



Level 3: Occupational Therapy - Attachment and Trauma in Practice



**2023 VIRTUAL
TRAINING SERIES DATES**
**Jan 24, 31, Feb 7, 14, 21,
Mar 7, 21, Apr 4, 11, 18**
7am – 9am CT/8am-10am ET

The **Level 3: Occupational Therapy – Attachment and Trauma in Practice** training series engages small groups focused on theory, the deeper impact of trauma and attachment, and participant case studies. Participants will receive a template to support information sharing. Scores are derived according to a rubric at the end of the course with an emphasis on growing one's understanding, not on pass/fail. Upon completion of Level 3, ATTACH will acknowledge the participant's full completion of the training with a certificate.

Location	Online
Target Audience	Occupational Therapists
Educational Level	Advanced
Prerequisites	Completion of ATTACH OT Training Series: Level 1 and Level 2
Instructional Methods	Lecture, recordings, case studies
Cost	\$700 members / \$750 non-members
CEs and Contact Hours	20 CEs available following successful completion of the course and evaluation. Cost of CEs included in registration cost.
Registration	https://attach.regfox.com/level-3-ot-attachment-and-trauma-in-practice-winter-2023
The capacity of this intensive training series is limited to 12 persons per group.	

Outline/Agenda:

Session 1: January 24, 2023

- Welcome, meet and greet
- Workshop expectations
- Understanding and building Resilience in your clients

Session 2: January 31, 2023

- Taking a deeper look at Empathy/Using a trauma compassionate lens
- Group Discussion

Session 3: February 7, 2023

- Considering Shame / Blame aspects of Attachment and Trauma
- Group Discussion

Session 4 to 7: February 14, 21 March 7, 21 and April 4, 11, 18

- Two case presentations from group participants at each session
- Each case presented in 30 minutes
- Group Discussion 30 minutes

Learning Objectives:

The participant will be able to:

- Define and discuss different aspects regarding resilience, empathy and the shame / blame continuum
- Present clinical questions of own case material to extend and expand clinical reasoning
- Describe the different components of a team approach considering the scope of practice as occupational therapists
- State key components of assessment according to current setting and work environment
- Derive increased clinical understanding of their own case study as well as from the other cases presented
- Create a clear, sequential picture from background, through assessment and intervention to support the clinical process of increased function in clients
- List multiple intervention ideas from clinical case discussions to support their continued work
- Explore multiple resources that will be shared during clinical case discussions
- Create shared meaning among the OT community to support ongoing practice, mentoring to others and improve the quality of their work life experiences

Presenters:



Maude Le Roux, OTR/L serves on the Board of Directors for ATTACH and is instrumental in developing the training curriculum for OT's on behalf of ATTACH. She is a gifted speaker with a wide array of interests and specialties and brings with her a holistic and expansive view on treatment in pediatric care. While she is sensory and "body" based in her approach to assessment and intervention, she also favors the essence of what the emotional psyche brings to the table. Maude directs her own online academy for training in a variety of different tracks, as well as continues to maintain her private practice in Glen Mills, PA www.maudeleroux.com



Marti Smith, OTR/L specializes in teaching how sensory activities relate to trauma. She is a fellow with ChildTrauma Academy, a TBRI Practitioner, creator of the KALMAR App, and co-founder of Simple Sparrow care farm. She resides in Austin, Texas and collaborates with colleagues around the world to help children and families who have experienced adversity. Marti wrote the book "The Connected Therapist, Relating through the Senses". You can learn more about Marti at creativetherapies.com

Reviews:

Maude's webinars are of the highest quality. She is able to share her vast knowledge in an easy, understandable and very humble way, always with a big smile. Maude has the amazing skill to pull all the things that I've learned of before over the many years, as well as new information, together. I am proud and excited to be an OT again as Maude has shown me what a big role I can and should play. And loads of practical information to start using immediately. Thank you, Maude, I can't wait to attend your next workshop!!
Christelle Bryan, OT

References:

- Ayres, A. J. (1979). *Sensory integration and the child*. Los Angeles, California: Western Psychological Service.
- Badenoch, B. (2017). *The Heart of Trauma: Healing the Embodied Brain in the Context of Relationships (Norton Series on Interpersonal Neurobiology)*. WW Norton & Company.
- Baekey DM, Molkov YI, Paton JFR, Rybak IA, Dick TE. Baroreceptor stimulation on the respiratory pattern: insights into respiratory-sympathetic interactions. *Respir Physiol Neurobiol*. 2012; 30(174(1-2)): 135-40.
- Baldoni, F. (2018) "The clinical matching: interactions between patient's and therapist's attachment strategies in a DMM perspective' International Association for the Study of Attachment *10th Anniversary International Conference*. Florence.
- Bhreathnach, É. (2018) 'Sensory Information Sensory Integration and Strategic Functioning'. International Association for the Study of Attachment *10th Anniversary International Conference*. Florence.
- Bordoni B, Zanier E. Anatomic connections of the diaphragm: influence of respiration on the body system. *J Multidiscip Healthc*. 2013: doi.org/ 10.2147%2FJMDH.S45443
- Bordoni B (April 23, 2020) The Five Diaphragms in Osteopathic Manipulative Medicine: Myofascial Relationships, Part 1. *Cureus* 12(4): e7794. DOI 10.7759/ cureus.7794
- Bordoni B (June 20, 2020) The Five Diaphragms in Osteopathic Manipulative Medicine: Neurological Relationships, Part 2. *Cureus* 12(6): e8713. DOI 10.7759/ cureus.8713
- Bordoni B, Purgol S, Bizzarri A, et al. (June 01, 2018) The Influence of Breathing on the Central Nervous System. *Cureus* 10(6): e2724. DOI 10.7759/cureus.2724
- Brown RP, Gerbarg PL, Muench F. Breathing practices for treatment of psychiatric and stress-related medical conditions. *Psychiatr Clin N Am* 36 (2013) 121–140 . DOI.org/10.1016/j.psc.2013.01.001
- Bundy, A. C., Lane, S. J., Mulligan, S., and Reynolds, S. (2020). *Sensory integration: theory and practice*. Philadelphia: F. A. Davis.
- Cermak, S. & May-Benson, T.A. (2020). Praxis Disorders. In *Sensory Integration Theory and Practice, 3rd Ed.*, S. Lane, A. Bundy, & S. Reynolds (Eds.). F.A. Davis
- Cirelli, Laura K. "How Interpersonal Synchrony Facilitates Early Prosocial Behavior." *Current Opinion in Psychology*, vol. 20, 2018, pp. 35–39.,doi: 10.1016/j.copsyc.2017.08.009.
- Crittenden, P (2016) *Raising Parents: Attachment, Representation, and Treatment* 2nd Ed. Routledge.
- Dana, D. A. (2018). *The polyvagal theory in therapy: Engaging the rhythm of regulation (Norton Series on Interpersonal Neurobiology)*. WW Norton & Company.
- Dunn, Winnie. (2004) 'A Sensory Processing Approach to Supporting Infant-Caregiver Relationships'. In A. Sameroff, S. C. McDonough & K. L. Rosenblum (Eds.), *Treating Parent-Infant Relationship Problems Strategies for Intervention (152-187)*. New York: Guilford Press.

- Ferneyhough E, Kim MK, Phelps EA, Carrasco M. Anxiety modulates the effects of emotion and attention on early vision. *Cogni Emot.* 2013; 27(1): 166-76.
- Fette, Claudette., Lambdin-Pattavina, Carol., Weaver, L.L. (2019). 'Understanding and Applying Trauma-Informed Approaches Across Occupational Therapy Settings'. AOTA Continuing Education Article in collaboration with AOTA's Mental Health Special Interest Section.
- Glucksman, Myron L. "The Therapeutic Relationship Reexamined: Clinical and Neurobiological Aspects of Empathic Attunement." *Psychodynamic Psychiatry*, vol. 48, no. 4, 2020, pp. 392–406., doi:10.1521/pdps.2020.48.4.392.
- Hambrick, E. P., Brawner, T. W., & Perry, B. D. (2019). Timing of Early-Life Stress and the Development of Brain-Related Capacities. *Frontiers in behavioral neuroscience*, 13, 183. <https://doi.org/10.3389/fnbeh.2019.00183>
- Hum KH, Manassis K, Lewis MD. Neural mechanisms of emotion regulation in childhood anxiety. *J Child Psychol Psychiatry.* 2012; doi:10.1111/j.1469- 7610.2012.02609.x
- Jerath R, Crawford MW, Barnes VA et al. Self-Regulation of Breathing as a Primary Treatment for Anxiety. *Appl Psychophysiol Biofeedback.* 2017; DOI 10.1007/ s10484-015-9279-8
- Lane, S. J., Mailloux, Z., Schoen, S., Bundy, A., May-Benson, T. A., Parham, L. D., ... & Schaaf, R. C. (2019). Neural Foundations of Ayres Sensory Integration®. *Brain sciences*, 9(7), 153.
- May-Benson, T. (2010). Praxis and play in children with autism. In Miller-Kuhaneck, H. & Watling, R. Eds, *Autism: A comprehensive occupational therapy approach* (3rd Ed.). Bethesda, MD: American Occupational Therapy Association.
- May-Benson, T. (2011). *Praxis. In Autism Topics Part I: Relationship Building, Evaluation Strategies, and Sensory Integration and Praxis - CE on CD.* Renee Watling, Ed. Bethesda, MD:AOTA Press.
- May-Benson, T. (2016). Introduction to Sensory Integration. In Wagenfeld, A. & Kaldenberg, J. (Eds.). *Occupational Therapy Practice for the Occupational Therapy Assistant, 2nd Ed.* Slack, Inc.
- May-Benson, T. A. & Murray-Slutsky, C. (2014). Intervention for Praxis Deficits. In *Autism Interventions: Exploring the Spectrum of Autism.* Carolyn Murray-Slutsky & Betty A. Paris (Ed.). Austin, TX: Hammill Institute on Disabilities.
- May-Benson, T. A. & Schaaf, R. (2014). Ayres Sensory Integration® Intervention, In *International Handbook of Occupational Therapy Interventions*, Ingrid Söderback (Ed.). New York: Springer.
- May-Benson, T. A. & Teasdale, A. (2021). Inter-Rater and Test-Retest Reliability of the Sensory Integration Clinical Observations. *Physical & occupational therapy in pediatrics*, 41(1), 74-84.
- May-Benson, T. A., & Cermak, S. (2009). Development of an Assessment for Ideational Praxis. In C. B. Royeen & A. J. Luebben (Eds.), *Sensory Integration: A Compendium of Leading Scholarship* (184-191). Bethesda, MD: American Occupational Therapy Association.
- May-Benson, T. A., & Koomar, J. A. (2010). *Systematic review of the research evidence examining the effectiveness of interventions using a sensory integrative approach for children.* American Journal of Occupational Therapy, 64(3), 403-414.
- May-Benson, T. A., & Schaaf, R. C. (2018). Identifying and Measuring Outcomes in Ayres Sensory Integration®. *OT Practice.* AOTAPress
- Paulus MP. The breathing conundrum - interoceptive sensitivity and anxiety. *Depress Anxiety.* 2013; 30(4): 315-20.
- Schore, A. N. (2019). *Right brain psychotherapy (Norton series on interpersonal neurobiology).* WW Norton & Company.
- Substance Abuse and Mental Health Services Administration. (2018). *Trauma-informed approach and trauma-specific interventions.* Retrieved from <https://www.samhsa.gov/nctic/trauma-interventions>