



WILDERNESS RANCH

YL younglife. CAMP

Clothing and Equipment List for Campers & Leaders

ADVENTURE CAMPING

The following list of clothing and equipment is essential for your safety & comfort. We ask you to trust this list, despite the weather at home or the advice from others. Severe cold weather is possible all summer long in the mountains. If you want to save money, consider borrowing or buying used gear. *Keep in mind, you will be at Wilderness for 5 full days, so it is up to how many outfits you bring!*

MANDATORY

CLOTHING

- Hiking Boots *or* sturdy shoes (see note below)
- Old Tennis Shoes to wear white-water rafting (can not be sandals)
- Shoes to wear around base camp
- Wools Socks
- Warm Pants for around base camp at night
- Shorts
- Jeans or leggings, some pair of long pants (might get dirty)
- Hat or Visor
- Underwear
- Sturdy swimsuit
- T-shirts
- *we recommend one non-cotton shirt for your day hike*
- Warm Jacket/ External insulating layer (Thick fleece/soft shell)
- Rain Jacket with a hood
- Wool or Fleece Stocking Beanie
- Wool or Fleece Gloves/Mittens
- Bandanas (1-2)

EQUIPMENT

- Small backpack/ day pack
- Sunglasses
- Bible (Old & New Testament)
- Journal & pen
- Head lamp (or flashlight) w/ extra batteries

PERSONAL

- Glasses & Contacts
- Chapstick with SPF
- Sunscreen (at least 25 SPF)

- Toothbrush & Toothpaste
- Personal Medication – *all medication should be listed on the health form, needs to be in the original container, and will be turned into guides to carry and administer*
- Insect Repellant
- Towel & toiletries
- Set of clothes for the trip home

RECOMMENDED, BUT OPTIONAL

- Pillow, Sheets, Blanket, etc. (we provide a sleeping bag & liner, same as backpacking trips take)
- Down Jacket (if no other jacket)
- Antibacterial Hand Cleaner
- Digital Camera –cell phones are not allowed on adventures
- Disposable cleaning towelettes
- Crazy Creek
- Money for WR Store Purchases

*** DO NOT bring a knife or biodegradable soap
We will provide all other necessary mountain gear (i.e. backpacks, sleeping bags, water bottles, tents, stoves, food, First-Aid, eating utensils, climbing equipment)*

On Boots/Sturdy Shoes: You may travel on semi-rugged terrain on your day hike which requires a good quality hiking boot or sturdy shoe. Do not feel like you have to go out and buy something new! We have a stash of extra boots if you need to borrow those! Please consider the following guidelines for boots

1. Above the ankle, if possible
2. Medium weight leather with Vibram soles
3. Waterproof
4. Thoroughly broken in before you come