Adolescent and Young Adults

SURVIVORSHIP SYMPOSIUM:
A NEW VISION

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Sponsored by:
The Michael Kamin Hart AYA Fund

Hosted by:

In partnership with:
The Adolescent and Young Adult Survivorship Symposium aims to engage local, national and international experts and trainees to build a framework for the delivery of survivorship care for survivors of young adult cancer.

Keynote Plenary:

**Dr. Lois Travis, MD, ScD**  
Director of the Cancer Survivorship Research Program  
Lawrence H. Einhorn Professor of Cancer Research  
Melvin and Bren Simon Cancer Centre, Indiana University

Conference Chairs:

**PLANNING CHAIR**

Dr. Abha Gupta, MD, MSc, FRCP  
Medical Director, Adolescent & Young Adult (AYA) Oncology Program  
Co-Medical Director, Fertility Preservation Program  
Princess Margaret Cancer Centre  
The Hospital for Sick Children

**PLANNING VICE-CHAIR**

Laura Mitchell, RN, MN, CON(C)  
Clinical Nurse Specialist, Adolescent & Young Adult (AYA) Oncology Program  
Princess Margaret Cancer Centre

We hope to share our expertise in addressing the unique needs of young adults with cancer, developing an AYA program, and establish the foundation for a Survivorship for Young Adults with Cancer Working Group that will lead to the development of guidelines for surveillance of late effects for survivors of young adult cancer.
DAY 1:
HOW CAN A PROGRAM HELP YOUNG ADULTS WITH CANCER?
Learn about and develop skills in identifying, assessing and intervening on the unique needs of young adults with cancer. Participants will gain an understanding of effective models of care for addressing AYA-specific issues.

MARCH 20TH, 2019
Adolescent and Young Adults Survivorship Symposium

8:30 | REGISTRATION
9:00 | OPENING REMARKS
Dr. Abha Gupta, MD, MSc, FRCP | Laura Mitchell, RN, MN, CON(C)
9:05 | AYA CANCER SURVIVORSHIP:
PATIENT & FAMILY PERSPECTIVES
The value of programming for younger adults with cancer.
Patient and Family Partners | Dr. Jennifer Jones, PhD
9:45 | OLD ENOUGH TO UNDERSTAND, TOO YOUNG TO BE UNDERSTOOD: TAILORED PSYCHOSOCIAL CARE FOR AYA WITH CANCER
How to address the common psychosocial issues of younger adults with cancer.
Dr. Chana Korenblum, MD | Dr. Norma D'Agostino, PhD, C. Psych
10:15 | SUPPORTING AYA WITH RETURN TO SCHOOL AND WORK
Supporting AYA in school and work-related transitions.
Lydia Beck, OT Reg. (Ont.), MScOT
10:45 | FERTILITY FOLLOWING CANCER THERAPY
Fertility options following cancer treatment and the impact of fertility loss on cancer survivors.
Dr. Ellen Greenblatt, MDCM, FRCSC
11:15 | COFFEE BREAK
11:25 | BRINGING SEXY BACK:
ADDRESSING THE SEXUAL HEALTH CONCERNS OF YOUNGER ADULTS WITH CANCER
How do we manage the unique sexual health concerns of AYA with cancer?
Dr. Andrew Matthew, PhD, C. Psych | Laura Mitchell, RN, MN, CON(C)
11:55 | SWEATING 'INTO THEIR' OLDIES: OPTIMIZING AYA CANCER SURVIVAL WITH EXERCISE
Making the case for exercise as a standard of AYA cancer care.
Dr. Scott Adams, PhD, CSEP-CEP
12:25 | COMMUNITY SUPPORTS FOR AYA - OUTSIDE THE HOSPITAL WALLS
What support programs are available to AYA in the community?
Robin Forbes, MSW, RSW | Ali Henderson, MSW, RSW
12:55 | LUNCH
13:45 | DELIVERING HOLISTIC CANCER CARE FOR AYA:
EARLY INTEGRATED PSYCHOSOCIAL & PALLIATIVE CARE
Introducing a new model of care for AYA with advanced cancer.
Dr. Pam Mosher, MD | Dr. Ahmed Al-Awamer, MD
14:15 | CARING FOR THE CAREGIVER
Role of AYA caregivers and a new model of care to support them.
Dr. Pam Mosher, MD | Dr. Rinat Nissim, PhD, C. Psych
14:45 | DEVELOPING YOUNGER ADULTS WITH CANCER PROGRAMS: THE TORONTO EXPERIENCE
Dr. Abha Gupta, MD, MSc, FRCP | Laura Mitchell, RN, MN, CON(C)
15:15 | COFFEE BREAK
15:25 | RAPID FIRE TALKS (8 MIN. EACH):
AYA PROGRAM RESEARCH ACTIVITIES
1. Providing Palliative Care to AYAs: How do Healthcare Providers Feel and What Do AYAs Need?
   - Dr. Jonathan Avery, PhD
2. Connect 4 Health: Understanding the Preferences & Needs for a Peer Support Program
   - Natasha Puri, BSc
3. AYA Exercise Needs
   - Madison Vani, MSc
4. Mindfulness-Based Cognitive Therapy for Young Adults with Cancer, Feasibility & Findings
   - Dr. Amanda Roth, MD, MPH
5. Music Therapy for AYA with Cancer
   - SarahRose Black, RP, MA, MMT, MTA
6. Role of Neuropsychological Assessment and Feedback in AYA with Cancer
   - Dr. Sasha Mallya, PhD, C. Psych. (Supervised Practice)
7. Using a Video to Introduce Fertility Preservation to Female Adolescents with Cancer
   - Dr. Talia Lenton-Brym, MD, HBA
16:25 | DISCUSSION
Dr. Gary Rodin, MD, FRCPC
16:45 | END OF DAY 1

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# Adolescent and Young Adults Survivorship Symposium

**MARCH 21ST, 2019**

## DAY 2: SURVEILLANCE & SCREENING FOR SURVIVORS OF AYA CANCER
Participants will have increased awareness and knowledge of common treatment-related late effects in younger adult cancer survivors, and evidence-based interventions for managing them.

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
<th>Speaker/Details</th>
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<tbody>
<tr>
<td>8:00</td>
<td><strong>REGISTRATION</strong></td>
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<tr>
<td>8:30</td>
<td><strong>INTRODUCTION</strong> The existing challenges of survivors of young adult cancer.</td>
<td>Dr. Abha Gupta, MD, MSc, FRCPC</td>
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<td>9:00</td>
<td><strong>RISK OF CARDIAC DISEASE</strong> Describe the risk of cardiac disease in adults who have survived young adult cancer. How should they be screened?</td>
<td>Dr. Dinesh Thavendiranathan, MD, MSc, FRCPC</td>
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<td>10:00</td>
<td><strong>WHAT ARE THE ENDOCRINE LATE-EFFECTS OF CANCER TREATMENT?</strong> What are the endocrinological consequences of cancer treatment?</td>
<td>Dr. Iliana Lega, MD, FRCPC</td>
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<td>10:30</td>
<td><strong>COFFEE BREAK</strong></td>
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<td>11:00</td>
<td><strong>A PRACTICAL GUIDE TO MINIMIZING THE BURDEN OF SECOND MALIGNANCY AMONG SURVIVORS OF AYA CANCERS</strong> Do survivors get breast, colorectal, and thyroid cancer? Should we screen?</td>
<td>Dr. David Hodgson, MD, MPH, FRCPC</td>
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<td>12:00</td>
<td><strong>NEUROCOGNITIVE EFFECTS OF CANCER AND CANCER TREATMENT IN AYA: IMPLICATIONS &amp; RECOMMENDATIONS FOR PROGRAM DEVELOPMENT</strong> Do cancer &amp; cancer treatments affect thinking abilities in AYA?</td>
<td>Dr. Kim Edelstein, PhD, C. Psych</td>
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<td>12:30</td>
<td><strong>LUNCH</strong></td>
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<td>13:30</td>
<td><strong>KEYNOTE PLENARY: THE PLATINUM STUDY: TRANSLATIONAL RESEARCH IN CANCER SURVIVORS</strong> Lessons learned in studying survivors of young adult cancer.</td>
<td>Dr. Lois Travis, MD, ScD</td>
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<td>14:30</td>
<td><strong>CAN FOLLOW-UP BE REMOTE?</strong> A randomized study comparing in-person to remote follow-up for survivors of testicular cancer.</td>
<td>Dr. Rob Hamilton, MD, MPH, FRCPC</td>
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<td>14:45</td>
<td><strong>PROVINCIAL PERSPECTIVE: MODELS FOR PEDIATRIC CANCER SURVIVORS AND ONTARIO’S AYA INITIATIVE</strong> How is survivorship surveillance delivered in Ontario?</td>
<td>Jillian Ross, RN, MBA, BScN</td>
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<td>15:30</td>
<td><strong>BRIDGING THE GAP WITH CCO’s SURVIVORSHIP PROGRAM: CURRENT CHALLENGES &amp; OPPORTUNITIES</strong> How can Ontario support an AYA Survivorship plan?</td>
<td>Dr. Lesley Moody, MBA, PhD (c)</td>
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<td>16:30</td>
<td><strong>DISCUSSION: WHAT ARE THE NEXT STEPS?</strong> Audience discussion regarding the primary question: If we could prioritize ONE intervention for young adult survivors, what would it be?</td>
<td>Dr. Abha Gupta, MD, MSc, FRCPC</td>
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<td>17:30</td>
<td><strong>END OF SYMPOSIUM</strong></td>
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**Keynote Plenary:**

**Dr. Lois Travis, MD, ScD**
Director of the Cancer Survivorship Research Program  
Lawrence H. Einhorn Professor of Cancer Research  
Melvin and Bren Simon Cancer Centre, Indiana University

Lois B. Travis, M.D., Sc.D. is the Lawrence H. Einhorn Professor of Cancer Research at the Indiana University School of Medicine and director of the Cancer Survivorship Research Program at the IU Simon Cancer Center. Dr. Travis is also an Adjunct Professor in the Department of Medical & Molecular Genetics and the Richard M. Fairbanks School of Public Health. She is also a member of the cancer center’s Cancer Prevention and Control research program, which focuses on prevention, early detection and survivorship. Dr. Travis was trained at the Mayo Clinic and Harvard School of Public Health. Previously, she conducted research as a Principal Investigator at the National Cancer Institute, National Institutes of Health in Bethesda, Maryland for over two decades.

Dr. Travis is known for her transdisciplinary, international research in cancer survivor populations that have provided new information with regard to the late effects of cancer treatment. Her team’s investigations to date have been published in the New England Journal of Medicine, Journal of the American Medical Association, Journal of the National Cancer Institute (JNCI), Cancer Research, and Journal of Clinical Oncology.

Dr. Travis’ primary research interests center in the long-term physiologic and psychosocial effects of cancer and its treatment, with a goal of providing a foundation for risk-adapted evidence-based follow-up. Her current work focuses on selected, young adult cancers as a model for the construction of comprehensive survivorship studies (Travis LB, et al. JNCI 2010), with the eventual expansion of this approach to other populations. Dr. Travis’ research interests also include the development of translational molecular approaches to identify patients at the highest risk of late effects (e.g., cardiovascular, pulmonary, renal) in order to develop preventive and interventional strategies.

**Conference Planning Chairs:**

**Dr. Abha Gupta, MD, MSc, FRCPC**
Medical Director, Adolescent & Young Adult (AYA) Oncology Program  
Co-Medical Director, Fertility Preservation Program  
Princess Margaret Cancer Centre  
The Hospital for Sick Children

Dr. Abha Gupta received her MD at the University of Toronto. She completed her pediatrics residency at Yale New Haven Children’s Hospital (New Haven, CT) and Children’s Hospital of Eastern Ontario (Ottawa) before moving back to Toronto to complete her fellowship in paediatric hematology/oncology at The Hospital for Sick Children. To complement her training, Dr. Gupta completed a one-year fellowship in Adolescent & Young Adult (AYA) Oncology focusing on sarcoma. She is currently cross-appointed as a staff oncologist at The Hospital for Sick Children and Princess Margaret Cancer Centre.

Dr. Gupta is the Medical Director of the AYA Program at the Princess Margaret Cancer Centre. Her team works to create infrastructure for consistent, high quality delivery of information and services to young people with cancer.

At SickKids, along with pediatric urologist, Dr. Armando Lorenzo, she is Co-Medical Director of the Fertility Preservation Program. The program aims to provide consistent, high quality delivery of information regarding fertility preservation for children and adolescents with cancer.

**Laura Mitchell, RN, MN, CON(C)**
Clinical Nurse Specialist, Adolescent & Young Adult (AYA) Oncology Program  
Princess Margaret Cancer Centre

Laura works in the Adolescent and Young Adult (AYA) Oncology Program as a Clinical Nurse Specialist. She has co-led the development of the AYA Program at Princess Margaret with Dr. Gupta. Laura is also an adjunct lecturer with Lawrence S. Bloomberg Faculty of Nursing, University of Toronto. She is the co-author of many oral and written publications addressing AYA oncology needs.

Laura is involved in AYA-related initiatives both nationally and internationally. She has 10 years of previous nursing experience in medical/radiation oncology and symptom management and palliative care.

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Dr. Scott Adams is a postdoctoral research fellow at the University of Toronto and the Princess Margaret Cancer Centre. Dr. Adams’ primary research interest focuses on developing exercise interventions to optimize survival and prevent/treat adverse effects of cancer treatments on cardiovascular and musculoskeletal health.

Dr. Ahmed Al-Awamer is an Assistant Professor in the Department of Family and Community Medicine at the University of Toronto. He is a staff palliative care physician and educator at the Department of Supportive Care at Princess Margaret Cancer Centre. After completing his medical degree from King Faisal University in Saudi Arabia, and palliative medicine residency training from the University of Toronto, Dr. Al-Awamer obtained a Master of Health Science (MHSc) degree in bioethics from the University of Toronto.

In his various roles, Dr. Al-Awamer is the Co-Director for the Clinical Palliative Care Fellowship Program in the Department of Medicine at the University of Toronto. He Leads the Curriculum Committee for the University of Toronto Palliative Medicine Residency Program. Dr. Al-Awamer is also the Education Lead in the Division of Palliative Care at Princess Margaret Cancer Centre, having published and delivered conference papers nationally and internationally on the subject of palliative care and ethics.

Dr. Al-Awamer’s research interests are in education, adolescent and young adult (AYA) palliative care, end-of-life Islamic ethics, and global palliative care promotion. In collaboration with AYA team, Dr. Al-Awmer co-founded a new palliative care clinic integrated with psychosocial oncology dedicated for AYA cancer patients.

Lydia Beck is an occupational therapist working in the Cancer Rehabilitation and Survivorship Program at Princess Margaret. Lydia conducts assessments and develops treatment plans to address physical and psychosocial rehabilitation needs for individuals with cancer-related impairments. These often include concerns with fatigue, lymphedema, deconditioning, pain, difficulties with activities of daily living, anxiety/depression, brain fog, and concerns transitioning back to work or school. She is conducting research on returning to work after cancer.

Dr. Norma D'Agostino, PhD., C.Psych is a Registered Psychologist with the College of Psychologists of Ontario. She is a Staff Psychologist at the Princess Margaret Hospital Cancer Center in the Department of Supportive Care. Dr. D'Agostino has over 15 years of professional experience in pediatric and adult psychosocial oncology.

Her clinical work and research focuses on young adults with cancer, including long-term survivors of childhood cancer. The goals of her work are to create developmentally appropriate psycho-social resources for adolescent and young adults with cancer, optimizing the transition process of emerging adulthood, and exploring how the illness experience in early life influences psychosocial adjustment and development across the lifespan.

Dr. Kim Edelstein received her PhD from the Centre for Studies in Behavioural Neurobiology at Concordia University in Montreal. She completed post-doctoral research fellowships and training in clinical neuropsychology at the University of Toronto, Hospital for Sick Children and Toronto Western Hospital.

She is a clinical neuropsychologist and scientist in the Department of Supportive Care at the Princess Margaret Cancer Centre, and an assistant professor in the Faculty of Medicine at the University of Toronto. Her research program focuses on the effects of cancer and cancer treatment on cognitive functions across the life-span.
Robin Forbes, MSW, RSW
Social Work Practice Lead
Princess Margaret Cancer Centre

Robin Forbes is a Social Worker, Department of Supportive Care at Princess Margaret Cancer Centre. She earned her Master of Social Work from Carleton University in Ottawa, Ontario, and received a Bachelor of Social Work from McGill University in Montreal, as well as a Bachelor of Arts (Honours) in English Literature from Carleton University. She is a member of the Ontario College of Social Workers and Social Service Workers.

My primary areas of focus in my work at Princess Margaret are women with Breast Cancer and adults with Mesothelioma. Her work experience is all health related, with a background in the Emergency Department and Neurosurgery and Trauma, as well as tertiary care settings – Brain Injury Rehabilitation, and substance abuse treatment at the Centre for Addiction and Mental Health.

At Princess Margaret Cancer Centre Robin sits on the AYA Supportive Care Committee, the Department of Supportive Care executive, and is the Social Work representative for the Professional Advisory Council of the University Health Network.

Dr. Ellen Greenblatt, MDCM, FRCSC
Medical Director
Head of Reproductive Endocrinology and Infertility, Obstetrics and Gynecology
Associate Professor
Mount Sinai Hospital

Dr. Greenblatt is Medical Director, Mount Sinai Fertility, and Head, Division of Reproductive Endocrinology and Infertility, Obstetrics and Gynecology, Mount Sinai Hospital. She is also an Associate Professor, Reproductive Endocrinology and Infertility, Obstetrics and Gynaecology, Department of Medicine, University of Toronto.

Dr. Greenblatt received her medical degree from McGill University and undertook additional training at McGill University, Western University and University of California, San Francisco where she was funded by an MRCC fellowship. Her work has made important contributions to current practices in fertility preservation in young adults with cancer, as well as improving outcomes and limiting complications as a result of assisted reproductive treatments (ARTs).

In 2010 she was recognized by the Royal Society of Physicians and Surgeons of Canada as being instrumental in the development of Gynecologic Endocrinology and Infertility as a medical specialty. In 2014, she received recognition from the organization Fertile Future for her ongoing commitment to enhancing fertility outcomes for people facing cancer.

Dr. Rob Hamilton, MD, MPH, FRCPC
Urologic Oncologist
Princess Margaret Cancer Centre

Dr. Hamilton completed his medical school and urology residency at the University of Toronto. During residency he completed a Masters of Public Health (MPH) from the University of North Carolina at Chapel Hill and a research fellowship at Duke University. Before joining the faculty, he completed a fellowship in Urologic Oncology at Memorial Sloan-Kettering Cancer Centre in New York City.

His clinical practice focuses on management of genitourinary malignancies, with particular focus on prostate and testis cancers. This includes minimally invasive surgical techniques. His research interests focus on the epidemiology of urological malignancies and biomarkers in risk and progression of these diseases.

Ali Henderson, MSW, RSW
Oncology Social Worker
Psychosocial Oncology Regional Lead for Toronto Central South
Princess Margaret Cancer Centre

Ali Henderson is an Oncology Social Worker at Princess Margaret Cancer Centre, working in the Department of Supportive Care. Ali’s primary focus is within Malignant Hematology- specifically in the Messner Allogenic Transplant Program. Ali earned her Master of Social Work from Dalhousie University, and received her Bachelor of Social Work from Ryerson University. She is a member of the Ontario College of Social Workers and Social Service Workers.

Ali’s experience is all health related, with an additional focus in mental health. Ali started her oncology experience at Kingston General Hospital, followed by the Hospital for Sick Children. She was the Program Director at Gilda’s Club Greater Toronto, in addition to the facilitator of their 20s and 30s Support Group. Most recently, Ali has become the Psychosocial Oncology Regional Lead for Toronto Central South through Cancer Care Ontario.

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Dr. David Hodgson, MD, MPH, FRCPC
Radiation Oncologist
Professor, Dept. of Radiation Oncology
Medical Director
Princess Margaret Cancer Centre

Dr. Hodgson is a Professor and clinician scientist in the Department of Radiation Oncology, and the Institute of Health Policy, Management & Evaluation, University of Toronto. He is the Medical Director of the Pediatric Oncology Group of Ontario and holds the POGO Chair in Childhood Cancer Control at the University of Toronto. His research activities include the modeling of optimal followup strategies for survivors of childhood cancer.

Dr. Jennifer Jones, PhD
Director, Cancer Rehabilitation and Survivorship Program
Associate Professor, Dept. of Psychiatry
Princess Margaret Cancer Centre

Dr. Jennifer Jones is the Butterfield/Drew Chair in Cancer Survivorship Research and the Director of the Cancer Rehabilitation and Survivorship Program at the Princess Margaret Cancer Centre. In addition, she is a Senior Scientist at the Princess Margaret Research Institute and an Associate Professor in the Department of Psychiatry (primary) and the Dalla Lana School of Public Health (cross-appointment) at University of Toronto.

Dr. Chana Korenblum, MD
Staff Physician
Princess Margaret Cancer Centre
The Hospital for Sick Children

Dr. Chana Korenblum is a physician specializing in psychosocial support for adolescents and young adults across all phases of the cancer trajectory. Chana earned her BSc and MD at the University of Toronto, and completed a residency in Pediatrics and a fellowship in Adolescent Medicine at SickKids, followed by a fellowship in Adolescent and Young Adult (AYA) Psychosocial Oncology at the Princess Margaret Cancer Centre. She is cross-appointed as a staff physician at Princess Margaret and SickKids, and is an assistant professor in the Faculty of Medicine at the University of Toronto. Her research interests include evaluating the effectiveness of psychosocial assessments and interventions in AYA with cancer.

Dr. Iliana Lega, MD, MSc, FRCPC
Staff Endocrinologist
Assistant Professor, Dept. of Medicine
Adjunct Scientist
Women's College Hospital

Dr. Lega is an adjunct scientist at ICES, an assistant professor in the Department of Medicine at University of Toronto, a staff physician in the Division of Endocrinology and Metabolism at Women’s College Hospital and a research scientist at Women’s College Research Institute. After completing her MD at the University of Western Ontario, Dr. Lega completed postgraduate training in internal medicine and endocrinology at McGill University. She then earned a Master’s degree in clinical epidemiology from the University of Toronto. Dr. Lega’s research focuses on studying the complex relationship between diabetes and cancer. She is also interested in diabetes management and over treatment in the elderly.

Dr. Andrew Matthew, PhD, C. Psych
Senior Staff Psychologist
Clinical-Investigator, Department of Surgery, Division of Urology
Co-lead, Genito-Urinary Survivorship Program
Associate Professor, Faculty of Medicine, Department of Surgery & Psychiatry
Princess Margaret Cancer Centre

Dr. Andrew Matthew is a senior staff Psychologist at Princess Margaret Cancer Centre. He is a Clinician-Investigator in the Department of Surgery, Division of Urology, a member of the Department of Department of Supportive Care, and Co-Lead of the Genito-Urinary Survivorship Program. He has provided clinical care to patients suffering genito-urinary cancers for the past 20 years.

Lesley Moody, MBA, PhD (c)
Director, Person-Centered Care
Cancer Care Ontario

Lesley Moody is the Director for Person-Centred Care at Cancer Care Ontario (CCO). Person-Centred Care oversees a number of programs provincially including: Patient Reported Outcomes, Symptom Management, Psychosocial Oncology, Nursing, Patient Education, Patient Engagement, Patient Reported Experience Measurement and Quality Initiatives. Within the cancer system, Lesley has led the advancement of patient experience and patient and family engagement programs from both local and system levels. Prior to joining CCO, she worked as the Manager for the Simcoe Muskoka Regional Cancer Program.

In her current role she has led the development of a province-wide practice guideline and indicator framework for Person-Centred Care. Lesley earned her MBA from McMaster University and is currently pursuing her PhD in Health Policy at the University of Toronto at the Institute for Health Policy Management and Evaluation, researching Person-Centred Care.
Dr. Pamela Mosher is originally from Boston, Massachusetts, and received her education at Duke University (BSc), Harvard University (M.Div.), and Stanford University School of Medicine (M.D.). She undertook combined residency training in pediatrics, adult psychiatry and a child/adolescent psychiatry fellowship at Brown University’s Triple Board Program. She completed the Program in Palliative Care Education and Practice at Harvard Medical School in 2010.

She is currently Assistant Professor in the Department of Psychiatry, and a staff psychiatrist at Sick Kids Hospital and at Princess Margaret Cancer Centre. Dr. Mosher was previously an Assistant Professor in the Departments of Psychiatry and Pediatrics at Dalhousie University. She worked at the IWK Health Centre from 2012-2015, as both a pediatric palliative care physician and as a child/adolescent psychiatrist.

Her interests include trainee education at the intersection of psychiatry and medicine; the education of physicians in end of life communication; child/adolescent/young adult grief; the emotional and psychological experiences of physically ill children and youth/young adults; and clinician/trainee wellness. She was a recipient of the Laughlin Fellowship in 2011 from the American College of Psychiatrists, and the Frederick Sheldon Traveling/Research Fellowship at Harvard University. She completed the Education Scholars Program at CFD in 2018.

Dr. Nissim is a staff psychologist at the Princess Margaret Cancer Centre, an assistant professor in the Department of Psychiatry at the University of Toronto, and an adjunct professor in the Department of Psychology at York University. Her clinical and research work is focused on the psychosocial needs of individuals impacted by cancer, with the goal of developing evidence-based psychosocial interventions for individuals diagnosed with cancer and their family members.

Gary Rodin is the University of Toronto/University Health Network Chair in Psychosocial Oncology and Palliative Care and Head of the Department of Supportive Care at Princess Margaret Cancer Centre in Toronto, Canada. Dr. Rodin is also the Director of the Global Institute of Psychosocial, Palliative and End-of-Life Care (GIPPEC) and a Professor of Psychiatry at the University of Toronto.

Dr. Rodin leads a clinical and research program on the psychosocial dimensions of advanced and terminal disease and on the development and evaluation of novel interventions to improve the quality of life and the quality of dying and death in this population. He also co-leads a research program investigating the will to live and the emergence of the desire for death in patients with advanced disease. He has published widely in these areas and is recognized internationally for his efforts to improve the rigor of research and the effectiveness and availability of psychosocial and palliative interventions.

Jill Ross, RN, MBA, BScN is the Chief Executive Officer at the Pediatric Group of Ontario (POGO). Previously, Jill was the Director, Cancer System Quality Improvement Initiatives at Cancer Care Ontario (CCO) where she oversaw work on new models of care delivery, quality measurement, system-level improvement projects, and clinician engagement. She has driven evidence-informed and data-driven improvements at the department, local and system level throughout a career that has encompassed roles in front-line clinical care and education, informatics, and leadership in hospitals and other healthcare settings.

Dr. Paaladinesh Thavendiranathan is a cardiologist at the Toronto General Hospital, University of Toronto. He is an associate professor of medicine and a clinician investigator. His training was in advanced cardiovascular imaging and his current clinical practice involves work with cardiac MRI, CT, and echocardiography. He is the Director of the Ted Rogers Program in Cardiotoxicity Prevention which focuses on cardiac toxicity from systemic therapies including cancer therapy. His research focus is in the use of advanced cardiac imaging techniques for detection and management of cardiac toxicity. He is an international expert in the use of cardiac MRI for assessment of cardiovascular disease.

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Rapid Fire Presenters:

**Dr. Jonathan Avery, PhD**  
Postdoctoral Research Fellow  
*Princess Margaret Cancer Centre*

Jonathan recently completed his PhD in the rehabilitation sciences (University of Ottawa). His doctoral research explored how post-treatment cancer survivors adapt to any from impairment (psychological or physical) associated with being diagnosed and treated for cancer. As a postdoctoral research fellow, Jonathan is developing a program of research to address the lack of knowledge specific to palliative and end of life care for AYAs.

**SarahRose Black, RP, MA, MMT, MTA**  
Accredited Music Therapist & Registered Psychotherapist  
*Princess Margaret Cancer Centre*

SarahRose Black is an accredited music therapist and registered psychotherapist specializing in palliative care and psychosocial oncology at the Princess Margaret Cancer Centre and Kensington Hospice in Toronto. She is a pianist, vocalist, violinist and educator, who has performed, taught and presented on her clinical work and research across Canada. SarahRose has published widely on music in oncology, palliative and end of life care. Her specializations include improvisation and legacy songwriting. SarahRose holds a Master of Arts in Music Education and a Master of Music Therapy, and is a doctoral candidate at the University of Toronto, researching music in the context of assisted dying.

**Dr. Talia Lenton-Brym, MD, HBA**  
Resident Physician  
*University of Toronto, Dept. of Paediatrics*

Talia is a Paediatrics Resident at the University of Toronto. She received her Honours in Business Administration from Ivey at Western University and started her career in Investment Banking at J.P. Morgan in New York. She then earned her MD at McMaster University. She is planning to pursue a Fellowship in Paediatric Neurology.

**Dr. Sasha Mallya, PhD, C. Psych. (Supervised Practice)**  
Postdoctoral Research Fellow  
*Princess Margaret Cancer Centre*

Dr. Mallya is post-doctoral fellow in clinical neuropsychology within the Adolescent and Young Adult Oncology Program and Pencer Brain Tumor Centre. She completed her pre-doctoral residency at Alberta Health Services in Calgary prior to receiving her PhD in Clinical Psychology from Ryerson University. At Princess Margaret, she conducts neuropsychological evaluations with AYA who have concerns about their cognitive abilities, in order to help them understand their strengths and weaknesses, use strategies to optimize thinking abilities, and plan for the future.

**Natasha Puri, BSc**  
Project Coordinator & Co-Investigator of the AYA Connect 4 Health Research Project  
*Princess Margaret Cancer Centre*

Natasha is the Project Coordinator & Co-Investigator of the AYA Connect 4 Health Research Project at Princess Margaret Cancer Centre, where she is supporting the development of a peer support program and digital app for young adult cancer patients. She also is Marketing Strategist & External Affairs Manager at Cyclica, a Toronto-based biotechnology company that is driving drug discovery by empowering scientists in pharma with an integrated cloud-based and AI augmented platform that enhances how they design, screen and personalize medicines. Previous to this, Natasha worked with MaRS DISCOVERY, a program to assist innovators with gaining market access in Ontario’s competitive market, and was a fellow in the Studio [Y] Fellowship at MaRS Discovery District.

**Dr. Amanda Roth, MD, MPH**  
Resident Physician  
*Princess Margaret Cancer Centre*

Amanda is a Family Medicine Resident at Western University. She received her Master of Public Health from the Schulich School of Medicine and Dentistry at Western University and earned her MD at the Royal College of Surgeons in Ireland. Amanda worked as a research assistant in Psychosocial Oncology at the Princess Margaret Cancer Center where her primary focus was related to a study on Mindfulness-Based Cognitive Therapy for young adults with cancer.

**Madison Vani, MSc**  
PhD Student  
*University of Toronto, Dept. of Exercise Sciences*

Madison is a second year PhD student in the Department of Exercise Sciences at the University of Toronto under the supervision of Dr. Catherine Sabiston. She completed an undergraduate BA (Honours) in Psychology at Brock University and a MSc in Exercise Science at the University of Toronto. Madison’s research interests involve understanding the relationship between physical activity, body image, and stress in two main populations: individuals with cancer and adolescent girls.

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