

LEVEL 3

OT Attachment and Trauma in Practice



SUMMER 2023 VIRTUAL TRAINING SERIES DATES

Mondays
June 12, 19, 26
July 17, 24, 31
August 7, 14, 21

2pm - 4pm US CT

The **Level 3: Occupational Therapy – Attachment and Trauma in Practice** training series engages small groups focused on theory, the deeper impact of trauma and attachment, and participant case studies. Participants will receive a template to support information sharing. Scores are derived according to a rubric at the end of the course with an emphasis on growing one's understanding, not on pass/fail. Upon completion of Level 3, ATTACH will acknowledge the participant's full completion of the training with a certificate.

Location	Online
Target Audience	Occupational Therapists
Educational Level	Advanced
Prerequisites	Completion of ATTACH OT Training Series: Level 1 and Level 2
Instructional Methods	Lecture, recordings, case studies
Cost	\$700 members / \$750 non-members
CEs and Contact Hours	20 CEs available following successful completion of the course and evaluation. Cost of CEs included in registration cost.
Registration	https://attach.regfox.com/level-3-ot-attachment-and-trauma-in-practice-june-2023

The capacity of this intensive training series is limited to 12 persons per group.

OUTLINE / AGENDA

Session 1: June 12, 2023

- Welcome, meet and greet!
- Workshop expectations
- Understanding and building Resilience in your clients

Session 2: June 19, 2023

- Taking a deeper look at Empathy/Using a trauma compassionate lens
- Group Discussion

Session 3: June 26, 2023

- Considering Shame / Blame aspects of Attachment and Trauma
- Group Discussion

Session 4 to 10: July 17, 24, 31, August 7, 14, 21

Two case presentations from group participants at each session

- Each case presented in 30 minutes
- Group Discussion 30 minutes

LEARNING OBJECTIVES

The participant will be able to:

- Define and discuss different aspects regarding resilience, empathy and the shame / blame continuum
- Present clinical questions of own case material to extend and expand clinical reasoning
- Describe the different components of a team approach considering the scope of practice as occupational therapists
- State key components of assessment according to current setting and work environment
- Derive increased clinical understanding of their own case study as well as from the other cases presented
- Create a clear, sequential picture from background, through assessment and intervention to support the clinical process of increased function in clients
- List multiple intervention ideas from clinical case discussions to support their continued work
- Explore multiple resources that will be shared during clinical case discussions
- Create shared meaning among the OT community to support ongoing practice, mentoring to others and improve the quality of their work life experiences

PRESENTERS



Maude Le Roux, OTR/L, SIPT, DIR Expert Trainer specializes in Sensory Integration services as it applies to functional activities of daily living, including improving the ability of children/students of all ages to partake in his/her learning environment. She began her journey in attachment and trauma informed care through multiple different trainings since 2008. She is a current Member of the ATTACH Board of Directors and responsible for maintaining an OT presence at the annual ATTACH conferences. In addition to operating her private practice, A Total Approach, in Glen Mills, PA, she also hosts an online academy, maudeleroux.com in a variety of different diagnostic categories for assessment and intervention. Maude has presented at conferences in a variety of settings across the US as well as internationally. She has co-authored the book, *The Listening Journey*, with Francoise Nicoloff, and her second book, *Our Greatest Allies*, is available on Amazon.com.



Lara Taggart, Ed.D., OTR/L is an Assistant Clinical Professor at Northern Arizona State University (NAU) Occupational Therapy Doctorate Program since July of 2015. She holds a master's degree in Occupational Therapy (OT) from AT Still University, and a bachelor's degree in Applied Psychology from ASU. Lara works 10 hours/week at Childhelp, a community mental health clinic that serves children and families who have a trauma background. Her research interests are in infant mental health and the relationship between child and caregiver sensory processing patterns and bonding. She has worked as an OT in various settings, which included outpatient/inpatient rehabilitation for adult and pediatric populations, school setting, and early intervention. Lara has served on the Executive Board of the Arizona Occupational Therapy Association as President and in Pediatric and Neuro Special Interest Groups. She is currently the Arizona Representative Assembly for the national OT board (American Occupational Therapy Association).

REVIEWS

Maude's webinars are of the highest quality. She is able to share her vast knowledge in an easy, understandable and very humble way, always with a big smile. Maude has the amazing skill to pull all the things that I've learned of before over the many years, as well as new information, together. I am proud and excited to be an OT again as Maude has shown me what a big role I can and should play. And loads of practical information to start using immediately. Thank you, Maude, I can't wait to attend your next workshop!!

~ Christelle Bryan, OT

REFERENCES

- Ayres, A. J. (1979). *Sensory integration and the child*. Los Angeles, California: Western Psychological Service.
- Badenoch, B. (2017). *The Heart of Trauma: Healing the Embodied Brain in the Context of Relationships (Norton Series on Interpersonal Neurobiology)*. WW Norton & Company.
- Baekey DM, Molkov YI, Paton JFR, Rybak IA, Dick TE. Baroreceptor stimulation on the respiratory pattern: insights into respiratory-sympathetic interactions. *Respir Physiol Neurobiol*. 2012; 30(174(1-2)): 135-40.
- Baldoni, F. (2018) "The clinical matching: interactions between patient's and therapist's attachment strategies in a DMM perspective' International Association for the Study of Attachment *10th Anniversary International Conference*. Florence.
- Bhreathnach, É. (2018) 'Sensory Information Sensory Integration and Strategic Functioning'. International Association for the Study of Attachment *10th Anniversary International Conference*. Florence.
- Bordoni B, Zanier E. Anatomic connections of the diaphragm: influence of respiration on the body system. *J Multidiscip Healthc*. 2013: doi.org/ 10.2147%2FJMDH.S45443
- Bordoni B (April 23, 2020) The Five Diaphragms in Osteopathic Manipulative Medicine: Myofascial Relationships, Part 1. *Cureus* 12(4): e7794. DOI 10.7759/ cureus.7794
- Bordoni B (June 20, 2020) The Five Diaphragms in Osteopathic Manipulative Medicine: Neurological Relationships, Part 2. *Cureus* 12(6): e8713. DOI 10.7759/ cureus.8713
- Bordoni B, Purgol S, Bizzarri A, et al. (June 01, 2018) The Influence of Breathing on the Central Nervous System. *Cureus* 10(6): e2724. DOI 10.7759/cureus.2724
- Brown RP, Gerbarg PL, Muench F. Breathing practices for treatment of psychiatric and stress-related medical conditions. *Psychiatr Clin N Am* 36 (2013) 121–140 . DOI.org/10.1016/j.psc.2013.01.001
- Bundy, A. C., Lane, S. J., Mulligan, S., and Reynolds, S. (2020). *Sensory integration: theory and practice*. Philadelphia: F. A. Davis.
- Cermak, S. & May-Benson, T.A. (2020). Praxis Disorders. In *Sensory Integration Theory and Practice, 3rd Ed.*, S. Lane, A. Bundy, & S. Reynolds (Eds.). F.A. Davis
- Cirelli, Laura K. "How Interpersonal Synchrony Facilitates Early Prosocial Behavior." *Current Opinion in Psychology*, vol. 20, 2018, pp. 35–39.,doi: 10.1016/j.copsyc.2017.08.009.
- Crittenden, P (2016) *Raising Parents: Attachment, Representation, and Treatment* 2nd Ed. Routledge.
- Dana, D. A. (2018). *The polyvagal theory in therapy: Engaging the rhythm of regulation (Norton Series on Interpersonal Neurobiology)*. WW Norton & Company.
- Dunn, Winnie. (2004) 'A Sensory Processing Approach to Supporting Infant-Caregiver Relationships'. In A. Sameroff, S. C. McDonough & K. L. Rosenblum (Eds.), *Treating Parent-Infant Relationship Problems Strategies for Intervention (152-187)*. New York: Guildford Press.
- Ferneyhough E, Kim MK, Phelps EA, Carrasco M. Anxiety modulates the effects of emotion and attention on early vision. *Cogni Emot*. 2013; 27(1): 166-76.
- Fette, Claudette., Lambdin-Pattavina, Carol., Weaver, L.L. (2019). 'Understanding and Applying Trauma-Informed Approaches Across Occupational Therapy Settings'. AOTA Continuing Education Article in collaboration with AOTA's Mental Health Special Interest Section.
- Glucksman, Myron L. "The Therapeutic Relationship Reexamined: Clinical and Neurobiological Aspects of Empathic Attunement." *Psychodynamic Psychiatry*, vol. 48, no. 4, 2020, pp. 392–406., doi:10.1521/pdps.2020.48.4.392.

- Hambrick, E. P., Brawner, T. W., & Perry, B. D. (2019). Timing of Early-Life Stress and the Development of Brain-Related Capacities. *Frontiers in behavioral neuroscience*, 13, 183. <https://doi.org/10.3389/fnbeh.2019.00183>
- Hum KH, Manassis K, Lewis MD. Neural mechanisms of emotion regulation in childhood anxiety. *J Child Psychol Psychiatry*. 2012; doi:10.1111/j.1469- 7610.2012.02609.x
- Jerath R, Crawford MW, Barnes VA et al. Self-Regulation of Breathing as a Primary Treatment for Anxiety. *Appl Psychophysiol Biofeedback*. 2017; DOI 10.1007/ s10484-015-9279-8
- Lane, S. J., Mailloux, Z., Schoen, S., Bundy, A., May-Benson, T. A., Parham, L. D., ... & Schaaf, R. C. (2019). Neural Foundations of Ayres Sensory Integration®. *Brain sciences*, 9(7), 153.
- May-Benson, T. (2010). Praxis and play in children with autism. In Miller-Kuhaneck, H. & Watling, R. Eds, *Autism: A comprehensive occupational therapy approach* (3rd Ed.). Bethesda, MD: American Occupational Therapy Association.
- May-Benson, T. (2011). *Praxis*. In *Autism Topics Part I: Relationship Building, Evaluation Strategies, and Sensory Integration and Praxis - CE on CD*. Renee Watling, Ed. Bethesda, MD:AOTA Press.
- May-Benson, T. (2016). Introduction to Sensory Integration. In Wagenfeld, A. & Kaldenberg, J. (Eds.). *Occupational Therapy Practice for the Occupational Therapy Assistant, 2nd Ed.* Slack, Inc.
- May-Benson, T. A. & Murray-Slutsky, C. (2014). Intervention for Praxis Deficits. In *Autism Interventions: Exploring the Spectrum of Autism*. Carolyn Murray-Slutsky & Betty A. Paris (Ed.). Austin, TX: Hammill Institute on Disabilities.
- May-Benson, T. A. & Schaaf, R. (2014). Ayres Sensory Integration® Intervention, In *International Handbook of Occupational Therapy Interventions*, Ingrid Söderback (Ed.). New York: Springer.
- May-Benson, T. A. & Teasdale, A. (2021). Inter-Rater and Test-Retest Reliability of the Sensory Integration Clinical Observations. *Physical & occupational therapy in pediatrics*, 41(1), 74-84.
- May-Benson, T. A., & Cermak, S. (2009). Development of an Assessment for Ideational Praxis. In C. B. Royeen & A. J. Luebben (Eds.), *Sensory Integration: A Compendium of Leading Scholarship* (184-191). Bethesda, MD: American Occupational Therapy Association.
- May-Benson, T. A., & Koomar, J. A. (2010). *Systematic review of the research evidence examining the effectiveness of interventions using a sensory integrative approach for children*. *American Journal of Occupational Therapy*, 64(3), 403-414.
- May-Benson, T. A., & Schaaf, R. C. (2018). Identifying and Measuring Outcomes in Ayres Sensory Integration®. *OT Practice*. AOTAPress
- Paulus MP. The breathing conundrum - interoceptive sensitivity and anxiety. *Depress Anxiety*. 2013; 30(4): 315-20.
- Schore, A. N. (2019). *Right brain psychotherapy (Norton series on interpersonal neurobiology)*. WW Norton & Company.
- Substance Abuse and Mental Health Services Administration. (2018). *Trauma-informed approach and trauma-specific interventions*. Retrieved from <https://www.samhsa.gov/nctic/trauma-interventions>