



Hope for Healing Parent Training



Upcoming Training Series Dates

May 4, 11, 18, 25
(Tuesdays Only)
7:30 pm – 9:30 pm CST

Why Do Children Act Like This?

Learn to improve the well-being and lives of children and families.

This in-depth attachment training series for parents provides evidence-based insight for those struggling with problem behaviors. With humor, grace, and researched neuroscience, instructor ATTACH Executive Director Mary M. McGowan will help bring hope for healing to the children and youth in your care. You'll learn about adult and child attachment styles, arousal levels linked to survival mechanisms in the brain, behaviors associated with attachment difficulties and developmental trauma, and strategies for attachment-focused parenting and teaching.

OUTLINE:

- Attachment and Attachment theory, Attachment across generations
- Attachment, developmental trauma, and the brain
- Loss and grieving
- Behavioral outcomes of developmental trauma, neglect, and early separations
- Attachment -focused parenting
- Supporting your child in the school system

LEARNING OBJECTIVES:

- Define Attachment – both adult and child styles of Attachment.
- Describe the intergenerational relationship of Attachment styles.
- Identify personal triggers for anger/fear/rejection.
- Describe Window of Tolerance and arousal levels associated with survival mechanisms in the brain.
- Describe the losses felt by parents and children.
- Understand the relevance of grief in the lives of those affected by trauma and loss.
- Describe the behaviors associated with Attachment difficulties and developmental trauma.
- List five strategies of Attachment-focused parenting.
- Identify five strategies that are helpful for schools.

WHO SHOULD ATTEND:	Parents, Adoptive Parents, Foster Parents, Caregivers, Kinship Providers			
TIME:	7:30 pm – 9:30 pm (CST)			
DATES: Tuesdays Only	May 4, 2021	May 11, 2021	May 18, 2021	May 25, 2021
COST:	\$50 Members / \$65 Non-Members			
REGISTER:	https://attach.regfox.com/hope-for-healing-parent-training			

TRAINING INSTRUCTOR



Mary M. McGowan

ATTACH Executive Director

Mary McGowan is an adoptive parent of five and an experienced trainer who teaches and consults across the country and worldwide. Mary holds a National Certificate in Therapeutic Crisis Intervention for Family Based Placements and is a Nationally Certified Family Group Decision Making Facilitator.

**FOR MORE INFORMATION AND TO REGISTER FOR
HOPE FOR HEALING - PARENTS:**

<https://attach.regfox.com/hope-for-healing-parent-training>