ELITEFEATS 5K @

(garywesterfield@verizon.net)

Flushing Meadows Corona Park Queens, NY YOUNTAIN OF THE UNIVERSE PROMENADE P AVE N ASTRONAUT) USTA Billie Jeen King National Tennis UNITED NATIONS AVE N AVE OF THEATER IN CHE STATES THE PARK JOVEENS! Measured by G. Westerfield 3/23/21

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Course Narrative:

Common S/F is located S of the Unisphere, on the center W path of the Court of Nations (marked with a PK nail & 6" white line, 8' W of the east curb of the path, opposite the 2nd light post N of United Nations Ave S; [Alternative start lines are marked for various purposes-see map & notes.]) Run S, and turn L (E) on United Nations Ave S. Use center path. Turn L (NW) on center path of Ave of Africa. Bear R (N) on the E side of the Unisphere plaza. Turn R (NE) on Ave of the Americas, to its end. Use the center path. Turn R (SE), onto right path of Ave of Commerce. Turn L (E), on to Ave of Progress. Use center path. Pass Mile 1 (marked with white paint, 13m after the NE corner of a soccer pitch on the R). Turn R (W), on S path of Ave of Discovery. Turn R (N), on the Promenade of Industry, circling 2/3rds of the Fountain of the Planets. Bear right (W), on to the N side of the Hoover Promenade. Pass the Fountain of Fairs, on the L. Run through Astronaut Ct towards the Unisphere. Turn L (S), at last cut through E of the Unisphere plaza. Turn L (E), and run back towards the Fountain of the Planets, on the S side of the Eisenhower Promenade. Turn R (S), on the R side of Ave of Commerce. Pass Mile 2 (5m before 2nd light post after Ave of Progress). Turn R (NW), on to apron and then on to the center path of Ave of Africa. Turn L (SW), on the center path of Ave of Asia. Run past the Skate park and Theater in the Park. Run N, on the center path of Ave of the States W of the theater. After crossing United Nations Ave S, bear R, onto the W path of Ave of the States. Run past the Queens Museum N, to United Nations Ave N. Turn R (E,) on United Nations Ave N. Use N path. Turn R (S), on the W path of the Court of States towards the Unisphere. Run S, along the W side of the Unisphere plaza. Pass Mile 3 (1m after a "Bathing Prohibited" plaque on the fountain wall). Run S, on the W path which becomes the center W path of Court of Nations, to the Common S/F line. (Repeat for races of multiple 5k distances.)

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United Nations Ave S.

Flushing Meadows Corona Park Queens, NY

START/FINISH & ALTERNATIVE START DETAILS

white line, 1' W of the curb, 24'11" SW of 3rd of 5 lite posts on the E side **Common Start/Finish:** Located S of the path. of the Unisphere, on the center W path of the Court of Nations. Marked with a PATH EAST PATU PK nail & 6" white line, 8' W of the curb, opposite the 2nd light post N of United Nations Ave S. COURT OF NATIONS 0 CENTER W CENTER E 回 GRAM (200 G POST) START A 46EE1 UNITED NATIONS AVE SOUTH THEATER TREES Start B: Located N of the INTHE Theater in the Park on the PARK COMPLEY GRASS S path of United Nations Ave S. Marked with a PK nail & 6" white line, 13' W of the SE corner of the 1st median W of Court of Measured by G. Westerfield 3/23/21 Nations; 1' S of the median (garywesterfield@verizon.net) & 1'2" NW of a drain in

Start A: Located S of the Unisphere, on the center E path of the Court of Nations. Marked with a PK nail & 6"