

RFT 2023 40 miler Freedom rest stop

Dist	Type	Note	Next
0.0	📍	Start of route	0.1
0.1	➔	R onto Breckenridge St	0.1
0.2	➔	R onto Long Ln	0.5
0.7	➡	L onto King St	0.0
0.8	➔	R onto Sunset Ave	0.1
0.9	➡	Sunset Ave turns L and becomes Long Ln	0.2
1.2	➔	R onto US-15 BUS S	1.2
2.4	➔	R onto Millerstown Rd	0.9
3.3	⬆	Continue onto Pumping Station Rd	0.7
4.0	➡	L onto Waterworks Rd	0.7
4.7	➔	R onto Red Rock Rd	2.4
7.1	⬆	Continue onto Camp Gettysburg Rd	0.3
7.4	➡	L onto McLaughlin Rd	2.3
9.7	⬆	Slight L onto Water St	0.9

9.7 miles. +426/-469 feet

Dist	Type	Note	Next
10.6	➔	Sharp R onto Pumping Station Rd (24-mi route splits off)	0.5
11.1	➔	R onto Tract Rd	0.9
12.0	➔	Slight R to stay on Tract Rd	0.4
12.4	⬆	Stay straight onto Pecher Rd	2.3
14.6	⬆	Continue onto Topper Rd	0.9
15.6	➡	L onto Orchard Rd	0.8
16.4	➡	L onto Tract Rd	0.1
16.4	➔	R onto Boyle Rd	1.0
17.4	➡	L onto Stultz Rd	1.2
18.6	➔	R onto Wenschoff Rd	0.4
19.0	➡	L onto Middle Creek Rd	0.6
19.6	➔	R onto Pumping Station Rd	0.5
20.0	➔	R into Rest Stop	0.1

10.4 miles. +486/-526 feet

Dist	Type	Note	Next
20.1	➔	R onto Pumping Station Rd	0.9
21.0	➔	R onto Cunningham Rd	0.9
21.9	➔	R to stay on Cunningham Rd	1.2
23.1	➔	R onto US-15 BUS S	0.2
23.3	➡	L onto Marsh Creek Rd	2.0
25.4	➔	R onto Ridge Rd (24-mi route splits off)	0.5
25.9	⬆	Continue onto Natural Dam Rd	0.6
26.5	➔	Sharp R onto Mason Dixon Rd	1.0
27.5	➡	L onto Bullfrog Rd	0.7
28.2	➡	Slight L onto Harney Rd	1.3
29.5	➡	L onto Bollinger School Rd	0.8
30.2	⬆	Continue onto Horner Rd	0.8
31.0	➔	R onto Mason Dixon Rd	0.4

10.9 miles. +550/-641 feet

Dist	Type	Note	Next
31.3	➡	L onto Barlow Rd	1.9
33.2	➡	L onto Chapel Rd	1.1
34.3	➔	R onto Ridge Rd	0.8
35.1	➡	L onto Barlow Greenmount Rd	0.4
35.5	➔	R onto Ridge Rd	1.6
37.1	➔	R onto US-15 BUS N	2.7
39.8	➡	L onto Long Ln	0.2
40.0	➔	Long Ln turns R and becomes Sunset Ave	0.1
40.1	➡	L onto King St	0.0
40.2	➔	R onto Long Ln	0.5
40.7	➡	L onto Breckenridge St	0.1
40.8	➡	L at West St	0.1
40.9	📍	End of route	0.0

9.9 miles, +401/-299 feet

If you need any help on the route, call 717-357-2065 for SAG support. If no answer, call 713-705-5579

Both the 24-mile and 40-mile routes are marked with Orange arrows (painted and stickers) on the roadway. Points where routes diverge are noted on cue sheet and marked on roadway.