



Teaching the World to Heal.

ATTACH

Association for Training
on Trauma and Attachment in Children

Roots of Safety: An OT's Guide to Attachment and Trauma Foundations

Self-Paced, On-Demand Course for Occupational Therapists and OTAs

This self-paced, on-demand, four-part course helps OTs and OTAs build a strong, neurobiologically informed understanding of trauma and disrupted attachment. It blends sensory, relational, and psychological perspectives with current research and OT-specific strategies, laying the groundwork for advanced learning in the ATTACH OT Certificate pathway.

CE Credit: 4.5 Hours - Meets PDU Requirements for NBCOT

Self-Paced Learning Now Available

Flexible & Convenient

Access any time, learn at your own pace and according to your own schedule. *(Course must be completed within 30 days of activation)*

Accessibility

Access from anywhere in the world with an internet connection.

Cost-Effective

ATTACH Member: \$131.25
Non-Member: \$157.50
(Prices include processing fees)

Self-Paced Learning

Pause, rewind, and review content as needed to enhance comprehension and retention of information.



HOW IT WORKS

- Register for the Course
- Receive detailed instructions for accessing the video modules.
- Complete pre-recorded content at your own pace.
- Complete the Test: Pass the assessment with an 80% or higher grade.
- Complete the Survey: Provide feedback on the course experience.
- Receive CE Certificate

LEARNING OBJECTIVES

- Describe key concepts of attachment and developmental trauma as they relate to occupational participation and co-regulation.
- Identify how attachment disruptions and early relational adversity influence sensory, emotional, and behavioral patterns in children.
- Explain the neurobiological processes underlying stress responses, neuroception, and autonomic state shifts in children with trauma histories.
- Differentiate between various survival responses (fight, flight, freeze, collapse) and relate these responses to occupational engagement and regulation needs.

COURSE DEVELOPER

Maude Le Roux is an international trainer and creator of the Developmental Pathways Model (DPM), with decades of experience supporting children through a whole-child approach. She leads A Total Approach, serves on multiple advisory boards, and is an award-winning advocate in trauma, attachment, and neurodevelopment.

Contact Us



612-861-4222



attach.org



info@attach.org