

## Treating Developmental Trauma and Attachment in Children



2023 Virtual Training  
Series Dates  
**January 19, 20**  
**February 2, 3, 17**  
**9am - 4pm CST**

**Treating Developmental Trauma and Attachment in Children (TDTAC)** is a live, online, 80-hour, post-graduate level course for mental health professionals in the fields of child welfare, children's mental health and adoption/permanency. The course consists of 44 hours of self-directed learning of resources that will be provided, 30 hours of online or in person class, and 6 hours of knowledge implementation classes. TDTAC combines the recent research on Interpersonal Neurobiology with the physiological and relational practices. **After completion, participants will be eligible to register as an ATTACH mental health clinician.**

The course will focus on the current thinking about childhood developmental trauma through the lenses of attachment and trauma. Current terminologies and schools of thought including Developmental Trauma and ACEs will be explored. Attachment theory, theories of trauma and interpersonal neurobiology will be explored in parallel with current psychotherapeutic modalities and techniques including on sensory, somatic, and brain-based traumagenic differences.

Children who have been separated from primary attachment figures require support for grief and loss. Mitigating grief and loss through therapy and systems work (maintain placement stability, reducing losses, maintaining connections through access and openness) is explored. There will be several special topics covered, some by guest speakers, including residential treatment, childhood violence in the home, sexual orientation and gender identity in children, racism and identity formation, historical and intergenerational trauma, and cultural safety. The course will wrap up with a focus on safe and effective use of self and self-care for mental health practitioners.

<b>Dates/Time</b>	January 19, 20 and February 2, 3, 17 9 AM to 4 PM Central Time (Virtual/Online)	
<b>Target Audience(s):</b>	Therapists, Clinicians, Mental Health Professionals, School Counselors	
<b>Educational Level:</b>	Advanced Level/Post- Graduate level or equivalent experience (5 years minimum)	
<b>Instructional Methods:</b>	LIVE ONLINE/INTERACTIVE COURSE - PowerPoint, Discussion, Video	<b>Contact Hours:</b> 80 hours
<b>Coursework and Assessment:</b>	<ul style="list-style-type: none"> <li>• Combined individual and group learning (5 days, 7 hours each including breaks)</li> <li>• Post-course sessions for knowledge translation into practice (3x 2 hours)</li> <li>• Entry into Community of Practice group of other graduates for on-going learning, support, and implementation of knowledge into practice</li> <li>• See <a href="#">Detailed Agenda and Learning Objectives</a></li> </ul>	
<b>Cost:</b>	\$900 non-members, \$750 members includes training, materials, post-training peer review, and one year professional membership with ATTACH.	
<b>CEs:</b>	80 hours CE credits total. Cost included in the course fee.	
<b>Course Registration:</b>	<a href="https://attach.regfox.com/tdtac-winter-2022">https://attach.regfox.com/tdtac-winter-2022</a>	

**Cancellation Policy:** There is a non-refundable fee of \$150 for cancellations at any time. If the course participant cancels within 15 days before the course starting date, no reimbursement is given, but the individual can register for the training at the next available time. To cancel or withdraw from a course, please contact [training@attach.org](mailto:training@attach.org). If the course is cancelled by the Association for Training on Trauma and Attachment in Children (ATTACH), the participant will receive an e-mail notification announcing the rescheduled dates or the date in which ATTACH would issue a reimbursement if the course is not rescheduled.

**Brief Course Agenda:** [\(Click here for detailed agenda and objectives\)](#)

<p>DAY ONE</p> <p>January 19</p>	<ul style="list-style-type: none"> <li>• Introduction and Setting Context: Defining developmental trauma, Developmental Trauma Disorder, Complex PTSD, PTSD, RAD and DSED, ACEs and toxic stress</li> <li>• Adverse Childhood Experiences and Resilience: the long-term</li> <li>• Attachment: Theory, Patterns of Attachment in children and adults, therapist as an attachment figure including intro to safe and effective use of self in therapy</li> <li>• Cross-Cultural Competency and Safety</li> <li>• Small Group Practicum in attachment patterns of self</li> </ul>
<p>DAY TWO</p> <p>January 20</p>	<ul style="list-style-type: none"> <li>• Polyvagal theory, regulation, and dysregulation of the ANS</li> <li>• Somatic processes and sensory processing</li> <li>• Emotional and Behavioral Regulation</li> <li>• Cognition: Learning, memory, executive function, educational supports, neurodiversity / atypicality</li> <li>• Self-Concept, Theory of Mind, Reflective Function, Empathy</li> <li>• Coherence / Dissociation</li> <li>• Historical and Intergenerational Trauma</li> </ul>
<p>DAY THREE</p> <p>February 2</p>	<ul style="list-style-type: none"> <li>• Assessment and Treatment Paradigms: evidenced-based and promising modalities (Df</li> <li>• Transracial Adoptions, Racism, and Identity Formation</li> <li>• Small Group Work Practicum</li> </ul>
<p>DAY FOUR</p> <p>February 3</p>	<ul style="list-style-type: none"> <li>• Reducing losses and maintaining connections: placement stability in child welfare, access ar openness, placement transitions, grief and loss, sibling cohort placements</li> <li>• Coping with violence and aggression in the home</li> <li>• Working with Teens, Residential Treatment</li> <li>• Role Play and Case Study</li> </ul>
<p>DAY FIVE</p> <p>February 17</p>	<ul style="list-style-type: none"> <li>• Sexual-orientation, gender identity in children / youth</li> <li>• Bringing it all together: Case study, role play, group work</li> <li>• Secondary Trauma, Self-Care and Bringing your Best Self to the Work: safe and effective use of yourself as your most valuable therapeutic tool</li> <li>• Final Wrap Up, Q&amp;A, Tying it All Together</li> </ul>

**Evaluations and Certificates** are available by email and online following course completion. **There is no conflict of interest or commercial support for this program.**

## About the Presenter



**Norman E. Thibault, PhD, LMFT** is a Clinical Fellow of the AAMFT and is an AAMFT Approved Supervisor. He is the current President of the Board of Directors of ATTACH. Norm is the recipient of the 2017 Vilardi Humanitarian Award of the American Adoption Congress and is a former President of the Utah Association for Marriage and Family Therapy. He also served as a Field Trial Clinician in developing the current DSM-V. Norm is the Founding Owner and Chief Executive Officer of Three Points Center, residential treatment centers exclusive to adopted adolescents.

For more information or for access to a group discount code, contact the Association for Training on Trauma and Attachment (ATTACH) at [training@attach.org/](mailto:training@attach.org/).