COVID-19 response is an evolving situation. All SOPs, definitions, and protocols contained within this document are subject to change and will be continuously updated in accordance with the latest U.S. Army and public health guidance, regulations, and best practices.
MEMORANDUM FOR West Point Community

SUBJECT: West Point General Order #1

1. This General Order prohibits activities and explains restrictions and responsibilities for personnel and their dependents assigned to the West Point Military Reservation, and any others who are physically on the West Point Military Reservation. This General Order identifies conduct that is prejudicial to good order and discipline, health, and safety of all personnel within the West Point area of responsibility.

2. AUTHORITY. 10 U.S.C. § 7434 (Command and Supervision of the United States Military Academy); 18 U.S.C. § 1382 (Entering Military, Naval, or Coast Guard Property); 42 U.S.C. § 271 (Penalties for Violation of Quarantine Laws); 50 U.S.C. § 797 (Penalty for Violation of Security Regulations and Orders); 10 U.S.C. Chapter 47 (Uniform Code of Military Justice); UCMJ Article 22 (General Court-Martial Convening Authority); Army Regulation 600-20 (Army Command Policy); Army Regulation 27-10 (Military Justice); Department of Defense Instruction 6200.03 (Public Health Emergency Management).

3. APPLICABILITY. This General Order applies to all individuals subject to military orders and individuals stationed, assigned, and/or attached to the West Point Military Reservation. It also applies to all civilian personnel, including employees, contractors, family members, other DOD ID card holders, and visitors who are present on the West Point Military Reservation.

4. This General Order is issued to mitigate the spread of the COVID-19 virus, and to protect the health of the Servicemembers, Civilians, and Family Members who make up the West Point community. In recognition of the growing threat of COVID-19, I declared a Public Health Emergency on 26 March 2020, in accordance with Department of Defense Instruction 6200.03 (Public Health Emergency Management). I call upon all of you to be a part of the solution to this problem. That means exercising common sense, complying with the guidelines set forth in this memorandum, and looking out for one another. Your health and safety are my top priority.

5. RESTRICTIONS ON MOVEMENT.

   a. All personnel who have returned from travel outside the United States since 1 March 2020 have already been ordered to self-quarantine, stay home (or other approved location), on or off West Point, for 14 days from the date of return, monitor
your health, and practice social distancing. Social distancing means staying out of crowded places, avoiding group gatherings, and maintaining distance (approximately 6 feet or 2 meters) from others when possible. Inside the home or lodging, you should practice self-isolation, staying away from family members or personnel who did not travel with you, to include eating meals separately, not using the same latrine, and not sharing communal spaces. You are permitted to conduct outdoor activities such as Physical Training or going to an outdoor park, as long as you practice social distancing. You may not travel or visit any building or public area such as the Commissary, PX, Shoppette, Bowling Alley, nor use public transportation. While quarantined, if you live on West Point, you are not permitted to travel off West Point. While quarantined, if you live off West Point, you are not permitted to enter West Point.

b. Personnel assigned to West Point are not permitted to travel to New York City, New Rochelle, or Kiryas Joel. Personnel assigned to West Point who live in or near New York City, New Rochelle, or Kiryas Joel must have supervisor permission before entering West Point. Supervisors should only permit mission essential personnel to travel to West Point.

c. All personnel who exhibit symptoms of the COVID-19 virus, which include fever, cough, and shortness of breath, are directed to follow the quarantine procedures listed in paragraph 2.a., above. You are also directed to immediately contact the Keller Army Community Hospital help line at 1-800-552-2907 or 845-938-7992 to seek medical assistance if you have not done so already.

d. Any individual subject to quarantine has the right to contest the reason for quarantine. Information supporting an exemption or release can be provided to me or one of my designated representatives. My designated representative will review the information provided, in consultation with public health, medical, and legal personnel, for a final determination on the need for quarantine.

6. Even if you are not symptomatic, and have not returned from international travel, you should practice social distancing. While it is important to find ways to maintain a sense of community, parties, barbeques, and other non-essential gatherings are prohibited.

7. Non-mission essential personnel who are able to telework are required to telework. Non-mission essential civilian employees who cannot telework will take weather and safety leave.

8. All members of the West Point community are expected to be aware of and follow the guidelines set forth by the Garrison Commander regarding COVID-19 quarantine and mitigation efforts. This includes staggered entry times at the start of the duty day in order to prevent backlog at the gates and limitations on the number of people in the Commissary and PX at a given time. I appreciate your patience.
MASP
SUBJECT: West Point General Order #1

9. **OFF-POST TRAVEL.** On 22 March, the State of New York issued an executive order that limits unnecessary gatherings and directs that all employees of non-essential businesses across the state stay at home. While this order limits personal activities taking place outside of West Point, these restrictions DO NOT impact federal employees and contractors in the course of their official duties, including travel to West Point. Similarly, the order does not apply to NAFL employees and sub-contractors working or traveling in the course of their official, West Point related mission.

10. I have directed medical screening of all persons attempting to enter West Point. Anyone wishing to access the installation must be medically cleared to do so. Anyone with a fever or other symptoms of the virus will be denied access or directed to self-quarantine.

11. This memorandum is a punitive order for military personnel and civilian personnel. Violations of these restrictions by military personnel may be punished IAW Articles 84 and 90 of the Uniform Code of Military Justice, or may serve as the basis for adverse administrative action. Violation of these restrictions by civilian personnel may result in criminal or adverse action, to include, but not be limited to, loss of AAFES and Commissary privileges, a bar from the installation, termination of privilege to reside on West Point, and/or being charged with a crime pursuant to Title 18 U.S.C. § 1382, and Title 42 U.S.C. § 271.

12. **EFFECTIVE DATE.** This General Order is effective immediately. It will remain in effect until I rescind it.

\[Signature\]

DARRYL L. WILLIAMS
Lieutenant General, US Army
Superintendent
MEMORANDUM FOR All West Point Military Reservation Personnel

SUBJECT: Declaration of a Public Health Emergency for the United States Military Academy and the West Point Military Reservation

1. The public health situation on West Point involving the novel coronavirus, also called COVID-19, requires immediate action. Based on the Public Health Emergency Officer’s (PHEO) recommendations and my risk analysis, I am declaring a Public Health Emergency in accordance with DoD Instruction (DoDI) 6200.03, "Public Health Emergency Management (PHEM) Within the DoD." This declaration will terminate automatically 30 days from the date of this memorandum unless it is renewed and re-reported or terminated sooner by me or a Senior Commander in the chain of command.

2. The Installation PHEO and applicable U.S. Army Garrison – West Point staff are hereby directed to identify, confirm, and control this Public Health Emergency (PHE) utilizing all the necessary means outlined in DoDI 6200.03. To implement my direction, the PHEO may issue guidance that affects installation personnel and property, and other individuals working, residing, or visiting this installation (e.g., steps to protect personnel health, closing base facilities, restricting movement, or implementing quarantine for select individuals). We have already established the Health Protection Condition (HPCON) level framework that will provide detailed actions specific to this emergency that each person should take to protect their health.

3. The Installation Command team and the PHEO will coordinate activities and share information with Federal, State, and Local officials responsible for public health and public safety to ensure our response is appropriate for this Public Health Emergency. Shared information may include personally identifiable health information only to the extent necessary to protect the public health and safety.

4. Any person who refuses to obey or otherwise violates an order during this declared PHE may be detained. Those not subject to military law may be detained until civil authorities can respond. They may also be removed from this installation. Violators of procedures, protocols, provisions, or orders issued in conjunction with this Public Health Emergency may be charged with a crime under the Uniform Code of Military Justice and under Section 271 of Title 42, United States Code (U.S.C.). Pursuant to Section 271 of Title 42, U.S.C., violators are subject to a fine up to $1,000 or imprisonment for not more than one year, or both.

5. The Point of Contact for this memorandum is LTC Michael Greifenstein, Chief, West Point Department of Public Health at (845) 938-5836.

DARFYLA A. WILLIAMS
Lieutenant General, U.S. Army
Superintendent
MEMORANDUM FOR THE SUPERINTENDENT, UNITED STATES MILITARY ACADEMY

SUBJECT: Justification for Declaration of a Public Health Emergency for the United States Military Academy & the West Point Military Reservation related to COVID-19

1. Reference:


2. DoDI 6200.03 Section 3.1.c. Circumstances suggesting a public health emergency, including the occurrence and imminent threat of an illness with a probability (if unmitigated) of the following:

   a. Widespread exposure to an infectious agent that poses a significant risk of substantial harm to vulnerable individuals, including death.

   b. Health care needs that exceed available resources.

   c. Severe degradation of mission capabilities and normal operations.

3. Local area.

   a. Daily briefings from the Orange County Executive and his Commissioner of Health have indicated at least 663 positive cases of COVID-19 reported today throughout the County, increasing by more than 100 per day for the last several days, with many more cases expected as pending results come back and as more people get tested;

   b. An exponential increase in COVID-19 cases is being recognized as we now experience the “tip of the iceberg” of community transmission, with Orange County’s first fatality reported;
MCUD-PH
SUBJECT: Justification for Declaration of a Public Health Emergency for the United States Military Academy & the West Point Military Reservation related to COVID-19

c. Bars and restaurants closed their dining areas at 8 pm on 16 March (take-out only, and advice not to congregate in waiting areas) per order of the Governor of New York State; other non-essential businesses subsequently closed; multiple social gatherings postponed or cancelled;

d. The County declared a Public Health Emergency with mandatory isolation for positive cases and mandatory quarantine for those who have had direct contact with a test-confirmed positive case;

e. The County is issuing Public Service Announcements of local public places where potential exposure may have occurred to West Point workers and residents, including a Walmart;

f. Local schools and daycare centers are closed for indefinite periods, impacting the workforce of employees needing childcare;

g. Local municipalities serve as "bedroom communities" for New York City (NYC) firefighters and police officers who commute to the city and work in close proximity to many others, with a cluster of COVID-19 cases recently reported by the New York Police Department, potentially leading to additional exposures to families and multiple contacts in Orange County;

h. Neighboring Counties and States surrounding West Point also have confirmed positive cases, with notable outbreaks in Westchester, NYC, and New Jersey.

i. NYC is now recognized as an epicenter of the COVID-19 pandemic, with the NYC Mayor and the NY State Governor asking for medical resources and assistance to cope with this Public Health Emergency;

j. The national Centers for Disease Control and Prevention (CDC) and other public health officials have been encouraging social distancing (6 feet apart) nationwide;

k. POTUS advised limiting gatherings to no more than 10 people, and 14-day quarantine for those who leave NY for other parts of the country;

l. Effective 22 March 2020, the State of New York ordered all non-essential businesses to close, and directed people throughout the State to stay home and practice social distancing.

4. West Point.

a. In addition to nearly 6,000 military members, West Point has about 3,000 civilian employees and about 1,500 contractors who reside off-post, living and traveling throughout Orange County and the surrounding counties and states. Most of the 4,500
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SUBJECT: Justification for Declaration of a Public Health Emergency for the United States Military Academy & the West Point Military Reservation related to COVID-19

USMA cadets and over 200 USMAPS cadet candidates are at home and not at West Point. However, personnel still at USMA/West Point may have had household members commuting to NYC and nearby counties for work and for educational opportunities, in addition to friends and relatives who live in NYC, with frequent visits in both directions, increasing the risk of as-yet-undetected exposures to COVID-19.

b. About five Cadets/Cadet Candidates have been quarantined at West Point, with three of these isolated due to symptoms (though subsequently diagnosed as strep throat). Multiple West Point Service members and their families are currently quarantined at their homes due to international travel. At least three civilian employees have been identified as testing positive for COVID-19, including one firefighter, who may have been in contact with about nine other firefighters. Since testing has not been readily available, more confirmed cases are expected as more people get tested.

c. On 16 March 2020, West Point Public Health was notified that a Child Development Center (CDC) employee was exposed to a person who has been diagnosed with COVID-19. She has since tested negative, but the CDC closure created considerable disruption to the workforce as parents and guardians struggled with childcare.

5. The County Executive of Orange County (NY), the Governor of New York State, and the President of the United States of America have already declared Public Health Emergencies for our county, our state, and our nation, respectively, in order to accrue resources and emergency health powers to fight this international pandemic.

6. As the Public Health Emergency Officer (PHEO), my analysis of the above information justifies issuing a Declaration of a Public Health Emergency to mitigate risks of COVID-19 and protect the West Point Community.

7. The POC for this memorandum is the undersigned at (845) 938-5835 or by email sally.f.dorfman.civ@mail.mil.

3/27/2020

X Sally Faith Dorfman, MD, M... 

Signed by: DORFMAN,SALLY,FAITH,1363826608

Sally Faith Dorfman, MD, MSHSA
Public Health Emergency Officer (PHEO)
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<th>COMMUNITY COVID-19 PLAYBOOK</th>
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<td>COVID RESPONSE</td>
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<td>TERMS AND DEFINITIONS</td>
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<td>SOCIAL DISTANCING AT WEST POINT</td>
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<td>ISOLATION AT HOME</td>
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<td>COVID VS COLD - FLU - ALLERGIES</td>
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<td>EXPOSURE TO COVID?</td>
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<td>HOW TO REPORT FEELING SICK</td>
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<td>COVID SCREENING FORM</td>
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<td>SELF QUARANTINE GUIDANCE</td>
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<td>SCREENING AT WEST POINT GATES</td>
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<td>SPONSORSHIP</td>
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<td>NON- TEST BASED ISOLATION RELEASE</td>
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<td>TEST BASED ISOLATION RELEASE</td>
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<td>IF SYMPTOMS GET WORSE</td>
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<td>27</td>
<td>ACRONYMS AND FAQ</td>
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<td>28</td>
<td>FREQUENTLY USED RESOURCES</td>
</tr>
</tbody>
</table>
**COVID-19 Response Flow Chart**

**1. Individual exhibits COVID-19 symptoms as defined by CDC guidelines**

1. Beneficiary: call KACH appointment line 1-845-938-7992 or Nurse Advice line 1-800-TRICARE
2. Non-beneficiary: call and receive all instructions from own Primary Care provider
3. All: notify chain of command of health status and any restriction of movement orders

**2. Concerns specific to individual’s travel history**

**3. Individual has been exposed to confirmed COVID19 positive test**

**THEN** Chain of Command reports COVID19 Screening Report to EOC

**THEN** Access Control Point (ACP) issue restriction of movement (RoM) to individual AND reports COVID19 Screening Report

**Garrison EOC Key Tasks**
- Track all individuals connected to USMA through the COVID19 Response Process
- Report to USMA tenant units, Housing Office, Garrison Commander, and Superintendent
- Message to community and other stakeholders

**KACH Tasks**
1. Validate restriction of movement orders (quarantine/isolation)
2. Control TM COVID
3. Treat patients
4. Validate rescindment of restriction of movement orders and confirm that individual may return to duty

**Public Health validates** that an individual must remain under ROM

**Public Health validates** suspension of ROM

**THEN** individual’s chain of command notifies individual that he/she may return to duty

- Feels healthy
- Not a danger to community
- May return to duty

*Note: West Point community family members will work through their sponsor and sponsor’s chain of command for all actions associated with COVID19

**Point of Contact: EOC 1-845-938-6909**
<table>
<thead>
<tr>
<th><strong>Social Distancing</strong></th>
<th><strong>Quarantine</strong></th>
<th><strong>Isolation</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Who is it for?</strong></td>
<td>People or groups of people potentially exposed to COVID-19 but not yet showing symptoms of COVID-19.</td>
<td>People known to have an increased probability to be infected with COVID-19 as determined by a health care official.</td>
</tr>
<tr>
<td>Anyone connected to West Point who has not been exposed to COVID-19</td>
<td></td>
<td>The separation of an individual or group infected and/or suspected to be infected with a communicable disease from those who are healthy in such a place and manner to prevent the spread of the communicable disease as determined by a health care official. –DODi 6200.03</td>
</tr>
<tr>
<td>People or groups of people potentially exposed to COVID-19 but not yet showing symptoms of COVID-19.</td>
<td></td>
<td>COVID-19 testing may/may not be performed.</td>
</tr>
<tr>
<td>People known to have an increased probability to be infected with COVID-19 as determined by a health care official.</td>
<td></td>
<td>Healthcare Provider determines “Isolation” status.</td>
</tr>
<tr>
<td>People known to have an increased probability to be infected with COVID-19 as determined by a health care official.</td>
<td></td>
<td>Helps limit the spread of the disease.</td>
</tr>
<tr>
<td>People known to have an increased probability to be infected with COVID-19 as determined by a health care official.</td>
<td></td>
<td>Can take place in the home or hospital. Healthcare providers often send patients to home-isolation when they no longer require medical attention.</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th><strong>What is it?</strong></th>
<th><strong>What is it?</strong></th>
<th><strong>What is it?</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>A day-to-day precautionary measure used by non-exposed people to help prevent the spread of the disease.</td>
<td>The separation of an individual or group that has been exposed to a communicable disease, but is not yet ill, from others who have not been so exposed, in such manner and place to prevent the possible spread of the communicable disease. –DODi 6200.03</td>
<td>The separation of an individual or group infected and/or suspected to be infected with a communicable disease from those who are healthy in such a place and manner to prevent the spread of the communicable disease as determined by a health care official. –DODi 6200.03</td>
</tr>
<tr>
<td>Usually takes place in the home.</td>
<td></td>
<td>COVID-19 testing may/may not be performed.</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Healthcare Provider determines “Isolation” status.</td>
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<tr>
<td></td>
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<td>Helps limit the spread of the disease.</td>
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<thead>
<tr>
<th><strong>When do I use it?</strong></th>
<th><strong>When do I use it?</strong></th>
<th><strong>When do I use it?</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>All the time until further directed by the Superintendent or the Garrison Commander</td>
<td>Based off your recent travel history, displaying symptoms of COVID19, or if you been exposed to someone who has COVID-19 symptoms.</td>
<td>When directed to by a health care official.</td>
</tr>
<tr>
<td></td>
<td>See page 6 for additional details or consult KACH if you are unsure if you should self-quarantine.</td>
<td></td>
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<tr>
<th><strong>How long is it for?</strong></th>
<th><strong>How long is it for?</strong></th>
<th><strong>How long is it for?</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>Until otherwise directed.</td>
<td>14 days after your last exposure, assuming you meet all quarantine release criteria. However, health care officials will make the final determination to release you or a loved one from quarantine. See play 17 for more information.</td>
<td>Until released by a health care official. See pages 18 and 19 for additional information.</td>
</tr>
</tbody>
</table>

Contact your Chain of Command or supervisor if you would like to know more information on Social distancing, Quarantine, or Isolation.
### NOT ALLOWED

- Gatherings of 5 or more people
  - Backyard BBQs with neighbors
  - Unsupervised neighborhood playdates *(Children must not be allowed to get inside of the prescribed 6-ft of social space or touch shared surfaces)*
  - Concerts, festivals, conventions
  - Art galleries and museums
  - Youth clubs and senior centers
  - Weddings and funerals
  - Sit-down restaurants, bars, and coffee shops
  - Gyms and fitness centers
  - Theaters and movie theaters
  - Bowling alleys
  - Hair and nail salons
  - Any travel greater than 60 miles from your home

### ALLOWED

- Gatherings with fewer than 5 people
  - Individual physical training
  - Walking your dog
  - Walking and hiking in small, dispersed groups
  - Small, supervised, outdoor activities for children that allow children to remain separate from other children and minimize the touching of shared surfaces. *(Example: bike riding where children maintain 6 ft of distance between one another and bikes are not shared)*
  - Trips to the gas station
  - Trips to grocery and convenience stores
  - Trips to the pharmacy
  - To-go delivery or drive thru restaurants and coffee shops

For the most up to date information visit [www.westpoint.edu/coronavirus](http://www.westpoint.edu/coronavirus) or [https://www.westpoint.edu/about/public-affairs/pointer-view-archives](https://www.westpoint.edu/about/public-affairs/pointer-view-archives)
What does Quarantine mean for my daily life?

While on quarantine if you develop any symptoms notify your Chain of Command and immediately call your provider. The most important aspect of quarantine is to follow social distancing guidelines and to continually clean commonly touched surfaces while maintaining your personnel hygiene.

NOT ALLOWED

- Gatherings of any kind
  - Person to person interaction without social distancing
  - Attending any event, gathering, or function (School, work, or social)
  - Leaving Post – if you live on post
  - Accessing Post – if you live off post
  - Visiting any public places (playgrounds, parks, stores, public restrooms)
  - Going to the commissary or other shopping areas (a sponsor will deliver groceries and necessities to your home)
  - Driving or riding in vehicles

ALLOWED

- Being outside your home as long as you can maintain social distancing with others
- Walking your dog
- Individual physical training outdoors
- Picking up curbside deliveries / groceries
- Getting mail
- Yard work
- In your home, make sure to clean constantly touched surfaces and if you develop symptoms notify your chain of command and call your provider for more information

For the most up to date information visit [www.westpoint.edu/coronavirus](http://www.westpoint.edu/coronavirus) or [https://www.westpoint.edu/about/public-affairs/pointer-view-archives](https://www.westpoint.edu/about/public-affairs/pointer-view-archives)
What does Isolation mean for my daily life?

You have been directed by your medical provider to be in isolation because you are either displaying possible symptoms of COVID-19 or you have tested positive for COVID-19. You will be assigned a sponsor to deliver any prescriptions and groceries you need. Stay in touch with your Chain of Command and if your symptoms worsen, notify your Chain of Command and call your Provider.

ALL RESIDENTS THAT SHARE A LIVING AREA WITH AN ISOLATED PERSON ARE TO FOLLOW QUARANTINE PROCEDURES

<table>
<thead>
<tr>
<th>NOT ALLOWED</th>
<th>ALLOWED</th>
</tr>
</thead>
<tbody>
<tr>
<td>GATHERINGS OF ANY KIND</td>
<td>REST AND RECOVERY</td>
</tr>
<tr>
<td>❑ LEAVING YOUR HOME, EXCEPT IN AN EMERGENCY</td>
<td>❑ PHONE CALLS AND VIDEO CHATS</td>
</tr>
<tr>
<td>❑ WALKING YOUR DOG</td>
<td>❑ READING, STREAMING, EMAILS</td>
</tr>
<tr>
<td>❑ DRIVING OR RIDING IN A VEHICLE, EXCEPT IN AN EMERGENCY</td>
<td>❑ IF YOU ARE HOME WITH OTHERS TRY TO ISOLATE YOURSELF IN A SEPARATE ROOM</td>
</tr>
<tr>
<td>❑ VISITNG ANY PUBLIC PLACES (PLAYGROUNDS, PARKS, STORES, PUBLIC RESTROOMS)</td>
<td>❑ MAINTAIN YOUR PERSONAL HYGEINE AND CONSTANT DISINFECTING OF COMMONLY TOUCHED SURFACES</td>
</tr>
<tr>
<td>❑ ALL ACTIVITIES NOT ALLOWED IN THE WEST POINT QUARANTINE AND SOCIAL DISTANCING GUIDELINES</td>
<td>❑ STAY IN TOUCH WITH YOUR CHAIN OF COMMAND</td>
</tr>
<tr>
<td>❑ ALL RESIDENTS THAT SHARE A LIVING AREA WITH AN ISOLATED PERSON ARE CONSIDERED ISOLATED ASWELL</td>
<td>❑ IF SYMPTOMS OR CONDITION WORSEN, CALL YOUR PROVIDER</td>
</tr>
</tbody>
</table>

For the most up to date information visit [www.westpoint.edu/coronavirus](http://www.westpoint.edu/coronavirus) or [https://www.westpoint.edu/about/public-affairs:pointer-view-archives](https://www.westpoint.edu/about/public-affairs:pointer-view-archives)
## COVID-19 vs. Cold vs. FLU vs. Allergies

<table>
<thead>
<tr>
<th>Symptoms</th>
<th>COVID-19</th>
<th>COLD</th>
<th>FLU</th>
<th>ALLERGIES</th>
</tr>
</thead>
<tbody>
<tr>
<td>Fever</td>
<td>Common (100°F or higher)</td>
<td>Rare</td>
<td>Higher (100°F-102°F), can last 3-4 days</td>
<td>No</td>
</tr>
<tr>
<td>Headache</td>
<td>Sometimes</td>
<td>Rare</td>
<td>Intense</td>
<td>Sometimes</td>
</tr>
<tr>
<td>General Aches, Pains</td>
<td>Sometimes</td>
<td>Slight</td>
<td>Common, often severe</td>
<td>No</td>
</tr>
<tr>
<td>Fatigue, weakness</td>
<td>Sometimes</td>
<td>Slight</td>
<td>Common, often severe</td>
<td>Sometimes</td>
</tr>
<tr>
<td>Extreme Exhaustion</td>
<td>Sometimes (progresses slowly)</td>
<td>Never</td>
<td>Common (Starts early)</td>
<td>No</td>
</tr>
<tr>
<td>Stuffy Nose</td>
<td>Rare</td>
<td>Common</td>
<td>Sometimes</td>
<td>Common</td>
</tr>
<tr>
<td>Sneezing</td>
<td>Rare</td>
<td>Common</td>
<td>Sometimes</td>
<td>Common</td>
</tr>
<tr>
<td>Sore Throat</td>
<td>Rare</td>
<td>Common</td>
<td>Common</td>
<td>No</td>
</tr>
<tr>
<td>Cough</td>
<td>Common</td>
<td>Mild to Moderate</td>
<td>Common, can become severe</td>
<td>Sometimes</td>
</tr>
<tr>
<td>Shortness of Breath</td>
<td>In more serious infections</td>
<td>Rare</td>
<td>Rare</td>
<td>Common</td>
</tr>
<tr>
<td>Runny Nose</td>
<td>Rare</td>
<td>Common</td>
<td>Sometimes</td>
<td>Common</td>
</tr>
<tr>
<td>Diarrhea</td>
<td>Sometimes</td>
<td>No</td>
<td>Sometimes</td>
<td>No</td>
</tr>
</tbody>
</table>

Source: Kansas Department of Health and Environment, CDC, WHO, National Institute of Allergy and Infectious Diseases, American College of Allergy, Asthma and Immunology
Exposure to COVID-19?

I've been *exposed* to someone…

… who has tested positive for COVID-19

… who is being tested for COVID-19

… who might have been exposed*…

… who has been in close contact with someone ELSE who might have been exposed*

*EXPOSURE

While each case must be considered individually, you can generally consider yourself exposed if you meet the following criteria:

1. Prolonged contact (>greater than 10 minutes) to someone believed to have COVID-19

2. Close, intimate contact (working or interacting in a way that did not allow you to maintain 6 ft of separation) to someone believed to have COVID-19.

3. You did not practice proper hygiene (failure to wash hands, cover cough, etc.) following an interaction with someone believed to have COVID-19 or someone with COVID-19 did not practice good hygiene (i.e. coughed on you)

Self Quarantine, Self Monitor, notify your CoC, AND your provider for more information

Self Monitor AND practice Social Distancing

Practice Social Distancing

Page 9 & 11

Page 3

Page 3
How to report that you feel sick

(Self Report)
Call Your Primary Care Physician

Your Provider will ask you a series of questions to identify your level of risk

Your Provider will advise you:
- No action needed
- Evaluated in person
- Self Quarantine

If you are showing symptoms you will be escorted to:
- KACH screening site
- On post quarters

Or
- denied access and referred to your provider

Notify your Chain of Command / Supervisor

*DO NOT leave your home if you feel sick or exhibit symptoms. If sick – self report. ACP screenings are used as a secondary method for identifying potential risks to the community. They are not a place to purposefully be screened by medical personnel (i.e. have your temperature checked because you don’t have a thermometer at home).
This is the official USMA COVID-19 Screening Form.

The COVID-19 Screening form will be used to track each COVID-19 Situation.

Following the reporting chain on Page 1, this form needs to be turned into either:

**EMAIL Garrison EOC (preferred):**
usarmy.westpoint.id-training.mbx.usag-wp-eoc@mail.mil

or

**USMA EOC x6909**
**KACH EOC x4471**

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### COVID-19 Screening Form

<table>
<thead>
<tr>
<th>Last Name</th>
<th>First Name</th>
</tr>
</thead>
<tbody>
<tr>
<td>Rank</td>
<td>Last 4 SSN</td>
</tr>
<tr>
<td>Unit or Regt</td>
<td>DOB</td>
</tr>
<tr>
<td>Phone Number</td>
<td>Email</td>
</tr>
</tbody>
</table>

1. Have you or someone you have been in close contact (6 feet) tested positive for COVID-19 in the last 14 days?
   - Where and when? ________________ YES NO

2. Have you traveled outside of the United States in the last 14 days?
   - Date Returned? ________________ YES NO

3. Symptoms: fever (>100 degrees), cough, or shortness of breath?
   - YES NO

4. Emergent Symptoms:
   - Severe difficulty breathing YES NO
   - Signs/symptoms of shock YES NO
   - Altered mental status YES NO

5. Severe Symptoms:
   - Fever over (100) YES NO
   - Fast/labored breathing YES NO
   - Shaking/chills YES NO
   - Feeling of inadequate air YES NO
   - Severely ill by report YES NO

6. Disposition To:
   - ☐ Released
   - ☐ Call 911
   - ☐ Self-quarantine at Home (Address: ____________) or Cadets/Single Service Members (602)
     - Date Quarantine End Date: ____________
     - Sponsor Assigned by Chain of Command: ____________
   - ☐ Medical Provider Determination (ie Primary Care Doctor, Nurse Advice Line, etc)
     - Provider Disposition: ____________
     - End Date of Disposition: ____________

Copies of the COVID-19 Screening Form can be found at the end of the playbook.
Self Quarantine Guidance

IF YOU:
1) Are feeling sick or displaying any symptom
2) Have concerns specific to your recent travel history
3) Have been in contact with a person who tested positive for COVID

- Call KACH Appointment Center x7992 or Nurse Advice Line 1-800-TRICARE
- Immediately notify your supervisor / Chain of Command
- Immediately Quarantine yourself and your family in your on-post home. You will be assigned a sponsor by your Chain of Command to assist with any needs
- Continue to monitor your health. Read the CDC Information sheet. If you experience any difficulty breathing, fever, or life-threatening conditions, please call 911 or proceed to the Keller Emergency Room
- Visit https://www.Tricare.mil/coronavirus for more information

Service Member or Family Member living ON West Point

- Call KACH Appointment Center x7992 or Nurse Advice Line 1-800-TRICARE
- Immediately notify your supervisor / Chain of Command
- Immediately Quarantine yourself and your family in your on-post home. You will be assigned a sponsor by your Chain of Command to assist with any needs
- Continue to monitor your health. Read the CDC Information sheet. If you experience any difficulty breathing, fever, or life-threatening conditions, please call 911 or proceed to the Keller Emergency Room
- Visit https://www.Tricare.mil/coronavirus for more information

Service Member or Family Member OFF West Point

- Immediately notify your supervisor
- Seek medical attention through primary care or emergency room
- Follow local, state, federal guidelines for quarantine
- Continue to monitor your health. Read the CDC Information sheet. If you experience any difficulty breathing, fever, or life-threatening conditions, please call 911 or proceed to the nearest Emergency Room
- Visit https://www.Tricare.mil/coronavirus for more information

Civilian living OFF West Point

- Immediately notify your supervisor
- Seek medical attention through primary care or emergency room
- Follow local, state, federal guidelines for quarantine
- Continue to monitor your health. Read the CDC Information sheet. If you experience any difficulty breathing, fever, or life-threatening conditions, please call 911 or proceed to the nearest Emergency Room
- Visit https://www.Tricare.mil/coronavirus for more information

Point of Contact: EOC 1-845-938-6909
Initial screening Questions (THESE QUESTIONS MAY CHANGE AS THE COVID-19 SITUATION DEVELOPS)

1. Have you traveled to or through anywhere outside of the United States in the past 14 days?
2. Have you or someone you have been in close contact with been confirmed to have COVID-19 within the last 14 days?

Secondary Screening station (Temperature taken)

- Fever > 100.0°F
- Cough
- Shortness of breath

Onsite Medical Evaluation Staff:
Record information (Name, Unit, DoD ID#, contact info, Supervisor contact, on post lodging location) for all personnel in this category and forward it to EOC and Keller Public Health team (POC 845-938-6398)

Initial Screening

All No

- Individual Cleared and Released

Any Yes

- Evaluation Tent

Are Symptoms Severe
- 1. Fever over (100)
- 2. Fast or labored breathing
- 3. Retractions (peds)
- 4. Shaking or chills
- 5. Feeling of inadequate air
- 6. Severely ill by report

Are Symptoms Emergent?

- CALL 911

Order to Self Quarantine 14 days pending follow up by KACH COVID-19 Provider OR recommend contact with Health Care Provider
- MP Escort to On Post Qtrs
- Denial of Access and travel to Off Post Residence

Order to Self Quarantine 14 days
- MP Escort to On Post Qtrs
- Denial of Access and travel to Off Post Residence

MPs escort to KACH ED

Denial of Access and referred to local Health Care Provider

Secondary Screening (Temperature Taken)

No

- Call ED COVID-19 Provider

COVID-19 Screening Form

Point of Contact: EOC 1-845-938-6909
Staff and Faculty Gate Screening Protection

**Screeners**—initial screening conducted in open air environment w/ short duration contact

**Upon arrival @ Stony Lonesome Gate 60 min prior to shift**
- Stony pax use POV
- LRC pax use POV
- Thayer pax use POV
- Conduct pre-shift training facilitated by Medics
- Personnel screened as part of training

**PPE**
- Mandatory: Rubber gloves, surgical masks
- Discretionary: personal eyepro

**Procedures**
- follow flow chart
  - 3 questions—yes to any = secondary screening and no temp check
  - temp check—any thing over 100.0 = secondary screening
  - clean thermometer and/or remove and replace cover—for temporal scanners only (IR scanners need to be cleaned before and after shift, or if users change)

**Medical**—secondary screening in prolonged contact

**PPE**
- Mandatory—rubber gloves, surgical masks, eyepro (glasses or faceshield -if faceshield, no mask necessary)
- Discretionary—disposable smock

**Procedures**
- follow flow chart
  - Determine why “yes” answer given to question(s) and verify applicability to “diagnosis”—from passenger side of vehicle
  - Contact KACH ER for determination if patient requires immediate medical care
  - Relay to MPs decision of clear (patient is released), escort req’d (quarantine or to KACH), or deny access (off post quarantine required)
  - Provide list of personnel failing secondary screening to KACH EOC and West Point EOC for follow up by PHEO

**DECON (ALL)**

**During**
- Periodically clean hands with hand sanitizer
- wash hands and change gloves after every restroom visit
- remove PPE, discard, and wash hands before eating
- wash hands prior to interaction with family or public

**After**
- remove PPE, discard, and wash hands before eating
- wash hands prior to interaction with family or public
What to expect if you are placed in Quarantine / Isolation?

You have been directed to Quarantine / Isolation

You need to notify your Chain of Command or Supervisor of your Quarantine / Isolation Status

Garrison EOC is notified by (CoC, Supervisor, or KACH EOC) and they will track your progress through the entire Quarantine / Isolation duration

A sponsor will be assigned to you either from your Chain of Command (CoC) or from the Garrison EOC if your CoC cannot support the sponsorship. For more information on Sponsorship reference the USMA Sponsorship plan.

During your Quarantine / Isolation

- Monitor your symptoms
- Maintain daily communication with your COC
- Continually clean your living area
- Maintain personal hygiene
- Do not use your vehicle
- Do not leave post or attempt to access post (if living off)
- For Quarantine follow guidance on: Page 4
- For Isolation follow guidance on: Page 5

If your condition or symptoms worsen- contact your Provider

In order to be released from Quarantine / Isolation refer to the USMA Release plan.
Tips for Quarantine/Isolation

1. **Stay home** from work, school, and away from public places. If you must go out, avoid using public transportation, ridesharing, or taxis.

2. **Monitor for symptoms** and take your temperature twice daily. If you develop symptoms or a fever, then call your healthcare provider immediately.

3. **Get rest, stay hydrated, and exercise** if possible. If you are able to exercise, do so in your home or yard. Avoid the gym or other locations where you may come into contact with others.

4. **If you have a medical appointment,** call the healthcare provider ahead of time and tell them that you have been exposed to COVID-19.

5. **For medical emergencies,** call 911 and notify the dispatch personnel that you have been exposed to COVID-19.

6. **Take everyday actions** to prevent the spread of germs.
   - Clean your hands often with soap and water for at least 20 seconds or an alcohol-based hand sanitizer that contains at least 60% alcohol
   - Cover your cough/sneeze
   - Avoid touching your eyes, nose, and mouth

7. **As much as possible, stay in a specific room and away from other people** and pets in your home. Use a separate bathroom, if available.

8. **Avoid sharing personal items** with other people in your household, like dishes, towels, and bedding.

9. **Clean all surfaces** that are touched often, like counters, tabletops, and doorknobs. Use household cleaning sprays or wipes according to the label instructions.

10. **Make the best of your time at home** by teleworking if you’re able or catching up on reading, exercising, or other hobbies.
How to effectively clean your home after quarantine

- Wear disposable gloves and discard after use.
- Clean surface daily with soap and water first. Then, use an Environmental Protection Agency registered household disinfectant.
- Use diluted household bleach solutions (where appropriate). See chart for more details.
- Focus on frequently touched surfaces, such as tables, doorknobs, light switches, countertops, etc.
- Consider using a designated, lined trash can for all items related to cleaning/disinfecting. Dispose immediately.
- For soft surfaces, such as carpeted floors, use appropriate cleaners and disinfect with EPA-registered disinfectant.
- Wash clothing and bed linens using detergent and warm water. Wear gloves when handling laundry from an ill person and discard after use.
- Do NOT shake dirty laundry- this minimizes dispersing the virus through the air.
- Clean and disinfect hampers after emptying.
- Avoid sharing personal items, such as towels, blankets, etc.

For more information:
https://www.coronavirus.gov
The Army COVID-19 Information Hotline
1-800-984-8523
Resident is Placed into Isolation/Quarantine

CoC Assigns Sponsor to Isolation/Quarantine Individual

EOC validates with CoC that each individual has an assigned sponsor

Sponsor receives the GC PX Commissary Limit Memo

Sponsor shops and provides groceries/essentials to quarantined/isolated resident until the resident is released from Isolation/Quarantine

With Memo Sponsor Can

- Purchase x#* of Additional Rationed Items at the Commissary
- Purchase x#* Additional Rationed Items at the PX

**X#** of items is equal to **#** of families being sponsored.

***Quarantine/Isolated residents are responsible for reimbursing sponsors for food and supplies.***
**Quarantine Release**

EOC provides KACH EOC with daily list of personnel expected to end quarantine

KACH COVID Provider contacts resident and Issues Quarantine Release Memo then notifies the EOC

Emergency Operation Center

EOC updates the COVID population tracker

EOC Notifies Chain of Command and Housing Office

Return to Duty

- Resident has been in quarantine for 14 days
- Resident has not had a fever for 3 days (72hrs) without fever-reducing medicine
- At least 7 days have passed since symptoms first appeared
- Currently asymptomatic

Point of Contact: EOC 1-845-938-6909
UNCLASSIFIED
Non-Test-based Isolation Release

Resident has been afebrile for 3 days (72hrs) with out fever-reducing medicine  
and  
Resident has Improvement of Respiratory Symptoms  
and  
At least 7 days have passed since symptoms first appeared

EOC provides KACH EOC with daily list of personnel expected to end isolation

KACH COVID Provider contacts resident and Issues Isolation Release Memo

KACH EOC Notifies EOC when resident is formally cleared

EOC updates the COVID population tracker

EOC Notifies Chain of Command and Housing Office

Return to Duty

Point of Contact: EOC 1-845-938-6909
Test-based Isolation Release

Test-based protocol only with Hospital Command approval

- Resident has been afebrile for 3 days (72hrs) with out fever-reducing medicine
- Resident has Improvement of Respiratory Symptoms
- Resident has two consecutive negative nasopharyngeal swabs collected > 24hrs apart.

EOC provides KACH EOC with daily list of personnel expected to end isolation

KACH COVID Provider contacts resident and Issues Isolation Release Memo

KACH EOC Notifies EOC when resident is formally cleared

EOC updates the COVID population tracker

EOC Notifies Chain of Command and Housing Office

Return to Duty

Point of Contact: EOC 1-845-938-6909
If your condition or symptoms are getting worse.

CV-19 Patient Requires Transfer to Higher Level Care

- KACH Transfer Team
- Transfer to Local Facility
- Transfer to Facility outside of Hudson Valley Area
- Transfer to Military MEDCEN

Ground Transport
1. Commercial
2. KACH Ambulance
3. Non-Standard

Air Transport
1. Commercial
2. Orange County 911

2d Aviation Detachment

KACH Patient Admin

TRAC2ES (tracking system)

Point of Contact: KACH PH 845-938-6398
COVID-19 Protect Yourself and Your Family

- Avoid close contact with people who are sick
- Wash your hands often for at least 20 seconds with soap and water
- Ensure all immunizations are up to date, including your seasonal flu shot
- Use hand sanitizer when soap and water are unavailable
- Stay home if you feel unwell and use social distancing by putting space between yourself and others
- Cover your cough/sneeze with a tissue, then throw it in the trash; cough/sneeze into your elbow if tissues are unavailable
- Avoid touching your eyes, nose, and mouth
- Create an emergency preparedness kit

Prevent COVID-19: Take everyday actions to prevent the spread of germs

Point of Contact: EOC 1-845-938-6909
Why a face covering? A cloth face covering is used to trap your own respiratory droplets and limit the possibility of asymptomatic spread of COVID-19 and other respiratory illnesses between healthy persons when in public; now mandated on all DoD installations. If you are ill – stay at home!

Does not replace: Social distancing by all parties, nor does it allow those persons in a Restriction of Movement (ROM) status [Quarantine or Isolation] to again rejoin the general public before being medically cleared from ROM

Who should wear a cloth face covering: all individuals on DoD property, installations, and facilities will wear cloth face covering when they cannot maintain six feet of social distance in public areas or work centers
• Includes: Military Personnel, DoD Civilians, Contractors, Family Members, & Others

Who should NOT wear a cloth face covering: young children under age 2, anyone who has trouble breathing, or is unconscious, incapacitated or otherwise unable to remove the mask without assistance.

When to wear a cloth face covering:
• All public indoor spaces on West Point where social distancing cannot be maintained
• This includes, but is not limited to: PX, Commissary, KACH, all Academic & Administrative Buildings, DODEA Schools and all other indoor public spaces
• When sharing a ride in a POV, GOV, or on Public Transportation with non-family members
• When around vulnerable populations (elderly, immunocompromised, comorbid)

When NOT recommended to wear a cloth face covering:
• At home (on or off-post) alone or with your immediate family
• In your POV alone or while with your immediate family (may need to remove your mask during ID checks at gate)
• While outdoors in open air where you can maintain proper social distancing (doing individual PT, yard work, recreation, or walking your dog)
What to wear:
• Homemade or purchased cloth face covering; see CDC guidance on how to make your own using simple items from around your home
• **Military Personnel**: NO printed wording, profanity, racist, demeaning or derogatory logos, script or imagery; use best judgment when it comes to color, fit and design of face coverings in uniform
• **Civilian Personnel, Contractors, Family Members, Others**: NO profanity, racist, demeaning or derogatory logos, script or imagery

What NOT to wear (CDC Guidance):
• N95 Respirator: medical use only; critical supply items for our healthcare providers treating COVID-19 patients; can restrict breathing & pose a health risk to those not medically cleared to wear a N95 respirator
• Disposable Surgical Masks: medical use only; these items are used to protect medical providers and patients in traditional healthcare settings or when taking care of ill persons at your home.

**How to Wear a Cloth Face Cover:**
Face coverings should—
• fit snugly but comfortably against the side of the face
• be secured with ties or ear loops
• include multiple layers of fabric
• allow for breathing without restriction
• be able to be routinely laundered & machine dried without damage or change to shape

**How to take off your face covering:**
• Make sure to never touch your eyes, nose, or mouth when removing your face covering
• Wash your hands immediately after removing your face covering, before touching other surfaces
• Launder your face covering based on the frequency of wear
The primary purpose of a cloth face covering is to prevent the spread of coronavirus between people interacting in close proximity where social distancing measures cannot be maintained.

To the extent practical, DOD requires all persons on DOD property, installations, and facilities to wear cloth face coverings when they cannot maintain 6 feet of social distance in public areas or work centers (not to include housing).*

* For the guidance, visit https://media.defense.gov/2020/Apr/05/2002275059/-1/-1/1/DOD-GUIDANCE-ON-THE-USE-OF-CLOTH-FACE-COVERINGS.PDF

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**Make a cloth face covering from a t-shirt**

1. 7-8 in.
2. 6-7 in.
3. Tie strings around neck, then over top of head


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**Proper wear and care of cloth coverings**

- Do not place cloth face coverings on children under age 2, anyone who has trouble breathing, or is unconscious, incapacitated, or otherwise unable to remove the covering without assistance.
- Clean your hands with soap and water or an alcohol-based hand sanitizer before and after putting on the cloth face covering.
- Ensure your nose, mouth and chin are covered; ensure the areas around the nose, sides, and chin are tight, but do not restrict your ability to breathe.
- Avoid touching the cloth face covering. Remove by grasping the elastic ear bands or untying. Do not touch the front of the covering.
- Routinely wash by hand, or in a washing machine, using warm water and regular detergent.

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**YOU SHOULD WEAR A SURGICAL MASK:**

- when a medical provider diagnoses you with COVID-19
- if you are caring for someone confirmed to have COVID-19 (both you and the patient should wear masks when in close contact)

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The face coverings recommended are not surgical masks or N-95 respirators. Those are critical supplies that must be reserved for healthcare workers and other medical first responders.
**Sewn Face Cover**

**Materials**
- Two 10"x6" rectangles of cotton fabric
- Two 6" pieces of elastic (or rubber bands, string, cloth strips, or hair ties)
- Needle and thread (or bobby pin)
- Scissors
- Sewing machine

**Tutorial**

1. Cut out two 10-by-6-inch rectangles of cotton fabric. Use tightly woven cotton, such as quilting fabric or cotton sheets. T-shirt fabric will work in a pinch. Stack the two rectangles; you will sew the mask as if it was a single piece of fabric.

2. Fold over the long sides 1/4 inch and hem. Then fold the double layer of fabric over 1/2 inch along the short sides and stitch down.

3. Run a 6-inch length of 1/8-inch wide elastic through the wider hem on each side of the mask. These will be the ear loops. Use a large needle or a bobby pin to thread it through. Tie the ends tight. Don't have elastic? Use hair ties or elastic head bands. If you only have string, you can make the ties longer and tie the mask behind your head.

4. Gently pull on the elastic so that the knots are tucked inside the hem. Gather the sides of the mask on the elastic and adjust so the mask fits your face. Then securely stitch the elastic in place to keep it from slipping.
Cloth Face Covering T-Shirt Tutorial (No Sew)

Required Materials
- T-shirt
- Scissors

1. Cut out 7-8 inches of the T-shirt.

2. Cut two strings 6-7 inches long.

3. Tie the strings around the neck, then over the top of the head.
ACRONYMS

ACP—Access Control Point
APHN—Association of Public Health Nurses
CDR—Commander
CoC—Chain of Command
COP—Common Operating Picture
CUOPS—Current Operations
DPW—Department of Public Works
DES—Department of Emergency Services
EOC—Emergency Operations Center
GC—Garrison Commander
HQDA—Headquarters Department of the Army
KACH—Keller Army Community Hospital
LNO—Liaison Officer
LOR—Level of Risk
PAD—Patient Administration
PAO—Public Affairs Office
PAX—Passenger
PPE—Personal Protective Equipment
RTO—Radio Telephone Operator
RTD—Return to Duty
SITREP—Situation Report
UTC—Until Complete
WARNO—Warning Order

Prevention FAQ

Q. What can I do to prevent infection?

A. Practice the same prevention measures you would for the common cold, including frequent handwashing, sanitizing common surfaces, cough and sneeze etiquette, and social distancing (e.g., stay away from sick people, avoid crowded settings). Additionally, follow all restriction measures put into place in order to limit your exposure to the virus.

Q. What is recommended for daily cleaning and disinfection?

A. It is recommended that you practice routine cleaning of frequently touched surfaces (e.g., tables, doorknobs, light switches, handles, desks, toilets, faucets, sinks)

Q. When should I stay home?

A. If you are sick, you should stay home; call your provider if you think you might have COVID-19 or your symptoms do not improve. Patients who have COVID-19 will be isolated either in a hospital or at home until their symptoms resolve.
Frequently Used Resources

US Center for Disease Control Corona Virus Response

TRICARE

USMA's Corona Virus Guidance
https://www.westpoint.edu/coronavirus

West Point Garrison Informational Pages
https://www.facebook.com/USAGWestPoint/

www.westpoint.edu/coronavirus

https://www.westpoint.edu/about/public-affairs:pointer-view-archives

Phone Numbers

- KACH Public Health Nursing 845-938-6398 / 4479 / 5832
  **If Public Health is away from office, please call KACH AOD at 845-938-5169 to reach Public Health

- Nurse Advice Line – 1-800-TRICARE (1-800-874-2273)
- Keller Appointment Line – 845-938-7992 (Mon-Fri, 0700-1630) (**screening to occur before entering building**)
- US Army Garrison Emergency Operations Center 1-845-938-6909
- Orange County, NY DEPT of Health -- 845 - 291-2332
- KACH COVID Provider – 845-446-5400
- Cadet Health Clinic is non-operational

Print and post in an easily accessible area
COVID-19 Screening Form Medic Tent

Last Name:___________________________________________
First Name:___________________________________________
USCC RGT/CO or Unit :_________________________________
Rank:_________________________________________________
Last 4:_______________________________________________
DOB:_________________________________________________
Date/Time:____________________________________________
Phone #:_____________________________________________

1. Have you been exposed to or in close contact (6 feet) with someone who tested positive for COVID19 in the last 14 days?
   Where and when?______________________ YES NO

2. Have you traveled outside of the United States in the last 14 days?
   Date Returned?______________________ YES NO

3. Symptoms: fever (>100 degrees), cough, or shortness of breath?
   YES NO

4. Emergent Symptoms:
   a. Severe difficulty breathing YES NO
   b. Signs/symptoms of shock YES NO
   c. Altered mental status YES NO

5. Severe Symptoms:
   a. Fever over (100) YES NO
   b. Fast/labored breathing YES NO
   c. Shaking/chills YES NO
   d. Feeling of inadequate air YES NO
   e. Severely ill by report YES NO

6. Disposition To:
   □ Call 911
   □ Self-quarantine at Home (Address:___________________) or Cadets/Single Service Members (662)
     ▪ Date Quarantine End Date:____________________
   □ Call ED COVID-19 Provider (845-446-5400)
     ▪ ED Provider Disposition: __________________________
       ▪ End Date of Disposition:________________________

MEDICAL Personnel Only
MEMORANDUM FOR XXXX

SUBJECT: Approval to Exceed Commissary and Exchange Rationing Limits

1. The Above named Soldier and family members listed below are authorized to shop above set family limitation set in the Commissary and Exchange in order to support families that have been placed in quarantine and/or isolation. The Commissary and Exchange will have a roster of number of families supported to adjust your limits accordingly.

2. In order to purchase items above ration limits at the West Point Commissary and/or Exchange you must provide your valid ID card and a copy of this letter. This will entitle you to purchase a quantity of rationed items commensurate with the number of families you are currently sponsoring. As quarantine numbers change your limits will further adjust if necessary during this period of hardship. If there is a discrepancy between what you believe the number of families you are supporting and the list the Commissary and/or Exchange is showing call the Garrison XO, at 845-938-2319.

3. This authorization also extends to your authorized dependents who have been identified below by your current Organization:

   a. 

4. POC for this action is the Deputy to the Garrison Commander, at (845) 938-4268.

HARRY C. MARSON, V.
COL, SF
Commanding
MEMORANDUM FOR ____________________________

SUBJECT: Quarantine/Isolation Restriction of Movement (ROM) Order

1. The continued spread of COVID-19 in the New York Area has affected operations for the USAG-West Point community. We all have a responsibility to do our part to contain the spread of the virus and protect each other.

2. Due to your recent international travel, exposure to an individual who has a confirmed positive COVID-19 test, and/or the fact that you are experiencing symptoms common to COVID-19, you are ordered to self-quarantine or self-isolate under Restriction of Movement (ROM) conditions in your quarters.

3. If you are a Service Member (SM), you are ordered to stay in your quarters until the date that will be determined by a medical provider. This memorandum is a punitive order for military personnel. Violations of these restrictions may be punished IAW Article 84 and 92 of the Uniform Code of Military Justice, or may serve as the basis for adverse administrative action.

4. If you are a civilian (employee, family member, contractor, etc.), you are ordered to self-quarantine or self-isolate in your quarters until the date that will be determined by a medical professional. Violation of the procedures, protocols, provisions, or the order detailed in this memorandum may result in adverse action, to include, but not limited to, loss of AAFES and Commissary privileges, a bar from the installation, or being charged with a crime pursuant to Title 18 U.S.C. § 1382 and Title 42 U.S.C. § 271.

5. When quarantined in your quarters, practice social distancing, avoid close contact (less than 6 feet for more than 10 minutes), avoid sharing personal items, and avoid any cross-contamination. You are permitted to conduct outdoor activities alone, as long as you maintain social distancing. You may not travel to or visit public areas such as the Commissary, PX, Shoppette, Bowling Alley, or any other public area on the installation or off the installation, or use public transportation. While quarantined, if you live on West Point, you are not permitted to travel off West Point. While quarantined, if you live off West Point, you are not permitted to enter West Point.

6. Name: ____________________________  Last 4 of SSN: ____________________________

7. Address: ____________________________

Email: ____________________________  Phone: ____________________________

8. Date of last possible exposure: ____________________________

9. The length of time in quarantine ROM is 14 days from last possible exposure. For anyone who develops symptoms or tests positive for COVID-19 during quarantine, or was ordered to isolate, the length of time for ROM may vary.
a. Unless otherwise directed, for SMs, residents and Keller Army Community Hospital (KACH) beneficiaries, KACH medical professionals will determine the length of time you are under ROM conditions.

b. For off-post, non-military and non-KACH beneficiaries, including DoD civilians and contractors, KACH Occupational Health professionals will provide a return to duty memo once your local County Health Department or personal healthcare provider has provided you documentation releasing you from quarantine or isolation ROM.

c. Individuals that have been banned from entering West Point due to a COVID-19 reason and have no professional work relationship to West Point, a medical professional or County Health Department must provide documentation to the individual in order to enter West Point.

10. Service Members’ chains of command will be notified of this order. Service Members should also contact your chain of command and your supervisor. Your supervisor will designate a sponsor to assist with food and deliverables until this order is lifted or expires.

11. All civilian employees and contractors should also contact your supervisor to relay information regarding this quarantine/isolation ROM order. Your supervisor may designate a sponsor to assist with food and deliverables until this order is lifted or expires.

12. Provide your supervisor any additional information regarding your medical status and your ability to return to duty.

13. Call the Keller Army Community Hospital help line at 1-800-552-2907 or 845-938-7992 if your condition worsens or to seek additional information.


15. Point of contact for this memorandum is LTC Brian Heverly, Director of Emergency Services, at 845-938-8131, or email at brian.d.heverly.mil@mail.mil.

HARRY C. MARSON V
COL, SF
Commanding