Fitness Nutrition Lifestyle



Kerry Hoffpauir, PT, MTC, CSCS has been practicing as a Physical Therapist since 1997 and is currently licensed and practicing in the state of Louisiana. She graduated from the Louisiana State University Health Science Center with a degree in Physical Therapy and earned her Manual Therapy Certification through the University of St. Augustine. She is also certified through the NSCA as a Strength and Conditioning Specialist and is a certified Dry Needling practitioner. She is also certified in Selective Functional Movement Assessments. She has extensive experience in treating orthopedic and sports injuries and has special interests in promoting wellness and educating patients on healthy lifestyle choices. She is an experienced speaker and has taught continuing education courses across the country. She enjoys spending time with her husband Thomas and twins, Luke and Addie as well as running and spending time outdoors.