Adolescent and Young Adults

SURVIVORSHIP SYMPOSIUM: A NEW VISION

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Sponsored by:
The Michael Kamin Hart AYA Fund

Hosted by:

In partnership with:

Canadian Institutes of Health Research
Instituts de recherche en santé du Canada
**DAY 1: HOW CAN A PROGRAM HELP YOUNG ADULTS WITH CANCER?**
Learn about and develop skills in identifying, assessing and intervening on the unique needs of young adults with cancer. Participants will gain an understanding of effective models of care for addressing AYA-specific issues.

**8:30 | REGISTRATION**

**9:00 | INTRODUCTION & PATIENT PANEL**
The value of programming for younger adults with cancer.

Cancer Survivor | Dr. Jennifer Jones, PhD

**9:30 | MENTAL HEALTH AND PSYCHOSOCIAL CARE**
How to address the common psychosocial issues of younger adults with cancer.

Dr. Chana Korenblum, MD | Dr. Norma D’Agostino, PhD, C. Psych

**10:10 | RETURN TO SCHOOL & WORK**
Supporting AYA in school and work-related transitions.

Lydia Beck, OT (Reg.)

**10:30 | FERTILITY PRESERVATION AND REPRODUCTIVE ISSUES IN AYA CANCER SURVIVORS**
Fertility options following cancer treatment and the impact of fertility loss on cancer survivors.

Dr. Ellen Greenblatt, MDCM, FRCSC

**11:00 | COFFEE BREAK**

**11:20 | SEXUAL HEALTH & INTIMACY**
How do we manage the unique sexual health concerns of AYA with cancer?

Dr. Andrew Matthews, PhD, C. Psych | Laura Mitchell, RN, MN, CON(C)

**11:50 | EXERCISE & CANCER**
Exercise considerations for AYA with cancer.

Dr. Scott Adams, PhD

**11:50 | COMMUNITY SUPPORTS FOR AYA - OUTSIDE THE HOSPITAL WALLS**
What support programs are available to AYA in the community?

Robin Forbes, MSW | Ali Henderson, MSW, RSW

**12:45 | NETWORKING LUNCH**
Opportunity to send comments, feedback, questions for the morning. Networking.

**13:30 | AYA PSYCHOSOCIAL/PALLIATIVE CARE CLINIC**
Introducing a new model of care for AYA with advanced cancer.

Dr. Pam Mosher, MD | Dr. Ahmed Al-Awamer, MD

**14:00 | CARING FOR THE CAREGIVER**
Role of AYA caregivers and a new model of care to support them.

Dr. Pam Mosher, MD | Dr. Rinat Nissim, PhD, C. Psych

**14:45 | PANEL DISCUSSION: BUILDING AN AYA PROGRAM**
Building an AYA program: our experiences so far.

Dr. Abha Gupta, MD, MSc, FRCPC | Laura Mitchell, RN, MN, CON(C)

**15:15 | COFFEE BREAK**

**15:30 | RAPID FIRE TALKS (8 MIN. EACH): AYA PROGRAM RESEARCH ACTIVITIES**

1. Palliative Care Needs of Healthcare Providers & AYA with Cancer
2. Connect Four Health
3. AYA Exercise Needs
4. AYA Mindfulness Based Cognitive Therapy
5. Music Therapy for AYA with Cancer
6. Role of Neuropsychological Assessment and Feedback in AYA with Cancer
7. Using a Video to Introduce Fertility Preservation to Female AYA with Cancer

**16:30 | DISCUSSION**
Dr. Gary Rodin, MD, FRCPC

**17:30 | END OF DAY 1**

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Adolescent and Young Adults Survivorship Symposium

MARCH 21ST, 2019

DAY 2:
SURVEILLANCE & SCREENING FOR SURVIVORS OF AYA CANCER
Participants will have increased awareness and knowledge of common treatment-related late effects in younger adult cancer survivors, and evidence-based interventions for managing them.

8:00 | REGISTRATION

8:30 | INTRODUCTION
The existing challenge of survivors of young adult cancer.
Dr. Abha Gupta, MD, MSc, FRCPC

9:00 | RISK OF CARDIAC DISEASE
Describe the risk of cardiac disease in adults who have survived young adult cancer. How should they be screened?
Dr. Dinesh Thavendiranathan, MD, MSc, FRCPC

9:30 | ENDOCRINE FUNCTION AFTER CANCER
Should we screen survivors for diabetes earlier? What are the endocrinological consequences of cancer treatment?
Dr. Iliana Lega, MD, FRCPC

10:00 | COFFEE BREAK

11:00 | SECOND MALIGNANCIES
Do survivors get breast, colorectal and thyroid cancer? Should we screen?
Dr. David Hodgson, MD, MPH, FRCPC

12:00 | CANCER-RELATED COGNITIVE (DYS)FUNCTION
Do cancer and cancer treatments affect thinking abilities in AYA?
Dr. Kim Edelstein, PhD

12:30 | NETWORKING LUNCH
Opportunity to send comments, feedback, questions for the morning. Networking.

13:30 | THE PLATINUM STUDY: TRANSLATIONAL RESEARCH IN CANCER SURVIVORS
Lessons learned in studying survivors of young adult cancer.
Dr. Lois Travis, MD, ScD

14:30 | CAN FOLLOW-UP BE REMOTE?
A randomized study comparing in-person to remote follow-up for survivors of testicular cancer.
Dr. Rob Hamilton, MD, MPH, FRCPC

15:00 | A MODEL OF SURVIVORSHIP FOR ADULTS SURVIVING PEDIATRIC CANCER
How is survivorship surveillance delivered in Ontario?
Jillian Ross, RN, MBA, BScN

15:30 | CANCER CARE ONTARIO PERSPECTIVE: THE DATA AND CHALLENGES
How can CCO support an AYA Survivorship plan?
Dr. Lesley Moody, PhD, MBA

16:30 | DISCUSSION: WHAT ARE THE NEXT STEPS
Audience discussion regarding the primary question: If we could prioritize ONE intervention for young adult survivors, what would it be?
Dr. Abha Gupta, MD, MSc, FRCPC

17:30 | END OF SYMPOSIUM

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