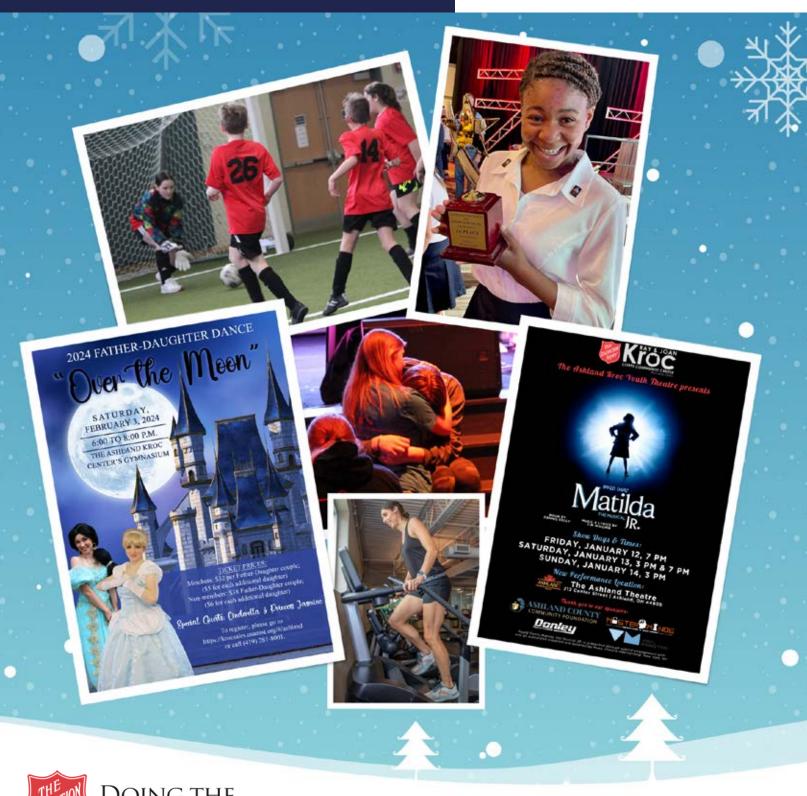
KROC



Program Guide | Winter 2024

ashlandkroc.org





THE SALVATION ARMY MISSION STATEMENT

The Salvation Army, an international movement, is an evangelical part of the Universal Christian Church. Its message is based on the Bible. Its ministry is motivated by the love of God. Its mission is to preach the gospel of Jesus Christ and to meet human need in His name without discrimination.







KROC CENTER POLICIES AND INFORMATION

How to Register for Programs

Registration is easy! Visit our website to register online, sign up at the Welcome Center during operating hours, or call to pay over the phone at (419) 281-8001.

Scholarships

No one should be kept from participating in Kroc Center activities because of financial burden. As part of Joan Kroc's wish for the Kroc Center, we offer scholarship opportunities toward classes and activities. Applications and additional information is available at the Welcome Center or by calling (419) 281-8001.

Payments, Refunds, and Cancellations

Cancellations seven or more days prior to the first class will receive a full refund of the class and material fees. Cancellations after that point will receive a prorated refund for the number of classes, which have occurred (regardless of whether you have attended or not) minus a \$5 service charge. Material fees will not be refunded.

A 50% nonrefundable deposit is required to secure your booking. Due to demand for spaces in our building, we are unable to guarantee your space availability without a deposit. Payments can be made via phone by calling (419) 281-8001 or in person by stopping in at our Welcome Center between 8:00 a.m. and 6:00 p.m. Monday through Friday. The Salvation Army reserves the right to cancel your event if the final payment has not been made by at least 3 business days in advance of the planned event. Parties who wish to cancel within 72 hours of the schedule event time will be charged the full price of the event.

Refunds will be given when programs are cancelled due to low enrollment.

There will be a \$20 charge for each returned check. Use of the Kroc Center is not permitted until payments are made current. Checks will not be resubmitted and all future payments must be made in cash, credit, or debit.

Code of Conduct

- 1. Children (17 & under) must be accompanied by an adult (parent or guardian) when in the facility unless registered for a specific class or program that accepts young children. If participating in age-appropriate activity, they are to be taken to the program area and picked up from the program area by an adult.
- 2. If children are not picked up by closing time, the parent/guardian will be called. If no one can be reached, or if the children are not picked up within a 10-minute period, the Ashland Police Department will be called.
- 3. Attire: Shoes and shirts are required to be worn in the facility at all times.
- 4. Drug and alcohol usage is prohibited on Salvation Army property.
- 5. Smoking Policy: The Kroc Center is a smoke & vape free campus. Smoking is only permitted in the designated smoking area located in the west side parking lot.
- 6. Grievance Policy: The supervisor on duty will work out any grievances that arise with guests. If they cannot be resolved in this manner, guests should put their concerns in writing and give them to the Welcome Center staff. A member of the administrative staff will contact the guest and will work to find an acceptable resolution to the situation.
- 7. Internet Usage: The Salvation Army reserves the right to monitor the internet activity of our guests and staff including websites they visit.
- 8. Profanity: Language used in the facility is to be respectful of others. Profanity or other hurtful language is unacceptable.
- 9. Personal items: The Salvation Army is not responsible for lost, stolen or damaged personal items that are brought into the center. For Lost & Found items, please see a Member Services Associate.
- 10. Provision of Service: The Salvation Army RJKCCC personnel have the right to refuse service to anyone deemed disruptive or abusive.
- 11. Speed Limit: The Kroc Center speed limit is 5 mph within the parking lot.
- 12. No pets allowed unless they are participating in a program or are a service animal.
- 13. Weapons: No weapons of any kind are permitted on the premises of the Ashland Kroc Center.

Meet Our Corps Officers



Majors Billy and Annalise Francis

The Kroc Center is a community center where all children, youth, and adults can participate in a safe and fun environment. As part of a network of 26 Kroc Centers around the nation, we are committed to a common goal:

In keeping with the mission and holistic approach of The Salvation Army, The Salvation Army Ray & Joan Kroc Corps Community Center provides opportunities that facilitate positive, life-changing experiences through: art, athletics, personal development, spiritual discovery, and community service. The Salvation Army Kroc Center's facilities, programs, and services bridge the gap between potential and opportunity for children and adults, strengthen individuals and families, and enrich the lives of seniors.



Proud Partner Agency of the United Way of Ashland County

Table of Contents

Our Church 4 Social Services 5 **Get Involved** 6-8 Membership FAQs Visual & Performing Arts 12-15 **Aqua Classes** Family & Homeschool 17-18 Open Gym 18-19 **Fitness Classes** 20-22

Our Core Values

ASPIRE

Acceptance Service **Personal Growth** Integrity Respect **Excellence**

Winter Hours

HOURS OF OPERATION STARTING JANUARY 3. 2024:

Monday-Thursday: 5:15 a.m.-9 p.m.

Fridays: 5:15 a.m.-8 p.m. Saturdays: 7:30 a.m.-6 p.m. Sundays: Members only, 1-6 p.m.

WATERPARK HOURS STARTING JANUARY 3:

Riverwalk: Mondays - Fridays: 7 a.m.-9 a.m.

All members and day pass holders:

Mondays, Wednesdays & Fridays: 9 a.m. - 12 p.m.

Monday - Friday: 4 p.m. - 7 p.m. Saturdays: 10 a.m. - 6 p.m. Sundays: Members only, 1-6 p.m.

CONCESSIONS:

Fridays: 4-7 p.m.; Saturdays: 8 a.m.-5 p.m., or as needed

during Kroc Soccer Games

PLAYCARE, STARTING JAN. 3:

Monday-Thursday: 8:30-11 a.m.; 5-7:30 p.m.

Friday: 8:30-11 a.m.; 5-7 p.m.

SOCIAL SERVICES OFFICE:

Monday - Friday: 9 a.m. - 3 p.m. Saturday & Sunday: Closed

BUILDING CLOSURES & REDUCED HOURS:

Good Friday: March 29 - Kroc Center closed

Easter Sunday: March 31 -Kroc Center closed (open only for

Total Solar Eclipse: Monday, April 8 - Kroc Center closed

SPECIAL EVENTS/DATES TO NOTE:

Kroc Soccer first week of practice: January 15, 2024 Martin Luther King, Jr. Day: Monday, Jan. 19 - Special wa-

terpark hours - 10 a.m. to 6 p.m.

Kroc Soccer first games: Saturday, Jan. 27

Over the Moon Father-Daughter Dance: Saturday, Feb. 3 President's Day: Monday, Feb. 19 - Special waterpark

hours - 10 a.m. to 6 p.m.

SPRING BREAK HOURS - MON., APRIL 1 - FRI. APRIL 5:

- Waterpark open from 9 a.m. to 12 p.m. and 2 to 6 p.m.
- Special recreational activities will take place daily from 12 to 2 p.m.
- No fitness classes, PlayCare, or programs will take place this week

CONTACT US

The Salvation Army Ray & Joan Kroc Corps Community Center

527 East Liberty Street | Ashland, Ohio 44805 | Phone: (419) 281-8001 | Fax: (419) 281-3909

Food Pantry Phone: (419) 282-4223 | ashlandkroc.org



Follow us on: () ashlandkroccenter



ashlandkroc

Our Church



Sunday Worship

10 a.m. Worship Service with Majors Annalise and Billy **Francis**

10:30 a.m. Youth Sunday School and Corps Cadets 11:15 a.m. Adult Sunday School and and Kids Recreation Time

Adult Ministries

Wednesday Night Ladies Ministry at 6 p.m. Wednesday Night Adult Bible Studay at 6 p.m.



Youth Ministries

- Sunday School
- Fellowship Opportunities
- Youth Councils
- Corps Cadets
- Vacation Bible School in the Summer
- Opportunities to attend Camp NEOSA
- Youth Arts Ministries

ABOUT OUR CHURCH

The Salvation Army Church is a place where all types of people from different walks of life gather to study the Bible, worship God, spend time with friends, and serve our community in many ways.

Within The Salvation Army Church, Christian faith is expressed through active service. The vision of The Salvation Army has always been to lead men and women into a proper relationship with God. The Army recognizes that physical, emotional and social restoration must go hand in hand with spiritual rebirth. The Army practices an integrated ministry, uniting spiritual, social, and physical support.

Operations of The Salvation Army are supervised by ordained, commissioned officers who proclaim the gospel and serve as administrators, teachers, caregivers, pastoral counselors, youth leaders, and musicians. These men and women have dedicated their lives, skills, and service completely to God.

Social Services



HOW WE CAN HELP

The Social Services ministry provides a compassionate and realistic response to families and individuals in crisis. Persons applying need to be below 200% of the federal poverty guideline. Persons applying are asked to bring a photo ID, proof of household income and proof of address.

Applicants for assistance must be residents of Ashland County.

Each head of household must complete and sign an intake form.

Our goal is to achieve long-term solutions to problems to enhance family stability. During the one-on-one interview with the Emergency Assistance Case Manager, solutions to the underlying cause of the crisis are addressed through referrals and advocacy.

WE ALSO PROVIDE THE FOLLOWING SERVICES:

- Case Management and Planning Assistance
- Emergency Utility Assistance (in disconnect status) for gas, water, electric and propane
- Housing Application Assistance for permanent housing if homeless
- Housing Rental Application Fee Assistance
- · Gas Vouchers
- Birth/Death Certificate Assistance
- Driver's License Renewal/Replacement
- Community Lunches
- Grocery Assistance
- Resource/Referrals



During the Kroc Center's SummerFood Service Program, team members from Gorman Nature Center brought some fun facts and reptilian friends for the kids to meet.

COMMUNITY MEALS

- Monday-Friday, 11-11:30 a.m., Community Room
- All are welcome to enjoy a warm lunch, available free of charge, no questions asked.

FOOD PANTRY

Hours of Operation: Monday 11 a.m. to 2 p.m.; Tuesday-Friday, 10 a.m. to 2 p.m.

Location: The Food Pantry is located in the Annex Building, in the west parking lot across from main building of the Ashland Kroc Center

Qualifications: You can receive assistance once a month. If your need is greater than once a month, please come to the Social Services Office in the main building and your situation will be reviewed.

GED CLASSES HOSTED AT THE KROC CENTER

Provided by Mansfield City Schools Adult Education Aspire Program | Tuesdays & Wednesdays | 5-8 p.m. | Cost: FREE | Registration is required. | For more information or to enroll, please visit https://www.mansfieldadulteducation.com/.



Officers from the Ashland Post of the Ohio State Highway Patrol graciously volunteered their time to help serve serve during our Thanksgiving community meal, which served nearly 300 of our friends and neighbors.

VOLUNTEER

As part of The Salvation Army, the Ashland Kroc Center strives to share the love of God and meet human needs in His name without discrimination.

However, we can't "Do the Most Good" without the support of our friends, neighbors, businesses, and community service groups. Volunteers are truly a vital part of our ministry, and we're always looking for a few caring neighbors to lend a helping hand.

Volunteer opportunities include:

- helping with our youth programs
- stocking the food pantry and gathering food pantry orders
- serving community meals
- conducting a food drive to help stock the food pantry or dropping off non-perishable items/plastic bags.
- assisting with the Red Kettle campaign
- assisting with special events

Individuals must be 16 years of age or older to volunteer onsite. If you have a service group, school club, group of employees looking for a way to give back to the community, please contact **Melissa Lawson**, Volunteer Coordinator, at (419) 281-8001 or Melissa.Lawson@use.salvationarmy.org to raise your hand and change a life.

Get Involved at the Kroc!

DONATE

At The Salvation Army's Ashland Kroc Center, our ministry is motivated by the love of God, our mission is to preach the gospel of Jesus Christ and to meet human needs in His name without discrimination.

In 2022, we provided **28,080 participants with groceries and meals** to prevent food insecurity. With the help of many local partners, we gave **6,242 Christmas toys** to Ashland County children and had **356 youth** participants in our after-school care and summer day camp programs. But we can't do it alone. We need the community's continued support. We have a variety of options for individuals, families, and groups to support this important work, including...

Donating Non-Perishable Food Items

Thanks to the generosity of many, The Salvation Army's Ray & Joan Kroc Corps Community Center in Ashland is able to provide over 300 food orders a month to individuals and families in our community. We are always in need of donations, such as non-perishables and plastic bags. Donations may be brought to the Food Pantry in the Annex building during operating hours (Mondays, 11 am-2 p.m., Tuesday through Fridays, 10 am-2 p.m.).

Making a financial gift to help your neighbor in need.

The Salvation Army exists to meet human need wherever, whenever, and however we can. When you give locally, you ensure that the people in your community get the help they need. Eighty-two cents of every dollar we collect goes into programs, services, and direct assistance to the homeless, the mentally ill, the physically challenged, victims of drug and alcohol abuse, and others under our care.

Donate online by visiting <u>www.ashlandkroc.org</u>, visit our Facebook page, call 1-800-SAL-ARMY, or to contribute by check, please mail to:

The Salvation Army PO Box 497 Ashland, OH 44805

For more information, please call (419) 281-8001. Thank you for your support!

Staff and volunteers of The Ashland Kroc Center gathered in the Food Pantry to celebrate the nuptials of Killian, Food Pantry Coordinator, and her now husband, Dan, who were married in August. Congrats to the newlyweds!



Membership at the Kroc!

Membership Frequently Asked Questions & Answers

At the Ashland Kroc Center, our friendly and helpful Welcome Desk associates receive many questions. To help proactively address some of our members' and visitors' most asked questions, we are answering them right here.

1) Beyond access to the Indoor Waterpark and Fitness Center, what are the benefits of an Ashland Kroc Center membership?

When you sign-up for an annual membership, you receive many benefits and discounts, including:

- A 30% discount on birthday parties and room reservations for special gatherings at our facility, such as baby/bridal showers, family reunions, graduation parties and more.
- Discounts on kids' activities, classes, and sports
- Drop-in fitness classes at no extra cost
- Free admission to Fantastic Friday events (Family, Skate & Middle School Nights)
- Free childcare while you exercise (during designated hours)
- Open hours for the Gymnasium and Field House
- · Four guest passes each year for family and friends

2) Can I sign-up online?

Yes, you can sign-up for an individual or family membership, or register for most of our classes and activities by going to: https://krocsales.usaeast.org/#/ashland

3) If the facility is operated by The Salvation Army, why is it called "the Kroc Center"?

After collaborating with The Salvation Army in San Diego, California, to establish first Kroc Center a "safe gathering place, a place with facilities and trained professionals to nurture children's social skills, arts appreciation and athletic potential," the late Joan Kroc, wife of Ray Kroc and heir to the McDonald's fortune, was pleased with its success. So much so that when she passed, Mrs. Kroc left The Salvation Army a \$1.5-billion legacy gift to build and endow Kroc Centers across the country, focused on recreation, education and the arts.

One of the stipulations was that the community needed to raise funds to supplement the endowment, as it needed to be sustainable for the future. A second stipulation ensured that the facility and its programs would be available to the underserved. And a third provision requested that each center be unique to a community's needs. In other words, a Kroc Center may not build something that the city already provided.

These principles guided the development of one of the first Kroc Centers built on the eastern side of the country in our small community of Ashland, Ohio.

From its earliest days, the Ashland Kroc Center was among the smallest of the 26 centers built by The Salvation Army. The original 42,000 square foot facility opened its doors in 2009 featuring a chapel, social service programming, outdoor spray park, an indoor field house, a gym, classrooms, community gathering space, and offices.

Additional funding became available about ten years later allowing the development of a 20,000 square foot expansion. In keeping with the theme of "must be unique to a community's needs," the latest expansion, built on the site of the original outdoor spray park, includes an enclosed recreational water park, a fitness center and several multipurpose rooms that are open year-round.

Today, one of the easiest ways to support the social service programs at the Ashland Kroc Center is to purchase an individual or family membership. You get great place to exercise and have family fun, and we get support in providing services to our community's most vulnerable residents. It's a win-win!

"We can help bring our city together by declaring our love to all of its children and showing them the faith we have in their future."

-Joan Kroc, 1998



The Ashland Kroc Youth Theatre presents



MUSIC & LYRICS BY TIM MINCHIN

BOOK BY DENNIS KELLY

Show Days & Times:

FRIDAY, JANUARY 12, 7 PM SATURDAY, JANUARY 13, 3 PM & 7 PM SUNDAY, JANUARY 14, 3 PM

New Performance Location:



ASHLAND 212 Center Street | Ashland, OH 44805

Thank you to our sponsors:







Roald Dahl's Matilda The Musical JR. is presented through special arrangement with and all authorized materials are supplied by Music Theatre International, New York, NY

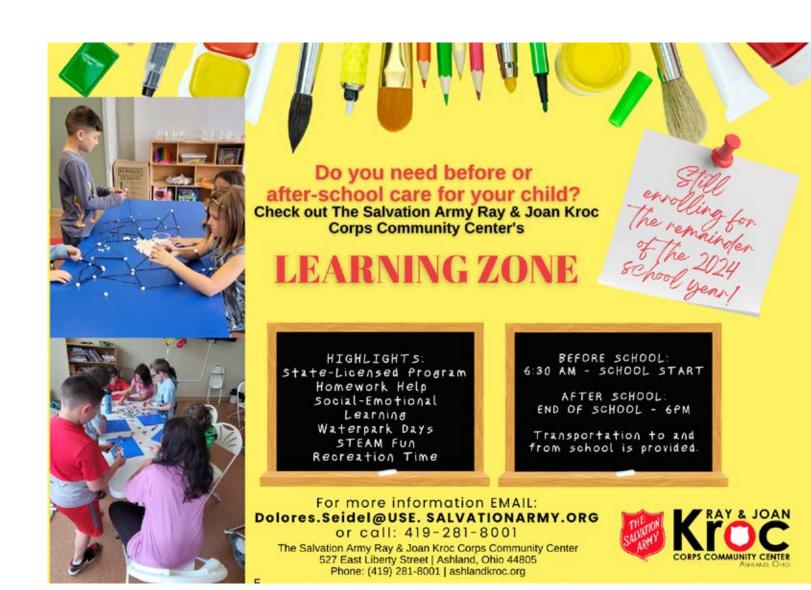
Learning Zone

Learning Zone Programs Receive Ashland Community Choice Award

The Salvation Army's Ashland Kroc Center was voted the 2023 Community's Choice Award Winner for the "Best After School & Summer Camp Program" in Ashland. We were also a finalist for the Best in Family Amusement.

Thank you so much to everyone who took the time to vote for us! We'd also like to recognize the hard work of the two ladies pictured here with the plaque – Dolores Seidel, Learning Zone Director, and Theresa Watson, our former Program Director, along with all the team members who work so diligently for these programs to support Ashland youth.







The Salvation Army Kroc Center's music and arts programs teach people of all ages how to perform to the glory of God and for the blessing of others. These programs provide opportunity for personal development and a lifetime of fulfillment through music and arts excellence with spiritual purpose.

Youth Singing Company

Start Date: Monday, Feb. 5 | Rehearsals: Mondays, 5 to 6 p.m. | Performance Date: Saturday, April 27 | Ages: 7-18 | Member Cost: \$30 Non-Member Cost: \$50 | Instructor: Majors Annalise & Billy Francis

Music allows a child's heart to sing! In the Ashland Kroc Center's Singing Company, youth ages 7-18, will learn the fundamentals of healthy vocal production, musicality, choral singing, and perform songs that teach them the truths of God's word while praising Him through music in a vocal group. Participants will be part of Star Search, a music and arts competition, focusing on talent development and expression in a friendly, encouraging environment, held in Cleveland on April 27. Parents are welcome to attend Star Search.

Prerequisite: Prior participation in The Salvation Army's music program. Participation in the Star Search Competition is required. Limited enrollment is available, and priority will be given to prior Star Search participants.



Youth Drama Troupe

Start Date: Monday, Feb. 5 | Rehearsals: Mondays, 6 to 7 p.m. | Performance Date: Saturday, April 27 | Ages: 7-18 | Member Cost: \$30 Non-Member Cost: \$50 | Instructor: Majors Annalise & Billy Francis

The Youth Drama Troupe at the Ashland Kroc Center will provide youth, ages 7-18, an opportunity to develop acting skills, diction, expression, movement, and stage presence. Participants will be placed in a troupe to learn and perform a scene that explores spiritual truths. Participants will be part of Star Search, a music and arts competition, focusing on talent development and expression in a friendly, encouraging environment, held in Cleveland on Saturday, April 27. Parents are welcome to attend Star Search.

Prerequisite: Prior participation in The Salvation Army youth drama/theatre program. Star Search competition participation is required. Limited enrollment available, and priority will be given to prior Star Search participants.



Vocal Solo or Drama Monologue

Start Date: Monday, Feb. 5 | Performance Date: Saturday, April 27 | Ages: 7-18 | Members: \$30 Non-Member Cost: \$50 | Instructor: Majors Annalise & Billy Francis

Some young people may choose to also work on and participate in the vocal solo or drama monologue categories at Star Search. Songs, scripts, and rehearsal recordings will be provided. Each young person will receive three coaching sessions, scheduled on Monday and Thursday evenings. First place finalists of Star Search will move on to Territorial Star Search, taking place on June 8 at the Hershey Lodge and Convention Center in Hershey, PA.

Prerequisite: Instructor approval required for registration.

Timbrels

Start Date: Wednesday, Feb. 7 | Rehearsals: Wednesdays, 5 to 6 p.m. | Performance Date: Saturday, April 27 | Ages: 7–14 | Member Cost: \$30 Non-Member Cost: \$50 | Instructor: Majors Annalise & Billy Francis

The timbrel (tambourine) is part of The Salvation Army's history and worship. It is used in worship to enhance the spirit of praise, joy, and celebration. Psalm 150:4 (NIrV) says, "Praise him with tambourines and dancing. Praise him with stringed instruments and flutes." The timbrel brigade is open to young people ages 7 – 14. Participants will learn the fundamentals of playing the tambourine and a group routine to music. Participants will be part of Star Search, a music and arts competition, focusing on talent development and expression in a friendly, encouraging environment, held in Cleveland on Sat., April 27. Parents welcome to attend the Star Search competition. Enrollment is limited and priority will be given to prior Star Search participants.

Prerequisite: Prior participation in The Salvation Army's music and theatre program. Star Search competition participation is required.

Basketweaving Workshop - Springtime Basket

Tuesday, March 7 | 5-8:30 p.m. | Age: 16+ | Cost: \$40 | Instructor: Becky Clark

Discover the ancient art of basket weaving and immerse yourself in the world of creativity, craftsmanship, and natural materials. This introductory basket weaving class is designed to provide you with the fundamental skills and techniques needed to create beautiful and functional baskets. Whether you're a complete beginner or have some prior crafting experience, this course will guide you through the step-by-step process of creating your own handwoven baskets. All materials are provided.

Stained-Glass Suncatcher Workshops

Session I: Tuesdays, February 20, 27 & March 5 | 6-8:30 p.m. | Age: 16+ | Cost: \$50 | Instructor: Matt Lamborn | Location: Art Room

Session 2: Tuesdays, April 16, 23 & 30 | 6-8:30 p.m. | Age: 16+ | Cost: \$50 | Instructor: Matt Lamborn

Step into the enchanting world of stained-glass artistry and create your own radiant suncatchers that will capture and reflect the sunlight in mesmerizing patterns and colors. These immersive, 3 week-session workshops are designed for beginners and enthusiasts alike, offering hands-on experience in crafting exquisite stained glass suncatchers. You will learn the essential techniques needed to bring light and beauty into any space through a blend of instruction, practice, and artistic exploration. All materials are provided, but students must bring their own goggles.

Kids Beginners Crochet Class

Mondays, February 26 – March 25 | 4:30-5:30 p.m. | Age: 7+ | Cost: Members: \$50 Non-Members: \$65 | Instructor: Tanner Fraizer

Embark on a creative journey with our Kids Beginners Crochet Class! Over the course of 5 exciting weeks, children aged 7+ will learn the art of crochet from scratch. Led by an experienced and patient instructor, this hands-on class is designed to introduce youngsters to the wonderful world of yarn and hooks. Yarn, hooks, and other necessary materials are provided, so young crafters can focus on learning and having fun.



Mondays, April 15 & 22 | 4:30 to 5:30 p.m. | Ages 6+ | Members: \$25 | Non-Members: \$35 | Instructor: Tanner Fraizer

Embark on a magical journey of creativity and imagination in our 2-week Kids' Clay Sculpting Class! Designed for budding, young artists ages 6+, this hands-on workshop offers a delightful exploration of the art of clay sculpting. Join us for this exciting Kids' Clay Sculpting Class and watch as your child's creativity blossoms into tangible works of art! At the end of second class, kids will proudly take home their clay creations.



Finding Your Art: A Multi-Medium Journey for Middle & High School Students Thursdays, March 7 – 28 | 5 to 6 p.m. | Ages 13+ | Non-Member Price: \$25 per child, per class cycle | Member Price: \$20 per child, per class | Instructor: Kylie Warrick

Unleash your creativity and dive into the captivating world of art with our dynamic and engaging class, "Finding Your Art: A Multi-Medium Journey." This unique 4-week course is designed for middle and high schoolers to take you on an artistic adventure through the versatile realms of pencil drawing and painting, allowing you to master various techniques and mediums that will ignite your imagination. Receive personalized guidance from our experienced instructor, Kylie Warrick, who will help you develop your artistic vision and style.



Chix with Stix: Knitting & Crocheting Circle
Tuesdays and Wednesdays | 9 a.m.-11 a.m. | Cost: Free
This ministry was created by our dear June Metcalf who built a
lasting family of knitters and crocheters all working together to
teach, learn and grow from one another. Bring your projects, no
matter what charity or purpose. Beginners are especially welcome!

Renee Rogers (left) of the Chix with Stix Knitting & Crocheting Circle, made another incredible holiday hat for Major Billy Francis.

Adult Crochet 101

Saturdays, February 10 & 17 | 9 to 11 a.m. | Age: 16+ | Cost: Members: \$25 Non-members: \$35 | Instructor: Tanner Fraizer

Come, and immerse yourself in a relaxing and creative atmosphere. Discover the joy of transforming yarn into beautiful creations. Whether you want to make cozy blankets, stylish accessories, or heartfelt gifts, this class will set you on the path to becoming a proficient crocheter.

During our Adult Crochet 101 Class, the art of crocheting will come to life! Join us for a comprehensive and beginner-friendly 2-session workshop that will teach you the fundamental skills of crochet. In this class, you'll learn how to hold a crochet hook, create basic stitches like chain, single crochet, and double crochet, and understand essential crochet terminology and techniques.

No need to worry about gathering supplies—everything you need for class will be provided. Our experienced instructor will guide you step by step, ensuring you grasp the basics of crocheting with confidence. Whether you're a complete novice or have some basic knowledge, this class is perfect for anyone looking to explore the world of crochet. Join us and let your creativity unravel!

Fundamentals of Photography

Wednesdays, April 17 - June 5 | 5:30 to 7 p.m. | Age: 16+ | Member Cost: \$28 | Non-Member Cost: \$40 | Instructor: Paul Keske

Fundamentals of Photography is an eight-session course designed to teach the basics of using a DSLR or Mirrorless camera. The course covers an overview of the camera, exposure modes, lenses, the properties of light, composition and much more. Students using DSLR or Mirrorless cameras will get the most out of this course, and they should bring their camera, camera manual and a flash drive to each session.

Topics covered will include:

- What do the settings on my camera mean?
- What settings should I use indoors/outdoors?
- How to shoot my kids' sports/events
- What equipment should I use?

Kroc New Adventures Band

Mondays | 10 to 11:30 a.m. | Age: 6th grade + | Cost: Free | Director: Major Billy Francis

Have you been looking for a place to play your instrument in a community setting? Look no further! This ministry is open to musicians entering 6th grade through adulthood that play any band instrument. No auditioning is necessary, but a willingness to learn and play in a group with a positive attitude. A May performance will be announced in the future and there will also be chances to play and represent the Kroc Center to serve the Ashland community with beautiful music.





Aqua Classes

Riverwalk

Mondays through Fridays | 7 to 9 a.m. | Ages 16+ | Non-Member Cost: \$5 per person | Member Cost: Free

Enjoy some time walking against our not-so-lazy river as you get in a great workout before the waterpark opens to the public.

Aquacise

Mondays | 8 a.m. | Instructor: Lisa Lee

A low impact pool workout designed to elevate your heart rate, increase flexibility and build muscle.

Aqua Aerobics

Tuesdays | 8 a.m. | Instructor: Kady Grundy

Aqua Aerobics classes are a great way to mix up a traditional gym workout with the wondrous benefits of water. It only takes a few aqua aerobics sessions, and you'll see a big difference in your overall fitness. Also known as water aerobics, typical classes will involve all the exercises you would expect in a 'dry' class, but there are bonuses when you exercise in water.

Cardio Splash

Wednesdays | 8 a.m. | Instructor: Carol Kelly

Dive into a refreshing and invigorating workout experience with our Aqua Class: Cardio Splash! This water fitness program combines the benefits of cardio exercise with the resistance of water, providing a challenging yet low-impact workout.

This class is suitable for participants of all fitness levels and ages. The water's resistance not only intensifies the workout but also reduces its impact on joints, making it an ideal choice for individuals looking for an effective and joint-friendly exercise option.oin us and experience the joy of fitness in the water!

Agua Movement

Thursdays | 8 a.m. | Instructor: Kady Grundy

Aqua Movement is also a great stress-busting exercise for people suffering from anxiety stress. Water pressure can improve your heart health by increasing blood circulation and reducing the resting heart rate.

H₂Own-It! Water Safety & Swimming Skills

Help your child discover the joy and confidence that comes with developing essential water skills with our H2Own-It! Water Safety & Swimming" classes. Throughout the six sessions, we'll help kids of all ages and swimming levels to practice water safety, become comfortable in aquatic environments, and to build upon any existing swimming skills or techniques.

Session 1: February 6 - March 14 | Session 2: March 19 - May 2 (no class week of April 5)

Both sessions will consist of the following classes:

Age	Class Name	Day	Time	Instructor	Cost
0-2 years	Seahorse	Tuesdays	9-9:30 a.m.	Kady Grundy	Kroc members: \$30 Non-Members: \$50
3-5 years	Tadpoles	Tuesdays	9:30 - 10 a.m.	Kady Grundy	Kroc members: \$30 Non-Members: \$50
6-9 years	Homeschool Guppies Class	Wednesdays	9 - 10 a.m.	Kady Grundy	Kroc members: \$55 Non-Members: \$80
6-9 years	After-School Guppies Class	Wednesdays	4 - 5 p.m.	Lisa Lee	Kroc members: \$55 Non-Members: \$80
10-16 yrs	Homeschool Stingrays Class	Thursdays	9 - 10 a.m.	Kady Grundy	Kroc members: \$55 Non-Members: \$80
10-16 yrs	After-School Stingrays Class	Thursdays	4 - 5 p.m.	Lisa Lee	Kroc members: \$55 Non-Members: \$80

Family & Homeschool Activities

Fantastic Fridays

Family Fun Night

First Friday of the Month: Jan. 5, Feb. 2 & March 1 from 5 to 7 p.m.; Friday, April 5 will be a Family Fun Afternoon from noon to 2 p.m. | Members: Free | Non-Members: \$5 per person

Bring the whole family to the Kroc Center and enjoy a night out together! We will offer a variety of activities each month which may include laser tag, bounce houses, roller skating, giant Jenga, and seasonal crafts. For safety, children must be accompanied by a parent or guardian. Join us for a memorable family evening filled with fun and excitement!

Middle School Night

Second Friday of the Month: Jan. 12, Feb. 9, Mar. 8 & April 12 | 5 to 7 p.m. | Non-Member Cost: \$5 per person | Member Cost: Free

Exclusive for students in middle school (grades 5-8), this special kids-only, drop-off occasion offers an array of activities such as board games, laser tag, roller skating, video games, and much more! Join the fun-filled experience tailored just for you!

Family Roller Skating

Third Friday of the Month: Jan. 19: Glow Night | Feb. 16: Sweetheart Night (wear red or pink) | March 15: St. Patty's Day Party | April 19: Beach Bum Fun | 5 to 7 p.m. | All ages | Members: Free Non-Members: \$5 per person (includes skate rental)

Gather your family and join us in our gym to practice your skating skills! Plus, each month we'll have a fun theme to add to the excitement. Whether you have your own skates or need to borrow a pair from us, everyone is welcome to participate in this enjoyable family activity. Lace-up and get ready to roll!

Family & Homeschool Activities

Bounce-N-Play

Fridays, Jan. 8 – April 29 | 9:30 to 11 a.m. | Age: 2 to 5 | Non-Member Cost: \$5 per child (adults are free); Member Cost: Free

Get out of the house and enjoy some time playing in our Field House! We will have a Bounce House set up and will also incorporate other child-appropriate activities.

Homeschool Gym

Mondays | 1 to 2 p.m. | Age: K - Grade 5 | Instructor: Betty Dean | Non-Member Price: \$20 per child, per 5-class session | Member Price: \$14 per child, per session | 10% discount per child for families with 3 or more children | Drop-ins: \$5 per child, per class

Mondays | 12 to 1 p.m. | Grade 6 - Grade 12 | Instructor: Betty Dean | Non-Member Price: \$20 per child per 5-week session | Member Price: \$14 per child, per session | 10% discount per child for families with 3 or more children

Session 1: Jan. 8 - Feb. 5, 2024 | **Session 2**: Feb.12 - March 11 | **Session 3**: March 18 - April 29 (**No class April 1 & 8**)

The Kroc Homeschool Gym Class is specifically crafted to instill the significance of healthy living in students through sports and physical fitness activities. Children are invited to engage in instructor-led group games and receive individual instruction, promoting an active and wholesome lifestyle.



Enrollment for Summer Day Camp starts soon!

Hark! A grand adventure awaits, for the Summer Day Camp shall unfurl its banners on the tenth day of June in the year of our reckoning, 2024. Nine weeks of wonder and merriment shall ensue, and you, dear seeker of thrills, are invited to join in.

Behold! The community room shall open its doors on Thursday, the eleventh of April, as the sands of time mark 5:30 p.m., to reveal the secrets of the camp's enchantments. Be sure to mark your scrolls and join us for this wondrous gathering.



For more information, please contact Dolores Seidel, Learning Zone Director, at 419-281-8001 ext. 62821 or dolores.seidel@use.salvationarmy.org.

Family & Homeschool Activities

Homeschool: Art and Mediums

Mondays | 12 to 1 p.m. | Age: K - Grade 5 | Instructor: Tanner Frazier | Non-Member Price: \$25 per child, per 5-class cycle | Member Price: \$20 per child, per 5-class cycle (10% discount per child for families with 3 or more children) | \$10 per person materials fee

Mondays | 1 to 2 pm | Grade 6 - Grade 12 | Instructor: Tanner Frazier | Non-Member Price: \$25 per child, per 5-class cycle (\$4/class) | Member Price: \$20 per child, per 5-class cycle (10% discount per child for families with 3 or more children) | \$10 per person materials fee Session 1: January 8 through February 5 Session 2: Feb. 12 through March 11 Session 3: March 18 through April 29 (No class April 1 & 8)

Calling all young artists! Join our Creative Explorations Homeschool Art Class, a stimulating 5-week program tailored for homeschool students. Dive into a world of artistic wonders where creativity knows no bounds

Open Gyms

Open Gym & Field House

Please be aware that the gym and Field House might be unavailable due to rentals, classes, or special events. For the latest information about our open hours, please call us.

Open Walkers

Monday-Fridays | 5:15 to 9 a.m. | Cost: Free Enjoy some indoor walking in the Field House or Gym and work on logging those miles!

Open Gym Free Time

(\$5 for non-members, free for members): Monday - Friday: 5:30 a.m. to 2:30 p.m. and 5 to 9 p.m. | Saturdays: 7:30 a.m. to 6 p.m. Sundays: Members only, 1 to 6 p.m.

Open Field House Free Time

(\$5 for nonmembers, free for members): Monday - Friday: 5:30 a.m. to 2:30 p.m. January through March, Kroc Soccer team practices will take priority.

Open Gyms

Open Field House continued:

When Kroc Soccer practices are not taking place, the Field House will be open from 5 to 9 p.m.

Saturdays: January through March, the Field House will be closed for Kroc Soccer Games

Sundays: Members only, 1 to 6 p.m.

Open Basketball

Fridays, Jan. 26, Feb. 23, March 22 & April 26 | 5 to 8 p.m. | Ages: 16+ | Non-Member Cost: \$5 per session | Member Cost: Free

Join fellow basketball enthusiasts for thrilling matches and friendly competition during our Open Men's and Women's Basketball Program. All skill levels are welcome, so come and enjoy the excitement of the game!

Youth Soccer Skills

Ages: 8-13: Fridays, Jan. 19, Feb. 16, March 15 & April 19 | 5 to 6 p.m. | Member Cost: Free Non-Member Cost: \$5 per person

Ages 14-18: Fridays, Jan. 26, Feb. 23, March 22 & April 26 | 5 to 6 p.m. | Non-Member Cost: \$5 per person | Member Cost: Free

Get ready to enhance your agility and precision with targeted footwork drills. Our experienced coach will guide you through a series of exercises designed to improve your control, balance, and speed on the ball. Whether you are a seasoned player or just starting out, these drills will fine-tune your footwork for greater on-field success.

Open Soccer

Youth Sessions (Ages 8-13): Fridays, Jan. 19, Feb. 16, March 15 & April 19 | 6 to 8 p.m. | Member Cost: Free Non-Member Cost: \$5 per person

Ages 14+ Sessions: Fridays, Jan. 26, Feb. 23, March 22 & April 26 | 6 to 8 p.m. | Non-Member Cost: \$5 per person | Member Cost: Free

Join our Open Soccer sessions for an exciting night of lively matches! Grab a friend, showcase your soccer skills, and enjoy a fun-filled evening. Come and be a part of the action!

Open Volleyball

Tuesdays, Jan. 9 - April 30 | 7 to 9 p.m. | Ages: 16+ | Non-Member Cost: \$5 per session | Member Cost: Free Dive into the world of friendly competition and teamwork with our Open Volleyball sessions! Whether you're a seasoned player or a beginner looking to improve your skills, our volleyball program welcomes participants of all levels and ages. Join us for exciting matches, thrilling rallies, and a great way to stay active and socialize. It's a fantastic opportunity to meet new people, enhance your volleyball techniques, and enjoy the thrill of the game. Grab your friends, lace up your shoes, and get ready to spike, set, and serve your way to fun and fitness on the volleyball court!

Youth Volleyball Skills

Tuesdays, Jan. 9 – April 30 | 6 to 7 p.m. | Ages: 8-15 | Non-Member Cost: \$5 per session | Member Cost: Free Come and join us for an opportunity to enhance your volleyball skills alongside your friends! This session will be overseen and gently guided, providing a perfect chance to practice your ball-handling techniques in a group setting. It's a valuable opportunity to refine your volleyball skills while enjoying the game in a supportive environment. Don't miss out on this fantastic chance to learn, grow, and have fun on the volleyball court!

Did you know we have Personal Trainers available?

If you would like some guidance in reaching your fitness goal for the new year or you want to take your workouts to the next level, we have three highly-qualified and helpful personal trainers available. For more information, please contact Member Services by stopping by a Welcome Desk or calling (419) 281-8001.

Sports, Fitness, and Recreation

Dancing with the Smarts

Wednesdays, Jan. 10 – March 27 | 6 to 7 p.m. | Age: 16+ | Per Person Non-Member Cost: \$7 Per Person | Member Cost: Free | Instructors: Marline and Daniel Smart | Community Room Join us for a delightful experience in the world of dance! Dancing, an enjoyable and interactive form of exercise, is open to everyone. Explore the charm of easy ballroom dances where you'll master steps for the Waltz, Foxtrot, Swing, Rhumba, Cha-Cha, Bolero, and more. It's not just a great time, but also an excellent workout! This class is perfect for staying active with a friend or significant other. Both beginners and experienced dancers are welcome. While signing up as a couple is recommended, it's not mandatory. Come and dance your way to fitness and fun!

Adult Self Defense

Mondays, Jan. 8 – March 25 (no class Jan. 15 & Feb. 19) | 5:30-7 p.m. | Age: 16+ | Member Cost: \$40 | Non-Member Cost: \$52 | Instructor: Ted Weaver

Week by week, you'll delve into a variety of self-defense strategies, from basic blocks and strikes to effective counterattacks. Through interactive demonstrations and hands-on practice, you'll gain proficiency in situational awareness, de-escalation tactics, and assertiveness training. The class will cover various scenarios, teaching you how to respond confidently and decisively.

- Expert Instruction: Our skilled instructors provide expert guidance, ensuring you understand and master each technique.
- Real-Life Scenarios: Explore common real-life situations and learn how to react effectively and safely.
- **Empowerment:** Build physical and mental strength, boosting your confidence in handling challenging situations.
- **Supportive Environment:** Train in a supportive and encouraging atmosphere, where you can learn at your own pace.

By the end of the 10-week program, you'll not only possess valuable self-defense skills but also a heightened sense of awareness and self-assurance. Join us and invest in your safety. Together, let's build a community of empowered individuals who can confidently navigate the world around them.

Kids Self Defense

Beginners: Thursdays, Feb. 1 to April 11 (no class April 4) | **5 to 6:30 p.m.** | Age: 7 to 12 | Member Price: \$40 | Non-Member Price: \$52 | Instructor: Addison Sevin

Intermediate: Thursdays, Feb. 1 to April 11 (no class April 4) | 6:30 to 8 p.m. | Age: 7 to 12 | Member Price: \$45 | Non-Member Price: \$70 | Instructor: Addison Sevin

Train in ways to protect yourself using karate, arnis, kali and silat techniques with judo and hapkido throws and takedowns. Students will have an opportunity to break boards, also. This is a fun class to earn belt ranks and get fit!

Drop-In Fitness Classes

All the following Drop-In Fitness Classes are FREE to members of the Kroc Center and are just \$7 per person for non-members. Discount passes are available.

Praise Craze: Mondays at 6 p.m. | Instructor: Annie Hoffman | Community Room

Discover a unique fitness experience with our Christian music-inspired class, similar to Zumba! This energetic workout session blends lively Christian music with dynamic movements, offering a calorie-burning exercise suitable for all fitness levels and ages. This effective fitness program incorporates aerobic training, combining slow and fast rhythms to help tone and sculpt your body, ensuring a comprehensive workout that's both enjoyable and beneficial. Join us for an uplifting exercise session that nourishes your body and spirit!

Sports, Fitness, and Recreation

X-Treme Hip Hop with Jamie: Tuesdays at 6 p.m. | Instructor: Jamie Fry | Community Room Introducing Xtreme Hip-Hop, an exhilarating step aerobics program that offers a lively cardio workout suitable for individuals of all ages and fitness levels. This energetic exercise routine combines stepping with upbeat music, giving a fresh twist to the traditional step program. Whether you're a beginner or a fitness enthusiast, everyone is invited to join in the fun and discover how Xtreme Hip-Hop can transform lives!

Body Boot Camp/Power Cardio with Jamie: Thursdays at 6 p.m. | Instructor: Jamie Fry | Community Room

Work at your own pace as your instructor takes you through a series of both strength training and cardio full-body movements that'll have you sweating and your muscles burning. Feel strong, powerful, and accomplished! Bootcamp class! This is a great class to start your fitness journey or continue your way to your strength goals.

Functional Fitness: Saturdays at 9 a.m. | Instructor: Taylor Anderson | Fitness Center (maximum of 10 students)

Join us in our cutting-edge fitness center and engage in Functional Fitness, a specialized strength training program designed to prepare your body for everyday tasks. These exercises focus on enhancing your abilities for real-life activities such as bending, twisting, lifting, loading, pushing, pulling, squatting, and hauling. Join us and build the strength and agility needed for a more functional and active lifestyle.

Drop-In Yoga Classes

All the Yoga Classes below are FREE to members of the Kroc Center and are just \$7 per person for non-members. Discount passes are available.

YogaFaith: Mondays at 9 a.m. & Saturdays at 8 a.m. | Instructor: Steph Beverly

In our Yoga Faith class, you will embark on a journey of self-discovery and holistic wellness. Guided by an experienced instructor, you'll learn traditional yoga poses and breathing techniques aimed at enhancing flexibility, strength, and balance. This class is designed to provide the physical, mental, and spiritual benefits of yoga in a Christian environment.

Buti Yoga: Tuesdays & Saturdays at 9 a.m. | Instructor: Jennifer Burdette

Buti Yoga is a soulful blend of power yoga, cardio-intensive tribal movement, conditioning, and deep abdominal toning. This workout tones and sculpts the entire body while facilitating complete inner transformation. The beat-blended movements force you out of your head and into your body.

Deep Yoga Stretch: Tuesdays at 10 a.m. | Instructor Jennifer Burdette

Deep Yoga Stretch is a unique blend of strength training and fundamental movements aimed at enhancing your balance and flexibility. Tailored for individuals seeking a low-impact workout, this class focuses on improving core strength and stability without putting stress on joints. Suitable for participants of all ages and fitness levels, it's an ideal choice for those desiring a gentle yet effective exercise routine. Join us and experience the benefits of enhanced balance, flexibility, and overall well-being!

BELONG YogaFaith: Wednesdays at 10 a.m. | Instructors: Jody Thomae & Kim Boyd

Join us for a faith-based stretching and strengthening class where EVERYONE BELONGS! A multi-generational class where we will STRETCH OUR FAITH together while weaving together flowing movements, scripture themes, and worship music. Both chair and mat options are demonstrated so you can adapt your practice to what works for you and your body on any given day and at any given moment. Bring your mat and props; chairs are provided.

Sports, Fitness, and Recreation

Drop-In Spin Classes

All the Spin Classes below are FREE to members of the Kroc Center and are just \$7 per person for non-members. Discount passes are available.

Spin with Heidi: Mondays & Wednesdays at 6 p.m. | Instructor: Heidi Jentes
Embark on an exhilarating journey from the flat planes to the hills in our Spin Class, meticulously crafted to
maximize fat-burning and strength-building. This immersive ride replicates diverse terrains, challenging you
with rolling hills, sprints, and engaging drills that create a powerful interval workout. Discover the motivation
you need to reach your personal fitness goals as you pedal through this dynamic experience. Whether you're a
novice or an experienced cyclist, everyone is welcome to participate and thrive in this class designed for riders
of all levels!

Crank of Dawn: Tuesdays & Thursdays at 6 a.m. | Instructor: Heidi Jentes
Start your day off right with Heidi in this high-energy cycling class. Head out on a journey without leaving the
Spin room with this simulated road ride using fast flats, steady hills, sprints, and interval training.

Cycle Craze: Tuesdays at 6 p.m. | Instructor: Jennifer Boerwinkle
Don't miss out on the fitness revolution that is Cycle Craze. Join us for a ride like no other and experience the power of pedal perfection!

Slow & Steady with Jennifer: Wednesdays at 9 a.m. | Instructor: Jennifer Burdette
This low-impact ride takes place primarily in the saddle. The focus on this positioning helps to protect the riders'
joints, making it a more accessible class type.

Spin with Jennifer: Thursdays at 6 p.m. | Instructor: Jennifer Burdette
Whether you're a dedicated cyclist or simply enjoy the calorie-burning intensity of Spinning, this class is tailored just for you! Experience the ultimate fitness boost through this high-energy ride, designed to elevate your endurance and strength using cadence and heart rate drills. Join us and unlock a new level of fitness while enjoying the exhilarating benefits of our Spin Class! Get ready to pedal your way to a healthier, fitter you!

Saturday Spin: Saturdays at 10 a.m. | Instructor: Jennifer Boerwinkle

Join us for an exhilarating Saturday Spin Class experience that will kickstart your weekend with energy and vitality! Our expert instructor will guide you through a dynamic and invigorating cycling journey, set to the beat of energizing music. Whether you're a seasoned cyclist or a first-timer, our Saturday Spin Class is designed to accommodate all fitness levels.

Parties & Rentals



Calling All Coaches:

Want to get a head-start on training for spring sports, or an alternative location to practice on rainy days? We have batting cages and soccer equipment readily available, and both our Field House and Gym can be rented on an hourly basis!



Birthday Parties

Have your next birthday party at the Ashland Kroc Center with many activities and packages to choose from, including:

- Indoor Water Park
- Laser Tag
- Spray Park
- Bounce house
- Indoor Soccer
- Roller-skating
- Basketball or Volleyball
 Zorbs

Pricing:

\$210 Standard Package (Gym or Field House) \$260 Activity Package



Special Events

- Community Room: This space is ideal for birthday parties, baby or bridal showers, graduation parties, or sports banquets.
- The Worship Center: The Worship Center is available to rent with seating for up to 250 people. Great for meetings. performances, and so much more!

Group Activities

Are you looking for a fun activity for your class, youth group, scouting organization or team? The Kroc Center offers Group Rental throughout the year! To use the Gym or Field House, ask our Event Manager about this wonderful opportunity!

Indoor Waterpark Parties:

Indoor Waterpark party packages include 1 hour in a party room and 1.5 hours in the Waterpark. A multipurpose room near the Waterpark is available for this party package, which includes rectangular tables and seating. There is a counter and sink area for party items and food.

Pricing: \$340 for up to 20 participants \$470 for up to 35 participants

Spray Park Parties

Spray Park party packages include 2-hour rental of the pavilion located in the Spray Park and 2-hours of fun at the spray park. There are 6 six outdoor picnic tables for use during your party.

Pricing: \$95 for up to 20 participants | \$130 for up to 35 participants

THINGS TO NOTE ABOUT **RENTALS AT THE KROC:**

- A non-refundable deposit and signed contract are required to secure booking.
- You can bring your own food, drinks, and decorations.
- NO alcohol, red-dye drinks, glitter, or confetti are permitted.
- Guests are encouraged to bring a cooler to keep food items cold. Due to Dept. of Health restrictions, there is NO ACCESS TO KITCHEN OR REFRIGERATORS







For more information, please go to: https://easternusa.salvationarmy.org/ashland-kroc/rentals/ or call our Event Manager at (419) 281-8001.

WHERE NEEDS ARE MET AND MEMORIES ARE MADE!





Why get a Kroc Membership?

- Indoor Waterpark
- Outdoor Spray Park
- Fitness Center
- Drop-in Classes
- Playcare
- Family Events
- Program Discounts
- Rental Discounts