

Running in the Michael P Murphy Races This Year?

Saturday, June 26, 2021

7AM 15K (9.3 Miles)

9AM 5K (3.1 Miles)

9:30 AM Fun Run

Rain or Shine

The start and finish of this year's event have moved to the Dennison Building in Hauppauge.

The distances have been adjusted to a 5K and 15K.

Race application available through <https://events.elitefeats.com/murphy21>

Local Hero, Michael Murphy, was born and raised on Long Island where he served as a Town of Brookhaven lifeguard at Lake Ronkonkoma. Michael graduated from Penn State University with Honors. Instead of attending law school, he joined the Navy SEALs. He was 29 years old in June 2005, when he perished in a fierce firefight in mountainous terrain along the Afghanistan-Pakistan border in Operation Red Wings. He was awarded the Medal of Honor for his actions. LT Murphy also received:

The Silver Star

Purple Heart

Combat Action Ribbon

Afghanistan Campaign Medal

Need a Hotel Room for the Michael P Murphy Races?

Discounted rates have been negotiated for the June 24-27 weekend



Hampton Inn, Islandia

Address: 1600 Veterans Memorial Highway, Islandia, NY 11749

Phone: (800)-445-8667 or (631) 234-0400 - mention MM Races for discounted rate

\$159.00 daily rate for Two Queen Beds or 1 King and Sofa Bed

Breakfast is included in the room rate and is available from 6am-9am.

3 Miles from the Start and Finish

Earn Hilton Honors Points <https://www.hilton.com/en/hilton-honors/join/>



Courtyard by Marriott Long Island MacArthur Airport

Address: 5000 Express Drive South, Ronkonkoma, NY 11779

Phone: (888) 236-2427 - mention MMM code or Michael Murphy

\$189 daily rate 1 King and Sofa Bed or 2 Queens

7.5 Miles from the Start and Finish



Residence Inn Long Island Hauppauge/Islandia

850 Veterans Memorial Highway, Hauppauge, NY 11788

(631) 724-4811 - 2.9 miles from Start and Finish

\$240 a night for 1 Bedroom Suite with Queen Bed and Sofa Bed and Kitchenette

These rates apply to Thursday, June 24, Friday, June 25 and Saturday, June 26.

***Phone: (800) 331-3131 - mention MMR code or Michael Murphy
Earn Marriott Bonvoy Points <https://www.marriott.com/loyalty.mi>***

No deposit or down payment required for either hotel.

A portion of the hotel rate is donated to the Michael P. Murphy Memorial Scholarship Foundation.

Guests may cancel 1 week in advance without penalty.

Payment goes directly to the hotel and not a third party. Guests are charged after checkout.

I am a longtime runner with a day job as a corporate meeting planner.

I negotiated the group rate for the Michael P. Murphy race weekend.

I am available to assist with corporate groups, weddings, and sports events.

Contact Jacqui Seltzer @jacquinc@outlook.com or 347-739-5110