

Senior Center Happenings—August 2026

The Salvation Army-Oak Creek Senior Center is funded by a grant from the Thomas Lyle Williams Trust fund and community donors. We are open to serve the needs of adults aged 50 and over—mind, body, and spirit.

Check out the back for the daily schedule of events.

Lunch & Learn

Join us on Thursdays at 11:30AM to enjoy a light lunch and learn about a topic of interest.

Cost is \$3.

August 6

Topic: FoodShare 101 w/ Feeding America

Menu: Baked chicken & Mashed potatoes

August 13

Topic: Better Brain Health w/ Dementia Care Specialists

Menu: Chicken rice casserole

August 20

Topic: MiWALKee Walks

Menu: Tater tot casserole

August 27

Topic: Building Community and Connection w/

SouthShore Cares & Oak Creek Health Department

Menu: Pizza & Salad

Summer Senior Supper **Cost is \$3**

Join us at 5:00 p.m. in the Fellowship Hall for a meal. **Dine-in only.**

Menu:

August 5- Taco salad w/ Spanish rice

August 19- Penne pasta w/ meat sauce, salad, garlic bread



Bingo Schedule

August 6: Swap Meet Bingo Bring a gently used item to donate as a bingo prize.

August 13: Smile Bingo 😊 This pattern may take extra time.

August 20: Regular Bingo (A) This is our usual bingo.

August 27: Pattern Bingo (B) Different patterns, same fun.

Senior Fitness Offerings

We offer several options to stay active.

Walking Club: 9:00-10:00AM daily in the gym.

Senior Fitness w/ Mary Jo Bellinger

Senior Cardio (\$3 per class)

Mondays 11:00-11:45AM

Tuesdays 9:15-10:00AM

Wednesdays 11:00-11:45AM

Fridays 9:15-10:00AM

Senior Yoga (\$3 per class)

Mondays 12:00-12:45PM

Tai Chi (\$3 per class)

Wednesdays 12:00-12:45PM

Zumba Toning (\$3 per class)

Fridays 10:15-11:00AM

20-class punch cards can be purchased for \$50.

This is a \$10 savings off the per class price!



Theme Days are Back!

Join in the fun and dress for the Thursday Theme.

August 6-Hawaiian Shirt Day

Wear your favorite Hawaiian print!

August 13-Rainbow Day

Wear all the colors of the rainbow-red, orange, yellow, green, blue, indigo, violet

August 20-Monochrome Day

Put together an outfit that is all one color

Hobby Hang Out

Tuesdays 11:30AM-2:00PM

Do you have a hobby or craft you like to do? Crochet? Knitting? Card making? Bring your work and join others in our Senior Lounge for friendship and laughs.

Field Trips (Please Register to attend)

West Allis Farmers Market

August 11-12:00-2:00PM

Red Arrow Park (Live Music)

August 12-11:15AM-1:30PM

Bring a bag lunch or money to buy from the food trucks and enjoy live music.



Swap Meet Bingo

August 6-1:00 p.m.

Participants should bring a gently used item to be donated as a bingo prize.

Don't have any treasures?

Just pay the usual **\$2 fee.**

Painting Party w/ Kristin

12:00-1:30PM

August 14 & 28

Enjoy watercolor painting.

Beginners welcome!

National Night Out Senior Day **FREE Event!**

1:00-3:00PM

Oak Creek Community Center



Summertime is always the best of what might be.
-Charles Bowden

Senior Center Staff:

Isaiah Weatherall, Community Outreach Programs Manager

Erin Walsh, Senior Program Specialist

Amani Qutaish & Lisa Hadley, Program Aides

Captains Matthew Beatty & Rona Mutch, Corps Officers

Phone: 414-762-3993

Website: <http://oakcreeksaseniors.org/>



August Celebrations

Join us for lunch on August 27 when we will celebrate this month's birthdays and anniversaries. All honorees enjoy free bingo that day.

Senior Center Hours:
Monday-Friday
9:00 a.m.-2:00 p.m.

Food Pantry Hours:
Wednesday & Thursday
9:00 a.m. - 12:00 p.m.

Sunday Services:
9:30 a.m.—Adult Bible Study
10:30 a.m.—Worship Service

