

PLAIN VALLEY Adventure Women

Plain Valley Adventure Women (PVAW) seek to bring women together to explore, connect, improve their outdoor skills and enjoy the diverse activities our community offers, in a fun and supportive way.

2025 PVAW Summer Program Schedule

We will launch our summer program on May 7th with Birding at Fish Lake, hosted by Mary Gallagher. Mary's birding events continue to be an annual favorite!

Wednesday, May 7th

Birding at Fish Lake

Mary Gallagher will lead this annual birding event. Fish Lake is a haven for birds. You will see a blue heron rookery, eagles, osprey, redwing black birds and swallows by the dozens, and much more!

Wednesday, May 21st

Wildflower Hike and Identification

Kathryn DeMerritt will lead us on a local hike to identify wildflowers and share her knowledge.

Wednesday, June 4th

A History of Homesteading in the White River Valley

Dave and Nancy Bartholomew will host a discussion on the history of homesteading in the White River Valley, along with a tour of their renovated original homestead.

Wednesday, June 11th

A Visit to the Cashmere Museum and Pioneer Village

Let's further educate ourselves on the natural and cultural history of our local region.

Wednesday, June 18th

PowerTools 101 Workshop

Beryl Bils works at Eastside Rebuild, a nonprofit program of Waste Loop. Beryl will be teaching us about this new program and how to use power tools.

Wednesday, June 25th*Flower Pounding*

Lana Croy will teach the art of Flower Pounding (or Tatakizome). This is an ancient Japanese method of hammering plants onto a fabric or paper to transfer natural dyes.

Wednesday July 9th*An Introduction into Ayurvedic Medicine*

Kerry Hinds will share the ancient science of Ayurvedic Medicine. Ayurveda is based on the belief that the body, mind, and spirit are interconnected and maintaining balance between these three elements is essential for health.

Wednesday, July 16th*Pasta Making*

Marci Scott will continue her pasta theme this summer, as we explore a new pasta recipe.

Wednesday, July 23rd*Chiwawa River Fish Hatchery Tour*

Elizabeth Pollock and Tracy Stavang will lead a tour of the Chiwawa River Fish Hatchery.

Wednesday, July 30th*Making Essential Oil*

Sarah Michels the creator of all her products at Infuse Organics will teach us how to make essential oil. Starting with picking the herbs/flowers directly from her gardens, then creating an essential oil.

Wednesday, August 6th*The Dye Pot*

Angela Econ is back with her amazing dye pots. Join her for creating something amazing!

Wednesday, August 13th*Learn to Dance Like Michael Jackson*

Jenni Bunkelman will teach us the dance steps to "Thriller".

Wednesday, August 20th*Murder Mystery Party*

A "Who Done It" murder mystery game lead by Jenni Bunkelman.

Wednesday, August 27th*Pickling*

Lessons in pickling through WSU extension.

Wednesday, September 17th*Orchard Tour at Fruited Plain*

Mark and Katie Anderson will introduce us to the world of apples.