

KROC



APR 1 - JUN 20

2024 SCHEDULE



Scan the QR code to register for important Kroc Center text and email updates!

OPERATION HOURS

Monday - Friday : 6am - 8pm
Saturday : 8am - 8pm
Sunday : 9am - 6pm

WATER PARK HOURS

Tuesday, Thursday & Friday: 4:45pm - 7:45pm *(Open Swim)*
Saturday & Sunday: 1pm - 3pm *(Member Only)*
Saturday & Sunday: 3pm - 5:30pm *(Open Swim)*

PLAYCARE HOURS!

PlayCare is an on-site childcare service for up to two hours per visit, while space is available. For members only.

Kroc Members: Up to 2 hours

Ages: 6 months - 6 years old

**Mondays - Fridays:
9am - 12pm & 5pm - 7:30pm**



GOT TIME? VOLUNTEER!!

We are looking for Volunteers year round! Volunteers are also needed in the Choice Food Pantry and Mobile Food Pantry. If you have office skills, we need you!

Visit CamdenKrocCenter.Org and click on "Get Involved" or call (856) 379-4861. Minimum age 18.

WE'RE HIRING

Visit Our Website for all of our Job Opportunities!



Connect with us @CamdenKroc Facebook Instagram
Find out more at CamdenKrocCenter.org



KROC ARTS & EDUCATION

APRIL 1 - JUNE 20



PARENTS' R&R CAFE

The Parents' R&R Cafe is a time for parents to relax and enjoy refreshments and fellowship. Parents will enjoy various games to play together and listen to relaxing music while sharing conversation without the kids! Need some mommy time? Does Daddy need a break? The Parents' R&R Cafe was created just for you!

Teen Ministries Room

April 12th, May 10th, June 14th

Free for Parents | 2nd Friday | 6pm-7:30pm



PHILADELPHIA BALLET

Join us as the Philadelphia Ballet returns to the Camden Kroc on April 13! Bailando con Maria features cultural dances from Mexican folk dance, flamenco, tango, salsa, and more. Seating begins at 3:15pm (show at 4pm) and no registration is required.

Black Box Theater

April 13th

Saturday | Seating at 3:15pm | Show at 4pm



BRASS

This class will be for kids & adults! Learn aspects of breathing and posture to tone production and technique. Lessons will include an emphasis on music theory and aural skills (listening) to help further enrich the journey to becoming a better musician.

6 Lessons

KROC:\$90 | NON-MEMBER: \$120

Music Room

Starts April 1, 2024

Beginner | Mondays | 7pm

KROC ARTS & EDUCATION

APRIL 1 - JUNE 20



PIANO

An exciting and informative introduction to piano for beginner to intermediate-level piano students. Students will learn everything from fundamental keyboard techniques to musicianship skills. 45 minute sessions, open for all ages.

6 Lessons

KROC:\$90 | NON-MEMBER: \$120

Music Room

Starts April 1, 2024

Beginner | Mondays | 6pm

Beginner | Wednesdays | 6pm



BEGINNER DRUMS

An introduction to the world of percussion. Participants will learn basics and fundamentals, music theory, and rudiments. Get ready to explore rhythm and a variety of drumming techniques.

6 Lessons

KROC:\$90 | NON-MEMBER: \$120

Music Room

Starts April 2, 2024

Ages 6-9 | Tuesdays | 6pm

Ages 10-18+ | Tuesdays | 7pm



VOICE

An exciting and informative introduction to voice for beginner to intermediate-level voice students. Students will learn everything from fundamental voice techniques to musicianship skills.

6 Lessons

KROC:\$90 | NON-MEMBER: \$120

Music Room

Starts April 4, 2024

Ages 6-18+ | Thursdays | 6pm

HOW TO PURCHASE CLASSES

- 1** Visit [www.https://krocsales.usaeast.org/#/cam](https://krocsales.usaeast.org/#/cam) and log in to your account.
- 2** Search for the class you're looking for, click view all sessions and select your class.
- 3** Add class to cart and complete your purchase.



CHURCH AT THE KROC

APRIL 1 - JUNE 20



JOIN US FOR WORSHIP!

SUNDAY WORSHIP

- 9:00 AM PRAYER MEETING
- 9:45 AM SUNDAY SCHOOL
- 10:30AM WORSHIP SERVICE

AT CHURCH AT THE KROC, we pray you will grow in your **Faith**, find **Community**, and partner with us in our **Mission** to serve humanity.

Experience Renewal at Our Church
Join us for worship at the Kroc Center's Chapel, where all are welcome!

This year, our church embraces the theme of "renewal." We aim to foster a community where individuals can deepen their faith and encounter God's transforming love.

Through weekly gatherings, Bible studies, and service opportunities, we provide opportunities for spiritual growth, regardless of age or background.

We believe Jesus Christ is the foundation of our faith, and we invite you to join us in worship and embark on a journey of renewal.

"Therefore, if anyone is in Christ, the new creation has come: The old has gone, the new is here!" (2 Corinthians 5:17)

We look forward to welcoming you!

The Salvation Army Mission Statement:

The Salvation Army, an international movement, is an evangelical part of the universal Christian Church. Its message is based on the Bible. Its ministry is motivated by the love of God. Its mission is to preach the gospel of Jesus Christ and to meet human needs in His name without discrimination.

WE WANT OUR COMMUNITY

to know what God's love can do for them. If you have another church home, that's great! You are always welcome at Church at the Kroc!

MINISTRY TEAM CONTACTS

- Lt. Elias Pizzirusso.....856-379-4857
- Lt. Jennifer Pizzirusso.....856-379-4855
- NJKrocChurch@use.salvationarmy.org



BIBLE STUDIES



SENIORS BIBLE STUDY

Join us for a time of fellowship and the study of God's word. Dig deeper through this Bible study, let it change you and your life along with compelling you to love others more and more. **No Registration.**

Adult Ministry Room
Ages 18+ | Monday | 9:30am



WOMEN'S MINISTRIES

Creates opportunities for women to connect to God, one another, their community, and the world. **No Registration.**

Adult Ministry Room
Ages 18+ | 1st Saturdays | 11:00am



MEN'S PRAYER BREAKFAST

Men from the area come together to fellowship, support one another, and to grow together in our relationships with God. **No Registration**

Art Room
Ages 18+ | 1st Saturdays | 9:00am

FAMILY PROGRAMMING



ADULT BIBLE STUDY

Dive deeper in the Word of God and grow in your faith by learning new Biblical truths. **No Registration.**

Adult Ministry Room
All Ages | Fridays | 6:30pm-7:30pm



KROC TALK TOWN HALL

MEET THE MAJORS at our first Kroc Talk Town Hall! Share comments, concerns, brainstorm and testimonials! Moderated by Councilman Reverend Chris Collins, we want to hear from YOU!

Chapel
May 2nd
All Ages | Thursday | 5:30-6:30pm



YOUTH GROUP

This group prepares youth for a lifelong commitment to spiritual growth, and a personal relationship with Jesus Christ and for serving God. **No Registration.**

Teen Ministries Room
Ages 13-17 | 3rd Saturdays | 1pm - 3pm

SENIOR COMMUNITY & FELLOWSHIP

Monday - Friday | 8:00am - 12:00pm | Ages: 18+

The Kroc Center provides a space for seniors to come and fellowship with one another. We offer games, music, Bible studies, health and fitness classes, and more.

Kroc Marketplace (Choice Food Pantry)

Monday 8:15am - 4:00pm (Closed 12:00pm - 1:00pm)

Wednesday 8:15am - 4:00pm (Closed 12:00pm - 1:00pm)

Friday 8:15am - 3:00pm (Closed 12:00pm - 1:00pm)

To make an appointment or find out more information about this service, please call the Food Pantry at **856-379-4871** or email NJKrocFoodPantry@use.salvationarmy.org.





FULL GYM SCHEDULE

APRIL 1 - JUNE 20

APRIL

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 OPEN GYM 6am-7:45pm	2 PICKLEBALL 9am-12:15pm OPEN GYM 12:15pm-4:30pm LEAGUE PRACTICE 5:30pm-7:45pm	3 OPEN GYM 6am-7:45pm	4 PICKLEBALL 9am-12:15pm OPEN GYM 12:15pm-4:30pm LEAGUE PRACTICE 4:30pm-7:45pm	5 OPEN GYM 6am-7:45pm	6 YOUTH LEAGUES 8am-2pm OPEN GYM 2pm-7:45pm
7 18+ OPEN GYM 9am-12pm	8 OPEN GYM 6am-7:45pm	9 PICKLEBALL 9am-12:15pm OPEN GYM 12:15pm-4:30pm LEAGUE PRACTICE 5:30pm-7:45pm	10 OPEN GYM 6am-7:45pm	11 PICKLEBALL 9am-12:15pm OPEN GYM 12:15pm-4:30pm LEAGUE PRACTICE 4:30pm-7:45pm	12 OPEN GYM 6am-7:45pm	13 YOUTH LEAGUES 8am-2pm OPEN GYM 2pm-7:45pm
14 18+ OPEN GYM 9am-12pm	15 OPEN GYM 6am-7:45pm	16 PICKLEBALL 9am-12:15pm OPEN GYM 12:15pm-4:30pm LEAGUE PRACTICE 5:30pm-7:45pm	17 OPEN GYM 6am-7:45pm	18 PICKLEBALL 9am-12:15pm OPEN GYM 12:15pm-4:30pm LEAGUE PRACTICE 4:30pm-7:45pm	19 OPEN GYM 6am-6pm Village Initiative* 6pm-9pm	20 YOUTH LEAGUES 8am-2pm OPEN GYM 2pm-7:45pm
21 18+ OPEN GYM 9am-12pm	22 OPEN GYM 6am-7:45pm	23 PICKLEBALL 9am-12:15pm OPEN GYM 12:15pm-4:30pm LEAGUE PRACTICE 5:30pm-7:45pm	24 OPEN GYM 6am-7:45pm	25 PICKLEBALL 9am-12:15pm OPEN GYM 12:15pm-4:30pm LEAGUE PRACTICE 4:30pm-7:45pm	26 OPEN GYM 6am-7:45pm	27 YOUTH LEAGUES 8am-2pm OPEN GYM 2pm-7:45pm
28 18+ OPEN GYM 9am-12pm	29 OPEN GYM 6am-7:45pm	30 PICKLEBALL 9am-12:15pm OPEN GYM 12:15pm-4:30pm LEAGUE PRACTICE 5:30pm-7:45pm				

MAY

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 OPEN GYM 6am-7:45pm	2 PICKLEBALL 9am-12pm OPEN GYM 12pm-4:30pm LEAGUE PRACTICE 4:30pm-7:45pm	3 OPEN GYM 6am-7:45pm	4 YOUTH LEAGUES 8am-2pm OPEN GYM 2pm-7:45pm
5 18+ OPEN GYM 9am-12pm	6 OPEN GYM 6am-7:45pm	7 PICKLEBALL 9am-12pm OPEN GYM 12pm-4:30pm LEAGUE PRACTICE 5:30pm-7:45pm	8 OPEN GYM 6am-7:45pm	9 PICKLEBALL 9am-12pm OPEN GYM 12pm-4:30pm LEAGUE PRACTICE 4:30pm-7:45pm	10 OPEN GYM 6am-7:45pm	11 YOUTH LEAGUES 8am-2pm OPEN GYM 2pm-7:45pm
12 18+ OPEN GYM 9am-12pm	13 OPEN GYM 6am-7:45pm	14 PICKLEBALL 9am-12pm OPEN GYM 12pm-4:30pm LEAGUE PRACTICE 5:30pm-7:45pm	15 OPEN GYM 6am-7:45pm	16 PICKLEBALL 9am-12pm OPEN GYM 12pm-4:30pm LEAGUE PRACTICE 4:30pm-7:45pm	17 OPEN GYM 6am-6pm Village Initiative* 6pm-9pm	18 YOUTH LEAGUES 8am-2pm OPEN GYM 2pm-7:45pm
19 18+ OPEN GYM 9am-12pm	20 OPEN GYM 6am-7:45pm	21 PICKLEBALL 9am-12pm OPEN GYM 12pm-4:30pm LEAGUE PRACTICE 5:30pm-7:45pm	22 OPEN GYM 6am-7:45pm	23 PICKLEBALL 9am-12pm OPEN GYM 12pm-4:30pm LEAGUE PRACTICE 4:30pm-7:45pm	24 OPEN GYM 6am-7:45pm	25 YOUTH LEAGUES 8am-2pm OPEN GYM 2pm-7:45pm
26 18+ OPEN GYM 9am-12pm	27 MEMORIAL DAY BUILDING HOURS 11AM - 4PM	28 PICKLEBALL 9am-12pm OPEN GYM 12pm-4:30pm LEAGUE PRACTICE 5:30pm-7:45pm	29 OPEN GYM 6am-7:45pm	30 PICKLEBALL 9am-12pm OPEN GYM 12pm-4:30pm LEAGUE PRACTICE 4:30pm-7:45pm	31 OPEN GYM 6am-7:45pm	



Recreation Schedule

APRIL 1 - JUNE 20

JUNE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1 YOUTH LEAGUES 8am-2pm OPEN GYM 2pm-7:45pm
2 18+ OPEN GYM 9am-12pm	3 OPEN GYM 6am-7:45pm	4 OPEN GYM 6am-5:30pm LEAGUE PRACTICE 5:30pm-7:45pm	5 OPEN GYM 6am-7:45pm	6 OPEN GYM 6am-4:30pm LEAGUE PRACTICE 4:30pm-7:45pm	7 OPEN GYM 6am-7:45pm	8 YOUTH LEAGUES 8am-2pm
9 18+ OPEN GYM 9am-12pm	10 OPEN GYM 6am-7:45pm	11 OPEN GYM 6am-7:45pm	12 OPEN GYM 6am-7:45pm	13 OPEN GYM 6am-7:45pm	14 OPEN GYM 6am-4pm	15 OPEN GYM 8am-2pm
16 18+ OPEN GYM 9am-12pm	17 OPEN GYM 6am-6:45pm	18 OPEN GYM 6am-7:45pm	19 BUILDING CLOSED JUNETEENTH	20 OPEN GYM 6am-7:45pm		

Spring Basketball League: April 4 - June 1, 2024
 Individuals Fees: **KROC: \$40** | **NON-MEMBER: \$60**

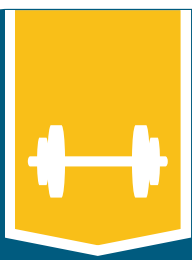
SATURDAYS, 10am-11am, GRADES K-2
SATURDAYS, 11:30am-1:00pm, GRADES 3-5

Pickle Ball: Ages 16+
 Pickleball is a paddleball sport that combines elements of badminton, table tennis, and tennis.
Kroc: FREE | **Non-Member: \$5**

***Village Initiative:** A free open gym open to the public sponsored by the Camden County Police department. All ages are welcome to participate in open gym basketball, board games, food, and receive complimentary haircuts.



Text NJKrocFitness to 51555
 Register Online: CamdenKrocCenter.org
 Call: 609.533.1874 | Email: Cheli.Kramer@use.salvationarmy.org



Fitness & Aquatics Group Fitness Schedule APRIL 1 - JUNE 20

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
8:00am		Aqua Exercise (Michelle G) 8:00-8:45am Water Park		Aqua Exercise (Michelle G) 8:00-8:45am Water Park			
10:00am	Senior Fit (Alex) 10:00am-11:00am Multi Purpose Room	Slow Flow Yoga® (Alex) 10:00am-11:00am Studio C	Senior Fit (Alex) 10:00am-11:00am Multi Purpose Room	Pilates® (Alex) 10:00am-11:00am Studio C	Chair Yoga (Alex) 10:00am-11:00am Multi Purpose Room	BoxFit (Wayne S) 10:00am-11:00am Studio C / Pool Patio	Yoga® (Alex) 10am-11am Studio C
5:30pm	Cycle (Kevin) 5:30pm-6:15pm Studio B	Circuit Training (Kevin) 5:30pm-6:30pm Studio A		Circuit Training (Hoa) 5:30pm-6:30pm Studio A			
6:00pm			BoxFit (Wayne) 6:00pm-7:45pm Multi Purpose Room				
6:30pm	Zumba® (Blair) 6:30pm-7:45pm Multi Purpose Room	Yoga® (Sarah) 6:30pm-7:30pm Studio C		Step Aerobics (Lakisha) 6:30pm-7:30pm Multi Purpose Rm			

FITNESS ROOM HOURS

MON - FRI	6am - 7:45pm
SATURDAY	8am - 7:45pm
SUNDAY	9am - 5:45pm



HOW TO PURCHASE CLASSES

- 1 Visit [www.https://krocsales.usaeast.org/#/cam](https://krocsales.usaeast.org/#/cam) and log in to your account.
- 2 Search for the class you're looking for, click view all sessions and select your class.
- 3 Add class to cart and complete your purchase.

Fitness & Aquatics Group Fitness



Aqua Exercise AGES: 16+

Enjoy all the benefits of a high-impact aerobic workout without the impact strain on your joints. Aqua Exercise improves cardiovascular, muscular strength and flexibility. Various types of equipment will be introduced as participants work at their own pace to advance skills.

BoxFit AGES: 16+

Boxing-based class that uses H.I.I.T. - High Intensity Interval Training. BoxFit starts with an intense cardio warm-up, and then dynamically moves through boxing, core, and intervals of body weight exercises. Body weight exercises or hand weights may be used.

Chair Yoga AGES: 16+

Chair Yoga, as the name implies, is yoga performed with the use of a chair as yoga props. It's a gentle technique that allows people, particularly the elderly and persons with disabilities who may be unable to do balances, to reap the advantages of balance poses without the risk of falling.

Circuit Training AGES: 16+

High intensity group exercising class utilizing our new Sports Performance training room.

Cycle AGES: 16+

Enhance your cardio with this group exercise session geared towards helping you get lean and relieve stress. This class utilizes our stationary bicycles and focuses on strength, endurance, intervals, high intensity and recovery. Suitable for all fitness levels.

Pilates®

Pilates concentrates on strengthening the body with an emphasis on core strength. This helps to improve general fitness and overall well-being. Similar to Yoga, Pilates concentrates on posture, balance and flexibility.

Senior Fit AGES: 50+

This class is designed to help seniors maintain their strength, flexibility and independence. A combination of fun, dance-inspired, low-impact workout that improves cardio fitness with easy-to-follow moves set to energizing music, athletic exercises that boost overall fitness, muscle-conditioning blocks, core work and activity-specific drills to improve strength and functional skill and ending with balance and stretching.

Slow Flow Yoga®

Yoga is a systematic practice of physical exercise, breath control, relaxation, and positive thinking and meditation aimed at developing harmony in the body, mind, and environment.

Step Aerobics

Step aerobics is a classic cardio workout. It's lasted for decades for a simple reason: It delivers results. The "step" is a 4-inch to 12-inch raised platform. You step up, around, and down from the platform in different patterns to boost your heart rate and breathing, and strengthen your muscles.

Zumba®

A dance fitness class with vibrant music that combines interval low impact training with exhilarating Latin rhythms.



Personal Training

Anyone can benefit from a personal trainer's knowledge. Our trainers will take you through an evaluation that will guide us in creating the best personalized program for you. We will evaluate: movement, strength, nutrition, body composition, conditioning, and life activities. All are components of a custom program for you. Each session is a step to keep your body progressing toward your goals.

EXERO TRAINING: Using the Exero equipment, the Total Body Reformer training combines Pilates with cardiovascular, resistance and suspension training to give you a great total-body workout.

1:1 Training 30 MINUTE

Set	Price
1-Session	\$35
3-Sessions	\$90

1:1 Training 30 MINUTE

Set	Price
5-Sessions	\$135
8-Sessions	\$200

Exero Training 30 MINUTE

Set	Price
4-Sessions	\$40

Questions? Email: Cheli.Kramer@use.salvationarmy.org.



LIL' KROCS SWIM SCHOOL

APRIL 1 - JUNE 20

Winter Swim Lessons

All Classes are 6 Weeks.

Make-up lessons are not available and no other refunds will be given.

Classes are held weekly unless noted (please pay attention to our Holiday schedule). Sign up early.

Payments are due by the first class of each session.

Registration for Session 1 classes opens for Members: 3/15, Non-Members: 3/20

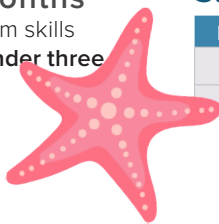
Registration for Session 2 classes opens for Members: 4/26 , Non-Members: 5/1



Kroc Tots: Starfish AGES: 6 months - 36 months

Parents participate in the pool as their child learns basic swim skills and water safety. **Swim diapers are required for children under three or any age not toilet trained.**

KROC: \$108 | NON-MEMBER \$150



Starfish's Schedule: Session 1

LESSONS	DATES	TIME	DAY
6	3/30 - 5/4	9:00 - 9:30 am	Saturdays
6	3/27 - 5/1	4:30 - 5:00 pm	Wednesdays

Preschool Water Exploration: Guppies AGES: 3-5

We introduce students into feeling comfortable and confident in the water. They will learn safe, elementary level water skills that provide a foundation for advanced training.

KROC: \$108 | NON-MEMBER \$150



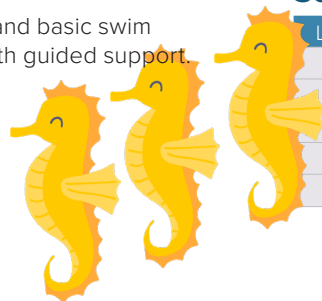
Guppies Schedule: Session 1

LESSONS	DATES	TIME	DAY
6	3/30 - 5/4	9:30 - 10:00 am	Saturdays
6	3/30 - 5/4	10:30 - 11:00 am	Saturdays
6	3/27 - 5/1	5:00 - 5:30 pm	Wednesdays
6	3/27 - 5/1	5:30 - 6:00 pm	Wednesdays

Level 1: Seahorses AGES:5-9

We introduce beginner swimmers to water safety and basic swim techniques. At every lesson, we assist students with guided support.

KROC: \$108 | NON-MEMBER \$150



Seahorse Schedule: Session 1

LESSONS	DATES	TIME	DAY
6	3/30 - 5/4	9:00 - 9:30am	Saturdays
6	3/30 - 5/4	9:30 - 10:00am	Saturdays
6	3/30 - 5/4	10:00 - 10:30am	Saturdays
6	3/27 - 5/1	4:30 - 5:00pm	Wednesdays
6	3/27 - 5/1	5:30 - 6:00pm	Wednesdays

Level 2: Sea Turtles AGES: 6-11

Students learn basic and fundamental swimming skills with recovery support.

KROC: \$108 | NON-MEMBER \$150



Sea Turtles Schedule: Session 1

LESSONS	DATES	TIME	DAY
6	3/30 - 5/4	9:00 - 9:30am	Saturdays
6	3/30 - 5/4	9:30 - 10:00am	Saturdays
6	3/30 - 5/4	10:30 - 11:00am	Saturdays
6	3/27 - 5/1	5:00 - 5:30pm	Wednesdays
6	3/27 - 5/1	6:00 - 6:30pm	Wednesdays
6	3/25 - 4/29	5:00 - 5:30pm	Mondays

LIL' KROCS SWIM SCHOOL

APRIL 1 - JUNE 20

Level 3: Stingrays AGES: 7-12

Students will begin basic stroke patterns, including front and back crawl. Must be able to float on stomach and back without assistance.

KROC: \$108 | NON-MEMBER \$150



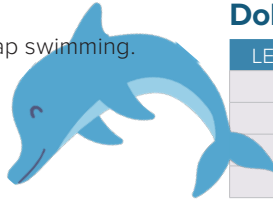
Stingrays Schedule: Session 1

LESSONS	DATES	TIME	DAY
6	3/30 - 5/4	10:00 - 10:30am	Saturdays
6	3/30 - 5/4	11:00-11:30am	Saturdays
6	3/27 - 5/1	6:00 - 6:30pm	Wednesdays
6	3/25 - 4/29	6:30pm - 7:00pm	Mondays

Level 4: Dolphin AGES: 7+

Students develop competitive stroke skills and begin lap swimming. Level 3 advancement required.

KROC: \$108 | NON-MEMBER \$150



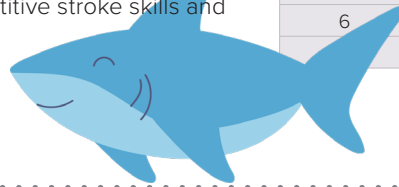
Dolphins Schedule: Session 1

LESSONS	DATES	TIME	DAY
6	3/30 - 5/4	10:00 - 10:30am	Saturdays
6	3/30 - 5/4	11:00 - 11:30am	Saturdays
6	3/27 - 5/1	6:30 - 7:00pm	Wednesdays
6	3/25 - 4/29	6:00pm - 6:30pm	Mondays

Level 5: Sharks AGES: 9+

The objectives of this level are to develop coordination and refinement of strokes. Participants refine their performance of all the strokes and increase their distances. Students develop competitive stroke skills and begin lap swimming.

KROC: \$108 | NON-MEMBER \$150



Sharks Schedule: Session 1

LESSONS	DATES	TIME	DAY
6	3/30 - 5/4	11:00 - 11:30am	Saturdays
6	3/27 - 5/1	6:30 - 7:00pm	Wednesdays
	3/25 - 4/29	5:30pm - 6:00pm	Mondays

Adult Kroc AGES:16+

It is never too late to learn to swim! No skill requirement is necessary. We will design instruction to meet the needs of the individual and class so everyone learns at a comfortable pace, in a safe environment.

KROC: \$108 | NON-MEMBER \$150

Adult Swim Lessons: Session 1

LESSONS	DATES	TIME	DAY
6	4/16 - 5/21	9:00 - 9:45am	Tuesdays
6	4/16 - 5/21	9:45 - 10:30am	Tuesdays
6	4/15 - 5/20	5:00-5:45pm	Mondays
6	4/15 - 5/20	5:45-6:30pm	Mondays

Competition Pool Hours

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
6:00am - 11:00am 8 Lanes	6:00am - 11:00am 8 Lanes	6:00am - 11:00am 8 Lanes	6:00am - 11:00am 8 Lanes	6:00am - 11:00am 8 Lanes	8:00am - 11:00am Lanes Vary	9:00am - 12:00pm 8 Lanes
3:00pm - 7:45pm Lanes Vary	3:00pm - 7:45pm Lanes Vary	3:00pm - 7:45pm Lanes Vary	3:00pm - 7:45pm Lanes Vary	3:00pm - 7:45pm Lanes Vary	11am - 5:30pm 8 Lanes	12:00pm - 5:30pm 8 Lanes

Times Subject to change

Weeknight Lane Availability

As lane availability varies throughout each week, please check our website for the most up-to-date lane schedule.

Water Park & Spa Hours

Family Swim

Tuesdays, Thursdays & Friday | 4:45pm - 7:45pm

Saturday & Sunday | 1:00pm - 3:00pm (Member Swim Only)

Saturday & Sunday | 3:00pm - 5:30pm (Open Swim)

River Walking & Spa

Monday-Fridays | 7:00am - 11:00am

Text NJKrocAquatics to 51555

Register Online: CamdenKrocCenter.org

Call: 856.379.6895 | Email: NJKrocAquatics@use.salvationarmy.org