WITH R-DAY COMING, UNIFORM FACTORY AT FULL SPEED AHEAD

(Above/inset) Greg Brown cuts out a back panel for the long overcoat as the Cadet Uniform Factory prepares for the arrival of the Class of 2023 on Reception Day. (Right) The Cadet Uniform Factory at the U.S. Military Academy makes almost every uniform worn by cadets including the full-dress coat, India Whites, long overcoat and the pea coat. See Page 3 for story and photos on the Cadet Uniform Factory.

PHOTOS BY BRANDON O’CONNOR/PV
DOD survey to help your housing rights

You have the right to BE HEARD with the DOD Housing Survey for the Draft Housing Bill of Rights that will identify the basic rights of service members residing in privatized housing. Your household will receive one survey via email link. The survey will close on July 15. If you don’t receive an email, contact CEL & Associates at:

BillofRightsFeedback@celassociates.com

Check out westpoint.edu/news/all-community-news for more information.

Get your home checked for lead in water, contact BBC

If you would like to test your drinking water for lead please follow these steps:

1. Resident submits a Work Order (WO) to BBC (either via RENTCafé or call 845-446-3570).
2. BBC will provide Resident WO # and contact information to Government Housing Office (GHO).
3. GHO will contact resident (via phone or email) requesting the resident to pick up bottles at the GHO (996 Buckner Loop- adjacent to Subway).
4. The resident will then go to the GHO to receive their bottles and instructions.
5. The GHO instructions include specific details on how to collect the water samples and the timeline to return sample bottles.
6. After the resident returns the bottles, the GHO coordinates with DPW Environmental to pick-up samples at GHO. DPW will then send samples to Army Public Health Center for analysis.
7. It will take approximately 4-8 weeks to get results.

For more information please contact the GHO (845) 938-2500 ext. 1138

Robert H. McMahon
Assistant Secretary of Defense

LED Lighting in West Point Family Homes

If you would like to test your drinking water for lead please follow these steps:

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Robert H. McMahon
Assistant Secretary of Defense
Cadet Uniform Factory performs at high pace as R-Day approaches

With a thimble on her right middle finger, Ester Quiroc works the needle and black thread through the collar of a cadet’s long overcoat. With Reception Day just a few days away, the crunch is on.

The sounds of sewing machines whirl in the background as seamstresses work to complete long overcoats for the Class of 2023. At some stations, the silk lining is being sewn into the heavy wool exterior. Quiroc’s job is to sew the clasp into the collar, a precise task that a machine can’t complete. So, coat after coat she sews by hand.

More than 1,200 new cadets will arrive from throughout the country Monday ready to cast aside the civilian clothes they arrived in and put on the uniform of a U.S. Military Academy cadet for the first time. But before they can be measured, fit and dressed the uniforms must first be made.

In the past 100 years, little has changed about the gray uniforms that have led to graduates of West Point being called the Long Gray Line. The pants and coats are still made of wool and in an age where so much of manufacturing has been automated, the majority of the work is still completed by hand at the Cadet Uniform Factory at West Point.

The Cadet Uniform Factory makes all of the dress uniforms worn by cadets including the long overcoat, dress and full-dress coats, India White uniforms, gray pants and more. In all, the factory produces about 7,800 products each year, not including alterations, fittings and adjusting ranks on items that have already been distributed to cadets.

After R-Day rolls around and one class is given uniforms, work immediately starts on preparing for the next class. The workers started the process of cutting out and sewing pants for the Class of 2023 in August and will start production all over again for the Class of 2024 soon after R-Day.

“On R-Day, the Cadet Uniform Factory has a team of six employees taking body measurements in Thayer Hall which are recorded onto a size card pinned onto the shorts of new cadets and used in subsequent issues to determine the size of garments the new cadet needs,” Joe Weikel, manager of the Cadet Uniform Factory, said. “The rest of the staff is fitting trousers, altering trousers with an average of 400 alterations every R-Day. We deliver all trousers that afternoon so new cadets can march in the parade later on R-Day.”

The work doesn’t stop there either. The seamstresses will continue working to sew coats for all the cadets even after R-Day and making uniforms from scratch for new cadets who don’t fit into pre-sized uniforms. In all, the factory uses more than 50 miles of material and 2,500 miles of thread each year to dress the Corps of Cadets.

The staff at the Cadet Uniform Factory at the U.S. Military Academy makes almost every uniform worn by cadets. They are currently preparing for Reception Day as more than 1,200 new cadets arrive at West Point Monday.

Paralell Johnson sews together a pair of white pants as the Cadet Uniform Factory prepares for the arrival of the Class of 2023 on Reception Day.

Angella Penzato sews chevron striping onto a cadet full-dress jacket belonging to a member of the Class of 2022. The chevron is added prior to the beginning of their Yearling year.
Historic Army Family Love Story: West Point career Soldiers marry, serve and retire together

By Crista Mary Mack
Army News Service

PEARL HARBOR, Hawaii—June 6, 2019, exactly 75 years after Soldiers stormed the beaches of Normandy on D-Day, two U.S. Army officers who began their own careers 27 years and one day prior, by commissioning one another, retired from their individual service to the nation just as they started it, together.

Both Col. Bethany L. Lee, assistant chief of staff, G-1, 9th Mission Support Command, and Lt. Col. Carleton A. Lee, U.S. Indo-Pacific Command J6, became a part of Army history with a combined total of 54 years, 4 months and 8 days of service to the nation. Now, from the deck of the USS Missouri, where the treaty ending World War II in the Pacific was officially signed, they completed their Army careers.

“It’s been a long time since the two of you reported to the cadet command,” Brig. Gen. Douglas Anderson, 9th Mission Support Command commanding general, said. Both retirees are graduates of the U.S. Military Academy at West Point, and Col. Bethany Lee was born at the academy herself, and is one of three sisters, all West Point graduates.

“We were commissioned on the same day, in fact we pinned each others second lieutenant bars on each other, and here we are retiring together today,” Bethany said. The significance of D-Day and retiring on the USS Missouri is, according to Bethany, not lost on her. Her family traces its roots to service to the nation’s Army as far back as the Revolutionary War, Civil War and Spanish American War, across her family the service to the nation is likewise peppered into the conflicts of the past century.

Her Great-great Uncle Howard was himself one of the heroes who parachuted into St. Mere Eglise as part of his two years of combat during World War II.

“This inspiration of Great-great Uncle Howard inspired my father, who then enlisted at age 17 and served for 27 years, 10 years as a combat engineer with the 82nd Airborne, and another 17 as an Army psychiatrist,” Bethany said.

The significance of the USS Missouri also is an important facet to the Lee family tree. Lee’s grandfather, Col. Arthur J. Christiansen, served as an infantry officer and then a cryptologic officer for many years. According to Lee, he was serving in the Philippines in 1942 and was a survivor of the Bataan Death March.

These family stories are but a glimpse into the long and illustrious Army family tree of these retirees, family ties that strengthened their fortitude as both continually gave references and appreciation for the family support they had received throughout their careers.

Both career officers also thanked their three children, the next generation.

“I would like to humbly ask forgiveness from and extend my greatest gratitude to my three children, Regan, Brennan and Kieran, for their support...in this dramatic and circuitous life that we have lived,” Bethany said. “They routinely packed up, said good bye to friends...thank you for your love and support to our continuous service to our nation, from the bottom of my heart.”

Carl also thanked his wife, children and family.

“I would like to thank my wife Bethany as my stalwart partner on this journey for this last 27 years and one day, every decision has been a team effort and I couldn’t have done it without you,” he said. “To the kids, Regan, Brennan and Kieran, you’ve experienced so much more than kids your age, and one day you will appreciate your globe-trotting upbringing. It wasn’t easy, but you are stronger because of it.”

With multiple deployments, exercises, trainings, unaccompanied assignments, alternating shift schedules, three births and multiple moves were all part of their the dual military lifestyle, but both acknowledged that despite the challenges, there was much more to their story.

“With all of the hardships over the years we also experienced many joyous and blessed occasions and have forged life-long friendships that turned into ohana, and mentorships that we never could have imagined or orchestrated of our own accord,” Bethany said.

Both attributed their strength in family to their resilience.

“We went against the grain, following what worked for us as a family rather than what the expected path should have been, (for example) at the six-year mark I left active duty to spend more time with our children,” Bethany stated. Despite leaving active duty, she managed to nevertheless continue an illustrious career.

“I encourage you as you venture on in your own life journeys to take time to mentor others, and as they may encounter bumps along their paths, because you never know what significant impact a relatively little act of mentorship or kindness others can have on other individuals in life,’ she said.

Co-presiding over the ceremony with Anderson was Brig. Gen. Paul F. Fredenburgh III, director, Command, Control, Communications and Cyber (J6), United States Indo-Pacific Command, who thanked Carl for his service, leadership, sacrifice and dedication to family.

“It’s been a great ride, Bethany and I have been married for 27 years and a day, commissioned for 27 years and seven days. This is all we have ever known, it’s going to be weird after today, and I wouldn’t have it any other way,” Carl said.


Photo by Crista Mary Mack
R-Day Rehearsal volunteers needed

Reception Day, or R-Day, is an annual event held at the U.S. Military Academy to receive more than 1,200 incoming cadet candidates to West Point. This process starts Cadet Basic Training and leads the new cadets on a road to becoming members of the Corps of Cadets. Each summer, the cadet leadership must rehearse this complex process that transforms mostly 1,200 civilians into new cadets. The Corps of Cadets needs volunteers from the community to help rehearse and go through the process as if they were arriving on R-Day.

If you are 12 years of age or older and in good health, please sign up and spend Friday at West Point to be part of a storied tradition and help the Corps of Cadets prepare for Reception Day. The online registration is limited to the first 300 volunteers. Individuals who do not have a DOD ID card must enter through Thayer or Stony Lonesome Gates. Please plan to arrive early due to security searches.

All personnel over 16 years of age must be prepared to present a valid identification when entering West Point.

Volunteers should report to Eisenhower Hall no later than 8:30 a.m. on Friday with a completed volunteer agreement form. Parking is available in the vicinity Eisenhower Hall.

The rehearsal begins promptly at 9 a.m. and concludes with lunch in the Cadet Mess Hall from noon-1 p.m. Participants should dress comfortably in proper seasonal attire, bring a water bottle and one piece of luggage/duffel bag no larger than a standard carry-on. Mark luggage with your name to simulate that of a cadet candidate reporting for duty.

You are welcome to bring a snack and carry it in your bag along with a bottle of water. However, you will not be allowed to readily access your bag until the rehearsal is over. Water will be available throughout the rehearsal and the cadets will be aware of the environmental strains on the volunteers.

Your support is greatly appreciated and is a crucial element to the success of R-Day. It is guaranteed to be a fun-filled day that you will remember for years to come.

Please note: If you will be a member of the incoming USMA Class of 2023, you may not participate in this event.

Sign up is currently open at https://candidate.usma.edu/guest/rdayvol/rday_vol_init.cfm. If you have any additional questions after registration or need to cancel, contact Catherine Weidenhof at catherine.weidenhof@westpoint.edu or call 845-938-8686.
Former NFL player visits WPES as part of ‘Fuel Up to Play 60’

Submitted by the West Point Elementary School

West Point Elementary School students enjoyed a visit from former NFL Player Tony Richardson. On June 10, Richardson, a son of a retired Army sergeant major, came to speak as part of the school’s Fuel Up to Play 60 Celebration Ceremony. West Point Elementary School was recognized as a Fuel Up to Play 60 School for the fifth consecutive year.

During a special assembly, Richardson recognized students who participated in the school’s 21st Century Student Leadership, the school’s Move to Learn Team and the 94 students who returned a Fuel Up to Play 60 pledge.

The 94 students pledged to be physically active and eat healthy food. He also discussed with students the importance of living an active lifestyle and eating healthy.

The recognized students then had the opportunity to play basketball with the NFL star and participate in other physical activities in the school’s gymnasium.

Richardson has met with success both on and off the football field. He attended Auburn University, where he started most of his four seasons as a fullback for the team, accumulating 162 carries for 715 yards and nine touchdowns.


Richardson was named a three-time Pro Bowl player in 2003, 2004 and 2007, was a two-time Second-team All-Pro in 2004 and 2007, was named “Whizzer” White NFL Man of the Year in 2010, won the Walter Payton Award in 2010, was named a part of the NFL 2000s All-Decade Team and was inducted into the Kansas City Chiefs’ Hall of Fame.

Richardson received his Bachelor of Education degree in 2000, and later got his MBA from Webster University in 2004. Off the field, Richardson is very involved with local charities.

He hosts the Kansas City chapter of the annual Special Olympics Punt, Pass & Kick competition, and has served as chairman of many charitable organizations and fundraisers.

In 2002, he was nominated by his team for the NFL Man of the Year award. Richardson was elected to the NFLPA executive committee in 2008 for a two-year term.
On June 21, Keller Army Community Hospital recognized the Red Cross volunteers who provided assistance in six different medical departments and the front desk. The 20 volunteers provided an average of 208 volunteer hours per month, and more than 2,500 hours per year. The citation they received reads: “In recognition of the unwavering contributions you make daily in support of Keller Army Community Hospital and the West Point community. Your continuous support and willingness to devote your time has positively impacted the lives of the staff, America’s service members and their families. Your commitment to the American Red Cross volunteer program displays the true meaning of volunteerism and has been a critical contributing factor to the high level of customer service and clinical support provided by the hospital. Please accept our most sincere appreciation for the work you are doing day in and day out.” (Left) (from left to right) Col. Brett H. Venable, West Point Health Service Area/Keller Army Community Hospital commander; Red Cross Volunteer Donald Hahn; and Command Sgt. Maj. Jeremy J. Brockway, West Point Health Service Area/Keller Army Community Hospital command sergeant major, cut a ceremonial cake. PHOTO BY ROBERT K. LANIER, PUBLIC AFFAIRS OFFICER, KELLER ARMY COMMUNITY HOSPITAL
FEATURED ITEM

West Point Community Gymnastics Club Day Camp
The West Point Community Gymnastics Club is offering a gymnastics day camp from 9 a.m.-4 p.m. July 22-26 at the Lou Gross Sports Center. The camp is offered to boys and girls ages 7 and up.

If you have any questions, call Carmine Giglio at 845-938-2880.

ANNOUNCEMENTS

West Point Commissary hours on the Fourth of July
The West Point Commissary will be opened from 9 a.m.-4 p.m. on July 4.

Death Notice for Cadet Christopher J. Morgan
Anyone with debts owed to or by the estate of Cadet Christopher J. Morgan should contact Maj. Owen Tolson, the Summary Court officer for the cadet.

Morgan passed away due to a training accident June 6. Call Tolson at 845-938-5723 or email him at owen.tolson@westpoint.edu.

The Bass Club at West Point
The Bass Club at West Point is accepting new members. The Bass Club shares angling knowledge, conducts tournaments, promotes sustainable fishing and performs community service in support of West Point outdoor recreation.

Membership is open to military, DOD civilians, retired personnel and all West Point community members and retirees.

For more details, contact toddness@aol.com or go to http://pbwimmer.wixsite.com/bassclubatwestpoint.

Mine Torne Road and Stilwell Lake closures
Mine Torne Road and Stilwell Lake will be closed on the listed dates for military training.

- Mine Torne Road—7 a.m.-7 p.m. Wednesday, July 4, 5, 6, 20, 21, 22, 23, 27, 28, 30, 31; and Aug. 1, 4, 5, 6, 7, 8, 9.
- Stilwell Lake—7 a.m.-7 p.m. Wednesday, July 4, 5, 20, 21, 22, 23.

Additional dates will be provided as summer training progresses. For details, contact Alee Lazore at 845-938-3007.

Dinner-To-Go Delivery Service for West Point residents (MWR item)
The West Point Club’s Dinner-To-Go is available Monday through Friday. Place your order by 2 p.m. that day and specify delivery time between 5-7 p.m. or a pick up time between 4:30-6:30 p.m. and pick up your meal at the West Point Club’s Benny Havens Lounge.

Delivery service is available for West Point residents only. Fifteen-minute parking is authorized for dinner pick up in front of the club.

Servings for four or six are available for a nominal fee.

For pricing and menu items, visit thewestpointclub.com or call 845-446-5506/5504.

MWR Sports Summer Volleyball Program (MWR item)
The MWR Sports office will conduct the 2019 Summer Volleyball Program. It is open to all active duty personnel, DOD civilians, retired personnel and all West Point community family members. The program runs only on Thursday evenings through Aug. 15. Games will be played at Arvin Cadet Physical Development Center from 6-8:30 p.m.

For details, call the MWR Sports office at 845-938-3066 or email james.p.mguiness.naf@military.mil.

Morgan Farm Open to the Public (MWR item)
Morgan Farm offers birthday parties and horseback riding lessons, so come check out the farm today.

Host your child’s next birthday party at Morgan Farm with three different party packages to fit your budget.

Morgan Farm also offers riding lessons for beginner through advanced riders. These lessons are suitable for ages 5 and up. Horse boarding is available at the stables for a nominal fee.

For more details, call 938-3926.

EDUCATION and WORKSHOPS

Army Education Center
College courses are offered through the Army Education Center at West Point, located at 683 Buckner Loop. Undergraduate classes:
- Mount Saint Mary College—Call Kathy Yusaf at 854-569-3633 or email kathy.yusaf@msmcc.edu; and
- Saint Thomas Aquinas—Call Gina Erazzo at 854-398-4102 or email gierazo@stac.edu.

Graduate studies:
- John Jay College of Criminal Justice—master’s degree in public administration—Call Jennifer Heiney at 854-446-5599 or email jheiney@jjay.cuny.edu; and
- Long Island University—master’s degrees in school counseling, mental health counseling and marriage and family counseling—Call Mary Beth Leggett at 854-446-3818 or email marybeth.leggett@liu.edu.

Employee Assistance Program
West Point Garrison offers an Employee Assistance Program that provides free and confidential counseling for civilians, family members and retirees.

The program offers services from 7:30 a.m.-4 p.m. Monday-Friday. The EAP is located at 656 Eichelberger Road.

For details, call 845-938-1039.

Army Personnel Testing programs
The Army Education Center at West Point offers Army Personnel Testing programs such as the AFCT, DLAB, DLPT, SIFT through the DA and DLI.

Tests are free of charge to Soldiers. Call the testing center at 845-938-3360 or email gwenn.t.wallace.crr@mail.mil for details or an appointment.

Army Career Skills Program
The Army’s Career Skills Program (CSP) prepares Soldiers for civilian employment through first-class apprenticeships, on-the-job training, job shadowing, internships and employment skills training.

Soldiers are eligible to participate in an Army CSP up to 180 days prior to separation from the Army and after completion of the mandatory five-day SFL-TAP workshop.

The use of permissive temporary duty (PTDY) to attend a CSP more than 50 miles away from the Soldier’s duty station.

For more details, contact Leslie Rose at lrose@rcsc.org or 845-446-3113.

Submit an art design to Holy Innocents’ Church
The Community Garden at Holy Innocents’ Church has a nice, big shed that houses its tools and supplies. The church loves its shed and to make it even more beautiful it is inviting any artist under the age of 18 to submit a design of nature-inspired images to go all around all four sides of the shed.

You may work alone or in a group to create an colorful mural. The gardeners will help paint, but the inspiration is what is needed. If you are interested, submit a color drawing to the church’s email address at highlandswilcomunitygardengroup@yahoo.com. The deadline is Friday. Judging will be by the vestry (board of elders) at Holy Innocents’ Church.

For more details, contact Olga Anderson at 917-509-1200.

Second (Indianhead) Division Association reunion
The Second (Indianhead) Division Association is searching for anyone who served in the Army’s 2nd Infantry Division at any time.

For details about the association and its 98th annual reunion in Tucson, Arizona from Sept. 18-22; contact Bob Haynes at 2idahq@comcast.net or call 224-225-1202.

Grace Baptist Church of Highland Falls services
The West Point family is invited to attend any and all services at the Grace Baptist Church, located at 54 Old State Road, in Highland Falls. The church is close to Thayer Gate.

The church holds services on Sunday morning (Sunday School for all ages at 9:45 a.m.; Worship Service at 11 a.m.), Sunday evening (6 p.m.), and Wednesday evening (7 p.m.), as well as seasonal Bible studies for men, women and college-aged young people. Transportation is provided as needed.

For details on the Grace Baptist Church, visit www.gracebaptistny.org.

Summer Discovery Program at Trailside Museums & Zoo, Bear Mountain State Park
Summer is time for kids to be outside. There’s no better place for your child to spend time in the great outdoors this summer than at Trailside Museums & Zoo.

The Trailside Discovery day program will be your child’s up-close and personal introduction to local wildlife and ecology. They will get their hands dirty. They will have fun. Through hands-on activities and exciting games, children will be immersed in the natural world in engaging and age appropriate ways they are bound to enjoy.

One day during the first three sessions, the group will hike to the Fort Montgomery State Historic Site to learn about local history and what life was like long ago.

For the brochure and registration, visit http://www.trailsidezoo.org/education/trailside-discovery-summer-program.

For more details, contact Chris O’Sullivan at 845-786-2701, ext. 293 or email Chris.Osullivan@parks.ny.gov.

Summer is time for kids to be outside. There’s no better place for your child to spend time in the great outdoors this summer than at Trailside Museums & Zoo.

The Trailside Discovery day program will be your child’s up-close and personal introduction to local wildlife and ecology. They will get their hands dirty. They will have fun. Through hands-on activities and exciting games, children will be immersed in the natural world in engaging and age appropriate ways they are bound to enjoy.

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For more details, contact Chris O’Sullivan at 845-786-2701, ext. 293 or email Chris.Osullivan@parks.ny.gov.
Outdoor Recreation has pricing specials for the month of July. Save on tent and mini log cabin sites for new reservations only and receive 10 percent off your reservation. All who are staying in the month of July will receive one free hour boat ride during their stay (kayak or paddleboard). Valid for Round Pond and Lake Frederick during the month of July. For Military/DOD families only. For more details, call 845-938-2503.

Morgan Farm Summer Riding Camps Registration is ongoing for Morgan Farm Summer Riding Camps. The camps are now ongoing. There are five-day and three-day camps offered for ages 5 and up. For more details, call 845-938-3926.

Recreational Swimming now open
Take advantage of the newest popular outdoor swimming spot this summer—Long Pond Recreational Area, off Route 293. For more information, visit westpoint.armymwr.com/swimming, or call 845-938-2985/3170/5139.

Round Pond Recreation Area open for the season
The Round Pond Recreation Area is now open through November and is located off Route 293, only three miles from Washington Gate. Round Pond offers cabin, campsite and paddle boat rentals. Hours of operation are 9 a.m.-5 p.m. Sunday through Thursday and 8 a.m.-6 p.m. Friday and Saturday. For more details, call 845-938-2503 or visit MWR on the web at westpoint.armymwr.com.

MWR Fitness Center CYS Child Care Co-Op
The MWR Fitness Center Co-Op is looking for new members. The Co-Op is comprised of CYS eligible patrons with children ages 6 weeks to 5 years who are looking to work out while having your child participate in volunteer facilitated in childcare. In exchange for your child’s participation co-op members agree to support other members and assist with the supervision of children during co-op hours. If you are interested, call the CYS Outreach Services Office at 845-938-3969.

YOUTH SERVICES

Junior Golf Clinics
Junior Golf Clinics are available from 1-1:45 p.m. Saturday; July 27; Aug. 10 and 24; Sept. 7 at the West Point Golf Course Driving Range. Clinics are for ages 7-13.

Wilderness Explorers Classes July 9
Wilderness Explorers is a nature discovery program held from 11 a.m.-noon on Tuesdays and Thursdays. The program will run from July 9-25 and is designed to connect youth to nature by encouraging exploration and increasing kids’ comfort with spending time in nature. Classes are at the Happy Mountain Pavilion in the Round Pond Recreation Area. For children Ages 4-10. There is a nominal fee. Register at westpoint.armymwr.com or call 845-938-2503.

Kid’s Bowl Free Program through Aug. 30
Bowling is free for kids at the West Point Bowling Center when they sign-up online for the Kid’s Bowl Free Program. Sign-up is at kidsbowlfree.com/army.

FOR THE FAMILIES

MWR Free Summer Movies Night with Outdoor Recreation
Join Outdoor Recreation for its outdoor movie “Ralph Breaks the Internet” at 9:15 p.m. July 14 at the H-Lot Fields located at 1202 Stony Lonesome Road. Enjoy free movies on a giant inflatable screen. Bring your own blankets and chairs. Movie concessions are available for purchase. For more details, call 845-938-0123 or visit westpoint.armymwr.com.

July is National Parks and Recreation Month
Outdoor Recreation has pricing specials for the month of July. Save on tent and mini log cabin sites for new reservations only and receive 10 percent off your reservation. All who are staying in the month of July will receive one free hour boat ride during their stay (kayak or paddleboard). Valid for Round Pond and Lake Frederick during the month of July. For Military/DOD families only. For more details, call 845-938-2503.

Framing and engraving with West Point Arts and Crafts
The custom framing experts at Arts and Crafts can turn any achievement into a timeless work of art. Choose from more than 500 quality moldings, 450 acid-free mats and opt for UV-protective glass to prevent fading. They also offer engraving for any special occasion. Give them a call for any special engraving items you may have. Arts and Crafts’ easy and quick pricing allows you to design your budget. For more details, call 845-938-4812.

FOR THE ADULTS

Kayak Tours and lessons with Outdoor Recreation Equipment Checkout Center
Visit ODR today and sign-up for one of its many tours or lessons throughout the summer. The checkout center is located at 648 Wilson Road behind the West Point Post Office. Tour Popolopen Creek/Fort Montgomery from 1-5 p.m. Saturday. See the Cold Spring Fireworks from 6:30-9:30 p.m. Sunday. Family-friendly Kayaking from 9 a.m.-1 p.m. Sunday. There is a nominal fee for these classes and tours which include kayak and tour. For more details and to register, call 845-938-0123.

Stand Up Paddle Yoga with Outdoor Recreation Equipment Checkout Center
Sign up today with ODR for Stand Up Paddle Yoga throughout the summer. The checkout center is located at 648 Wilson Road behind the West Point Post Office. Try a class from 10-11:30 a.m. on Saturday and Sunday. There is a nominal fee for these classes which include a paddleboard. For more information and to register, call 845-938-0123.

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Summer Art Camp Artopia Registration
MWR offers Summer Art Camp Artopia Explore-Invoke-Create. Registration is available via Webtrac or in person during Arts and Crafts West Point’s regular business hours. The Art Camp is open to two different grades: Grades 1-4, session 2; July 9-12, Grades 5-8, session 1: through Friday and session 2: July 23-26. Classes are held from 10 a.m.-3 p.m. There is a nominal fee for the camp. For more details, call 845-938-4812 or visit westpointartsandcrafts.com.

West Point Community Fair July 24
The West Point Community Fair is scheduled for 4-6 p.m. July 24 at the West Point Club’s Grand Ballroom. Don’t miss out on this opportunity. Come see what West Point and the Hudson Valley has to offer. This event is open to the entire community to include new military, families and civilians at West Point. See Page 12 ad for more details.

Get your passport and win great prizes. For more details, call 845-938-8186 or visit westpoint.armymwr.com.

Recreational Swimming now open
Take advantage of the newest popular outdoor swimming spot this summer—Long Pond Recreational Area, off Route 293. For more information, visit westpoint.armymwr.com/swimming, or call 845-938-2985/3170/5139.

Round Pond Recreation Area open for the season
The Round Pond Recreation Area is now open through November and is located off Route 293, only three miles from Washington Gate. Round Pond offers cabin, campsite and paddle boat rentals. Hours of operation are 9 a.m.-5 p.m. Sunday through Thursday and 8 a.m.-6 p.m. Friday and Saturday. For more details, call 845-938-2503 or visit MWR on the web at westpoint.armymwr.com.

MWR Fitness Center CYS Child Care Co-Op
The MWR Fitness Center Co-Op is looking for new members. The Co-Op is comprised of CYS eligible patrons with children ages 6 weeks to 5 years who are looking to work out while having your child participate in volunteer facilitated in childcare. In exchange for your child’s participation co-op members agree to support other members and assist with the supervision of children during co-op hours. If you are interested, call the CYS Outreach Services Office at 845-938-3969.

Pizza Delivery Hours
West Point Bowling Center now delivers seven days a week. Delivery times are 3-8:30 p.m. Sunday through Thursday, and 3-9:30 p.m. Friday and Saturday. For delivery, call 938-2140.

FOR THE ADULTS

Kayak Tours and lessons with Outdoor Recreation Equipment Checkout Center
Visit ODR today and sign-up for one of its many tours or lessons throughout the summer. The checkout center is located at 648 Wilson Road behind the West Point Post Office. Tour Popolopen Creek/Fort Montgomery from 1-5 p.m. Saturday. See the Cold Spring Fireworks from 6:30-9:30 p.m. Sunday. Family-friendly Kayaking from 9 a.m.-1 p.m. Sunday. There is a nominal fee for these classes and tours which include kayak and tour. For more details and to register, call 845-938-0123.

Stand Up Paddle Yoga with Outdoor Recreation Equipment Checkout Center
Sign up today with ODR for Stand Up Paddle Yoga throughout the summer. The checkout center is located at 648 Wilson Road behind the West Point Post Office. Try a class from 10-11:30 a.m. on Saturday and Sunday. There is a nominal fee for these classes which include a paddleboard. For more information and to register, call 845-938-0123.

Framing and engraving with West Point Arts and Crafts
The custom framing experts at Arts and Crafts can turn any achievement into a timeless work of art. Choose from more than 500 quality moldings, 450 acid-free mats and opt for UV-protective glass to prevent fading. They also offer engraving for any special occasion. Give them a call for any special engraving items you may have. Arts and Crafts’ easy and quick pricing allows you to design your budget. For more details, call 845-938-4812.
**Keller Corner**

**EFMP In/Out Processing Hours**

The Keller Army Community Hospital Exceptional Family Member Program (EFMP) has established limited hours for in/out processing for active duty members from 9-11 a.m. Monday-Friday.

**KACH Substance Use Disorder Clinic open**

The KACH’s Substance Use Disorder Clinic Care (SUDCC) is open to cadets, active duty service members and beneficiaries who are interested in seeking help independently.

The clinic provides substance use disorder clinical care, including assessment, education, treatment, rehabilitation and aftercare, for cadets, service members and other beneficiaries within an integrated medical and behavioral health model to enhance health and readiness.

It is preferred to have individuals seek education and treatment on their own, in hopes to prevent them from possibly experiencing an alcohol or drug related incident.

Seeking education and treatment independently does not require command involvement or an official enrollment into the program.

The SUDCC is located in Building 656 and you can schedule an appointment by walking in from 8 a.m.-4:30 p.m. Monday-Friday or calling 845-938-7691.

**KACH Nutrition Care provides weight management sessions**

Are you looking to establish a healthier “You” in 2019?

KACH’s Nutrition Care Department can assist you with focusing on weight management.

The Nutrition Care team, which includes dieticians, can assist you with a comprehensive weight management program with a goal of assisting with making permanent changes to your diet, sleeping and activity habits to promote long-term weight loss success.

To schedule an appointment with someone from the Nutrition Care Department, call 845-938-7992 (KACH appointment line) or 845-938-2374 (Nutrition Care Department).

**Help KACH reduce, eliminate “No Shows”**

Keller Army Community Hospital is asking for your assistance in reducing, and eventually, eliminating “no-shows” on missed appointments.

There is a saying in the medical community that “an appointment missed by you, is an appointment missed by two”—1.) the appointment missed by the patient, and 2.) that missed appointment time that another patient could have had.

KACH asks that as soon as you realize you will not make your scheduled appointment, call the Appointment Center at 845-938-7992 or 800-552-2907, or visit [https://www.tricareonline.com](https://www.tricareonline.com), and cancel so we can re-book that slot for another beneficiary.

We thank you for your assistance.

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**MOVIES at MAHAN**

Theatre schedule at Mahan Hall, Bldg. 752.

**Friday**—“Toy Story 4,” G, 7:30 p.m.

**Saturday**—“John Wick 3 Parabellum,” R, 7:30 p.m.

(For movie details and updated schedules, visit [http://www.aafes.com/exchange-stores/Movie-Guide/showtimes-West-Point.htm](http://www.aafes.com/exchange-stores/Movie-Guide/showtimes-West-Point.htm).)

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West Point Band presents ‘West Point Block Party’

The West Point Band’s Benny Havens Band will continue the Music Under the Stars concert series with a performance titled “West Point Block Party,” at 7:30 p.m. Saturday at the Trophy Point Amphitheater.

The Benny Havens Band will kick off the summer with their own A-list playlist, featuring everything from classic rock and pop favorites to old school hip-hop and R&B.

We invite all West Point families and the surrounding community to come out and enjoy an evening of carefree summer fun with live music by the Army’s favorite party band. This concert is free and open to all.

Please RSVP by visiting westpointband.eventbrite.com. Registering for this event allows us to send you up-to-date concert information.

Established in 1817, the West Point Band is the Army’s oldest musical organization and continues to provide world-class music to educate, train and inspire the Corps of Cadets and to serve as ambassadors of the U.S. Military Academy and the Army to local, national and international communities.

For concert information, cancellations and updates, call 845-938-2617 or visit www.westpointband.com.

West Point Band news can also be found by following us on Facebook, Instagram, YouTube and Twitter.

West Point 10-Mile Team

- West Point Team will race at the 35th Army 10-Miler in Washington, D.C. on October 13, 2019.
- Open to Active Duty Military Members stationed at West Point
- Team will compete in the Mixed Military Division (8 team members with at least one female runner)
- Team selection will be based on previous race experience and recent race results
- All interested runners should run the West Point 10K
- Contact Lt. Col. Kathryn Pegues by July 1 to be considered

POC: LTC Kathryn Pegues
kathryn.pegues@westpoint.edu

Independence Day Celebration

The West Point Band will present its annual Independence Day Celebration with fireworks at 7:30 p.m. July 6 at the Trophy Point Amphitheater. In case of inclement weather, this outdoor concert will move to 7:30 p.m. July 7. This annual favorite event is free and open to all, and will feature performances by the West Point Concert Band, the band’s field music group the “Hellcats,” and America’s favorite party band, the Benny Havens Band.

Photo by the West Point Band
ATTENTION: The West Point 5K/10K and Kids Fun Run on June 15 was postponed and now is scheduled for July 13. Go to page 9 for details on the event.
Gibson competes at USATF U20 Championship

Army West Point freshman Jamir Gibson competed at the USA Track and Field Under-20 Outdoor Track and Field Championship June 22 and Sunday. The national competition serves as a selection process for the Pan American Games, which will take place in Costa Rica from July 18-20. The top-two finishers from each event qualify for Team USA. Gibson began his weekend placing fifth in the discus throw with a mark of 56.04 meters. On Sunday, Gibson competed in the shot put, posting a mark of 19.01 meters in the 6kg competition. By finishing third, Gibson will serve as an alternate for Team USA at the U20 Pan American Games. He would travel with the team only in the event of an emergency replacement. To see the full results, visit https://results.adkinstrak.com/meets/3757.

West Point Summer Softball League Standings

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Standings as of Tuesday after the rainouts.

Lachina named to USA Rugby Squad

USA Rugby head coach JD Stephenson announced the roster for the 2019 U.S. Pan American Games Men’s Sevens team June 21. Among the 12 players named was former Army West Point Men’s Rugby captain, Jake Lachina. Lachina captained the men’s rugby team during the 2017-18 season. He was a two-time All-Rugby East player (2016-17 First Team, 2017-18 Second Team), as well as a two-time USA Rugby All-American Honorable Mention (’16-’17,’17-18) recipient. The PanAm Games will take place in Lima, Peru from July 26-Aug. 11. Photo by Army Athletic Communications.
By Matt Faulkner
Army Athletic Communications

Army West Point Director of Athletics Mike Buddie has announced the hiring of Cheryl Milligan as the new head softball coach June 19.

Milligan brings a wealth of experience in collegiate softball as she was the head coach at Division III Tufts University for 15 years before joining Army’s coaching staff last season as an assistant coach.

“I am thrilled that Cheryl will be leading our softball program,” Buddie said. “Her record of success running a national caliber program and her obvious commitment to developing leaders of character made her a perfect fit for our department.”

Under Milligan, Tufts became the first team in NCAA Division III history to win three consecutive national championships from 2013-2015.

“I am very honored to be the next softball coach at Army West Point,” Milligan said. “On behalf of our family, I want to thank Mike Buddie, Dan McCarthy, Wen Chang and the entire search committee for their dedication to this program. The future of Black Knight Softball is very bright, and I look forward to getting started with our amazing cadet-athletes."

The Jumbos played in five of the last eight NCAA Finals in the final eight years of Milligan’s time at the helm. Prior to the three straight national titles, Milligan coached the Jumbos into the NCAA Finals in 2009 and 2012 as well.

Tufts won four straight NCAA Regional/Super Regional championships (2012-15) and six overall during Milligan’s tenure. They earned four New England Small College Athletic Conference (NESCAC) crowns in a span of Milligan’s final five years and 10 in total. Milligan was named NESCAC Coach of the Year four straight times and is an eight-time recipient overall. Her teams have a combined record of 437-124 for an outstanding .779 winning percentage.

In the spring of 2015, Tufts finished 51-0 while capturing the national title. The 7-4 victory over the University of Texas-Tyler in the national final extended Tufts’ NCAA Division III record winning streak to 53 games, dating back to the two wins which clinched the 2014 national title over Salisbury.

The 2015 Tufts team tied the NCAA Div. III record for the most wins in a season (51) with the 2011 Linfield team.

The 2012 team finished tied for fifth nationally and the 2009 squad was fourth. During these years, Tufts had remarkable records of 44-3 (.936) in 2009, 41-7 (.854) in 2012, 46-3 (.939) in 2013 and 47-4 (.922) in 2014 before the prefect season in 2015.

Tufts’ 51-0 record that year is the best in NCAA history, while 2009, 2013 and 2014 all rank among the all-time top 20 for winning percentage.

The 2013 Tufts squad was the first New England team to win the NCAA Softball Championship since Eastern Connecticut State University in 1990. Coach Milligan and her staff were recognized as the National Coaching Staff of the Year at the National Fastpitch Coaches Association (NFCA) convention that year. They won that award for both the 2014 and 2015 seasons as well.

The Jumbos nearly advanced to the NCAA Finals again in 2016. They hosted an NCAA Regional at Spicer Field and advanced to the final round before being eliminated by WPI. Tufts finished with a 30-12 record in 2016.

The Collegiate Women Sports Awards (CWSA) presented Allyson Fournier, a pitcher recruited to Tufts by Coach Milligan and her staff, with the Honda Sports Award as NCAA Division III Athlete of the Year in both 2013 and 2015.

Fournier was a four-time NFCA First Team All-American. Eleven Jumbos earned All-American honors during Milligan’s tenure. She also coached 10 NESCAC Players of the Year. The 2005 Tufts team led the nation in home runs per game with a 1.20 per-game average. Milligan’s recruit Jo Clair is third all-time on the NCAA home runs list with 67 from 2011-14.

A 1995 Tufts graduate, Milligan was a four-year starter at shortstop before joining the staff as an assistant coach for six years at her alma mater. She was promoted to head coach of the Jumbos in July 2003.

She played every inning during her Tufts softball career. Her .377 career batting average is 10th all-time, and she is ninth on the program’s career runs scored list with 119.

Milligan was a member of the class that vaulted the softball program into annual post-season contention. The 1995 team hosted and won the ECAC North Championship, finishing with 31 wins.

Milligan is married to Army’s Associate Head Baseball Coach Jamie Pinzino who serves as the team’s pitching coach. They have a five-year old son, Henry.