

KROC

Program Guide | Fall 2025



ashlandkroc.org







WHO WE ARE:

The Kroc Center is a community center where all children, youth, and adults can participate in a safe and fun environment. As part of a network of 26 Kroc Centers around the nation, we are committed to a common goal:

In keeping with the mission and holistic approach of The Salvation Army, The Salvation Army Ray & Joan Kroc Corps Community Center provides opportunities that facilitate positive, life-changing experiences through: art, athletics, personal development, spiritual discovery, and community service. The Salvation Army Kroc Center's facilities, programs, and services bridge the gap between potential and opportunity for children and adults, strengthen individuals and families, and enrich the lives of seniors.

Proud Partner Agency of:



Our Core Values

ASPIRE

Acceptance
Service
Personal Growth
Integrity
Respect
Excellence



CONTACT US

The Salvation Army Ray & Joan Kroc Corps Community Center 527 East Liberty Street | Ashland, Ohio 44805 | Phone: (419) 281-8001 | Fax: (419) 281-3909 | Food Pantry Phone: (419) 282-4223 | ashlandkroc.org Follow us on: (f) ashlandkroccenter (G) ashlandkroc



Kroc Operating Hours: September 2 - December 31, 2025

Operating Hours		Holiday Hours & Early Closures	
Monday – Friday	5:15 a.m. – 8:30 p.m.	Mon., September 1	Closed for Labor Day
Saturdays	7:30 a.m. – 6 p.m.		
Sundays	1 – 6 p.m.	Thurs., October 30	Close at 5 p.m. for Ashland Trick or Treat
Waterpark Hours		Wed., November	
Monday – Thursday	4 – 7 p.m.	26 (Thanksgiving Eve)	Saturday Hours
Fridays	9 a.m. – 12 p.m. & 4 - 8 p.m.	Thurs., November 27 & Fri., November 28	Closed for Thanksgiving Day & Day After
Saturdays	10 a.m. – 6 p.m.		
Sundays	1 – 6 p.m.	Sat., December 6 (Ashland Christmas	Building: 7:30 a.m. – 2 p.m. Waterpark:
PlayCare Hours		Parade)	10 a.m. – 2 p.m.
Monday – Thursday	8:30 – 11 a.m. & 5 – 7:30 p.m.	Christmas Break Dec. 22 & 23, Dec. 26 – Jan. 2	Saturday Hours
Fridays	8:30 - 11 a.m.		
Saturday & Sunday	Closed	Wed., Dec. 24 (Christmas Eve)	Building: 7:30 a.m. – 2 p.m. Waterpark: 10 a.m. – 2 p.m.
Social Service Hours			10 α.Π. – 2 μ.Π.
Monday – Friday	9 a.m 3 p.m.	Thurs., Dec. 25	Closed for Christmas Day
Saturday & Sunday	Closed	Wed., Dec. 31	Building: 7:30 a.m. – 2 p.m.
		(New Year's Eve)	Waterpark: 10 a.m. – 2 p.m.
		Thurs., January 1	Closed for New Year's Day

Majors Billy and Annalise Francis

Sunday Worship

- 10 a.m. Worship Service with Majors Annalise and Billy Francis
- 10:30 a.m. Youth Sunday School and Corps Cadets
- 11:15 a.m. Adult Sunday School and Kids Recreation Time

Our Church

The Salvation Army Church is a place where all types of people from different walks of life gather to study the Bible, worship God, spend time with friends, and serve our community in many ways. Within The Salvation Army Church, Christian faith is expressed through active service. The vision of The Salvation Army has always been to lead men and women into a proper relationship with God. The Army recognizes that physical, emotional and social restoration must go hand in hand with spiritual rebirth. The Army practices an integrated ministry, uniting spiritual, social, and physical support. Operations of The Salvation Army are supervised by ordained, commissioned officers who proclaim the gospel and serve as administrators, teachers, caregivers, pastoral counselors, youth leaders, and musicians. These men and women have dedicated their lives, skills, and service completely to God.

Adult Ministries

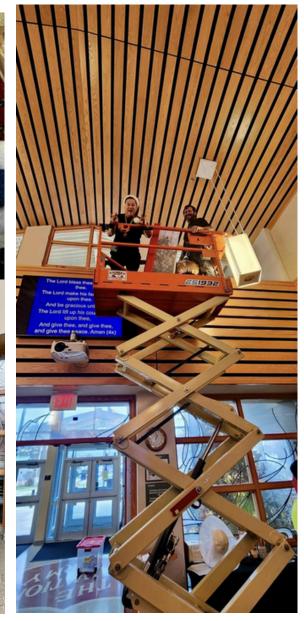
- Wednesday Night Ladies Ministry at 6 p.m.
- Wednesday Night Adult Bible Study at 6 p.m.

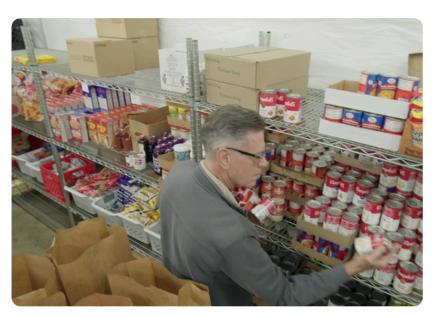
Youth Ministries

- Sunday School
- Fellowship Opportunities
- Youth Councils
- · Corps Cadets
- Vacation Bible School
- Opportunity to attend Camp NEOSA
- · Youth Arts Ministries









Extending Love throughout Ashland County

The Social Services ministry provides a compassionate and realistic response to families and individuals in crisis. Persons applying need to be below 200% of the federal poverty guideline.

Persons applying are asked to bring a photo ID, proof of household income and proof of address.

Applicants for assistance must be residents of Ashland County. Each head of household must complete and sign an intake form.

Our goal is to achieve long-term solutions to problems to enhance family stability. During the one-on-one interview with the Emergency Assistance Case Manager, solutions to the underlying cause of the crisis are addressed through referrals and advocacy.

We Provide the Following Services:

- Case Management and Planning Assistance
- Emergency Utility Assistance (in disconnect status) for gas, water, electric and propane
- Housing Application Assistance for permanent housing if homeless
- · Housing Rental Application Fee Assistance
- Gas Vouchers
- Birth/Death Certificate Assistance
- Driver's License Renewal/Replacement
- · Community Lunches
- · Grocery Assistance
- Resource/Referrals

Community Meals

- Monday-Friday, 11-11:30 a.m., Community Room
- All are welcome to enjoy a warm lunch, available free of charge, no questions asked.

Food Pantry

- Hours of Operation: Monday 11 a.m. to 2 p.m.; Tuesday-Friday, 10 a.m. to 2 p.m.
- Location: The Food Pantry is located in the Annex Building, in the west parking lot across from main building of the Ashland Kroc Center
- Qualifications: You can receive assistance once a month. If your need is greater than once a month, please come to the Social Services Office in the main building and your situation will be reviewed.

Thank you to the United Way of Ashland County for their generous support of our assistance programs!



Social Services





2025 Christmas Assistance Program

The Salvation Army hosts Christmas Assistance Programs to help seniors and families with children 12 years and younger, that are at or under 200% of the federal poverty level, celebrate Christmas with gifts of toys, clothes, and food.

Registration: Oct. 6 - Nov. 21

Gifts and food distribution: Dec. 17-19

What you will need to sign up-photo I.D., proof of address, proof of age for children (birth certificate or benefit card), toy wish and clothing size for each child (ages 12 and under). Sign up is secure and easy at: www.saangeltree.org



Get Involved at The Kroc!





Be a part of making the season brighter for our friends and neighbors in Ashland County and help raise valuable funds that will help them well beyond the holidays by volunteering

Help is needed with:

- · Halloween Event, October 31
- Thanksgiving Dinner on Monday, November 24, 6:00 6:45 p.m.
- Craft Show on Saturday, November 29, 10 a.m. 2 p.m.
- Deck the halls and help decorate The Kroc! Date TBD
- Christmas Assistance Program Gift Distribution: Dec. 17-19
- Bell Ringing, multiple days/locations,

To learn about how you as an individual, family, club or service group can sign-up to take part in The Salvation Army's iconic Red Kettle campaign, please contact Ashley Hall, Event/Volunteer Manager, at (419) 281-8001 or Ashley.Hall@use.salvationarmy.org.



DONATE

At The Salvation Army's Ashland Kroc Center, our ministry is motivated by the love of God, our mission is to preach the gospel of Jesus Christ and to meet human needs in His name without discrimination.

In 2024, we provided **28,304 participants with groceries and meals.** That includes **1,193 Senior Citizens**. We also provided those Senior Citizens with Commodity Boxes filled with non-perishable food items. We served approximately **10,889 hot meals** to those with need. With the help of many local partners, we gave **1,558 Christmas toys** and **4,500 free summer lunches** to children. In addition, we provided before and after-school childcare and a summer day camp program.



We can't do this alone. We need your continued help and support. As inflation and homelessness continue to increase, we are seeing a sharp increase in local need. We anticipate that trend will continue. Please consider a gift of any amount to help those who are less fortunate.

ADOPT-A-FAMILY & ANGEL TREES FOR CHRISTMAS

Last year, The Salvation Army's Ashland Kroc Center served more than 2,800 social service clients per month. In 2025, with inflation and homelessness on the rise, we are already seeing a sharp increase in need for social services and emergency assistance. As we approach the holiday season, we anticipate that trend will continue with an increased need for Christmas assistance.



If you feel led to help an Ashland County family this holiday, we have two opportunities:

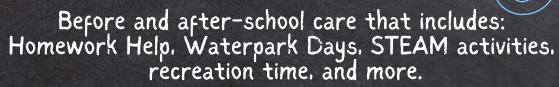
- 1) Adopt-A-Family: Choose the family size to sponsor and purchase items from the child's wish list along with items for the adult(s).
- 2) Angel Tree: Visit one of our partner locations, select an Angel Tag, purchase the gift, and return it to The Ashland Kroc Center.

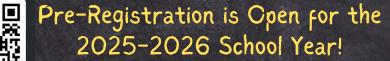
For more information, please call (419) 281-8001.











For more information contact:

Michael Zickefoose, Education Director

419-289-4703 | Email: michael.zickefoose@use.salvationarmy.org



CLUB STUNT FALL SEASON

Dates: Tuesdays, September 2 -

December 2

Time: 6 - 7:30 p.m.

Age: 8-14

Instructors: Coach Joy Downing

Cost: Members - \$200

Non-members - \$275





Arts

Ashland Kroc Youth Theatre

The Ashland Kroc Youth Theatre program has a holistic approach to learning vocal, acting, movement, and stage techniques in the process of being part of a production from start to performance. We seek to inspire the development of each performer in an encouraging, cast-oriented, Christ-centered environment. Shrek The Musical JR. will be Ashland Kroc Youth Theatre's production for this year! It's a "big bright beautiful world" as everyone's favorite ogre, Shrek, leads a cast of fairytale misfits on an adventure to rescue a princess and find true acceptance. Part romance and part twisted fairy tale, Shrek JR. is a daringly fun show with a powerful message for the whole family.

Auditions: Tuesday, September 2 and Wednesday, September 3, 5 p.m. – 8 p.m. Ages: 8-17 (high school senior); Callbacks, if needed- Thursday, September 4 at 6 p.m. Be prepared to sing 16-32 measures of a musical theatre (or Disney/ DreamWorks) song of your choice- sheet music required; accompanist provided, or auditioner may bring an accompaniment track (media player provided). Some may be asked to read from the script. Bring a list of scheduled conflicts.

Rehearsals: Mondays and Thursdays, 5 p.m. - 7 p.m., beginning September 8 until show time. There are some additional rehearsals the few weeks before performances, and for actors with leading roles.

Performances: January 16, 17, and 18, 2026 at The Ashland Theatre. Backstage crew and parent volunteers will also be needed closer to production time.

Instructors: Majors Billy and Annalise Francis, and Amy Morgan, Youth Ministry Coordinator

Cost: Members - \$75, Non-members - \$120.

Full audition information is available by scanning the QR code to the right:







The Ashland Kroc Youth Theatre presents...

SHREKUSICALTD

Based on the DreamWorks Animation Motion Picture and the Book by William Steig

Book and Lyrics by David Lindsay-Abaire Music by Jeanine Tesori

Show Days & Times: FRIDAY, JANUARY 16, 7 PM

FRIDAY, JANUARY 16, 7 PM SATURDAY, JANUARY 17, 3 PM & 7 PM SUNDAY, JANUARY 18, 3 PM

Performance Location:

The Ashland Theatre
212 Center Street | Ashland, OH 44805



Tickets will be available to purchase in December, and can be purchased at: https://theashland.org/

Art Classes



INTRO TO ANIME

Instructor: Abby Mozina

Dates: Tuesdays, September 23 to November 4 | 5:30 to

6:30 p.m.

Ages: 13 to 18 yrs

Cost: Non-Members - \$100 | Members - \$75

There is a minimum of 5 students and a maximum of 15 for

this class.

Dive into the vibrant world of anime and manga through this immersive, creative class! Designed for both newcomers and passionate fans, this course blends artistic skill-building with cultural exploration, offering students a well-rounded experience.

BALLROOM DANCING WITH THE SMARTS

Dates: Wednesdays I Sept. 10 - Nov. 19 | 6 to 7 p.m. I

Age: 16+

Instructors: Marline and Daniel Smart

Cost: Members - Free | Non-Member Single - \$10 | Non-

Member Duo - \$18

Dancing is a fun and interactive form of exercise. Anyone can participate in these easy ballroom dances. You will learn steps for the Waltz, Foxtrot, Swing, Rhumba, Cha-Cha, Bolero and others and have a great time and get a good workout too while doing it! A fun class to take to be active with your friend or loved one. Beginning and experienced dancers welcomed. Please sign up with a partner if you can.

FUSED GLASS

Dates: Thursdays, 6 to 7:30 p.m. **Two Sessions** (3 classes each):

Session 1: September 25, October 2, 9 Session 2: October 23, November 6 & 13

Instructor: Abby Mozina | Age: 16+

Cost: Members - \$75 | Non-Members - \$85

There is a minimum of 4 students and a maximum of 8 for

this class.

Fused glass involves layering cuts and bits of colored glass, then firing them in a kiln at around 700–820 °C (\sim 1,300–1,500 °F) until they meld smoothly into a single piece—usable as dishes, art panels, jewelry, and more.

CHIX WITH STIX: KNIT AND CROCHET CIRCLE

Dates: Tuesdays and Wednesdays 9 - 11 a.m.

Cost: Free

This ministry was created by our dear June Metcalf who built a lasting family of knitters and crocheters all working together to teach, learn and grow from one another.

Join our welcoming Knit & Crochet Circle, where creativity and camaraderie come together! Whether you're a seasoned expert or just starting out, this is a space to relax, work on your projects, and share ideas with fellow fiber enthusiasts. Bring your knitting needles, crochet hooks, and yarn, and enjoy a morning of stitching, conversation, and inspiration. All skill levels are welcome!





Aquatics

FALL 2025 AQUATICS PROGRAMS

Make a splash with the whole family at the Kroc Center's Indoor Water Park! From exciting spray features and a zero-depth toddler play zone to a relaxing lazy river and two thrilling multi-story slides, there's something for everyone to enjoy. It's the ultimate destination for family fun right here in Ashland. Flip to page 2 for our current schedule!

RIVERWALK:

Wednesdays and Fridays, 8 – 9 a.m.

Join us for a minimal impact workout in the lazy river, Wednesdays and Fridays throughout the fall. Our heated aquatics facility offers a great chance to relax and enjoy low-intensity exercise.

MOMMY AND ME SWIM:

Dates: Mondays, Sept. 8 - Nov. 17 **Time:** 9 - 10 a.m. | **Ages:** 0-2

Cost: Members - Free | Non-Members - \$5

Calling all new moms and grandmothers! Bring your little ones to our aquatics facility for a bonding experience like no other. Spend time floating with the new addition/s to your family and meet other mothers in a safe, quiet setting. Childcare for children over two is provided in our Playcare Room during these hours!



Children & Family Programs

SELF DEFENSE WITH TED WEAVER

Dates: Mondays, September 8 – November 17 &

Final class on Thursday, Nov. 20

Times: Youth: 5-6:30 p.m. | Adults: 6:30-7:30 p.m.

Instructor: Ted Weaver

Cost: Members - \$45 | Non-Members - \$55

Ted Weaver has travelled all around the world honing his craft, and he now spends his time sharing his love of martial arts and his love of Christ with those around him. Join Ted as he introduces students to the core fundamentals of self-defense with an emphasis on self-assurance and situational awareness. Students will learn various techniques from multiple disciplines and will apply those techniques in a challenging and confidence building environment.

CLUB STUNT: FALL SEASON

Dates: Tuesdays, September 2 - December 2

Time: 6 - 7:30 p.m.

Age: 8-14

Instructors: Coach Joy Downing

Cost: Members - \$200 | Non-members - \$275

Scholarships are available.

Welcome to the fall season of Club STUNT! We are so excited to move into our second year. New participants are always welcome. Our wonderful coach, Joy Downing, who is a former Ashland University athlete and alumna, works with our young girls to develop and build on their technique, athleticism, and more as they look forward to middle school and high school athletics. Our aim is to not just teach Stunt, but also help them grow in confidence and strength, while empowering our young girls through this sport. Whether they have no experience at all, or some experience in cheer, dance, or gymnastics, no matter the current skill level, this is for her! We will continue to learn the basics of STUNT and safety. They will also have the opportunity to participate in and watch exhibitions, and more, as they gear up for future competitions! Spots are limited, so sign up today!



Fun Fridays at The Ashland Kroc Center:

5-7 p.m. | Members - Free; Non-Members - \$7 Friday Evenings, September 5 through December 19.

Please Note: These are not drop-off events. Children must have a parent or guardian with them to attend.

Family Fun Night - First and Third Friday of the Month

Sept. 5 & 19, Oct. 3 & 17, Nov. 7 & 21, Dec. 5 & 19

Bring the whole family to the Kroc Center and enjoy a night out together! We will offer a variety of activities each month which may include laser tag, bounce houses, the LU interactive system, games and crafts, karaoke, etc.

Friday FunFit - Second Friday of the Month

Sept. 12, Oct. 10, Nov. 14 & Dec. 12

Bring your whole family to the Kroc Center for a night of fun activities geared toward exercise and sports! Activities may include batting cages, climbing wall, the LU interactive system, NERF wars, laser tag, etc. Please Note: The climbing wall, when open, will be available for an additional charge of \$5 per participant.

Family Skate Night - Fourth Friday of the Month

Sept. 26 & Oct. 24 (no November session due to facility closure)

Roll your way through the end of the month with Family Skate Night at the Kroc!

BOUNCE-N-PLAY:

Fridays, October 3 - December 12 | 9 a.m. – 11 a.m. | Members - Free, Non-Members - \$5 (Ages 2-5) Get rid of the Friday Furies at the Kroc Center's BOUNCE-N-PLAY. With games, activities, music, and bounce houses, there is no better way to burn some energy than at the Kroc!

Recreation Programs

OPEN PICKUP BASKETBALL GYM

All Ages: Sundays, 2 – 6 p.m. | **Cost:** Members - Free | Non-Members - \$5 Join us at the Kroc for Open Basketball Time in the Gym. With a full-size court and plenty of room for full or half-court pickup games, there is no better place to ball out.

OPEN TWO-HAND TOUCH FOOTBALL: FIELDHOUSE

Ages: 15 - Adult: Tuesdays, 5-7 p.m. | **Cost:** Members - Free | Non-Members - \$5 Get those touches in at the Kroc Center this fall! Whether you want to relive the glory days or just spend time getting some exercise, the Kroc Center's touch football hours are a great way to have fun and start the week off strong!





FITNESS CLASSES AVAILABLE!

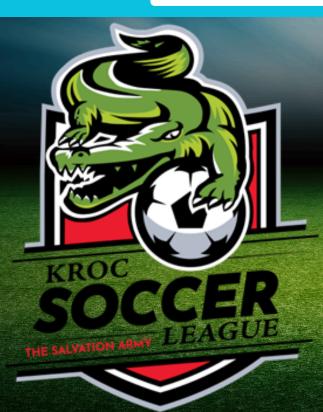
We have a variety of fitness classes available for members and nonmembers alike. Visit our website, call, or ask the front desk for an updated fitness class schedule. We hope to see you there!



New

THURSDAYS, SEPT. 4 - OCT. 16 5 - 7 P.M. | AGES: 12 - 15 | **COST: \$40 NON-MEMBERS,** \$30 MEMBERS

Do you have a middle schooler that enjoys organized sports? Do they need to get out of the house and burn some energy? Join us for an incredible dodgeball league, hosted by The Ashland Kroc Center. A 7-week season of exciting dodgeball action awaits! Registration opens August 20, and the season runs Sept. 4-Oct 16. Includes a "Rock the Kroc" T-Shirt.



KROC SOCCER 2026

Key Dates:

Early Registration: Oct. 17 - Oct. 31 Registration: Nov. 1 - Nov. 30 First Practice: January 12, 2026 First Game: Jan. 24

Last Game: March 28

All participants must have shin-guards. Cleats are not permitted. Participants must be 5 years old by the first practice the week of January 12, 2026 and cannot be older than 10 years of age by that same time. Teams will be assigned by Kroc staff based on the child's age at the start of the season, and SPECIAL REQUESTS FOR TEAM ASSIGNMENTS WILL NOT BE PERMITTED. Volunteers wanted! If you are interested in coaching or refereeing opportunities this year, please contact us at

ashlandkrocsoccer@gmail.com



KROCTOBER HALLOWEEN FEST

Friday, October 31, 2025 Main Event- 6 p.m. – 8 p.m. Ghostly Glow Swim- 7:30 p.m. – 9 p.m.

HALLOWEEN FEST FEATURES:

Bounce Houses & Inflatables
Crafts, Games & Prizes
Food Trucks

Haunted Halloween Train
Spooky Skating
Meet Jack Skellington

GHOSTLY GLOW SWIM

Join us for the first-ever Glow-Swim at The Kroc Center! (Limit 100 swimmers)



HALLOWEEN FEST PRICING:

\$10-member, \$15 non-member

\$10-member, \$15 non-member

Purchase both and save \$5!

For more information go to ashlandkroc.org or follow us on Facebook and Instagram.



When the Drone Soccer program launches at The Ashland Kroc Center this fall, we'll be only the third location in the state of Ohio to offer this fast-growing, new sport. One of the goals of drone soccer programs is to inspire students to pursue education and careers in aerospace and science by leading students to build, program, fly and become successful team members.

Originating from Asia, drone soccer involves two teams of up to five players per team. Each player is equipped with a drone and has a position, similar to traditional soccer, and the drones are flown in a large cage. The winner is determined by the team that scores the highest number of goals.

We're proud to be partnering with Ashland City Schools on this new program. Our co-ed teams will be open to kids in grades 6 - 8 from any Ashland County school.

Interested in joining us? Scan the QR code to the right to sign-up to receive details once they're finalized for this fall!





BRAXTON MILLER FOUNDATION





WHITCOMB & HESS





The Ashland Kroc Center Corporate Partners Program





Simonson Construction has provided award-winning, comprehensive, design-build construction services since 1974. They take care of every aspect of construction, from concept to completion, managing the deadline and budget of each client's project as if they were their own.

To learn more about their dedication to helping businesses build and grow, please visit **simonsonconstruction.com.**

Join us in our efforts to create a happier, healthier community by becoming a Corporate Partner. In exchange for an annual gift, your name/logo will appear on Kroc Center marketing materials. In addition, Ashland Kroc Center Corporate Partners will receive 20% off one corporate event rental per year, discounts on a membership plans for their employees (12% off monthly or 15% off annual memberships).

Are you interested in learning more? Please contact Dan Lawson, Ph.D., Dir. Community Relations and Development, at (419) 289-3573.

Thank you to our newest Corporate Partner, Simonson Construction Services!



Continued gratitude goes out to our other Corporate Partners, including Chandler Systems & Directions Credit Union!









Welcome to The Ashland Kroc Center!

We're so glad you're here or planning to visit! Before we can have fun, there's just a few things we need to go over...

How to Register for Programs

We are transitioning to a new Class Registration website and app on May 6. Please see page 10 for more details. In the meantime, please stop by one of our Welcome Centers or call us at (419) 281-8001.

Scholarships

No one should be unable to participate in Kroc Center activities because of financial burden. As part of Joan Kroc's wish for the Kroc Center, we offer scholarship opportunities toward classes and activities. Applications and additional information is available at the Welcome Center or by calling (419) 281-8001.

Payments, Refunds, and Cancellations

Cancellations seven or more days prior to the first class will receive a full refund of the class and material fees. Cancellations after that point will receive a prorated refund for the number of classes, which have occurred (regardless of whether you have attended or not) minus a \$5 service charge. Material fees will not be refunded.

Refunds will be given when programs are cancelled due to low enrollment.

There will be a \$20 charge for each returned check. Use of The Kroc Center is not permitted until payments are made current. Checks will not be resubmitted and all future payments must be made in cash, credit, or debit.

For parties and room rentals, please see our Event manager or your rental contract for specific terms and conditions regarding payments and cancellations.

Code of Conduct

The Salvation Army Kroc Center of Ashland is committed to providing a safe and welcoming environment. In order to facilitate positive life experiences while visiting the Kroc Center, mutual respect between members, guests, and staff is required at all times. Failure to follow the Code of Conduct will result in disciplinary action and/or termination of membership or guest privileges. Some areas have individually posted rules. Please check these rules before entering the area. Kroc Center personnel have the right to refuse service to anyone deemed disruptive or abusive.

All members, program participants and guests must check in through the Welcome Desk.

- All members must present and scan their membership key tag when entering the facility.
- Enrolled program participants who are not members may only participate in their program and do not have the liberty to use the entire facility.
- Members opening entrance/exit doors to "sneak" individuals into the Kroc Center are in violation of The Salvation Army policy.
 - · Guests must present a valid state or government issued ID and complete a guest form and waiver.

Prohibited Actions

Our Code of Conduct outlines prohibited actions. The actions listed below are not an all-inclusive list of behaviors considered inappropriate in our facilities or programs:

- Inappropriate attire—Appropriate attire must be worn at all times. No clothing with vulgar language, obscene gestures, racial slurs or anything that would contribute to a hostile environment or would be considered inappropriate in a Salvation Army facility. Tops and bottoms should adequately cover a person's body based on the activity. Immodest or revealing attire is not allowed (chests and midriffs should be completely covered). Costumes are not permitted at non-costumed events or activities.
- Improper footwear Closed-toe athletic shoes are required on the fitness floor and in the gym. Footwear requirements may vary in aquatics area or select classes
- · Hostile or vulgar language, including but not limited to swearing, name calling and/or shouting
- · Physical contact with another person in any angry, uncomfortable or threatening way
- Any demonstration of sexual activity or sexual contact with another person
- · Harassment or intimidation by words, gestures, body language or other menacing behavior
- Photography, video or audio recording through a cell phone or any other electronic device of guests without permission or Salvation Army approval
- · Use of cell phones in locker rooms or where signage indicates cell phones are not permitted
- Improper use of the internet. The Salvation Army reserves the right to monitor the internet activity of our guests and staff, including websites they visit.
- Theft or behavior that results in the destruction of property. The Salvation Army is not responsible for lost, stolen or damaged personal items that are brought into the center. For Lost & Found items, please see a Member Services Associate.



Prohibited Actions Continued

- · Carrying open-carry or concealed weapon(s), devices or objects that may be used as a weapon
- · Being under the influence of or in possession of alcohol, mariuana, drugs or other controlled substances
- The use of any tobacco products on Kroc Center property (cigarettes, chew, snuff, vapor e-cigarettes, etc.).
- Smoking is only permitted in the designated smoking area located in the west side parking lot.
- Littering
- · Loitering is not permitted in or outside The Kroc Center
- Vandalism or damaging Kroc facilities or properties in any way
- Minors and individuals with disabilities requiring special care or who are unable to care for themselves must be properly supervised by an adult or guardian.
- No pets allowed unless participating in a program or are a service animal trained to perform a task related to a person's disability.

If a member, participant or guest feels uncomfortable about the behavior of another member/participant/guest or other issues that are in violation of the Code of Conduct, they should report the behavior to a Kroc Center team member. The Salvation Army (as a private corporation) reserves the right to suspend, cancel or terminate a member, guest, or program participant's right to services and/or facilities at its sole discretion.

Background Checks: The Salvation Army reserves the right to run background checks on its members and/or program participants as well as screening for sex offenders. The Salvation Army reserves the right to deny access or membership to any person who: violates the Code of Conduct, is a registered sex offender, or has been accused or convicted of any crime involving sexual abuse.

Waivers: When possible, guests are encouraged to download and fill out the guest form before arriving. Sign the general waiver. If you are under 18, your parent/legal guardian must sign the waiver. All guests must adhere to the code of conduct set forth by The Salvation Army.

Photo ID: All guests/non-members ages 16 and older must present a state or government-issued Photo ID with current address. Without a valid ID, guests/non-members will not be allowed into the facility.

Youth Guidelines

- · Children (17 & under) must be accompanied by an adult (parent or guardian) when in the facility, unless registered for a specific class, program, or activity that accepts youth.
- · Ages 13 and younger must be accompanied by an adult. Must have their parent or legal guardian sign the guest waiver.
- · Ages 14-17 may utilize fitness center, waterpark, and open gym/field house hours without adult supervision. Must adhere to code of conduct and all posted rules. Must have their parent or legal guardian over the age of 18 sign a guest waiver.
- · Any youth without a waiver signed by a parent or legal guardian will be denied entry and access to Kroc Center facilities/activities, including as an invited guest to a party.
- · If children are not picked up by closing time, the parent/guardian will be called. If no one can be reached, or if the children are not picked up within a 10-minute period, the Ashland Police Department will be called.

Youth Fitness Guidelines

- · Ages 9 & Under Not allowed on fitness floors with or without a parent present
- · Ages 10-11 Purple Wristband Access to cardio machines and pin-select machines (parent/guardian within arm's length)
- · Ages 12-13 Black Wristband Full access to cardio machines and pin-select machines. Access to group exercise classes and free weight area (parent/guardian within arm's length)
- · Ages 14 and up No Wristband. Full access to all equipment.

Personal Training & Coaching

Personal training or coaching is provided for a fee at The Kroc Center by Salvation Army employees only. An individual may be viewed as conducting personal training/coaching if he/she is:

- Receiving payment for an exercise or coaching session
- Designing a program or workout
- · Providing exercise, sports technique or swim technique
- Running an actual sports practice of any kind or drills
- · Using cones, chairs, whistles, agility or Kroc Center equipment

Failure to comply with the Fee-Based Training and Coaching Guideline is in direct violation of policy.

Grievance Policy

The supervisor on duty will work out any grievances that arise with guests. If they cannot be resolved in this manner, guests should put their concerns in writing and give them to Welcome Center staff. A member of the administrative staff will contact the guest to find an acceptable resolution to the situation.





Climbers, Upright and Recumbent Bikes featuring:

- Upgraded mechanical parts, with smoother operation
- More comfortable ergonomics and adjustment points
- · Additional connectivity for wired/wireless headphones
- Wireless charging pad for phones
- · Ability to play games like chess and solitaire
- Ability to log in to various streaming sites and watch shows/movies while working out

Our Sci-Fit & Rowing Machines have also been upgraded and include the same great features as before.



