

Physicians: You are a Health Role Model

Model healthy living to patients and staff by inviting them to JOIN YOU at Champions for Health's Solana Beach Sunset 5K Run/Walk October 1!

Lead a team of 20 or more patients and staff and receive **FREE** team t-shirts with your practice/team identification.

Visit www.SB5K.org to sign up.

For more information email Carlos.Medina@ChampionsFH.org.

Benefiting

CHAMPIONS for HEALTH

PHYSICIANS IMPROVING HEALTH CHANGING LIVES

Diabetes Prevention Program



PRESENTED BY: THE DOCTORS COMPANY









Saturday, October 1, 2016
3:00 pm Registration & Wellness Expo
4:00 pm 5K Run/Walk Start
4:30 - 6:30 pm Post 5K Festivities
\$39 Registration Per Person Supports Diabetes Prevention
Physician Team Leader:
Name of Practice:
Team Name:
Contact Person:
Email:

By consenting to the inclusion of my name below I acknowledge that my participation in the Solana Beach Sunset 5K Run/Walk involves a risk of injury, including bodily injury, and assume the risk for same. On my own behalf and on behalf of my heirs and legal representatives and to the fullest extent permitted by law, I hereby release and discharge Champions for Health and their respective directors, officers, employees, affiliates, members, agents and representatives, of and from any and all liability for injury, death, or damages and/or any other claims, demands, losses or damages, incurred by me in connection with any aspect of the 5K run and walk.

Please email or fax completed form to Kylene.Cummings@ChampionsFH.org or (858) 560-0179.

Participant Name	Email	Office Staff?	Patient?	T-shirt Size
	CCC			
	50, San Diego, CA 92123 www.SB5K.org 858.3			