

# Wilderness Emergency Medical Responder (WEMR) Course Schedule

**Course Start Date:** August 31, 2026

Below is the comprehensive course schedule mapping out the required self-paced online modules and live in person lectures and option to view online. Followed by the intensive 5-day in-person practical component.

## Phase 1: Online Modules (Self-Paced Prep)

Week / Dates	Module	Core Focus Areas
<b>Week 1</b> Aug 31 – Sept 6  Live Lecture 8/31,9/2 6-9pm	<b>Module 1:</b> Trauma & Assessment	Patient Assessment System, Spine, Head, Shock, Chest, Athletic Injury, Fractures and Dislocations, Wound Management
<b>Week 2</b> Sept 7 – Sept 13  Live Lecture 9/8,9/10 6-9pm	<b>Module 2:</b> Environmental Hazards	Altitude, Heat and Hydration, Cold Injury, Poisons, Stings, Bites, Lightning, Drowning/Submersion, Water Disinfection
<b>Week 3</b> Sept 14 – Sept 20  Live Lecture 9/14,9/16 6-9pm	<b>Module 3:</b> Medical & Leadership	Cardiac, Respiratory, Diabetes, Neurological, Abdominal, Urinary and Reproductive, Allergies and Anaphylaxis, Mental Health, Stress First Aid, Medical Legal, Search and Rescue, Leadership and Decision-Making, Common Wilderness Medical Problems

## Phase 2: In-Person Component (Intensive Skills)

Date & Day	Morning Session (8:00 AM – 12:30 PM)	Afternoon Session (1:30 PM – 6:00 PM)	Evening Session (7:00 PM – 9:00 PM)
<b>Mon, Sept 21</b> Day 1	<ul style="list-style-type: none"> <li>● Infection Control and PPE</li> <li>● Patient Assessment System</li> <li>● CPR</li> </ul>	<ul style="list-style-type: none"> <li>● Patient Assessment System</li> <li>● Documentation</li> <li>● Psychological First Aid</li> <li>● Lifts and Moves</li> </ul>	<i>Free / Rest</i>
<b>Tue, Sept 22</b> Day 2	<ul style="list-style-type: none"> <li>● Spine Injuries</li> <li>● Head Injuries</li> <li>● Spine Protection, Packaging, Transport</li> <li>● Focused Spine Assessment</li> </ul>	<ul style="list-style-type: none"> <li>● Shock</li> <li>● Chest Injuries</li> <li>● Wound Management</li> </ul>	<i>Free / Rest</i>
<b>Wed, Sept 23</b> Day 3	<ul style="list-style-type: none"> <li>● Athletic Injury</li> <li>● Fracture Management</li> <li>● Dislocations</li> </ul>	<ul style="list-style-type: none"> <li>● Altitude</li> <li>● Heat &amp; Hydration</li> <li>● Hypothermia</li> <li>● Intro to the Medical Patient</li> <li>● Altered Mental Status</li> </ul>	<b>Night Rescue</b>
<b>Thu, Sept 24</b> Day 4	<ul style="list-style-type: none"> <li>● Cardiac</li> <li>● Austere Communications</li> <li>● Helicopter Ops</li> <li>● What to pack</li> </ul>	<ul style="list-style-type: none"> <li>● Abdominal/Urinary and Reproductive</li> <li>● Respiratory</li> <li>● Allergies &amp; Anaphylaxis</li> <li>● Diabetes</li> </ul>	<i>Free / Rest</i>
<b>Fri, Sept 25</b> Day 5	<ul style="list-style-type: none"> <li>● Practice Scenarios</li> <li>● Final Q&amp;A</li> </ul>	<ul style="list-style-type: none"> <li>● Written and Practical Exam</li> </ul>	<i>Course Adjourned</i>

