**Prevention FAQ**

**Q. What can I do to prevent infection?**

A. Practice the same prevention measures you would for the common cold, including frequent handwashing, sanitizing common surfaces, cough and sneeze etiquette, and social distancing (e.g., stay away from sick people, avoid crowded settings). Additionally, follow all restriction measures put into place in order to limit your exposure to the virus.

**Q. What is recommended for daily cleaning and disinfection?**

A. It is recommended that you practice routine cleaning of frequently touched surfaces (e.g., tables, doorknobs, light switches, handles, desks, toilets, faucets, sinks)

**Q. When should I stay home?**

A. If you are sick, you should stay home; call your provider if you think you might have COVID-19 or your symptoms do not improve. Patients who have COVID-19 will be isolated either in a hospital or at home until their symptoms resolve.
Frequently Used Resources

US Center for Disease Control Corona Virus Response

TRICARE

USMA's Corona Virus Guidance
https://www.westpoint.edu/coronavirus

West Point Garrison Informational Pages
https://www.facebook.com/USAGWestPoint/

www.westpoint.edu/coronavirus

https://www.westpoint.edu/about/public-affairs:pointer-view-archives

Phone Numbers

- KACH Public Health Nursing 845-938-6398 / 4479 / 5832
  **If Public Health is away from office, please call KACH AOD at 845-938-5169 to reach Public Health

- Nurse Advice Line – 1-800-TRICARE (1-800-874-2273)
- Keller Appointment Line – 845-938-7992 (Mon-Fri, 0700-1630) *(screening to occur before entering building)*
- US Army Garrison Emergency Operations Center 1-845-938-6909
- Orange County, NY DEPT of Health -- 845 - 291-2332
- KACH COVID Provider – 845-446-5400
- Cadet Health Clinic is non-operational

Print and post in an easily accessible area