band news can also be found by following us on Facebook, Instagram, YouTube and Twitter.

**West Point Spouses’ Club’s Annual Super Sign Up**

**Thursday|Aug 29|6:00-8:30pm**

**West Point Club| 603 Cullum Rd**

**Eat - Drink - Shop - Join**

Grab your neighbors for a night of fun:

**Find out more about exciting events, and clubs within our organization:**

**Shop with local vendors and support our annual philanthropic outreach:**

**Help make an even greater difference in our community - Join WPSCL!**

Interested vendor info/register:
westpointspousesclub.org/super

Avoid the rush, Join online:
www.westpointspousesclub.org

**MOVIES at MAHAN**

Theatre schedule at Mahan Hall, Bldg. 752.

Friday—“Child’s Play,” R, 7:30 p.m.
Saturday—“Annabelle Comes Home,” R, 7:30 p.m.
Aug. 16—“The Angry Birds Movie Part 2,” PG, 7:30 p.m.
Aug. 17—“The Angry Birds Movie Part 2,” PG, 7:30 p.m.

(For movie details and updated schedules, visit http://www.aafes.com/exchange-stores/Movie-Guide/showtimes-West-Point.htm.)

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West Point Band news can also be found by following us on Facebook, Instagram, YouTube and Twitter.
**Babysitting Safety**

Having a babysitter can give you peace of mind. It allows you to leave your child with someone you trust. Be sure your babysitter knows about fire safety. Be sure your babysitter knows what to do if there is a fire.

Show the babysitter your home escape plan and make sure the babysitter understands:
- two ways out of every room.
- where the outdoor meeting place is located.
- the fire department or emergency phone number.
- how to unlock all doors and windows.

If you allow your babysitter to cook, make sure the babysitter:
- keeps your child at least 3 feet away from the stove.
- keeps your child at least 3 feet away from the microwave oven.
- never leaves the room while cooking.
- keeps anything that can catch fire away from the stovetop.
- keeps pots off surfaces and countertops.

If the smoke alarm sounds make sure your babysitter knows to:
- get out of the house quickly with your child to safety.
- use the second way out if smoke is in the way.
- get low and go under the smoke to the exit if an escape must be made through smoke.

Store matches and lighters out of your child’s reach. Candles should not be used by your babysitter.

Make sure your babysitter keeps a 3-foot “kid-free zone” around space heaters.

**REMEMBER**

Always leave the phone number where you can be reached. Cell phones make this easy. Be sure the babysitter knows the address of the home.

**Babysitter Training**

Many places offer babysitter classes. These are online and in the classroom. Some schools and hospitals give training. Classes teach how to care for children. They also teach first aid. They teach CPR. What to do in an emergency is also taught.

West Point Fire Department
x2043 fireprevention@usma.edu

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**Experience the Market**

**Sunday Aug. 11th**

9am–2pm

Main Street, Highland Falls, NY
Next to West Point Visitor’s Center

**Activities & More**
- Grand Mango Caribbean Food
- Book sales
- Vendors: fresh produce, crafts, specialty products

**Kids Center**
- Noon storybook reading
- Coloring books
- chalk drawings
- Bean toss, Twitter
- Kids’ books

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**Vendor List**

**Aug 11th**

**Market Vendors**
Food To Go: Grand Mango Caribbean Foods
R.J.M. Honey: Local honey
Sucre 94: Fine pastries and sweets
SunCommon: solar energy

**Arts & Crafts Vendors**
Amie’s Pretty Points: Scrap quilting
Elie’s Elixirs: Handmade soaps & more
Hat’s Glimmer Candle Bar: DIY candles
Mande B Designs: Jewelry, scarves
The Peddler: Tie dye tees & candles

**Market Vendor Locations**
- Sunday 9am–2pm
Main Street, Highland Falls, NY
Next to West Point Visitor’s Center
West Point 36th Annual
National Night Out

The Directorate of Emergency Services and West Point Family Homes invite the West Point Community to meet the people who keep our communities safe!

Tuesday, Aug. 13, 2019 4-7 p.m.
Rain date - Wednesday, Aug. 14, 2019
Family Fun and Safety
126 Washington Road – Parking at K-Lot (Subway)
Free Food
Army’s Fall Camp kicks off, continues through Aug. 17

The Army West Point Football team has completed six of 14 practices scheduled as head coach Jeff Monken begins his sixth year at the helm. Tickets are still available for all home games at Michie Stadium. The Black Knights start their home season by hosting Rice at 6 p.m. Aug. 30. Army then welcomes Morgan State (Sept. 21) and Tulane (Oct. 5) in back-to-back contests before welcoming San Jose State on Oct. 26. The Cadets will then close out their home schedule with Massachusetts (Nov. 9) and VMI (Nov. 16) in consecutive weekends. Army fans interested in purchasing tickets can do so by calling 1-877-TIX-ARMY or online by going to https://www.armygameday.com/home. The below dates and times for fall practice are subject to change. To get behind the scenes coverage, follow football on Twitter at @ArmyWP_Football and for up-to-date information and videos throughout camp visit GoArmyWestPoint.com.

Remaining 2019 Army West Point Preseason Camp Schedule:
- Thursday, Aug. 8: 2:50 p.m.
- Friday, Aug. 9: 2:50 p.m. (Closed practice to media)
- Saturday, Aug. 10: 2:50 p.m.
- Monday, Aug. 12: 2:50 p.m.
- Tuesday, Aug. 13: 2:50 p.m.
- Wednesday, Aug. 14: 2:50 p.m.
- Friday, Aug. 16: 2:50 p.m. (Closed practice to media)
- Saturday, Aug. 17: 12:15 p.m. (Scrimmage at Michie)

West Point Summer Softball League Standings

STANDINGS W - L
1. STEWART MARINES 17 - 3
2. CLS/PANE 17 - 3
3. GARRISON 16 - 4
4. LRC/DPW 12 - 8
5. MPs/DES 11 - 9
6. MATH 9 - 11
7. ENGINEERS 8 - 12
8. HISTORY/SOSH 8 - 12
9. ODIA 5 - 15
10. DMI/USCC 4 - 16
11. MEDDAC 3 - 17

Current Playoff Results, double elimination series (As of Monday games) —

Lower Bracket:
- 9th seed ODIA defeats 8th seed History/Social two games to none (9-6, 7-5).
- 7th seed Engineers defeats 10th seed DMI two games to none (7-0, 7-0).
- 6th seed Math defeats 11th seed MEDDAC two games to none (10-4, 21-8).
- 7th seed Engineers defeats 6th seed Math two games to none (20-14, 11-10).

Upper Bracket:
- 2nd seed CLS/PANE defeats 3rd seed Garrison two games to none (13-1, 25-15).
- 1st seed Stewart Marines defeats 4th seed LRC/DPW two games to none (20-10, 24-14).
- 3rd seed Garrison defeats 4th seed LRC/DPW two games to none (10-7, 16-2).
- 1st seed Stewart Marines defeats 2nd seed CLS/PANE two games to none (11-1, 20-10).
- 2nd seed CLS/PANE defeats 3rd seed Garrison two games to one (17-7, 10-20, 16-6).

**Final Regular Season Standings.
College Football Performance Awards (CFPA) announced its 2019 preseason watch list for the CFPA National Performer of the Year Trophy and Kelvin Hopkins Jr. is among the nation’s top players.

By Army Athletic Communications

College Football Performance Awards (CFPA) announced its 2019 preseason watch list for the CFPA National Performer of the Year Trophy and Kelvin Hopkins Jr. is among the nation’s top players.

Thirty-four players earned spots on the list, including 2018 CFPA National Performer of the Year Trophy winner Tua Tagovailoa.

This is the Charlotte, North Carolina, native’s fourth preseason honor as he was also added to the Walter Camp Award, Maxwell Award and Davey O’Brien National Quarterback Award watch lists.

Under center last year, Hopkins Jr. became the first player in Academy history to throw and rush for 1,000 yards in the same season.

He also registered five rushing touchdowns in the Lockheed Martin Armed Forces Bowl to tie the Army single-game record.

Hopkins closed out his first year as the primary play caller with 17 rushing touchdowns, which tied Carlton Jones ('06) and Trent Steelman ('13) for a single-season program record.

The 2019 CFPA National Performer of the Year Trophy is a 22-inch K-9 optic crystal tower with eight-inch crystal football on top.

All FBS players are eligible for the award.

The award winner will be announced January 15, 2020.

2019 CFPA National Performer of the Year Trophy Watch List:

Tua Tagovailoa (QB), Alabama
Zac Thomas (QB), App State
Khalil Tate (QB), Arizona
Eno Benjamin (RB), Arizona State
Kelvin Hopkins Jr. (QB), Army West Point
Zach Wilson (QB), BYU
Michael Warren II (RB), Cincinnati
Travis Etienne (RB), Clemson
Trevor Lawrence (QB), Clemson
James Morgan (QB), FIU
Feleipe Franks (QB), Florida
Jake Fromm (QB), Georgia
D’Eriq King (QB), Houston
Nate Stanley (QB), Iowa
Brock Purdy (QB), Iowa State
Brady White (QB), Memphis
Shea Patterson (QB), Michigan
Adrian Martinez (QB), Nebraska
Mason Fine (QB), North Texas
Ian Book (QB), Notre Dame
Nathan Rourke (QB), Ohio
Jalen Hurts (QB), Oklahoma
Justin Herbert (QB), Oregon
Jake Bentley (QB), South Carolina
K.J. Costello (QB), Stanford
Sam Ehlinger (QB), Texas
Kellen Mond (QB), Texas A&M
Alan Bowman (QB), Texas Tech
Greg McCrae (RB), UCF
Jordan Love (QB), Utah State
Ke’Shawn Vaughn (RB), Vanderbilt
Bryce Perkins (QB), Virginia
Gage Gubrud (QB), Washington State
Jonathan Taylor (RB), Wisconsin

Hopkins Jr. earns fourth preseason honor