



THE NORTHERN MICHIGAN *Trail Adventure*



SEPTEMBER 24-28, 2020

RF Events presents: The Northern Michigan Trail Adventure
5 days and 4 nights of guided, Pure Michigan hiking/running in northern Michigan.

Join us away from the crowds on hidden northwest Michigan trail gems. Finish each hike with a picnic. Each afternoon will include a bit of fun. We will hit wineries, breweries and other must-see northern Michigan treasures! We make the dinner reservations at the best spots with the best views so you can relax with your adventure friends! We'll finish our days around a fire or head to a pub!

Our two experienced guides will alternate between joining the group for the hike or run, while the other drives the Adventure Van to drop us off, and then pick us up, while checking points in between. All guests will receive the day's course map both on paper and loaded on a GPS app. Smart phones are required for your safety. Smile, enjoy the experience and know that there is a crew there for you!

Will I be too slow or too fast? Not to worry, once our guides have a feel for the group's pace and fitness level they are able to adjust drop off or pick up points to give you shorter or longer course options.

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INCLUDED WITH YOUR TRIP:

- 5 guided hikes with your choice of daily distance.
- 4 nights of luxury accommodations, two evenings at Petoskey's Historic Perry Hotel and two at the Crooked River Lodge (based on double occupancy), 4 breakfasts, 3 lunches, one dinner, daily water specialty drinks and snacks.
- Adventure Van transportation to all activities, hikes and meals (where applicable).

Cost: \$1,249 per person (Based on double occupancy)

AGENDA:

Thursday

- 3 PM check in at the Perry Hotel in Petoskey, MI. We will make your reservation under your name.
- 4:30 PM meet in the Perry parking lot for our first trip in the Adventure Van! We will head out for an easy 4 mile, "get to know each other" hike into town. *Map 100, see page 5 for trail descriptions.*
- Our hike will take us right into downtown Petoskey for Happy Hour and dinner!



Friday

- 7AM Breakfast opens at the Perry, included with your stay. A wonderful experience!
- 9AM the Adventure Van will be leaving the Perry parking lot for our first North Country Trail day!
- 9:30-10AM the Adventure Van will make drop offs for your hike/run choices today. Distance choices are 13, 10 or 4.5 (with an optional 1.5 after) *Map 102 & 103, see page 5 for trail descriptions.*
- ~NOON a wonderful covered picnic lunch at the finish line (and a creek to soak your toes!).



Friday cont:

- Head back to the hotel to clean up.
- 4PM Meet at the Adventure Van and head out on a late afternoon trip to Charlevoix. After a quiet walk to tour the town, we will head to our dinner reservation.

Saturday

- 7AM Breakfast opens at the Perry.
- 10AM Plan to be packed up, checked out, luggage in your car and ready to hop in the Adventure Van for a 10AM sharp departure!
- 10:20AM the Adventure Van will make drop offs for your hike run/choices today. Distance choices are 7 or 2 miles on Petoskey's beautiful Skyline Trail.
- ~NOON lunch at the finish!
- When we are done with lunch we will head back to Petoskey to walk around town until 2:45PM.
- 3PM head to Crooked River Lodge (in your personal vehicle) for 3PM check in. Enjoy some time checking out the wonderful property on the river, perhaps a bit of kayaking (or just relax!). We will meet for dinner at the Lodge.



Sunday

- 7AM Breakfast opens at Crooked River Lodge, included with your stay. A wonderful experience!
- 9AM the Adventure Van will be leaving the Crooked River Lodge parking lot.
- 9:30-10AM the Adventure Van will make drop offs for your hike/run choices today. Distance choices are 5, 9 or 11 miles.
- ~NOON lunch at the finish line.
- Head back to the hotel to clean up.
- 3:30PM Meet at the Adventure Van and head out on a trip to Harbor Springs to hit a winery/brewery then take a walk around town before our dinner reservation.
- LAST CALL with the whole group at the Crooked River Lodge, perhaps around a roaring fire. A last hurrah to make some more memories!



Monday

- 7AM Breakfast opens at Crooked River Lodge.
- 10AM Plan to be packed up, checked out, luggage in your car and ready to hop in the Adventure Van for a 10AM sharp departure!
- 10:20AM the Adventure Van will make drop offs for your hike run/choices today. Distance choices are 3.5 or 5 miles.
- After we've finished and everybody is ready the Adventure Van will head back to drop everybody at their cars. We will then meet for lunch at the Petoskey Brewery for reminiscing and saying our goodbyes!



SUGGESTED PACKING LIST

- Pack clothing for all weather running and hiking, including rain gear (this way it won't rain!)
- Bug Spray
- Sun Block
- Towel
- Bag for the Adventure Van to put your bug spray, sunblock, towel and comfy shoes to change into
- Bathing Suit
- Casual outfit and nice outfit for each day. Mostly casual, but some nice dinners.
- A running pack for water/nutrition/phone
- Phone with Azenza Maps App with northwestern lower MI maps bundle (Guides can help with this!)
- Personal water bottle with name on it
- Beer/wine/specialty drinks/cooler. (*Pro tip - put some beers in the Adventure Van cooler so they will meet you at the finish line!*)
- Specialty hydration drinks (we will have gallons of water for filling bottles)
- Old running hat, we will bring fly tape, it will make a mess of your hat so bring a junker.
- Minimally 2 pair of running shoes
- A serious trail adventure book like Into the Wild, Endurance, Adrift, Into Thin Air etc...

TRAIL DESCRIPTIONS

Each day your guide will go over the daily course with you.

Thursday

- MAP 100 - 4.5 Miles
- The Adventure Van drops us behind North Central Michigan College where we will run into some low and high trails, eventually popping out into civilization as we follow the Bear River to Little Traverse Bay to the tunnel that leads into town.

Friday

- MAP 102 & 103 - 13, 10 or 4.5 Miles (Option to add on 1.5 Miles at the end)
- The long route is around 13 miles today, all distances are challenging. Starting at Chandler Rd. makes it around 10 miles and starting at Springvale around 4.5, we will all finish at Hammond Rd.
- MAP 102 - The Cherry Valley Lookout adds .5 miles, anybody can add this on as well! Worth it!

Saturday

- 2 or 7 Miles
- Today is a breathtaking route on the Skyline trail.

Sunday

- MAP 98 - 5, 9 or 11 Miles
- A fun run with climbs, a lowland swamp and a long high flowing ridge. Just great.

Monday

- 3.5 or 5 Miles
- A hilly picture perfect north woods trail, lots of hardwoods, some stand of pines, beautifully maintained.



ADVENTURE VAN SAFETY

- During our first trip in the Adventure Van please find a bench to sit on, this will be your bench for the remainder of the trip.
- Guides will wipe down door handles, windows and any frequent touch point between trips and between drivers will wipe down the steering wheel, door buttons and the dash.
- If feasible we will not use recirculated air. If the weather allows we will keep windows down.
- Masks are required at all times in the Adventure Van.
- Please sanitize your hands prior to getting into the Adventure Van.
- Do not leave any trash in the Adventure Van, please take it with you.



TRIP TESTIMONIAL

Don't just take our word for it... a review from our first trip!

“The Adventure - I had a great time. I have been running trails and off road for a long time and all over the world. These trails were some of the best I have ever been on. There was a perfect blend of terrain, weather and scenery. The forests were magical, thick with trees. The meadows and fields were filled with wildflowers. The rivers and streams flowed clean and clear. All of the trails were well marked and maintained. Good footing all the way with some challenging spots to keep things interesting. The guides knew what they were doing and had options for most runs. These included long, medium and short distances that allow runners and walkers with different skill levels to enjoy everything. The guides always had water and bug spray. At the trail end the guides had set up an awning for shade with chairs so runners could relax, cool down and hydrate.

The accommodations were good. We stayed in Boyne Falls and in Petoskey. After the runs we would clean up and do dinner as a group with the adventure van providing the transportation. On two nights before dinner we went to wineries for some casual wine tasting. We also did a couple of breweries. One night we had dinner at a very nice place overlooking a marina on Lake Charlevoix. Another night we ate at a place in downtown Petoskey. I fell in love with the wild mushroom soup. Still on another night we were at a country club for our dinner. They were all great and I ate too much and did not lose any weight even when I did almost 30 miles of trails during the trip. On Sunday night after dinner we all sat out on the hotel lawn with wine and beer and watched the sun set on Little Traverse Bay.

I was amazed at how well the guides took care of us. They were so accommodating to all our needs and enabled the group to develop an outstanding comradery. This ramped up the fun and enjoyment of both the runs and the non running activities. The adventure was special and I will always have fond memories of it.”

- B.O.S and S.O.G



BOOKING AND WAIVER

E-mail randy@rfevents.com to book your spot today! The below waiver will need to be signed and turned in at the start of the trip.

Terms and Conditions

By signing this Waiver and Release of Liability ("Release"), I am giving up rights in exchange for the opportunity to participate in kike/run tour with RF Events (the "Trip"). In particular, I agree not to sue RF Events Inc. ("RF Events") and its employees, representatives, and guides (collectively, the "Released Party") for any alleged negligence arising from my participation in the Trip. I assume responsibility for any injuries or damage I may sustain arising from my participation in the Trip, as further detailed below.

1. I Am Responsible For My Own Actions. I acknowledge there are inherent risks involved with my voluntary participation in the Trip that may result in serious injury, damage to property, and other significant losses. These risks include, but are not limited to: collision with vehicles, animals, inclement weather, overexertion, inadequate training, civil unrest, contracting a virus, disease, or other illness, criminal activity, transportation unavailability or failure, trip delay, unanticipated events, force majeure, lack of or limited availability to medical attention, inadequate medical support, risks associated with food, impure water, and consumption of alcoholic beverages, breakdown of equipment, and/or lost or stolen luggage. I assume all of these risks by participating in the Trip.

2. I Am Releasing Negligence Claims. In exchange for participating in the Trip, I hereby release the Released Party from any liability based on negligence that may arise from my participation in the Trip. This Release applies, for example, to injuries or damages arising from my conduct, trail conditions, communicable diseases, and negligent conduct of the Released Party. This Release will prevent me, as well as my spouse, heirs, successors, assigns and legal representatives, from suing the Released Party for negligently causing my injuries or damages.

3. I Have Negotiated The Terms Of My Participation. I acknowledge that my participation in the Trip is voluntary, and that I have the option to not participate in light of the risks outlined above. I also acknowledge that I have read this Release and have had the right to ask any questions about the meaning or impact of signing below. I understand that not signing this Release would result in payment of a higher trip cost (an additional \$1,000.00) to account for potential legal costs. By signing below, I have elected not to pay the higher trip cost and have chosen to assume all risks arising from negligent conduct instead of pursuing legal claims against the Released Party.

4. Additional Representations. I understand that RF Events reserves the right to deny my participation if I am deemed unsuitable or unfit to participate in the Trip and can ask me to leave the Trip if it determines that my continued participation is incompatible or would prove detrimental to the well-being and enjoyment of other travelers

I understand that RF Events Inc. reserves the right to take photographic or film records of any of its trips, and I hereby agree that RF Events Inc. may use any such records which include images of me for promotional or commercial purposes.

I understand and agree that jurisdiction over any dispute arising out of this Release and all matters relative to my participation in the Trip shall be exclusively in the courts of the state of Michigan. If any court determines that any portion of this Release is null and void, the remaining portions of the Release shall remain valid and enforceable. In addition, and notwithstanding anything to the contrary above, nothing in this Participant Waiver and Release of Liability shall be interpreted as the participant and parent releasing RF Events Inc. from liability for injuries, damage, death, or other loss to participant or others that may occur within the jurisdiction of the National Park Service and is caused by RF Events negligence, gross negligence, recklessness, or intentional conduct, including but not limited to any negligence with respect to RF Events Inc. judgments and decisions.

_____ signature

_____ Date

_____ printed name

PETOSKEY SUGGESTIONS

During the trip there will be some free time in Petoskey! There are so many cute shops and restaurants, feel free to explore! Below are some personal suggestions from our guides! All the suggestions below are just a short walk from The Perry Hotel. You can find more to see and do on the Petoskey Visitor's Bureau website as well.

WALK

Take the .5 mile walk from The Perry Hotel down to the Petoskey lighthouse pier for spectacular views of Little Traverse bay. Grab some drinks and snacks from **Symon's General Store** and enjoy your spread down by the bay!

DRINK & EAT

The Noggin Room - The Noggin Room is in The Perry Hotel and is a great place to grab a snack, meal, beer, wine or cocktail!

Beard's Brewery - 20 rotating taps in this downtown Petoskey brewery mean something for ever beer lover, food and appetizers available!

POUR - POUR features an impressive 60 draft line-up that is the home to an array of wine by the glass, draft cocktails, craft beer, cider and mead. Featuring over 50 wines by the glass and serving over 170 different spirits. Slightly upscale, for a more relaxed environment you'll find **Tap30**, a fun beer bar, just next door!

City Park Grill - Great menu and an above average wine list. This is one of Hemingway's old haunts and there's a lot of history in the joint...really cool old bar and if you ask you can usually get a good old story or two.

COFFEE

Populace - Just around the corner from The Perry Hotel you'll find this cute little coffee shop! Featuring in-house baked goods and bagels, along with gluten free donuts - and amazing coffee!

Roast and Toast - A Petoskey staple! Roast and Toast has a HUGE, very inventive coffee and beverage selection, as well as baked goods and a full breakfast and lunch menu.

ART

The Crooked Tree Art Center is right downtown in a gorgeous restored church and boasts two fine art galleries. Check crookedtree.org for schedules and info.