

RELEASE AND WAIVER OF LIABILITY

This Release and Waiver of Liability (the "Release") is executed in my individual capacity as an invitee of Centra Health, Inc., a nonprofit corporation existing under the laws of the Commonwealth of Virginia, and its affiliated organizations, and their directors, officers, trustees, employees, volunteers and agents (collectively, "Centra").

I desire to participate in fishing tournament sponsored by Centra to raise money to provide resources to Centra's Hospice program. I understand that my activities may include but are not limited to the following: riding in a boat, casting a fishing pole, and retrieving fish (collectively, the "Activities").

I acknowledge I am familiar with and understand the risks and dangers inherent in the sport of fishing, and I hereby freely, voluntarily and without duress execute this Release under the following terms:

I do hereby release and forever discharge and hold harmless Centra and each of its successors and assigns from any and all liability, claims and demands of whatever kind or nature, either in law or in equity, which arise or may hereafter arise from my participation in the Activities.

I understand and acknowledge that this Release discharges Centra from any liability or claim that I may have with respect to any bodily injury, personal injury, illness, death or property damage that may result from my participation in the Activities. I also understand that Centra does not assume any responsibility for or obligation to provide financial or other assistance, including but not limited to medical, health or disability insurance in the event of injury, illness, death or property damage resulting from my participation in the Activities.

I expressly agree that this Release is intended to be as broad and inclusive as permitted by the laws of the Commonwealth of Virginia, and that this Release shall be governed by and interpreted in accordance with the laws of the Commonwealth of Virginia. I further agree that in the event any clause or provision of this Release shall be held to be invalid by any court of competent jurisdiction, the invalidity of such clause or provision shall not otherwise affect the remaining clauses or provisions of this Release, which shall continue to be enforceable. Further, a waiver of a right under this Release does not prevent the exercise of any other right.

Name (please print):

Signature: _____ Date: _____