



**Thank you for giving the gift of food, nutrition, healthy bodies and minds,
and hope when it is needed most!**

To the individuals and families who utilize the food pantry - it is about more than just food.

*“It means my family can eat
and I do not feel as much
stress – that means so much
to me.”
Family of 6*

*“Assistance from the food pantry
means I can feed my family & still
have money for gas so that I can
work! People often think that if I
worked harder it’ll fix every-
thing...but it is not that simple.”
Family of 3*

*“Just because I work does not mean I
can afford food. If I buy food I cannot
get my meds for a blood disorder and
risk my life. The food pantry keeps us
from going hungry.”
Family of 3*

Suggested gifts of Food and Hygiene

Canned meat—tuna/chicken/spam

Stews

Pasta and Pasta Sauces

Rice

Hamburger Helper

Canned and boxed soups

Stove top stuffing

Boxed potatoes—all varieties

Gravy

Condiments/Salad dressing

Canned fruit and snack fruits

Cereals hot and cold

Peanut butter & jelly

Pancake mix and syrup

Bisquick

Juice/Juice boxes and mixes

Snacks

Vegetables

Baby food

Other non-perishable items

Hygiene items

Deodorant

Toothpaste and Toothbrushes

Shampoo/Conditioner

Bath Soap

Razors and Shaving Cream

Feminine products

Toilet paper

**Merry Christmas to you and yours from The Salvation Army team
and those we have the privilege to serve.**