## Seven Conversations Weekend Marriage Workshop Informed Consent Form

In registering for this marriage conference, we wanted to make you aware of policies regarding your legal and ethical rights and responsibilities.

### **Confidentiality**

Professional ethics and Tennessee State law indicate that confidential information is controlled by you, the participant. This means that, as a general rule, information shared in one-on-one sessions with a facilitator will be held in confidence. There are few exceptions to this general rule, however. Confidentiality in one-on-one sessions is extended to the facilitators and trainers of the workshop for purposes of consultation and training. Confidentiality between workshop participants, while encouraged, is not legally protected, so we encourage you to be selective in what you share. In the case of an emergency where the facilitator believes the participant is at risk of hurting himself/herself or another person, the facilitator may breach confidentiality to ensure safety.

### Benefits and Risks of Individual Sessions with a Facilitator

One-on-one sessions with a facilitator allows for experiential learning of content taught during the large lecture sessions. Those engaging in the one-on-one sessions with a facilitator should realize that they may make significant changes in their lives. People are often challenged to modify their emotions, attitudes, and behaviors. They may also be asked to consider changes in their marriages or significant relationships, such as with parents, friends, children, relatives etc. While facilitators may encourage and assist participants in effecting change, they will not coerce and cannot guarantee a specific outcome. Participants are ultimately responsible for their own growth.

### **Benefits and Risks of Group Sessions**

Group discussions during the main lecture sessions normalize participant experiences, offer an opportunity to learn from each other and foster community. You are welcome to share experiences based on your discretion during the group sessions, and group discussions will be moderated by the trainers. While the trainers may encourage and assist participants in effecting change, they will not coerce and cannot guarantee a specific outcome. Participants are ultimately responsible for their own growth.

# If you have any questions/concerns please do not hesitate to reach out to the trainers at

lindsey@findyourpathway.com, aron@findyourpathway.com, and/or mariam@mariamcoaster.com

I agree with the terms and conditions above. My signature shows that both my spouse and I understand and are aware of the conditions above.