

# Senior Center Happenings—October 2026

The Salvation Army-Oak Creek Senior Center is funded by a grant from the Thomas Lyle Williams Trust fund and community donors. We are open to serve the needs of adults aged 50 and over—mind, body, and spirit.

Check out the back for the daily schedule of events.

## Family Dinner

**Cost is \$3**

Join us on **Wednesdays at 5:15 p.m.** in the Fellowship Hall for dinner.

Menu:

**October 7**—Taco/Nacho Bar

**October 14**—Brats/Hotdogs, Fries

**October 21**—Pork loin, mashed potatoes

**October 28**—Chili/Soup



## Flu Clinic

**October 28, 2026**

Get ready to stay healthy this winter by getting your free flu shot. Oak Creek Health Department will be at the Senior Center from 10:00-11:30AM. No appointment necessary!

## Bingo Schedule Thursdays @ 1:00PM \$2

**October 1: Swap Meet Bingo** Bring a gently used item to donate as a bingo prize. No treasures? Just pay the usual \$2.

**October 8: Smile Bingo** 😊 This pattern may take extra time.

**October 15: Regular Bingo (A)** This is our usual bingo.

**October 22 Pattern Bingo (B)** Different patterns, same fun.

**October 29: Halloween Bingo**



## Women's Bible Study

Tuesdays 10:15-noon

Bring your Bible and join us to study the book of Matthew. Newcomers welcome!



## October Celebrations

Join us for lunch on **October 29** when we will celebrate this month's birthdays & anniversaries. All honorees enjoy free bingo that day.

## Watercolor Painting

w/ Kristin

Beginners Welcome!

**October 16 and 30**  
12:00-1:30pm



*"October is the treasure of the year and all the months pay bounty to her store."*  
— Paul Laurence Dunbar

## A note about parking...

We have had a number of near misses in our parking lot recently. This is a busy place with lots of activities. Please be patient with other drivers and extra mindful of those around you. Safety first!

## Senior Center Staff:

Isaiah Weatherall, Community Outreach Programs Manager

Erin Walsh, Senior Program Specialist

Yolandé Patterson & Lisa Hadley, Program Aides

Captains Matthew Beatty & Rona Mutchka, Corps Officers

Phone: 414-762-3993

Website: <http://oakcreeksaseniors.org/>



## Lunch & Learn

Join us on **Thursdays at 11:30AM** to enjoy a light lunch and learn about a topic of interest.

**Cost is \$3.**

### October 1

Topic: Rehabilitation Hospital of Oak Creek

Menu: Fish & Chips

### October 8

Topic: Hunger Task Force

Menu: Baked potato bar

### October 15

Topic: Palliative Care 101 w/Agrace

Menu: Fish sandwich & mac-n-cheese

### October 22

Topic: Bank Frauds w/ WaterStone Bank

Menu: Baked pasta with meat sauce and salad

### October 29

Topic: The Waters Senior Living

Menu: Chicken quesadillas & Spanish rice



## Senior Fitness Offerings

We offer several options to stay active.

**Walking Club:** 9:00-10:00AM daily in the gym.

**Senior Fitness** w/ Mary Jo Bellinger

Senior Cardio (\$3 per class)

Mondays 11:00-11:45AM

Tuesdays 9:15-10:00AM

Wednesdays 11:00-11:45AM

Fridays 9:15-10:00AM

Senior Yoga (\$3 per class)

Mondays 12:00-12:45PM

Yoga/Tai Chi (\$3 per class)

Wednesdays 12:00-12:45PM

Senior Dance (\$3 per class)

Fridays 10:15-11:00AM

New!

20-class punch cards can be purchased for \$50.

This is a \$10 savings off the per class price!



A reminder as we approach the colder months:

In the event of inclement weather, if the Oak Creek-Franklin School District is closed, all Senior Center activities are also cancelled.



## Hobby Hang Out

Tuesdays 11:30AM-2:00PM

Do you have a hobby or craft you like to do? Crochet? Knitting? Card making? Bring your work and join others in our Senior Lounge for friendship and laughs.

**Senior Center Hours:**  
Monday-Friday  
9:00 a.m.-2:00 p.m.

**Food Pantry Hours:**  
Wednesday & Thursday  
9:00 a.m. - 12:00 p.m.

**Sunday Services:**  
9:30 a.m.—Adult Bible Study  
10:30 a.m.—Worship Service