



## Honoring MLK

(Above) Krewasky A. Salter was the guest speaker at the Martin Luther King, Jr. Birthday Observance Jan. 17 at the West Point Grand Ballroom. Salter is a retired Army colonel and former military history professor at the academy who is now an associate curator, project historian and military subject matter expert at the Smithsonian Institution, National Museum of African American History and Culture. He is also the co-founder, president and CEO of 4K Enterprises, LLC, which is an academic research and development small business. The theme at this year's MLK observance was, "Remember! Celebrate! Act! A Day On, Not A Day Off! The event was well attended despite a snowstorm that caused a Code Red/Code White the day of the observance.

PHOTO BY SGT. 1ST CLASS SADIE ROUTZAHN/USMA PAO

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The week that was included a snowstorm (below) and a three-day government shutdown.



PHOTO BY MICHAEL LOPEZ/DPTMS VID

# Gellman honored for her work planning National Night Out

Story and photo submitted by LifeWorks

Jodi Gellman, LifeWorks coordinator at West Point Family Homes, has been honored for her work for West Point's 2017 National Night Out, a nationwide community event that brings together residents and emergency personnel, with a goal of strengthening the relationship between those who live in the community and those who serve them.

Gellman planned and led the fun gathering for more than 400 residents on Aug. 1, 2017, as she executed the 34th annual event, with partnership from the Department of Emergency Services.

The National Association of Town Watch recently recognized 1st Lt. Nicholas Milby, Gellman and West Point DES for "Outstanding Participation in America's Night Out Against Crime."

Noting that Gellman was instrumental in winning this prestigious award, DES asked her to accept the award on their behalf, along with members of DES, who will retain the award.

"National Night Out enhances the relationship between neighbors and law enforcement, while bringing back a true sense of community," Gellman said. "It was such a great honor to receive the award for this fantastic event."

Several local agencies participated in the event by providing information and meeting with residents, including the game warden, FBI, local fire department, military police investigators and Criminal Investigative Division, school resource office and the sheriff's department.

Other local organizations including the Red Cross and West Point's Youth Center supplied popcorn, cotton candy and games.

The Red Cross also brought along its therapy dogs to the event.

Guests enjoyed listening to music spun by a local DJ, ate frosty snow cones, participated in contests to win a variety of prizes, jumped in the bounce house, completed in a scavenger hunt and took their turns dunking the firefighters



The National Association of Town Watch recently recognized 1st Lt. Nicholas Milby (second from left) and Jodi Gellman, LifeWorks coordinator at West Point Family Homes (second from right), and West Point Directorate of Emergency Services for "Outstanding Participation in America's Night Out Against Crime." Also in the photo are Col. Andrew Hanson, garrison commander, and Command Sgt. Maj. Roderick Taylor, garrison command sergeant major.

in the dunk tank.

They also had the chance to peruse the Lending Library for new books to borrow—another project that Gellman had created in 2017.

She collected more than 2000 books to fill the shelves of this new community feature.

Gellman has been a LifeWorks coordinator for West Point Family Homes for more than 10 years, consistently raising the bar for resident

wellness events in her community. She often hosts events such as music classes, field trips to local museums and crafts for her residents. In 2017 alone, she hosted more than 4,700 residents at her events.

Gellman is a dedicated leader and one of the top performers of Balfour Beatty Communities' LifeWorks program, which strives to build a sense of community in BBC-managed military housing communities across the country, hosting more than 105,000 residents in the 2017 calendar year.

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## **RMC cadets attend classes at West Point during RMC Weekend**

Officer cadets from the Royal Military College of Canada (right) attended classes with West Point cadets in an annual weekend exchange between the two countries' academies Jan. 19-21.

PHOTOS BY CLASS OF 2019 CADET SAMANTHA PRICE



# Exchange director/CEO brings leadership lessons to West Point

By Julie Mitchell  
Exchange Service Media Contact

Army & Air Force Exchange Service Director/CEO Tom Shull's passion for serving brought him back to the U.S. Military Academy, where he gave leadership lessons to cadets and saw how the Exchange benefit is serving the community at his alma mater.

During his Jan. 17-18 visit, Shull, USMA Class of 1973, met with Col. Mark Bieger, chief of staff; Col. Andrew Hanson, USAG West Point commander; Col. Tom Hansbarger, director of cadet activities; and Maj. Justin Miller, secretary of the general staff; to discuss Exchange support at USMA.

"My dad, who spent 30 years in the Army, used to say, 'As long as my family is taken care of, I'm all in for the Army,'" Shull said. "The Exchange plays a critical role in troop readiness and resiliency. Our team is all in to support the West Point community."

Shull's business acumen and passion for taking care of military families have been the foundation to the turnaround of the 122-year-old Exchange benefit. The former Soldier, infantry company commander and retail expert applied private-sector business practices to improve the Department of Defense's oldest and largest military exchange service.

During his military career, Shull taught leadership at USMA for two semesters. Last week, Shull shared business and management insights related to the Exchange's turnaround with Capt. Steve Fennessy's class on Fundamentals of Accounting (Business Management Program).

Shull also spoke with cadets in the West Point Leadership Center's Black & Gold Forum, imparting lessons from his time in the Army and the commercial sector.

"Think about what you don't know and how you can find out the facts," Shull told cadets. "Don't be embarrassed to ask for advice. Be ready to listen. In the heat of the battle, that's when listening matters most."

Shull also visited associates at West Point's main Exchange. Under his leadership, the Exchange continues to improve to meet the community's needs. The store's BE FIT center supports readiness and resiliency with tax-free military-exclusive pricing on athletic clothing and shoes.

In the mall, 5 Star Nutrition, a sports nutrition shop, opened recently, and PenFed Credit Union will hold its grand opening this week. USAA is expected to open this spring.

"West Point represents the future of our Army," Shull said. "The Exchange works hard to deliver an exceptional experience to make this community even stronger."

By intensifying national brands, growing concessions and Express stores, transforming **ShopMyExchange.com** and reducing costs, the Exchange has produced significant improvements to the in-store and online customer experience as well as additional earnings and dividends for critical military



**Tom Shull, USMA Class of 1973 and director/CEO of Army & Air Force Exchange, returned to his old stomping grounds at USMA Jan. 17 to discuss business management and leadership to our Fundamentals of Accounting class.**

PHOTO BY KATHY EASTWOOD/PV

quality-of-life programs including military uniforms at cost, school lunches below cost for warfighters' children overseas, child development centers, youth programs, fitness centers and career opportunities for spouses, veterans and wounded warriors (the Exchange has hired 1,000 wounded warriors since 2010—second only to the Army).

Every dollar of Exchange earnings goes back to support Soldiers, Airmen and their families. In 2016, the Exchange generated nearly \$400,000 in dividend support at West Point. Exchange support totaled \$225 million worldwide in 2016.

The West Point Exchange created a ship-from-store service in October for items ordered on **ShopMyExchange.com** to be delivered faster. This new offering is key to the Exchange's effort to welcome home 18 million honorably discharged veterans with a lifelong, online military exchange benefit through the veterans online shopping benefit. **ShopMyExchange.com** offers the same tax-free shopping and military-exclusive pricing found at brick-and-mortar Exchanges.

The veterans online shopping benefit is deeply personal to Shull, who recalled his time as a platoon leader and company commander at Fort Carson, where Soldiers had recently returned home from the Vietnam War.

"There are many generations of service members who have not been properly recognized," Shull said. "This new benefit acknowledges their service and welcomes them home."

During his visit, Shull thanked West Point Exchange associates for serving with passion and doing their part to make life better for members of the USMA community.

"Since 1895, the Exchange has provided a lifeline to America's service members and their families," Shull said. "Around the world, 85 percent of our associates have a connection to the military. The Exchange truly is family serving family."

## 2017-18 cadet club activities



**Crew:** The Army Crew team traveled to Kingston, Ontario to compete in its annual indoor rowing competition against the Royal Military College Jan. 19-20.

Each year, the teams switch off hosting the competition as well as an exchange in which members of the visiting school shadow a host cadet for the day.

This year, the team sent members to compete in six events: Novice Men, Coxswains, Varsity Women, Varsity Men (2 heats), and a mixed relay. While RMC narrowed the margin to less than three minutes, the Army Crew team once again won the competition with the fastest times overall.

**Alpine Skiing:** During the weekend of Jan. 12-13, the United States Collegiate Ski and Snowboard Association hosted its first race of the season at Camelback Mountain in Tannersville, Pennsylvania.

The USMA Alpine Ski Team took 14 competitors to the event, competing in Alpine Skiing—Giant Slalom and Slalom for both men and women, Freestyle Skiing—Rail Jam and Slopestyle for men, and Freestyle Snowboarding—Rail Jam, Slopestyle and

Giant Slalom for men and women.

The team had a good showing in all disciplines despite the harsh conditions present over the weekend. The weather on Friday was 60 degrees and raining, followed by 20 degrees on Saturday, which resulted in icy conditions and the cancellation of the Slopestyle competition.

The men finished third and second in Giant Slalom and Slalom, respectively. Leading the way in GS was Class of 2018 Cadet Sawyer Harkins with a third-place finish with a run of 35.61.

Class of 2020 Cadet Yale Flanagan finished fifth in Slalom with a combined time of 1:13.81. On the women's side, Class of 2018 Cadet Blaise Paulo was quickest on both runs with an eighth-place finish in GS at 42.18, and 14th in Slalom with a combined time of 1:51.91.

In Freestyle Skiing, Class of 2020 Cadet Aidan McCarthy took second in Rail Jam, and Class of 2020 Cadet Julia Coon placed first in Rail Jam in women's freestyle Snowboarding.



**Catholic Chapel Group:** Led by the Cadet-in-Charge, Class of 2019 Cadet Evan Delvaux, Cadets of the West Point Catholic Chapel along with Naval Academy Midshipmen, attended the opening mass for the National Prayer Vigil for Life in

Washington D.C. and toured the National Cemetery in Arlington, Virginia, Jan. 18-19.

Cardinal Timothy Dolan, the archbishop of New York, celebrated the annual Mass for Life Jan. 18 at the Basilica of the Shrine of the Immaculate Conception, Washington, D.C.

The cadets also got a tour of the Archdiocese of Military Services offices at the Cardinal Edwin O'Brien Pastoral Center and celebrated mass with Timothy P. Broglio, the archbishop for the Military Services.

This trip section gave all cadets the opportunity to reflect on two principles that are fundamental to our military profession: the intrinsic value of all human beings and the defense of human life.

## FEATURED ITEM

### We need dealers! Can you help?

The West Point Spouses' Club Casino Night fundraiser will take place from 6-11 p.m. Feb. 23 in the Eisenhower Hall Ballroom. The theme of the event this year is "Masquerade," so masks are encouraged.

It will once again be a fun evening of gaming, food, live entertainment, prizes and a silent auction.

However, to make that work, the WPSC is in search of volunteer dealers for blackjack, craps and roulette.

The Spouses' Club hopes to raise money through this event for grants and scholarships, which will later be allocated to members of West Point and the local community.

Volunteers can choose one or multiple hours to work. Sign up for one or as many time slots as you would like to at <http://www.signupgenius.com/go/4090e4eada82ba1f58-casino>.

No experience? That's OK. There is online training videos, game rules and a live training session/refresher from 5-6 p.m. the night of the event.

All attendees, including volunteers, need to purchase a ticket. Ticket purchase includes gaming chips, one game credit, live entertainment, food and non-alcoholic drinks—just for one or more hours of volunteer work.

Ticket purchases can be made at <http://westpointspousesclub.com/casino-night/>.

## ANNOUNCEMENTS

### DUSA Community Grants Application

Daughters of the United States Army is currently accepting applications for the 2018 Community Grants program.

Applications are available at the DUSA Gift Shop in the West Point Museum. The applications are due by Feb. 16.

### Department of Physical Education community fitness sessions

The Department of Physical Education is continuing its community fitness sessions during the winter.

The next general fitness activities and locations are Olympic Weight Lifting, Feb. 22 at the Buckner Functional Fitness Room, basement of Arvin Cadet Physical Development Center; and Combatives, March 21 at the Combatives Room, second floor of Arvin Cadet Physical Development Center.

### West Point Half Marathon

The Army West Point Marathon team is hosting the eighth annual West Point Half Marathon Fallen Comrades Run at 9 a.m. March 25 at West Point. A Kids Run is scheduled for 9:20 a.m.

The race includes chip timing, a technical race shirt, finisher's medal, post-race snacks and category prizes.

To register, visit <https://runsignup.com/Race/NY/WestPoint/FallenComradesHalfMarathon>.

### Volunteers needed for new West Point Visitors Center

The newly-renovated Malek West Point Visitors Center is now open.

The center is seeking volunteers to assist at the visitors information desk at the center. Volunteers will answer questions and provide general information pertaining to West Point and directions to the area, facilities and services within the Visitors Center.

The volunteers will also assist visitors with utilizing the information kiosk and provide information on exhibits and film times. If you are interested in the exciting opportunity to serve in the hospitality field, contact Lt. Col. Leonard Draves at 845-938-1656 or email [leonard.draves@usma.edu](mailto:leonard.draves@usma.edu).

### Tax Center seeking volunteers

The West Point Tax Center is looking for volunteers to assist with tax return preparation and administrative assistance during

the tax season (January-April 2018).

Volunteers are asked to work at least two half-days each week. Volunteers receive all necessary training and obtain valuable work experience. The center is also seeking volunteers to assist with administrative support during the tax season. No tax training is required.

For more details, contact [david.presley@usma.edu](mailto:david.presley@usma.edu) or call 845-938-6507.

### Substitute teachers needed in HFFM District

The Highland Falls-Fort Montgomery Central School District seeks substitute teachers in all content areas and grade levels to work in the 2017-18 school year.

New York State certification is preferred, but not mandatory. Applicants should have at a minimum, a high school degree. Applicants should have a happy, positive, nurturing personality and enjoy working with students.

Candidates will also be required to provide New York State TEACH fingerprint clearance.

Applicants should apply through the online application system at [www.olasjobs.org](http://www.olasjobs.org).

### Instrument drive

Have instruments that you don't use or need anymore? The Highland Falls Intermediate School Band program needs your help. Contact [musicalinstrumentdrive2017@gmail.com](mailto:musicalinstrumentdrive2017@gmail.com) if you have a used instrument that you would like to donate.

Instruments needed include flute, trumpet, clarinet, tuba, trombone, any saxophone, bassoon, bass clarinet, oboe, French horn or percussion instruments.

### West Point Lending Library

The West Point Community Lending Library at 126 Washington Road is located on the second floor.

WPFH library has a variety of books to choose from, such as children's books, drama, history, mystery, best sellers, biographies, etc. The library is now open during business hours everyday and is ready for visitors to come check out books, study, do homework or stay and enjoy its tranquil reading room.

### Little Free Library

Hazel Calway, a fifth grader at West Point Middle School and an avid reader, started a Little Free Library, located at 306D Alexander Place on West Point.

The purpose of the LFL is to share books, bring people together and create communities of readers.

The Little Free Libraries are small, front-yard book exchanges numbering 50,000 around the world in 70 countries.

The mission of the LFL is to encourage children to read during the fall months. Hazel's LFL is open 24 hours, seven days a week. To learn more, visit [littlefreelibrary.org](http://littlefreelibrary.org).

### The Bass Club accepting new members

The Bass Club at West Point is accepting new members. Membership is open to military, DOD civilians, veterans of the armed forces and their dependents.

For details, contact [toddmess@aol.com](mailto:toddmess@aol.com) or visit <http://pbwimmer.wixsite.com/bassclubatwestpoint>.

## EDUCATION and WORKSHOPS

### Army Career Skills Program

The Army's Career Skills Program (CSP) prepares Soldiers for civilian employment through first-class apprenticeships, on-the-job training, job shadowing, internships and employment skills training.

Soldiers are eligible to participate in an Army CSP up to 180 days prior to separation from the Army and after completion of the mandatory five-day SFL-TAP workshop.

The use of permissive temporary duty (PTDY) to attend a CSP more than 50 miles away from the Soldier's duty station may be granted at the commander's discretion.

Interested transitioning servicemembers can contact Drew

Mierva at [drew.mierva@usma.edu](mailto:drew.mierva@usma.edu) or stop by the Army Education Center from 10 a.m.-2 p.m. Monday-Friday.

### Army Career Tracker 'Lunch and Learn Sessions'

HQDA G3/5/7 is conducting virtual Army Career Tracker (ACT) "Lunch and Learn Sessions" every Wednesday at 1 p.m.

The sessions are designed to benefit careerists in all career programs at all levels and grades, enabling them to better leverage ACT for professional development.

Visit the CP29 page in ACT for training, education and professional development opportunities at <https://actnow.army.mil>. "Like" CP29's new Facebook page at [www.facebook.com/ArmyCP29/](http://www.facebook.com/ArmyCP29/).

### Army Education Center

College courses are offered through the Army Education Center at West Point, located at 683 Buckner Loop.

Undergraduate classes:

- Mount Saint Mary College—Call Shari Seidule at 845-446-0535 or email [sharon.seidule@msmc.edu](mailto:sharon.seidule@msmc.edu); and
- Saint Thomas Aquinas—Call Ashley Scales at 845-398-4108 or email [ascascales@stac.edu](mailto:ascascales@stac.edu).

Graduate studies:

- John Jay College of Criminal Justice—master's degree in public administration—Call Jennifer Heiney at 845-446-5959 or email [jheiney@jjay.cuny.edu](mailto:jheiney@jjay.cuny.edu); and
- Long Island University—master's degrees in school counseling, mental health counseling and marriage and family counseling—Call Mary Beth Leggett at 845-446-3818 or email [marybeth.leggett@liu.edu](mailto:marybeth.leggett@liu.edu).

### Army Personnel Testing programs

The Army Education Center at West Point offers Army Personnel Testing programs such as the AFCT, DLAB, DLPT, SIFT through the DA and DLI.

Tests are free of charge to Soldiers.

Call the Testing Center at 845-938-3360 or email [gwenn.wallace@usma.edu](mailto:gwenn.wallace@usma.edu) for details or an appointment.

### Employee Assistance Program

West Point Garrison offers an Employee Assistance Program that provides free and confidential counseling for civilians, family members and retirees.

The program offers services from 7:30 a.m.-4 p.m. Monday-Friday. The EAP is located at 656 Eichelberger Road.

For details, call 845-938-1039.

### DANTES testing

The Army Education Center at West Point offers academic testing programs through the Defense Activity for Non-Traditional Education Support such as the SAT and ACT. Pearson VUE offers licensing and certification exams.

Most tests are free of charge to Soldiers.

Call the testing center at 845-938-3360 or email [gwenn.wallace@usma.edu](mailto:gwenn.wallace@usma.edu) for details or an appointment.

## OUTSIDE THE GATES

### Lighthouse Christian Assembly

The Lighthouse Christian Assembly cordially invites the West Point community to join its family of fellowship and worship at 10 a.m. Sundays at 134 Old State Road, Highland Falls.

The church has served the Fort Montgomery/Highland Falls and West Point communities for more than 30 years.

It provides a family atmosphere for cadets, Soldiers, family members and the community.

Additionally, the church is affiliated with the Walter Hoving Home, founded by John and Elsie Benton in 1967. This Christ-centered home provides a safe space for women in recovery from alcohol and substance abuse.

If you are in need of transportation, contact Robby at 845-661-0339 by 9 a.m. on the Sunday morning you plan to attend. The van picks up at Grant Circle.



# WEST POINT MWR CALENDAR

westpoint.armymwr.com

## FEATURED EVENT

### Polar Fest 2018

Come out for some winter fun for MWR's annual Polar Fest from noon-7 p.m. Feb. 10 at the Victor Constant Ski Slope. Pre-registration will begin at the ski sales office on Jan. 29. Polar Passes include food, drink, live music and NASTAR ski and snowboard races. For details, call 845-938-8810.

## JUST ANNOUNCED

### Father Daughter Dance

Calling all dads, grandfathers, brothers, uncles, moms, sisters, aunts and friends to our annual Father Daughter Dance at the West Point Club. Two evenings will be available from 6-9 p.m. Friday and Saturday.

Enjoy a dinner buffet with dancing and dessert. Remember dress is Sunday's best. There will be an onsite photographer for a nominal fee. For tickets, register online at [thewestpointclub.com](http://thewestpointclub.com). For details, call 845-938-5120.

### SAC Summer Camp registration

West Point School Age Center's Summer Camp Care registration will begin at 6 a.m. Feb. 13. You can register your children through [militarychildcare.com](http://militarychildcare.com).

Children in grades K-5 registered with CYS Services are eligible to for the West Point School Age Program.

SAC offers summer camp care during the months of June through September, Monday through Friday 6 a.m.-5:30 p.m.

### 2018 Round Pond reservations

Round Pond reservations are ongoing for active duty military and cadet parents. All others are eligible Feb. 20.

Make reservations between 10 a.m.-2 p.m. at 845-938-8811 Monday through Friday.

## FOR THE ADULTS

### West Point Arts & Crafts classes

The West Point Arts & Crafts Shop offers framing, engraving, instructional programming, custom gifts and private events such as birthdays.

The West Point Arts & Crafts Shop also offers classes. Upcoming classes include:

- Pallet Painting—5-8 p.m., today;
- Glass Fusion—5-7 p.m., Feb. 1.

There is a minimal fee for the classes. Advance registration is required. For details, call 845-938-4812.

For information on these classes and visit [westpointartsandcrafts.com](http://westpointartsandcrafts.com).

### 2017-2018 West Point Community General Skate

The MWR Sports Office will conduct the 2017-18 Community General Skate at Tate Rink.

The Holleder Center is open to all West Point personnel, DOD personnel and families. All skaters must supply their own skates.

The dates for Community General Skate are as follows: from 3:30-5 p.m. Sunday, Feb. 4, 11, 18 and 25, and March 4.

For details, call the Skate Hotline at 845-938-2991.

### All-Army Digital Photography Contest

The All-Army Digital Photography Contest is now open for submissions through Wednesday.

This is an event encouraging novice or photography enthusiasts to capture their favorite views, moments and adventures from all across the world.

Entries submitted will showcase some of the most original and creative minds at work. All entries must be submitted through <https://cloud.mwr.army.mil/apprac>.

For more details, contact West Point Arts & Crafts at 845-938-4812.

### Ski special cadet discount weeks

- Yearling week discount—Feb. 1-7;
- Firstie week discount—Feb. 15-21;
- Plebe week discount—March 8-14.

Ski hours are: 3-9 p.m. Monday-Friday, 9 a.m.-7 p.m. Saturday and 9 a.m.-5 p.m. Sunday.

For details on special discounts, call 845-938-8810.

### Valentine's Day Sunday Brunch

Join the West Point Club from 10 a.m.-2 p.m. Feb. 11 for its annual Valentine's Day Sunday Brunch.

Enjoy traditional brunch menu items to include a chef-attended action station and chocolate specialty desserts.

There is a minimal fee for this brunch. For details and to make a reservation, call 845-938-5120.

### Veterans appreciation ski Sundays

All veterans may visit the Victor Constant Ski Slope Sundays through Feb. 25 and purchase half-price snow passes.

Valid for veterans and family members with ID. Adaptive ski lessons and equipment available. Registration is required.

For details, call 845-938-8810.

### Road Ride Wednesdays

Road Ride Wednesdays take place at 5:40 a.m. at the MWR Fitness Center. Road Ride is an indoor spin-bike class focused on channeling the sport of road cycling.

SPD clipless shoes are welcome. Bike fit and set-up start at 5:30 a.m.

Use the group dynamic to access individual breakthrough, develop efficiency under load in mind/body performance, renew class efforts through seasonally changing challenges and breakthrough in peak performance, wellness and sustainable fitness. For more details, call 845-938-6490.

### Wanted: Certified and experienced personal trainers at the MWR Fitness Center

The MWR Fitness Center is looking for certified and experienced personal trainers who can motivate and inspire clients.

The benefits of working at the MWR Fitness Center include:

- Create your own hours; and
- Profitable opportunity.

For more details, call 845-938-6490.

### Adult Soo Bahk Do Program at West Point

The FMWR Fitness Center is offering the opportunity to try traditional Korean martial art, Soo Bahk Do. This is a classical martial art which develops every aspect of the self.

The purpose is to create a person who is free from inner conflict and who can better deal with the outside world. The kicking techniques are based on the Moo Duk Kwan styles developed by the late founder Hwang Kee.

The instructors, a husband and wife team, are certified Korean master instructors. Sessions will be offered at 7:10-8 p.m. Tuesdays and 6:10-7 p.m. Thursdays.

Space is limited and no experience is necessary. For more details, call the Fitness Center at 845-938-6490. A nominal fee will be charged for regular sessions during January.

### Triple chair lift is operational

The Victor Constant Ski Area will be operating the triple chair lift to Rodney Smith Run.

Hours of Operation are 3-9 p.m. Monday-Friday with twilight hours beginning at 6 p.m., 9 a.m.-7 p.m. Saturday with twilight hours beginning at 2 p.m. and 9 a.m.-5 p.m. Sunday with twilight hours beginning at 2 p.m.

For details, contact the office at 845-938-8810 or visit [www.victorconstantski.com](http://www.victorconstantski.com).

## FOR THE FAMILIES

### Horseback riding lessons

The Morgan Farm horseback riding lesson program is now open. Lessons are available for beginners through advanced, ages 5 and up. Lesson packages are available.

For more details, call 845-938-3926.

## FOR THE YOUTHS

### Wee Ones Open Play Group

Wee Ones Open Play Group welcomes children (infants through 4 years old) and a parent from 9:30-11 a.m. every Monday at the Youth Center Gymnasium, Building 500, across from West Point Schools. It is a time for the children to play, learn and make new friends. Pre-registration is not required. There's always something fun happening at Wee Ones.

For the most up-to-date details, call Family Advocacy at 845-938-3369 or go to [www.facebook.com/WestPointArmyCommunityService](http://www.facebook.com/WestPointArmyCommunityService).

### Wee Read

Wee Read welcomes children (infants through 4 years old) and a parent at 9-10 a.m. on the first and third Thursday of each month at the Army Community Service (ACS) Resiliency Center, second floor of Building 626, near Buffalo Soldier Field.

Wee Read introduces children to basic literacy skills, books and reading. Pre-registration is not required.

For the most up-to-date details, call Family Advocacy at 845-938-3369 or go to [www.facebook.com/WestPointArmyCommunityService](http://www.facebook.com/WestPointArmyCommunityService).

### Part Day Preschool openings

Spaces are still available in the Stony Child Development Center Tuesday and Thursday session of Part Day Preschool. The class hours are 9 a.m.-noon.

The program utilizes the creative curriculum to facilitate the development of social, emotional, literacy, fine and gross motor skills. Fees are based upon total family income. A USDA CACFP approved snack is served each day.

For details, contact Parent and Outreach Services at 845-938-4458.

### School Age Center's After School Programs

The School Age Center offers programs with several different themes and activities for grades kindergarten through fifth grade.

If you are interested in a before and after school program for your school age child, please sign up today.

The School Age Center also offers hourly activities for children who would like to come on an hourly or daily basis.

For details, call the Lee Area CYS Facility front desk at 845-938-8530.

# Keller Corner

## KACH Nutrition Care provides 'Fit for Performance' weight management courses

Keller Army Community Hospital's Nutrition Care Department will continue the "Fit for Performance" series, focusing on weight management.

The comprehensive weight management program is open to all TRICARE beneficiaries, with a goal of assisting with making permanent changes to your diet, sleeping and activity habits to promote long-term weight loss success.

Program dates/subjects are:

- Friday—Changing Your Environment and Finding Support for Weight Loss;
- Feb. 2—Nutrient Timing and Strength Training;

• Feb. 9—Mindful Eating;

• Feb. 23 – Stress and Weight Loss.

All classes are held at Keller's second floor classroom from 1:30-2:30 p.m.

Call 845-938-7992 (KACH appointment line) or 845-938-2374 (Nutrition Care Department) to reserve your seat.

## KACH OBU to provide Childbirth Education Courses

The Keller Army Community Hospital Obstetric Unit will be providing Childbirth Education Courses—February/March 2018 session. Topics include, but are not limited to, what to expect during labor, newborn care and breastfeeding.

The courses are scheduled from 6-9:30 p.m. Feb. 21 and 28, and March 7 in KACH's fourth floor classroom.

To register and/or get more information, contact Keller's Obstetrics Unit at 845-938-3210.

## EDIS to conduct free Developmental Screenings

Keller Army Community Hospital's Educational & Developmental Intervention Services (EDIS), in conjunction with West Point Schools, will conduct free developmental screenings for children from birth to 5 years old from 8:30 a.m.-2:30 p.m. Feb. 7.

The screenings, available for military and civilians, will be conducted at the Stony Child Development Center (1207 Patrick Trail, West Point) and are by appointment only.

To schedule an appointment, call 845-

938-2698 or 845-938-6868.

Not all children develop the same way—some need extra help.

If you are a military or civilian family that resides at West Point and you have concerns relating to your child's communication skills, motor skills, self-help skills, learning, vision, hearing, behavior, and/or social interactions please join EDIS for the free developmental screening.

## How West Point can properly dispose of 'sharps'

Keller Army Community Hospital cannot accept household sharps for disposal; and disposal of household sharps in household trash is prohibited on West Point.

Household sharps can be disposed of at St. Luke's Cornwall Hospital from 2-3 p.m. Mondays, and at St. Luke's Hospital in Newburgh from 2-3 p.m. Wednesdays.

For more information on sharps disposal, call:

- St. Luke's Cornwall at 845-534-7711; and
- St. Luke's Newburgh at 845-561-4400.

Additionally, sharps can be disposed of at Orange Regional Medical Center, 707 East Main Street, Middletown, from 8 a.m.-4 p.m. Monday-Friday in the Emergency Department. For more details, call 845-333-1000.

For proper guidelines on safe sharps disposal and a list of hospital collection sites in New York State, visit the NYS Department of Health website at [http://www.health.ny.gov/diseases/aids/consumers/prevention/needles\\_syringes/sharps/index.htm](http://www.health.ny.gov/diseases/aids/consumers/prevention/needles_syringes/sharps/index.htm).

If the West Point community has any questions, contact Keller's Preventative Medicine & Wellness, Environmental Health Department at 845-938-5836.

## TRICARE is changing: So which plan is better for your family?

TRICARE is changing and will now offer two plans with different features: TRICARE Prime and TRICARE Select.

Keller Army Community Hospital wants to assure you learn the differences between the two plans so you can choose the one that fits you and your family's needs.

Go to <https://www.tricare.mil/changes/compare> for more information.

## MOVIES at MAHAN

Theatre schedule at Mahan Hall, Bldg. 752.

Friday—"Ferdinand," PG, 7:30 p.m.

Saturday—"Jumanji: Welcome to the Jungle," PG-13, 7:30 p.m.

(For movie details and updated schedules, visit <http://www.aafes.com/exchange-stores/Movie-Guide/showtimes-West-Point.htm>.)



*West Point Spouses Club* ♾️

# CASINO NIGHT

*Are you all in?*

## *Masquerade Ball*

**Charity event with proceeds benefiting the WPSC Grants and Scholarship Program**

Live & Silent Auction | Beverage Pull | Left Center Right | Horse Racing  
Live Performances | Black Jack | Food and Full Bar | Roulette | Casino Chance | And so much more...

**WESTPOINTSPOUSESCLUB.COM OR FB WPSC CASINO NIGHT**

**\$25 PRE-SALE TICKETS \$35 AT-THE-DOOR**

### *Poker Tournament*

5th Floor | Eisenhower Hall | 6pm - 11pm  
No Limit Texas Hold 'em | \$50 Early Buy-In or \$75 At-The-Door | Buys 2500 in Poker Chips; \$10 for 500 Add-On  
Top 5 Prizes Receive Payout In The Form of Visa/Master Card Gift Card  
1st place \$250 | 2nd Place \$125 | 3rd Place \$100 | 4th Place \$75 | 5th Place \$50

**4th Floor | Eisenhower Hall**  
**FEBRUARY 23, 2018 | 6PM - 11PM**  
*Visit [westpointspousesclub.com](http://westpointspousesclub.com) for details*

## West Point Command Channel Channels 8/23

For the week of Jan. 25-Feb. 1

**Army Newswatch**  
**Thursday, Friday and Monday-Feb. 1**  
**8:30 a.m., 1 p.m. and 7 p.m.**

- **Snow Sculptures:** Enjoy the winter sunshine, fresh air and snowy months. We love to see pictures of any snow sculptures you create.  
Take pictures and send them to [jgellman@bbcgrp.com](mailto:jgellman@bbcgrp.com). Prizes will be awarded for snowmen, igloos, ice sculptures or anything creative made out of snow.

- **Bowling for WPMS students:** West Point Middle School students come out and show your friends how you bowl from 3-4:30 p.m. Tuesday.  
WPFH will provide two free games of bowling, shoes and pizza.  
To register, email [jgellman@bbcgrp.com](mailto:jgellman@bbcgrp.com) by Friday.

## WEST POINT CADET TAX CENTER

The West Point Tax Center opens on **January 29** and is located on the fourth floor of **Building 606**.

Tax preparers will be available to answer your questions and file your tax return **Monday through Friday** from **8 a.m.-noon** and from **1-5 p.m.** Please call **845-938-5920** to schedule an appointment.

The Tax Assistance Center closes on **April 6**.

Federal and State income tax preparation is **FREE** of charge.

Bring the following information and forms (as applicable) to your appointment:

- W2 (Wage and Earnings Statement)
- Copy of Driver's License
- 1099DIV (Dividend Statement)
- 1099B (Sale of Stock and Mutual Funds)
- Form 1095-A (Proof of Medical Insurance)
- 2016 Tax Return (if tax return was NOT completed by the Tax Center)
- Voided Check w/ Bank Routing and Account #s
- Copy of Social Security Card
- 1099INT (Interest Statement)
- 1099Q (Qualified Education Program)
- Tuition Receipts + 1098T

## WEST POINT TAX CENTER

The West Point Tax Center opens on **January 29** and is located on the first floor of **Building 626** across from Buffalo Soldier Field.

Tax preparers will be available to answer your questions and file your tax return **Monday through Friday** from **8 a.m.-noon** and from **1-5 p.m.** Please call **(845) 938-5920** to schedule an appointment. Services are by appointment only. Please call early to schedule your appointment. The Tax Center closes on **April 6**.

The West Point Tax Center is **FREE** and **EXCLUSIVELY AVAILABLE** to Cadets, Active Duty Service Members, Retirees, and eligible dependents.

The Tax Center is **NOT AUTHORIZED** to prepare business or corporate tax returns.

To have your taxes prepared, you will need the following information and forms (as applicable):

- W2 (Wage and Earnings Statement)
- Spouse's SSN and Date of Birth
- 1099DIV (Dividend Statement)
- 1099B (Sale of Stock and Mutual Funds)
- Tuition Receipts + 1098T
- Form 1095-A (Proof of Medical Insurance)
- 2016 Tax Return (if tax return was NOT completed by the Tax Center)
- HUD-1 settlement statements for new home purchase and sales.
- Sales Tax receipts for the purchase of a new automobile.
- Power of Attorney (if you are filing for a spouse who will not be present to sign the return)
- Voided Check w/ Bank Routing and Account #s
- Children's SSNs and Dates of Birth
- 1099INT (Interest Statement)
- 1099R (Retirement Pay)
- Itemized Deduction Receipts
- Copy of Driver's License

WEAR  
RED  
DAY

Feb. 2 is  
National  
Wear Red  
Day for Heart  
Disease.

Celebrate National Wear Red Day

Join millions of women and Men Across the Country on National Wear Red Day. Wear Red and help the American Heart Association raise awareness about heart disease in women.

American Heart Association

### **WEST POINT BRIGADE BOXING OPEN**

*Come see the Corps of Cadets square off in the boxing ring!  
The winners will be crowned Brigade Champions and most will go on to represent USMA in the Regional and National Championships!*

**Eisenhower Hall  
February 23  
6:30 p.m.  
No Charge**



Senior goaltender Cole Brunns earned a shutout as the Army West Point Hockey team topped the Royal Military College, 5-0, in an aggressive game Jan. 20 in Kingston, Ontario. Sophomore forward Michael Wilson led the Black Knights offensively with two power play goals. PHOTO PROVIDED BY ARMY ATHLETIC COMMUNICATIONS

# Hockey blanks Royal Military College, 5-0

By Ally Keirn  
Army Athletic Communications

Backed by senior goaltender Cole Brunns' shutout, the Army West Point Hockey team topped the Royal Military College, 5-0, in an aggressive game Jan. 20 in Kingston, Ontario. Sophomore forward Michael Wilson led the Black Knights offensively with two power play goals.

## Army highlights and game notes

- The Black Knights continued on to an 11-game unbeaten streak and seven-game winning streak over the RMC in the longest standing international rivalry.
- Wilson continued his hot streak on the power play with two more in the game.
- He netted one in the first and one in the second period.
- It was the Fond du Lac, Wisconsin, native's first goals against the Paladins improving his point total in the series to four.
- Tucker DeYoung netted the first goal of his career 5:35 into the third period.
- Brendan Soucie scored late in the third to give him two points on the night after assisting on DeYoung's.
- It was the sophomore's first career points against the Paladins.
- Tyler Pham netted the Black Knights' final goal of the game on the breakaway setup by Dominic Franco.
- The goal was Pham's first of his career versus RMC.
- Dalton MacAfee assisted on both of Wilson's goals for his third and fourth assists opposite RMC.

- Pham, Zach Evancho and Brendan Soucie all had one assist each on the night.
- Cole Brunns earned the shutout against RMC for his fourth-straight victory against the international rival.
- The last time Army shutout the Royal Military College was on Jan. 24 in 2015 when the Black Knights topped the Paladins 8-0 backed by Brunns again.

## How it happened First period (Army 1-RMC 0)

- The Black Knights went on the first power play of the game three minutes in after a high stick call.
- Conor Andrie finished the man-advantage off with a shot that nicked the pipe.
- Taylor Maruya had an opportunity at the halfway mark of the first period, but netminder Austin Hannford captured the loose puck.
- The Black Knights went on the power play 15:38 into the game and scored 13 seconds later when Wilson capitalized on the door step. Pham and MacAfee were credited with the assists.

## Second period (Army 2-RMC 0)

- Army killed off a lingering penalty to start off the first and went on a power play of its own 3:39 in.
- Wilson capitalized again from the left doorstep this time and slid the puck past the goal line with the play being set up by Wilkinson and MacAfee with 18 seconds left in the power play.
- With five minutes remaining in the period, Trevor Fidler took back-to-back shots, but was unable to score.

## Third period (Army 5-RMC 0)

- The Black Knights killed off two penalties to start off the third frame.
- Brunns picked up multiple saves in the stretch.
- DeYoung netted his first goal of the year at the 14:25 mark. Soucie won the faceoff and passed it back to Evancho whose shot was

rebounded by DeYoung in the slot.

- The Black Knights went up 4-0 with 5:42 remaining. Andrie had a nice drop pass as Soucie crossed the middle and he scored from the left circle.
- Pham closed out the game's scoring off a successful breakaway set up by Wilson and Franco.

# Sports calendar

## Corps Squad

### FRIDAY

5:30 P.M.—MEN'S TENNIS VS. CLEMSON, LICHTENBERG TENNIS CENTER.

### FRIDAY

6 P.M.—MEN'S GYMNASTICS VS. AIR FORCE, GROSS OLYMPIC CENTER.

### FRIDAY

7:05 P.M.—HOCKEY VS. MERCYHURST, TATE RINK.

### SATURDAY

3 P.M.—WOMEN'S BASKETBALL VS. LOYOLA, CHRISTL ARENA.

### SATURDAY

7:05 P.M.—HOCKEY VS. MERCYHURST, TATE RINK.

### SUNDAY

10 A.M.—MEN'S TENNIS VS. BINGHAMTON, LICHTENBERG TENNIS CENTER.

### FEB. 2

3 P.M.—WOMEN'S TENNIS VS. BINGHAMTON, LICHTENBERG TENNIS CENTER.

### FEB. 2

7 P.M.—WOMEN'S TENNIS VS. SACRED HEART, LICHTENBERG TENNIS CENTER.

### FEB. 2

7:05 P.M.—HOCKEY VS. NIAGARA, TATE RINK.

### FEB. 3

3 P.M.—MEN'S BASKETBALL VS. AMERICAN, CHRISTL ARENA.

\*\*VIEW THE UPCOMING ARMY WEST POINT BLACK KNIGHTS SCHEDULE AT [WWW.GOARMYWESTPOINT.COM/CALENDAR.ASPX?VTTYPE=LIST](http://WWW.GOARMYWESTPOINT.COM/CALENDAR.ASPX?VTTYPE=LIST).