



AT-HOME VOLUNTEER OPPORTUNITY

FOR HEALTHY VOLUNTEERS WHO CAN SEW

MAKE A FACE MASK FOR OUR ESSENTIAL STAFF, VOLUNTEERS, AND VULNERABLE INDIVIDUALS

The Salvation Army is an essential social service provider during the coronavirus crisis. To help us maintain best practices according to CDC guidelines, we are looking for individuals to get crafty and create homemade face masks for staff and volunteers who are assisting in our many food pantries and mobile feeding unit, and for vulnerable individuals we serve.

MATERIALS

- Cotton fabric (cut into 9" x 6" rectangles for adults or 7.5" x 5" for children)
- Elastic (quarter-inch flat recommended, 2 pieces needed per mask, about 7" per piece)
- Sewing machine
- Thread
- Pins

INSTRUCTIONS

Watch video instructions at:
deaconess.com/how-to-make-a-face-mask

1. Thoroughly wash your hands with soap and warm water while humming your favorite tune.
2. Wash and dry fabric. Put the patterned sides of two pieces of cotton fabric together with design placed horizontally.
3. Start at the center of the bottom (long) edge, sew to just shy of the first corner, stop. Sew one piece of elastic with the end facing out into the corner. A few stitches forward and back will secure this.
4. Sew to the next corner, stop, and bring the other end of the same elastic to the corner and sew a few stitches forward and back to secure it.
5. Now sew across that top of the mask to the next corner. Again put a piece of elastic with the end facing out.
6. Sew to the next corner and sew in the other end of the same elastic.
7. Sew across the bottom leaving about 1.5" to 2" open. Stop, cut the thread. Turn inside out.
8. Pin 3 tucks on each side of the mask. Make sure the tucks are the same direction.
9. Sew around the edge of the mask twice.
10. Wash your hands again and mail or drop the masks off at the site listed.

WHERE TO SEND YOUR MASK(S)

Salvation Army Divisional Headquarters
Attn: Carmen Staggers - Social Services Department
5040 N. Pulaski Rd
Chicago, IL 60630

Contact 773.205.3565 for drop-off.

Thank you for joining us in Doing the Most Good!
Learn about all the ways The Salvation Army is responding to the coronavirus – as well as other ways you can help – at

salarmychicago.org/coronavirus

Questions? Contact our Volunteer Department at
773.853.5331 or metvolunteer@usc.salvationarmy.org.

While this is one way to make a face mask, it is not the only way. If there is a different method you prefer, that is fine too!